

BROOKWOOD VOLLEYBALL ACADEMY

Who is eligible: Students / Athletes in grades 5—8 with or without volleyball experience. The first 40 registered athletes guaranteed spots.

What: BVA is a volleyball program where student athletes have the opportunity to learn and develop fundamental skills and strategies for this dynamic team sport.

Where: Brookwood High School, Gold Gym

Why: Volleyball is an amazing sport that offers fun, challenges, confidence building, collaboration and develops physical conditioning. As volleyball players gain experience, techniques becomes more complex and often players are challenged to???

*We encourage athletes who are interested in pursuing volleyball in H.S. to also consider attending the Brookwood Volleyball Summer Camp.



Volleyball is currently the fastest growing female sport in the southeast. It is also the fastest paced and most intense non-contact sport an athlete can participate in. In my six years of coaching volleyball, I have seen 90% of every athlete that tries volleyball falls in love with it more so than even the sports they have played since little league. However, most girls are not introduced to it until 9th grade and at that point are unsure of committing to something so new after having spent as many as four or five or even 7 years learning other sports. Aside from my goals and aspirations to provide these athletes the opportunity to compete at any level they desire (recreation, high school, Junior Olympic, and/or college) and compete for Region and State Championships, first and foremost I want these athletes to have the chance to fall in love with the game. The rest will fall into place.



BROOKWOOD HIGH SCHOOL

B V A

B R O O K W O O D
V O L L E Y B A L L
A C A D E M Y

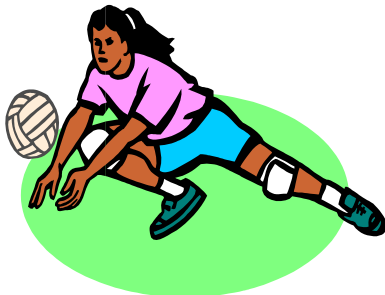


BROOKWOOD COMMUNITY SCHOOL
1255 DOGWOOD RD.
SNELLVILLE, GA 30078
770-978-5064

BROOKWOOD VOLLEYBALL ACADEMY

The goal of Brookwood Volleyball Academy is to provide a fun, educational opportunity for middle school age athletes to learn fundamental volleyball skills, positions, and basic game strategies. In addition, BVA serves as a feeder program to our high school volleyball program.

The basic skills will include serving, passing, setting and attacking the ball. Game rules and expectations will be introduced along with some basic position introduction.



SCHEDULE

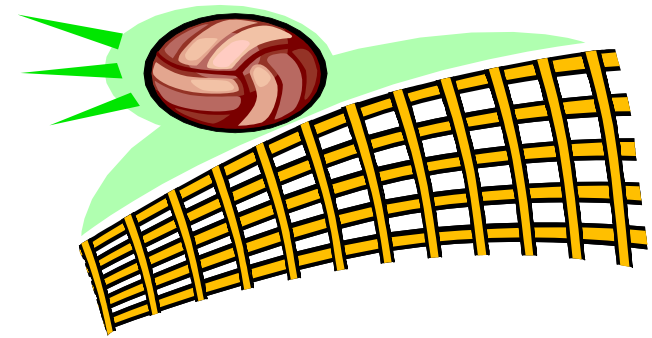
The First session begins March 15th and will run through April 21st. Please see the following session dates and times:

- **T & Th Mar 15 & 17, 6:00 - 7:30**
- **T & Th Mar 22 & 24, 6:00 - 7:30**
- **Tues. Mar 29, 6:00 - 7:30**
- **T & Th, April 12 & 14, 6:00 - 7:30**
- **T & Th, April 19 & 21, 6:00 - 7:30**

All practices will be held at Brookwood High School in the Maroon Gym. Players should be dropped off and picked up at the Maroon Gym Lobby. Please wear athletic shoes and apparel and bring water.

Cost

The cost of program is \$110. The fee covers instruction along with a BVA t-shirt and insurance.



REGISTRATION

Name _____

Age _____ Grade _____ T-shirt Size _____

Parent Name _____

Home Phone _____

Cell Phone _____

Address _____

City _____ Zip _____

E-Mail _____

Mail or Return registration along with payment to:

Brookwood Community School
1255 Dogwood Rd. Snellville, GA 30078

QUESTIONS

Brookwood Volleyball Coach: Brian Welsch
Brian_welsch@gwinnett.k12.ga.us