

Freaky FUN Family Fitness Day!

SUNDAY, October 18th
2:30-5:00PM

Registration Required
Space is Limited



Open to Members & Their Immediate Family / No Guests
Members are Free ~ \$12/Non-Member Parent or Child
See Back for Details



Wear Your Costume to the Event and Enter to Win!

Prizes Awarded to Adults & Children for Costumes!



GORDO THE MAGICIAN SHOW

All ages! (Basketball Court)

4:10-5:00

Join Gordo the Magician for his family friendly hilariously interactive magic show!



BONE BENDERS LIMBO

All ages! (Track)

2:30-4:00

How low can you go? This spooktacular game will test your flexibility! Join us for a "bone-bending" good time!



COSTUME CONTEST

All ages!

2:15-3:30 Enter Contest (Track)

Join us on the Basketball Court at 4:00pm where the winners of the costume contest will be announced! Prizes for adult & kids costumes!



CAST-A-SPELL

All ages! (Track)

2:30-4:00

Double, double toil and trouble; Fire burn and cauldron bubble. Toss your orb into the brew and win a prize for a special you.



FORTUNE TELLERS

All ages! (Track)

2:30-4:00

Sit for a speller with our fortune tellers and see what your future holds. No scary witches, ghosts or goblins...just Madams Calypso & Destiny and their crystal balls bringing good luck to all!



BUMBLE BEATZ

Ages 5 & up (Group Fitness Studio)

2:30-4:00

Make a beeline to the funky sounds of this creative drum beats class. Kids explore rhythm and movement using an exercise ball and glow drumsticks!

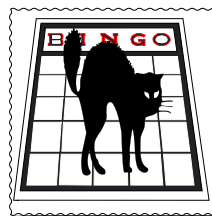


WITCH'S WALK

All ages! (Track)

2:30-4:00

Are you a good witch or a bad witch? Join them both, if you dare, for a cupcake walk with lots of scare!



BLACK CAT BINGO

All ages! (Mind Body Studio)

2:30-4:00

Join us for the "purrfect" workout! Traditional Bingo combined with exercises like Kitty Curl Ups, The Cat Crawl, Cat Scratch and Purrfect Push Ups will keep the family moving.



FACE PAINTING & TATTOOS

All ages! (Track)

2:30-4:00

Your kids will enjoy getting their faces painted and tattoos applied by the Treehouse staff!

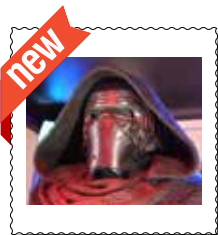


FAMILY "BOO" CAMP

Ages 5 & up (Basketball Court)

2:30-4:00

A family-friendly spin on the popular boot camp style of exercise that will serve as a great way to introduce kids to fitness! Activities will feature various tools such as the BOSU balance trainer and include traditional boot camp style games.



STAR WARS PHOTO OP

All ages! (Lagoon Activity Ctr. Stairwell)

3:00-4:00

May the force be with you! Meet the infamous Kylo Ren from Star Wars 7. Be sure to bring your camera.



CAPTAIN JACK'S PIRATE PALOOZA

All ages! (Lap Pool)

2:30-4:00

Ahoy Matie! Come one, come all for some pool side fun! With one touch of your hand, take your guess of what treasures lie beneath! Then take your chances with the Captain hook challenge! Lastly, toss your captains treasure into the cauldrons of doom to win a prize!



PUMPKIN PITCH

All ages! (Track)

2:30-4:00

Monster, Zombie, Ghoul, or Witch.... everyone loves a Pumpkin Pitch!



ZOMBIE DASH

Ages 5 & up (Basketball Court)

2:30-4:00

Dash with other ghosts, goblins and ghouls through the zombie course, shoot the ball through the hoop and we'll give you a big whoop, whoop!

Face Painting • Bounce House • Fitness & Fun for all ages!