


SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
For more complete information, please visit: www.cambridgeinsight.org *Requires Registration			1 7:00-7:45am: Sitting 10:30am-12:00pm: Elders' Sangha 6:00-6:45pm: Sitting 6:00-7:00pm: Beginners' Drop-in (Narayan) 7:15-9:00pm: Experienced Practitioners' Group (Narayan)*	2 7:00-7:45am: Sitting 6:30-7:15pm: Sitting 7:30-8:45pm: Dharma Talk (Narayan)	3 7:00-7:45am: Sitting 9:00am-1:00pm: Thursday Retreat (Narayan)* 6:00-6:45pm: Sitting 7:00-8:45pm: Learning How to Live (Larry)*	4 7:00-7:45am: Sitting 6:00-6:45pm: Sitting 6:00-7:30pm: First Friday of the Month Practice for People of Color 7:30-8:45pm POC Focus Group
5 9:00am-5:00pm: Intensive One-Day Retreat (Larry)*	6 3:00-6:00pm: CIMC 30th Anniversary Community Conversation and Celebration	7 7:00-7:45am: Sitting 6:00-6:45pm: Sitting 7:00-8:30pm: Way of Awareness (Ron Denhardt)*	8 7:00-7:45am: Sitting 6:00-6:45pm: Sitting 6:00-7:00pm: Beginners' Drop-in	9 7:00-7:45am: Sitting 6:30-7:15pm: Sitting 7:30-8:45pm: Dharma Talk, (Matthew Daniell)	10 7:00-7:45am: Sitting 9:00am-1:00pm: Thursday Retreat 4:00-5:30pm: Afternoon Tea (Madeline) 6:00-6:45pm: Sitting 7:00-8:45pm: Learning How to Live (Larry)* 7:00-8:45pm: Fathomless Treasures (Madeline)*	11 7:00-7:45am: Sitting 6:00-6:45pm: Sitting
12 10:00am-4:00pm: The Four Noble Truths: Taking a Fresh Look Workshop (Matthew Daniell)*	13 10:00-11:15am: Little Buddhas Sangha (Shea McInerney and Jim Austin) 2:00-5:15pm: Afternoon Extended Practice 7:00-8:15pm: 35 & Under Drop-in (Zeenat Potia)	14 7:00-7:45am: Sitting 6:00-6:45pm: Sitting 7:00-8:30pm: Way of Awareness (Ron Denhardt)*	15 7:00-7:45am: Sitting 6:00-6:45pm: Sitting 6:00-7:00pm: Beginners' Drop-in (Narayan) 7:15-9:00pm: Experienced Practitioners' Group (Narayan)*	16 7:00-7:45am: Sitting 6:30-7:15pm: Sitting 7:30-8:45pm: Dharma Talk (Ron Denhardt)	17 7:00-7:45am: Sitting 9:00am-1:00pm: Thursday Retreat 4:00-5:30pm: Afternoon Tea (Madeline) 6:00-6:45pm: Sitting 7:00-8:45pm: Fathomless Treasures (Madeline)*	18 7:00-7:45am: Sitting 6:00-6:45pm: Sitting
19 CIMC CLOSED	20 CIMC CLOSED	21 CIMC CLOSED	22 CIMC CLOSED	23 CIMC CLOSED	24 CIMC CLOSED	25 CIMC CLOSED
26 CIMC CLOSED	27 CIMC CLOSED	28 CIMC CLOSED	29 CIMC CLOSED	30 CIMC CLOSED	31 7:30pm-12:00am: New Year's Eve at CIMC with Nancy Riemer & Larry Peltz	 CAMBRIDGE INSIGHT MEDITATION CENTER