



You are invited to attend the  
**SPRINT Expert Exchange:**

A series of free, online, interactive panel discussions exploring the implications of the Systolic Blood Pressure Intervention Trial (SPRINT) for the management of hypertension

For more information and to log on, visit [hypertension.ca/SPRINT](http://hypertension.ca/SPRINT)

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**Wednesday, April 6, 2016: SPRINT + Diabetes**

12:15 p.m. to 12:45 p.m. EDT



**George Dresser, MD, PhD, Emcee**  
General Internal Medicine  
and Clinical Pharmacology,  
London Health Sciences Centre  
Associate Professor, Department  
of Medicine, Schulich School of  
Medicine and Dentistry



**Phil McFarlane, MD, PhD**  
Nephrology,  
St. Michael's Hospital  
Assistant Professor,  
University of Toronto



**Doreen Rabi, MD, MSc**  
Associate Professor, Clinical  
Endocrinology, Departments of  
Medicine, Community Health  
and Cardiac Sciences,  
University of Calgary



**Sheldon Tobe, MD, MSc (HPTE)**  
Hypertension and Nephrology,  
Sunnybrook Hospital,  
HSF/NOSM Chair in Aboriginal  
and Rural Health Research  
Professor in Medicine, University  
of Toronto and Northern Ontario  
School of Medicine

**At the conclusion of this session, participants will be able to:**

- ▶ Explain that patients with diabetes were specifically excluded from SPRINT
- ▶ Discuss the updated recommendation in the 2016 Hypertension Canada Guidelines related to SPRINT
- ▶ Apply the updated recommendation in practice and in conjunction with relevant expert interpretations shared during the session

# Wednesday, April 20, 2016: Who does SPRINT really apply to?

12:15 p.m. to 12:45 p.m. EDT



**George Dresser, MD, PhD, Emcee**  
General Internal Medicine and Clinical Pharmacology, London Health Sciences Centre  
Associate Professor, Department of Medicine, Schulich School of Medicine and Dentistry



**Steven Grover, MD, MPA**  
Director, McGill Comprehensive Health Improvement Program (CHIP), The Montreal General Hospital  
Professor, Departments of Medicine and Epidemiology & Biostatistics, McGill University



**Raj Padwal, MD, MSc**  
Professor, General Internal Medicine and Clinical Pharmacology, Division of Internal Medicine, University of Alberta



**Simon Rabkin, MD**  
Professor of Medicine, University of British Columbia  
Cardiology, Vancouver General Hospital

## At the conclusion of this session, participants will be able to:

- ▶ Identify SPRINT's inclusion criteria and their implications
- ▶ Discuss the updated recommendation in the 2016 Hypertension Canada Guidelines related to SPRINT
- ▶ Apply the updated recommendation in practice and in conjunction with relevant expert interpretations shared during the session

# Tuesday, April 26, 2016: SPRINT + Blood Pressure Measurement

12:15 p.m. to 12:45 p.m. EDT



**George Dresser, MD, PhD, Emcee**  
General Internal Medicine and Clinical Pharmacology, London Health Sciences Centre  
Associate Professor, Department of Medicine, Schulich School of Medicine and Dentistry



**Stella Daskalopoulou, MD, PhD**  
Associate Professor, Department of Medicine, Division of Internal Medicine and Division of Experimental Medicine, McGill University  
Director, Vascular Health Unit, McGill University



**Mark Gelfer, MD**  
Clinical Assistant Professor, Department of Family Practice, UBC

## At the conclusion of this session, participants will be able to:

- ▶ Explain the importance of regular, accurate blood pressure measurement to the outcomes of SPRINT
- ▶ Incorporate regular, accurate blood pressure measurement into their practice
- ▶ Identify Hypertension Canada educational resources for themselves and their patients to facilitate regular, accurate blood pressure measurement



This professional education has been organized in collaboration with Schulich School of Medicine & Dentistry, Western University. This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada and approved by Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University (up to 1.5 hours). Each participant should claim only those hours of credit that he/she actually spent participating in the educational program.

## For more information and to log on, visit [hypertension.ca/SPRINT](http://hypertension.ca/SPRINT)

If you are unable to log on to view the live session, please visit [hypertension.ca/SPRINT](http://hypertension.ca/SPRINT) to view a recording (available for a limited time).

The SPRINT Expert Exchange program was created by Hypertension Canada and an independent scientific committee.  
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