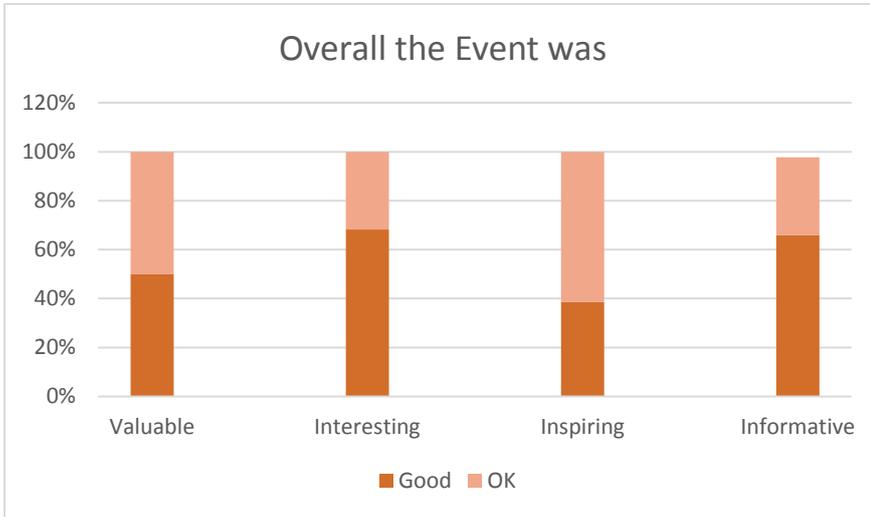




making local choice a reality

Feedback Report



“Choice and control is central to the philosophy of Self Directed Support”

“Very Interesting – threw up a lot of questions and did a good job answering some.”

Statistics: Over 90 People attended across the day representing 47 organisations.

Things you liked about the event – your comments

You thought the event was informative, well organised and interesting. You enjoyed the workshops and found discussions both raised questions and answered some too.

You would like to see this be an annual event with local connections represented.

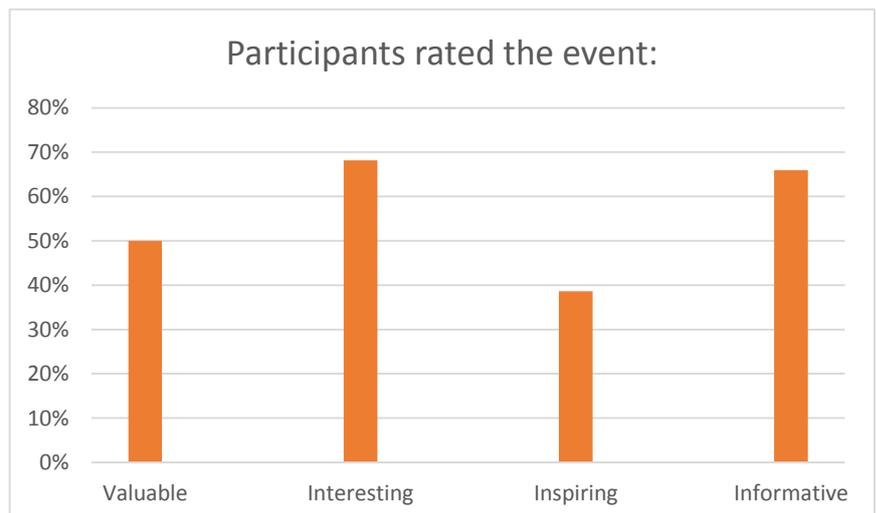
You found the event promoted openness, sharing both ideas and practice.

Things we can improve next time

- Keeping the venue warm.
- Involving service users/carers next time.
- Having more time to browse stalls and to network. Giving you more time during workshops to input.

“Has the potential to influence practice going forward.”

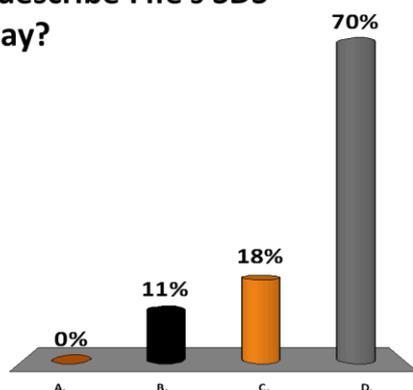
“So glad to see such an openness about giving ideas, good practice, sharing learning. Well done.”



Morning Insights

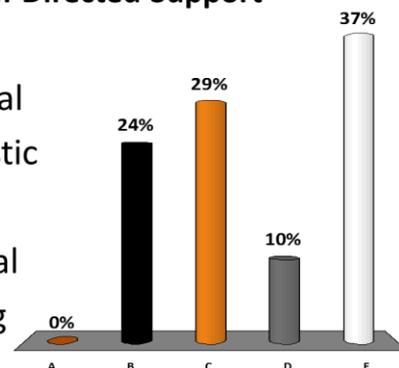
How would you describe Fife's SDS Marketplace today?

- A. Mature
- B. Established
- C. Burgeoning
- D. Early stages



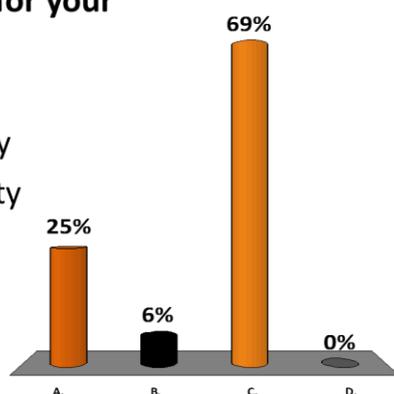
As a provider, select which word best defines Self Directed Support for you:

- A. Motivational
- B. Opportunistic
- C. Vital
- D. Inspirational
- E. Challenging



What is the main reason for your attendance?

- A. Networking opportunity
- B. Promotional opportunity
- C. Learning opportunity
- D. Inspiration opportunity



This feedback reflected how Self-directed Support (SDS) is currently seen in Fife. Attendees felt SDS is still in the early stages and is more challenging than inspirational, however they see SDS as vital to Fife.

The majority of people attended the event as a learning opportunity.

These morning workshops followed on from Jamie Hepburn's presentation (*Minister for Sport, Health Improvement and Mental Health*) and our first brief insight gathering.

The Keys to Life - Hosted by Real Life Options (RLO). RLO focused on 'They Keys to Life' which is a Scottish strategy for those with learning disabilities. The workshop focused on the opportunity to discuss possibilities, look at trends and influences, think strategically, and to be innovative.

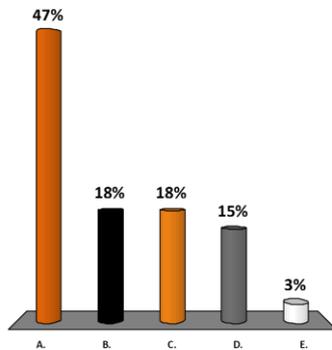
People Powered Health and Wellbeing - Hosted by The Personal Outcomes Partnership. Gordon took participants through personal outcomes and why they are important to health and wellbeing. Using their own examples participants explored getting in touch with the 'person' and making health and wellbeing personal.

Shifting Minds, Shifting Practice - Hosted By SOL. Having recognised a need for internal change, SOL went through a journey to completely change how they deliver services, expanding their service user base with no additional funding in the process. Using technology they are able to offer a more tailored approach for service users, who benefit from more independence and receive only what they need and want.

Afternoon Insights

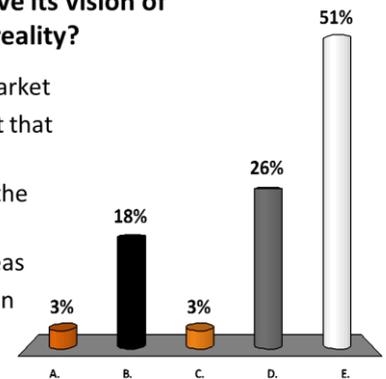
Who, in your opinion, is the most important player in achieving this?

- A. Fifers
- B. Providers
- C. Fife Council
- D. Scottish Government
- E. Other (e.g. the Media)



What is the most important factor that will allow Fife to achieve its vision of making local choice a reality?

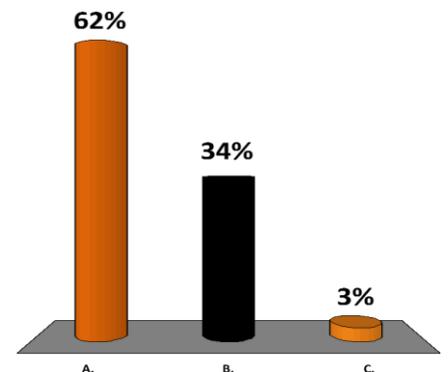
- A. Confidence in the market
- B. Access to the market that is fit for purpose
- C. Competition within the market
- D. New / Innovative ideas
- E. Culture change within Fife



The afternoon reflected a more optimistic outlook following the morning workshops. The Majority of attendees agreed that Fifers play the most important role in achieving SDS with culture change cited as the biggest challenge. Despite this over half of attendees felt Fife could realise a vibrant marketplace.

Can Fife realise a vibrant marketplace?

- A. Yes
- B. Maybe
- C. No



These afternoon workshops followed Councillor Gavin Yates's presentation (*Executive spokesperson for Community Health and Wellbeing*) from the local angle and the second brief insights gathering.

Achieving Independent Brokerage - Hosted by Community Brokerage Network. The Community Brokerage Network is a network of self-employed independent brokers working in East Ayrshire. The network is a three year pilot funded by the Scottish Government to explore brokerage options. The network supports brokers and those who access their services for example introducing SVQ accreditation to become a broker.

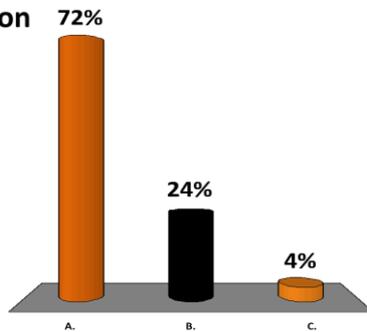
Galvanizing the Marketplace - Hosted by Scottish Health Council and Fife Council SDS Team. A member of the Fife Council SDS team gave a brief introduction to the workshop followed by discussion and questions. Themes included understanding of SDS options amongst frontline staff, moving away from traditional models and becoming more creative, use of IT, opportunities for social enterprises, sign-posting and co-operative working.

Ready for SDS? Adapting to Meet the Local Need - Hosted by Claire Edwards, SDS Entrepreneur of 'Joe and Friends'. Using her own real life experience, Claire has developed a Social Enterprise aimed at providing practical training and support to Personal Assistants who are often employed by those who receive SDS payments.

Final Insights

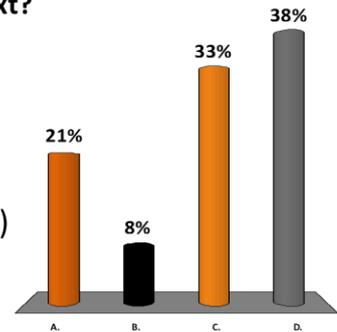
How has today's event changed your perception of Fife's SDS Marketplace?

- A. Positively
- B. No change
- C. Negatively



As a result of today - What do you think you will do next?

- A. Start Planning
- B. Keep Doing
- C. Review Plan
- D. Adapt Service(s)



We're delighted that the conference had such an impact on 72% of participants who said the conference had positively changed their perception of Fife's SDS marketplace and that they will go on to revise and adapt their services. For FVA, and our co-hosts, Real Life Options we have achieved our main objective to help Fife become more engaged and active in the SDS marketplace.

Workshop Hosts

Morning

The Keys to Life, [Real Life Options](#)

People Powered Health and Wellbeing, [Personal Outcomes Partnership](#)

Shifting Minds, Shifting Practice, [SQL](#)



Afternoon

Achieving Independent Brokerage, [Community Brokerage Network](#)

Galvanizing the Marketplace, [Fife Council SDS Team](#)

Ready for SDS? Adapting to Meet the Local Need, Joe and Friends

No presentation

