



## Tricia's Top 10 – Quick Teaming Activities

1. Thank- You **Bingo** –
2. Making a **time Capsule** and adding to it. Create a box with your team, decorate it. Put things in the box that are meaningful to your team. (ex. Pictures, sayings, quotes, articles)
3. **Filling your bucket** – Write down on a piece of paper three things that make you happy or feel “warm and fuzzy”. Go around the room and share with the team.
4. **Fortune cookies**. You can either make your own or get them from the Chinese food store. Create your own fortunes for your team. One by one they have to read their fortune out loud. If the fortune is an action, they must do what it says. (ex. Share something about yourself that nobody on the team would know. Say one nice thing about someone else on the team.)
5. **Puzzle Time**. Pick out a quote that symbolizes teaming. Cut it up and make your team build it together. Have them read the quote when finished. Ask them what the quote means to them.
6. **Guess Who?** Have everyone write down three things about themselves and then fold the paper and put it in a basket. Have the facilitator read each paper and the team tries to guess who the paper is about.
7. **Stay Positive**. Have each member share something positive that happened over the last week.
8. **Share something** motivating. Read a quick article or news story that is inspiring or motivating to the team.
9. **Prize time!** Have the team cast their vote who was the best team player of the week and why. Whoever has the most votes wins a prize. (examples of prizes; pens, pencils, bubbles, stickers, candles, coffee etc.)
10. **What I like about you**. Have each team member go around the room and say one nice thing about another member of the team.

