

Sarah Postlewaite LCSW, HTP/A, RM, WMA

Healing Touch, Reiki, Certified Angel Tarot Card Reader, Crystal Healing

Sarah earned her Bachelor and Masters (MSW) degree in Social Work from the University of Southern Indiana and holds a License in Clinical Social Work (LCSW). Sarah's professional interest, specialty and focus lie with helping adults and children of violence, emotional pain and trauma.

Sarah is a Healing Touch Level 4 apprentice, working towards her full certification. Healing Touch is a compassionate energy therapy in which the practitioner uses their hands in a heart-centered and intentional way to support and facilitate your physical, emotional, mental and spiritual health and self-healing. Healing Touch assists the body in restoring harmony and balance to the energy system. This creates an optimal environment for the body to heal itself.

Sarah is also a Certified Reiki 3 Practitioner, a Doreen Virtue-Certified Angel Tarot Card Reader, an Empath and an intuitive crystal healer. Sarah has been working with crystals medically since she was very young. She has extensive knowledge about and years of experience working with crystals, crystal layouts and crystal grids.

In her sessions Sarah combines her skills as a Psychotherapist, Healing Touch and Reiki practitioner with Angel Guidance and Crystal Healing techniques to facilitate her clients' healing. With the integrative use of these techniques, clients are able to release and let go of past traumas and emotional pain that has built up in the energy system and auric field. Clients are able to release and process their past issues safely under the "hands-on" guidance of an experienced mental health professional. This integrative process gently but firmly enables the client to move through their healing process quickly and productively. Sarah truly believes that energy medicine is the missing link in mental health care.

Sarah is a member of the National Association of Social Workers, Healing Touch Program, the Association for Play Therapists, the American Holistic Health Association, and National Association of Professional Women.