



COME TO THE QUIET

Mondays from 2:30-3:00 p.m.

In the Church

Take some time out of your busy lives to come and visit with the Lord. "Come to me And I will give you rest."

This is a great opportunity for you to take some time for yourselves before you pick up your children from school and rest in the Lord. **Come to the Quiet** to pray, Be Still, Rest in the Lord, let Him love you!

--Put aside some time on Mondays to visit Jesus

--Time to be still in God's presence

--Invitation to learn Meditation

--Get insights into the contemplative message of the Gospel witnessed by saints & mystics

--Learn how to access the "inner room"

--Experience what begins to happen there

Everyone is Welcome!!!