



AFTER SCHOOL CLUBS AND CLINICS 2014-2015 THIRD TRIMESTER

Below is a list of the after school clubs and clinics Canterbury will offer during the **third trimester** of the 2014-15 school year. These opportunities are extra-curricular, which means they fall outside of the regular educational program. The school charges a nominal \$40 fee for each trimester-long club (\$70 if the club meets twice per week as opposed to once). If a club continues for more than one trimester, the fee will be collected at the beginning of each trimester (or the entire fee can be paid at once). Some clubs also have additional fees as noted below. Clinics vary in duration and cost; each clinic is listed below along with the description, dates, and times. Study hall is available for students who have a clinic that starts after 3:15. The cost is \$10 per use (sign up by emailing Kevin Brenner at brennerk@canterburygso.org). A limited amount of financial assistance is available (contact Kelen Walker at walkerk@canterburygso.org).

Please Note

See the attached Q&A to find answers to frequently asked questions about Canterbury's After School Programs.

Contact club sponsors if you would like to reserve a spot in a **Club**.

Complete the attached form to reserve a spot in a **Clinic**.

After School Clubs

CHAPEL CHOIR

Grades 2-4

Mr. Alexander, alexanderj@canterburygso.org

Mondays and Wednesdays during lunch, FREE

Come join the chapel choir and learn how to sing as part of a choir. You will have the opportunity to be an active part of worship leadership in Canterbury chapel services. You'll also play games and have the chance to play the organ in Phillips Chapel.

GIRLS ON THE RUN

Grades 3-4

Elizabeth Jones, ebibbjones@gmail.com

Mondays/Fridays 3:15-4:30pm

Cost: \$90 (\$40 fee; \$50 GOTR fee)

Girls on the Run is a positive youth development program designed to build confidence and healthy habits. Through conversation, self-reflection, and lots of running games, the girls will develop strategies and skills to help navigate life's challenges. The program will culminate in the girls completing a 5k event together in May. Club is limited to 18 girls. First come, first served.

MICROECONOMICS CLUB

Grades 3-5

Mrs. Rehman, rehmanl@canterburygso.org

Tuesdays, 3:15-4:15pm, First, Second, and Third

Trimesters. Additional \$10 investment fee per student.

This club is FULL!

Microeconomics Club seeks students with great ideas and an interest in learning basic economic skills they can apply to their own entrepreneurial ventures. Each student who participates in the club will create and manage his or her own business and sell products at various events during the year. Students will be expected to turn portions of their proceeds into charitable donations.

LATIN CLUB

Grades 5-8

Ms. Brewer, brewera@canterburygso.org

Thursdays, Time TBD, First, Second, and Third

Trimesters. **This club is FULL!**

The Canterbury Latin Club is open to Latin students in grades 5-8. They will engage in cultural activities, with the offerings growing in number as Ms. Brewer continues to develop them. Latin students grades 6-8 will also have the option of attending the North Carolina Junior Classical League state convention in April as part of this club experience.

After School Clinics

TAE KWON DO

Grades 1-4

Contact: Master David Lanning,
leebrothersgso@gmail.com

Wednesdays (Feb. 18- May 29), 3:15- 4:15pm

\$150 (10-week session) *Cost includes belt and uniform.*

\$130 for returning students.

Early Release Day Mar. 25: class will run 2:35- 3:35pm on this Wednesday.

This full Tae Kwon Do program is for any student interested in beginning or continuing Tae Kwon Do training. It will allow for students to receive an introductory uniform and belt (included in the starting price), and begin learning the progressive criteria on which they may be tested for new belt levels, going all the way up to black belt.

SOCCEROP TRAINING CLINICS Grades K-5

Contact: Ethan Hall, supertotsnc@gmail.com
or 336-601-3569

3rd-5th, Tuesdays (Feb. 17- March 24), 3:15- 4:15pm

\$85 (6-week session)

K-2nd, Tuesdays (March 31- May 26), 3:15- 4:15pm

\$110 (8-week session)

Through the SoccerOP Training Program, players focus on individual techniques at younger ages, specifically in the areas of dribbling, passing, receiving, and striking. Once the players master the technique, they must be able to apply it under pressure, thus developing skill (the ability to use technique under pressure.). The SoccerOP Training staff are all former players who can clearly demonstrate and explain the technical aspects of soccer. SoccerOP partners with Greensboro United Soccer and is excited to have the opportunity to work with the Canterbury community.

BRICKS 4 KIDZ® SPACE ADVENTURES

Grades K-4

Contact: Catherine McCormick,
cmccormick@bricks4kidz.com or 336-693-9727

Tuesdays (Feb. 17- March 24), 3:15-4:15pm

\$90 (6-week session)

Many children dream of being an astronaut and traveling to space, so Bricks 4 Kidz created an entire unit around space. Each week, students will learn about real-life space exploration and build a new model related to the NASA space program. Models include a satellite, a lunar module, a centrifuge which astronauts use to stay fit in space and a "space robot."

FUTURE BASKETBALL STARS CLINICS

Grades K-8

Contact: Brian Judski (bjudski@yahoo.com
or 716-517-7193)

K-3rd, Tuesdays (March 10- May 19), 5-6pm

\$190 (10 sessions)

4th-8th, Tuesdays (March 10- May 19), 6-7pm

\$190 (10 sessions)

Former Division I college basketball coach Brian Judski brings more than 15 years of higher level coaching experience and specialized training techniques to Canterbury's gym. His passion for teaching players to practice learned skills at game pace is the foundation of Coach Judski's technique. He firmly believes that players should never stand idle on the court and demands maximum effort for the full hour of his sessions. He is a firm believer that, "If you practice with emotion and a purpose, you'll play with passion and confidence." In the past two years, Coach Judski has trained more than 300 players in the Greensboro area and would love the opportunity to train you!

RICK MURPHY GOLF ACADEMY Grades K-5

Contact: Cheryle Nocera, cnocera@triad.rr.com or 330-301-0723

Tuesdays (April 14- May 19), 3:15- 4:45pm

\$150 (6-week session)

Rick Murphy Golf Academy provides a six-week After School Golf Club that meets 1 ½ hours per week. Students engage in more than golf fundamentals; they have opportunities for growth in life-enhancing values, character building, and healthy choices all through the game of golf. Classes are taught by professional golf instructors, and all golf equipment is provided.

CRAZY RUNNING

Grades K-2

Contact: Donnie Cowart, donnie@crazyrunning.com or 434-426-5184

Wednesdays (March 11- May 20), 3:15- 4:15pm

\$140 (10-week session)

Early Release Days Mar. 25 and May 13: class will run 2:35 - 3:35pm on these two Wednesdays.

Our program is designed to help develop coordination and athleticism in young children. No matter what sport your children are getting ready for, running can get them in great condition, and help them become balanced, well-

rounded athletes. We teach the fundamentals using structured practices, form drills, running specific exercises, and running specific plyometrics. Our feeling is, we always want our children to learn running correctly, being physically challenged each practice, and having fun with running games designed to bring out the competitive spirit. This fun, challenging training program often will prepare Junior Crazy Runners (5 - 7 year olds) for a Fun Run event. We will focus on goal-setting and determination as we train to compete in a local event.

QUESTIONS & ANSWERS ABOUT AFTER SCHOOL CLUBS AND CLINICS

Q: Is it possible for my child to participate in more than one after school activity?

A: Yes. Students may participate in more than one activity. If the dates of two activities overlap, the student must ask the activity sponsors for permission to participate in both. In some instances, the student may have to choose one activity or another.

Q: Does the \$40 fee apply to each after school club activity?

A: Yes. If your child participates in three activities, you would pay the fee for each activity. Fees will be used to compensate our staff.

Q: When/how will I learn about the details of each activity?

A: The activity sponsors will provide students with additional information about their activities. General announcements such as starting dates, meeting places, and tryouts will be made in the *Chatter*. More specific announcements about activity requirements, payment due dates, etc. will be communicated in a variety of ways by the activity sponsors.

Q: When do I send my money and where do I send it?

A: Club sponsors will alert you to payment totals and due dates and collect all payments from students. Checks should be made payable to Canterbury School. Payments should NOT be sent in now. **Payment for clinics should be sent in with the registration form in order to reserve a spot for your child.** Checks should be made payable to Canterbury School with the name of the clinic on the memo line.

Q: How does this impact Extended Day?

A: Extended Day students may participate in the after school program if they pay the activity fee. Students will be sent to Extended Day each day as soon as their activity is over. There will be no reduction in Extended Day fees because a student participates in an after school activity.

Q: Is it possible for my child to wait on campus for an after school clinic to start?

A: Children enrolled in a 3:15 or 3:20pm club or clinic will be sent directly to that location when school is dismissed for the day. Children enrolled in a clinic that begins later than 3:15 or 3:20pm may stay on campus **IF** they are registered for after school study hall, which is offered only to children enrolled in after school arts classes and after school clinics. Children will be dismissed from study hall to go to their clinic. A child who is not registered for after school study hall may not stay on campus unsupervised.

Q: How much does study hall cost and how and when do I pay for it?

A: Study hall costs \$10 per day. You will be billed bi-monthly. As soon as you receive confirmation that your child is enrolled in an after school clinic, email Kevin Brenner at brennerk@canterburygso.org to reserve a spot if needed. Study hall will run each afternoon from 3:15-5:15pm.

Q: If I have more questions, whom do I call?

A: Questions about individual activities should be directed to the activity sponsors. Questions about the broader program should be directed to Kevin Brenner at brennerk@canterburygso.org. Questions about financial aid should be directed to Kelen Walker at walkerk@canterburygso.org

AFTER SCHOOL CLINICS REGISTRATION FORM

Please submit the completed form below along with your full payment to Canterbury School (with the name of the After School Clinic on the memo line) in the main office. Due to the nature of some of the activities in which children and adults will be participating, it may be necessary to complete additional paperwork. These documents will be provided prior to each applicable session.

Student's Name (last, first) _____

Student's Grade Level _____ Homeroom Teacher/ Advisor _____

Registering Parent's Name (last, first) _____

Parent email _____

Phone: Home _____ Cell _____

Please check each Clinic for which you are registering:

- _____ Tae Kwon Do (1-4) \$150/\$130
- _____ SoccerOP (3-5) \$85
- _____ SoccerOP (K-2) \$110
- _____ Bricks 4 Kidz® (K-4) \$90
- _____ Future Basketball Stars (K-3) \$190
- _____ Future Basketball Stars (4-8) \$190
- _____ Rick Murphy Golf Academy (K-5) \$150
- _____ Crazy Running (K-2) \$140

- Classes are filled on a first come, first serve basis. All classes have a limited number of participants.
- Full Payment is due with registration. Please include the name of the clinic in the memo line.
- Sessions are subject to cancellation if there are not enough participants registered. Cancellation decisions will be made one week prior to the start of the session, and those persons registered will be notified directly.