

FRIENDS & FAMILY EVENT

APRIL 9
5am-9pm

TRY A
GROUP
EXERCISE
CLASS

WIN PRIZES!
FREE
MEMBERSHIPS
FREE GROUP
EXERCISE
CLASSES

APPETIZERS
FROM
DRIFTLESS
CAFE

FREE
PERSONAL
TRAINING
SESSION



Join Us April 9

FREE ENROLLMENT \$75 VALUE

“LIKE” The VMH Wellness
Center on April 9 on
Facebook for a chance to
win prizes!

