

# **Information for Referring Professionals**

Next Step Recovery is committed to supporting our residents' successful transition to sober housing, and this commitment begins before our clients join our transitional living community.

We work closely with individuals, families, treatment facilities, educational consultants and other health-care providers to ensure we meet every client exactly where they are in their individual recovery journey. With our residents' consent, we welcome ongoing communication with their extended support team including family members, referring professionals and other care providers.

If you are a referring professional, the following information can help your clients and their families take the next steps to join our recovery community.

## Safe, Structured Sober Living

Next Step Recovery's structured sober living program includes:

- Individual case management
- Mandatory daily 12-step work
- Individual and group counseling
- Job search support services
- Life skills education & sober recreation
- Onsite house managers and 24-hour peer support
- · Transportation for work, school and volunteering

We offer a unique blend of clinical and peer-based support. All of our residents have daily access to our program's licensed professional counselor and clinical addictions specialist, certified substance abuse counselor, house and case managers, sponsors, and fellow residents who share their own recovery experience, strength and wisdom.



# **Length of Stay**

All potential residents are asked to commit to stay with a **minimum of 90 days** and are encouraged to stay longer to ensure long-term recovery success. Most of our residents stay with us for 6 to 9 months and may stay as long as a year and a half in our program.

#### **Application Process**

If your client or family member is in need of post-treatment sober housing, we encourage you to begin the application process several days prior to discharge as we cannot accept anyone into our sober living program until they have been pre-approved for our housing.

In order to verify eligibility for our program, the following forms must be completed and submitted to Next Step Recovery along with a \$25 non-refundable background check fee:

- Admission Application [PDF]
- Release of Information [PDF]
- Apartment Application [PDF]
- Clear picture of applicant's photo ID

We are unable to accept clients who have been charged with a felony or have a record of violent crime, sexual offenses, arson or property damage.

## **Additional Questions?**

If you have additional questions or would like to arrange a tour of our sober living apartments, please contact Susan Stader at <a href="mailto:Susan@nextsteprecovery.com">Susan@nextsteprecovery.com</a>, Brian Nolan at <a href="mailto:Brian@nextsteprecovery.com">Brian@nextsteprecovery.com</a>, or call 828-350-9960.