



# PLEASANT DALE PARK DISTRICT

## Summer 2016

### June 13 – August 25



Hot Shots Sports is a private organization that develops and organizes youth athletic programming. Hot Shots Sports programs stress the pure enjoyment of being involved in athletics and offer the opportunity for children to develop their skills in an environment where everyone plays and reward is given for the effort rather than the result. Please visit us at [www.hotshots4kids.com](http://www.hotshots4kids.com) for more information about our programs.

**Adult Tot Sports - Ages 2-4 - \$110.00 Resident / \$140.00 Non Resident**  
Parents are integral parts of helping their tots develop basic sports movement and motor skills. Motor skill activities focus on hand/eye and hand/foot coordination. Sports equipment and instruction are provided to help guide your child through an introduction to organized sports.

Section 1: (33517-1) Monday 4:00pm-4:45pm  
Section 2: (33518-1) Tuesday 9:00am – 9:45am

**Sports and More - Ages 3-6 - \$110.00 Resident / \$140.00 Non Resident**  
Learn the basic skills of America's most popular sports: Football, Soccer, Basketball, Baseball, Hockey and more. Players will learn how to work together and be good teammates, as well as learn discipline and build self-esteem. Boys and Girls

Section 1: (33517-3) Monday 6:00pm - 6:45pm  
Section 2: (33518-3) Tuesday 11:00am – 11:45am

**Lil' Dribblers - Ages 3-5 - \$110.00 Resident / \$140.00 Non Resident**  
Children are introduced to the game of basketball in a safe, fun and exciting environment. Our curriculum use age appropriate activities and games specifically designed to increase balance, body awareness, motor skills and hand eye coordination. The Lil' Dribblers program includes exclusively designed equipment tailored to enhance the basketball experience for each participant. As children progress through the program they acquire listening skills and have a fun introduction to following directions. Boys and Girls.

Section 1: (33517-2) Monday 5:00pm-5:45pm  
Section 2: (33518-2) Tuesday 10:00am – 10:45am

**Dodgeball - Ages 3-5 - \$110.00 Resident / \$140.00 Non Resident**  
Our youth dodgeball class provides participants an opportunity to play the popular game in a safe and supervised environment. The program uses super soft balls with the safety of game play being an important factor. Each week, different teams will be formed and a different style of dodgeball will be played.

Section 1: (33517-4) Wednesday 4:00pm – 5:00pm

**Total Sports - Ages 6-9 - \$110.00 Resident / \$140.00 Non Resident**  
This class features three sports: basketball, football and soccer. Participants develop skills associated with each sport and have opportunities to use these skills in game situations. Emphasis is placed on skill development, teamwork and sportsmanship. Boys and Girls.

Section 1: (33517-5) Thursday 9:00am – 10:00am

**Game Time Basketball - Ages 7-10 \$110 Resident / \$140 Non Resident**  
Players experience valuable game play with active instruction and tips from the coaching staff of Hot Shots Sports. Coaches will referee while emphasizing the fundamentals of advanced basketball. Players will be encouraged to use time proven skills such as the pick and roll, give and go, and moving without the ball. Instructors will also share tips gathered from experience on how to "swim" through a box out, how to fight through a screen, and other valuable basketball skills. Boys & Girls.

Section 1: (33517-6) Wednesday 5:00pm – 6:00pm  
Section 2: (33518-4) Thursday 10:00am – 11:00am

**Game Time Flag Football- Ages 9-12 \$110 Resident / \$140 Non Resident**  
Players experience daily scrimmages with active instruction and tips from the coaching staff. Players will be encouraged to employ skills used in football such as running pass routes, play calling, defensive positioning, the fundamentals of blocking and pass coverage. These skills and others will be put to use in a "game time" environment while the players scrimmage each week. Boys and Girls. Boys & Girls.

Section 1: (33517-7) Wednesday 6:00pm – 7:00pm  
Section 2: (33518-5) Thursday 11:00am – 12:00pm

**For More Information  
Please contact  
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