



**Thursday, May 21, 2015**

6:30 pm – 7:30 pm

**Most Holy Redeemer Catholic Church**

100 Diamond Street

San Francisco 94114

**Free!**

The **SF Bicycle Coalition** is partnering with the **San Francisco Interfaith Council** to educate people on the joy of biking in San Francisco and to prepare for **Bike to Worship Week May 24-31**. This workshop is free and open to the public.

Has it been a long time since you've been on a bike or are you new to riding in the city? Come learn the basics at our Intro to Urban Bicycling Workshop. The course is a presentation covering the basics of how to pick the right bike for everyday riding in SF.

Topics covered include:

- Choosing a bike
- Rules of the road
- Route planning
- Bike safety skills
- Locking your bike
- And more!

A great introduction for anyone considering bicycling, or looking to brush up on their skills. This class is funded in part by the SFMTA and SFCTA.

Please contact Eric Tuvel at [eric@sfbike.org](mailto:eric@sfbike.org) with any questions about this program.

To register for the workshop please visit:

<http://www.sfbike.org/event/intro-to-urban-bicycling-2/>