

### **Instructions for First Time Work Weekend Attendees:**

Thank you for volunteering to join us for a Camp Echo Work Weekend. Most folks arrive sometime on Friday afternoon, evening, or late evening. We serve dinner on Friday at the Camp Director, Bernard Rocca's home around 7:00 pm (Michigan Time).

If you arrive before 9:00 pm on Friday Night it is very likely that we will all still be awake and enjoying each other's company at Bernard's. We encourage you to join us. The Camp Director's house is on camp property. It is located on the Low Road so as you drive down the Main Road of camp watch for a sharp Right hand turn. Turn right and you will see the house at the end of the road. Parking is limited so it is best to park in the camp parking lot and then walk back to the house.

If you arrive after 9:00 pm, continue straight down the main road into camp. You may park in the parking lot on the right side of the road. When you arrive at Camp on Friday, feel free to find a bed in any cabin. Most people stay in the cabins on the Hill and on the East (Left) Side, so if you want a cabin to yourselves, look for one on the West (Right) (Boy's) side of camp. I highly recommend sleeping on the back porch if you have sleeping bags that are warm enough. It still might get down in the 30's at night. If you are not looking forward to sleeping in the cold, all of the cabins have propane heaters in the fireplace and you will find a thermostat on the wall next to the top bunk on the back right as you look at the fireplace. Bath houses are located a short distance from the cabins. Feel free to ask anyone for directions if you need help.

Saturday wake up is at 7:30 (a bell will ring) and breakfast is at 8:00 in the dining hall. (Remember to change your watches to Michigan time, one hour later than Chicago time.)

At breakfast you will be assigned to your work group with a group leader who will tell you exactly what to do.

We will eat lunch at around 1:00 and go back to work after lunch until about 4:00. Then everyone is free to wander around camp, drink a beer, take a shower, take some ibuprofen, relax.

At around 6:00 the grill will be ready to put steaks or chicken or veggie burgers on and we will eat dinner in the dining hall with much celebration, hoopla and buffoonery. Often there is a campfire in the amphitheater on the East side of camp starting around 10 pm on Saturday night weather permitting.

Sunday Morning Wake up is at 8:30 breakfast is at 9:00. People can stick around after breakfast and walk around camp or join in with a couple of tasks that always need doing on Sunday morning. Most folks leave before lunch on Sunday, but if you are still around there are always leftovers and things you can take on the road with you. It is always a really fun weekend with 50 – 60 folks who will become your best friends.

Here is my cell phone number 847-207-3134, please call me if you have any questions or you feel like you are lost on your way to camp. **If you are setting a GPS to get to Camp Echo put in the address: 2000 W. 32<sup>nd</sup> Street, Fremont, MI. If you put in the Triangle Trail address you end up on the other side of the lake.**

## What to Bring

**Bedding:** You will be sleeping on a single sized bottom bunk with a 4 inch mattress. There are extra mattresses if you would like to double up mattresses or some folks bring an air mattress to increase the comfort. Nights are cool, sometimes in the 30's so we recommend sleeping bag with an extra blanket and a pillow or two. Cabins do have propane heaters that keep cabins at around 60-65 degrees and will be warmer if there are lots of other folks in your cabin. We do have extra sleeping bags, sheets, blankets and pillows at camp in the Clinic so if you would like to borrow anything from us just make arrangements with Katie Trippi.

### **Clothing and Sundries:**

Pajamas or sleepwear

Hat

Sunglasses

Extra socks

Bug Repellant

Sun Screen

Flashlight

Waterbottle

Work Gloves

Work Clothes for Saturday that can get wet, dirty, or paint stained. You will want to dress in layers because the mornings are cool and the day will get warmer you will want to be able to peel layers.

2 pair of shoes (One pair should be able to be worn in the water in case you are on the boats or dock crews)

Rain Gear

Warm Jacket

Regular casual clothes for Saturday night and Sunday

Bath Towel

Toiletries

Snacks, alcoholic beverages may be kept in your cabin and consumed with discretion. If you bring food, be sure to store it in airtight containers like a cooler or Tupperware so that critters do not get into it.

Any Valuables should be locked in your car during the weekend.

There is a 24 hour Walmart in the town of Fremont where you can purchase just about anything if you find need for it.

Please feel free to call me if you have any questions:

I look forward meeting you. We are so happy you will be joining us.

### **Katie Tucker Trippi**

#### **Camp Echo Alumni and Development Director**

MCGAW YMCA CAMP ECHO

1000 Grove St, Evanston, IL 60201

(P) 847-475-7400 X226

(F) 847-475-1764

(C) 847-207-3134

(E) [katiet@mcgawymca.org](mailto:katiet@mcgawymca.org) (W) [www.mcgawymca.org/campecho](http://www.mcgawymca.org/campecho)

[Facebook](#) | [Twitter](#) | [YouTube](#)

**The Y: We're for youth development, healthy living and social responsibility.**

## Driving Directions to Camp Echo from Chicago

**If you are setting a GPS or using a maps app enter your destination address as:  
2000 W. 32<sup>nd</sup> street, Fremont, MI 49412**

Approximate driving time: 4.5 hours  
Michigan is on Eastern Time (one hour later than Chicago)

We suggest taking LSD/Skyway. If it's jammed up, take Edens/etc/I-94 and skip:

Take Lake Shore Drive to I-55 south to I-94 south to the Skyway (toll). Upon leaving the Skyway you are on 80/90 East, the Indiana Toll Road. Leave the Indiana Toll Road at Exit #21, Lake Station, I-94, towards Detroit. (two tolls).

Proceed east on I-94 through the rest of Indiana, past Exit #40 and into Michigan, where the exit numbers will start over. Continue on I-94 another 30 miles to Benton Harbor/St. Joseph.

**IMPORTANT:** Take Exit #34, I-196 & US 31 North, towards Holland. **(You do not want to stay on I-94 which heads east to Detroit at this point.)**

Proceed north on I-196 & US 31 through South Haven towards Holland.

**IMPORTANT:** Just before Holland, Exit #44 left on 31 North. **(You do not want to stay on I-196 which heads east to Grand Rapids at this point.)** Continue on US 31 (not business 31) through Holland, Grand Haven and Muskegon.

A few miles past Muskegon, at the top of a long hill, exit from US 31 onto M-120 East. The exit specifically mentions Fremont. *Hint: After turning right at the end of the exit ramp, get in the left lane ASAP.*

Take M-120 about 20 miles, through the towns of Twin Lake and Holton. Just before you get to the town of Brunswick, M-120 curves to the left at the intersection of Maple Island Road. Proceed 2.9 miles, through Brunswick, to a stop light at the junction of M-82. You will see a Wesco station and an ice-cream stand on the right. Turn right on M-82.

Continue east on M-82 through the town of Fremont. M-82 becomes Main Street Fremont. **Watch your speed through town – 25 mph.** At the blinker light where M-82 turns to the right, **don't turn right** -- continue straight on Main Street which becomes 48th Street. Go 3.3 miles to Baldwin Avenue (there's a sign on the left side of road for "The Shack Resort" just before Baldwin) and turn left on Baldwin.

Proceed on Baldwin for exactly 2 miles (around two "S" curves, then to the top of the second hill). Look for a big red barn on the left side; slow down immediately and look for 32nd Street on the right. Turn right.

Go 1.75 miles on 32nd Street and curve right to "Triangle Trail" on the right. The Camp Echo sign is low to the ground. There is a 15 mph speed limit down the camp road. As you come into camp after passing the welcome sign, Echo staff will greet and direct you. If you are arriving late, drive to the Dining Hall and you will be greeted.

Call Katie Trippi on her cell phone if you get lost or delayed: 847-207-3134