



# James Riley

**I found out about Allsorts through the Heart n Soul website.** I'm doing a course in Community Arts at Goldsmiths. We're encouraged to go and look at local events so I thought I'd volunteer for Allsorts.

**Today I'm really looking forward to taking part in the music session.**

They have some great musicians leading the sessions and we always end up with a song at the end. It's good fun and everyone gets involved.

**I also volunteered at *The Beautiful Octopus Club*.** I was helping in the games zone. The highlight was seeing The Fish Police perform.

**I get a lot out of volunteering.** I get to hang out with some good friends, I play music and I always learn something new. Generally it's a good social experience.

**I really love music!** I'm especially into bluegrass, soul, hiphop, reggae and funk.

**I had a guitar when I was a kid and I thought that people playing guitar looked really cool.** I suppose I started playing and making music because of that! Now I make my own music, I play solo and with a band called James Riley! The music I make is folk and bluegrass crossed with soul. It sounds a bit like John Martyn.

**If I had to use one word to describe Allsorts it would be ... Awesome.** Allsorts absolutely nails it!

***Fancy getting involved with volunteering at Heart n Soul? Get in touch!***

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