



JCC CAMP DALEVILLE KICKS OFF ITS 50TH SUMMER, REUNION PLANNED

JCC Camp Daleville kicked off its 2015 summer season with approximately 170 campers. Smiling faces arrived at the camp site on Monday June 22nd as campers and counselors wasted no time diving in to the wonderful activities planned. The structured program offers swimming, sports, arts and crafts, drama, boating, theme days, field trips and more for kids ages 3-13. For the second straight summer, specialty camps are being offered for two sports, soccer and basketball, as well as horseback riding. This summer marks the 50th anniversary since the JCC moved its camp program to the current site in Daleville, PA which was built in 1965. A reunion celebration is planned for July 12th. Details about the reunion can be found on pages 3-4.



JCC WELCOMES NEW BOARD MEMBERS AT ANNUAL MEETING

The JCC held its Annual Meeting & Board Installation on June 10th. At this meeting, we welcomed 5 new Board members. Each of them look forward to taking an active role in supporting the JCC in a variety of ways. The JCC welcomes Michele Smertz, Jennifer Novak, Esther Adelman, Dr. Daniel Ginsberg & Dr. Mitchell Cohen. In addition to these new Board members, the JCC installed its officers for a second consecutive one year term, welcomed Paul Alamar as an honorary Board member and Steve Seitchik as a returning elected member. After the Board installation, Dan Cardonick, Executive Director gave a presentation on the state of the JCC, and Tricia Kunz, long time staff member of the JCC Early Learning Center was honored for 25 years of dedicated service. The Annual Meeting, which takes place in June every year, is an opportunity for the membership to participate in electing Board members, and hear about the strategic direction of the JCC.



JCC NEWS BRIEFS

HOW TO CONTACT THE JCC STAFF

Now it's easier than ever to contact the JCC staff to share your suggestions, have questions answered or get the information you're looking for. We're waiting to hear from you! Email: info@scrantonjcc.org or call (570)346-6595

Name	Title/Position	E-Mail	Extension
Dan Cardonick	Executive Director	danc@scrantonjcc.org	119
Linda Hemmler	Business Manager	linda@scrantonjcc.org	110
Mindy Van Fleet	Bookkeeper/Business Asst.	mindy@scrantonjcc.org	111
Gary Beckhorn	Membership Registrar	garyb@scrantonjcc.org	101
Ashley Woodruff	Early Learning Center Director	ashley@scrantonjcc.org	120
Vince Kalinoski	Program Director	vkal3@scrantonjcc.org	115
Louise McNabb	Dir. of Adult Services/Comm. Outreach	louise@scrantonjcc.org	135
Joseph Granza	Health & Wellness Coordinator	joseph@scrantonjcc.org	118
Paula Herman	Aquatics Director	paula@scrantonjcc.org	117
Timothy Frank	Director of Youth Services & Recreation	timothy@scrantonjcc.org	116
Hannah Martin	Client Service Associate/Admin Asst.	info@scrantonjcc.org	121
Elaine Kingsley	Client Service Associate -Nights	elainek@scrantonjcc.org	100
Kathy Pinto	Client Service Associate -Nights/Sun	kathyp@scrantonjcc.org	100
Pat Hanis	Daytime Client Service Associate	pat@scrantonjcc.org	102
Elizabeth Moran	Daytime Client Service Associate	elizabeth@scrantonjcc.org	102
	Donations/Contributions	contributions@scrantonjcc.org	100

JCC HOLIDAY HOURS

July 4th
September 7

Independence Day
Labor Day

JCC Closed
JCC Open 8am-1pm

JCC SUMMER SUNDAY HOURS

The JCC will close at 1:00pm on Sundays during the summer from June 7th through September 6th.

JCC HOURS OF OPERATION

	<u>Sunday</u>	<u>Monday–Thursday</u>	<u>Friday</u>	<u>Saturday</u>
OFFICE	9:00 am – 1:00 pm	7:30 am – 9:00 pm	8:30 am–4:30 pm	CLOSED
HEALTH CLUBS	5:30 am – 1:00 pm	5:30 am – 9:00 pm	5:30 am–6:00 pm	CLOSED
MARGOLIES FITNESS CENTER	5:30 am – 1:00 pm	5:30 am – 9:00 pm	5:30 am - 6:00 pm	CLOSED
POOL	Under Renovation	Under Renovation	Under Renovation	CLOSED
GYM & COURTS	5:30 am – 1:00 pm	5:30 am – 9:00 pm	5:30 am - 6:00 pm	CLOSED



JCC CAMP DALEVILLE 50TH ANNIVERSARY REUNION



jcc
Camp Daleville

CHANGING THE WORLD WITH CAMP CELEBRATING 50 YEARS OF CAMP DALEVILLE



jcc
Scranton

JCC invites all former Camp Daleville campers and staff in commemorating 50 years of Camp Daleville.

We invite all alumni from every decade to celebrate this summer at Camp Daleville and catch up with old friends.

EVENT:

Sunday July 12th from 1pm-6pm.

ACTIVITIES:

Israeli Dancing, Live Music, Pony Rides, Glatt Kosher Dinner & more!

FEE:

Includes dinner and a camp tshirt for everyone.

A. \$25 per person B. \$75 family of 4 or less C. \$100 family of 5 or more.

DONATE TO THE SCHOLARSHIP FUND:

Bronze \$100 Silver \$250 Gold \$500 Platinum \$1,000



JCC CAMP DALEVILLE REUNION REGISTRATION



Camp Daleville Reunion Registration:

First Name: _____ Last Name: _____

Address: _____ City: _____

State: _____ Zip: _____ Home Phone: _____ Cell: _____

Email Address: _____

Number of family members attending: _____

Reunion T-Shirts: Please enter the number of t-shirts for each size of all family members attending:

Small _____ Medium _____ Large _____ Extra Large _____

Please list the years you and other family members attended as a camper and/or staff. (example: 4 years, 1990-1994) Use back of form for any additional family members.

Name: _____

Years as a camper: _____

Years as a camp staff member: _____

Name: _____

Years as a camper: _____

Years as a camp staff member: _____

Name: _____

Years as a camper: _____

Years as a camp staff member: _____

Registration Fees: (circle one) \$25 per person \$75 per family of 4 or less \$100 per family of 5 or more

Registration Payment: (circle one) Credit Card Check Cash

Total amount paid: \$ _____

Credit:

Name as it appears on card: _____

Credit Card Number: _____ Expiration Date: _____ Security Code: _____

Check:

Name on Check: _____ Check number: _____

Donate to the camp scholarship fund:

Donation amount: (circle one. If "other", enter amount you wish to donate)

Bronze \$100 Silver \$250 Gold \$500 Platinum \$1,000 Other: \$ _____

Donation payment: (circle one) Credit Card Check Cash

Total amount donated: \$ _____

Credit:

Name as it appears on card: _____

Credit Card Number: _____ Expiration Date: _____ Security Code: _____

Check:

Name on Check: _____ Check number: _____

JOIN US FOR A FREE CONCERT!

Israel Scouts Tzofim Friendship Caravan



BRINGING ISRAELI CULTURE & GOODWILL THROUGH THEIR UNIQUE
BLEND OF SMILES, SONG & DANCES!

Monday July 20th, 2015
JCC Koppelman Auditorium
Doors: 6:00pm Showtime: 6:30pm
FREE & open to the community!

Appropriate for all ages!
Refreshments will be available

From Dreams to Reality

The JCC of Scranton for the 21st Century and Beyond



The JCC of Scranton

Recognized as a leader in innovation & engagement, the JCC of Scranton is a central address for life in Scranton, PA. The JCC inspires Jewish identity, pride, and values in our families, and is part of the fabric of the lives of our members and clients. It is home to an exceptional early learning center and diverse recreational, cultural and educational programming for youth, adults and seniors, as well as, programs in fitness, wellness, aquatics, sports, recreation and a summer camp. All the activities

and programs exemplify commitment to Jewish values. Tikkun Olam ("repairing the world"), calls us to help others. The JCC directly helps others by improving health, promoting wellness, teaching new skills, encouraging social interaction, and building community. Indirectly, the JCC helps to "repair the world" by preparing individuals to appreciate their duties and obligations as citizens to the community, state, and nation.

Who do we serve?

While the JCC of Scranton's mission is to provide programs that nurture physical, mental, cultural and educational well-being; promoting an understanding and commitment of Jewish values, the JCC serves the entire community at large.

How will the renovation project better serve the community?

An important component of our renovation project will be the selected reorganization (or reuse) of space where appropriate. Many of our functional needs have changed quite dramatically over the last 60 years, and the reconfiguration in selected areas of our building will result in better utilization of space. Additionally, most areas of the building still have their original finishes, and those finishes will be upgraded in selected areas to improve both aesthetics and long term maintenance. Our goal is to create an inviting space so we can continue to meet our mission by conducting the following:

- The auditorium space will be re-configured to be flexible and suitable for cultural, religious, and recreational uses.
- The swimming pool is presently being replaced and modernized to improve the safety, effectiveness, and efficiency of the water filtration & mechanical systems and the aesthetics of the pool, deck and walls. It will re-open early summer.
- The Administrative Office Suite will be reconfigured to provide more space and to better meet today's needs.
- The locker rooms and showers will be modernized and reconfigured, and two family changing rooms with lockers added to better meet current and future needs.
- Our interior finishes which include carpet and tile flooring, acoustical ceilings, bath rooms, wall paneling and doors are due for restoration and renewal.

- A youth wing will be created to provide enhanced facilities for youth activities & programs.
- The JCC will be better protected with an updated roofing system.
- The JCC will go GREEN with the replacement of nearly all heating, air-conditioning and electrical systems with efficient sustainable systems representing 21st century technology.
- Our electrical systems will be updated to efficiently serve the demands of the digital age.
- Building and occupant security will be updated and enhanced in recognition of today's security challenges and concerns.
- The stage area in our auditorium will be reconfigured to make way for a three-floor elevator, allowing for full accessibility to the Center.



Why do we need to conduct these renovations?

- Most of the programs and activities now offered by the JCC were non-existent when the facility was designed. The four walls are beginning to feel their age. Just as the JCC rejuvenates and invigorates the community, it is time for the community to renovate and update those four walls.
- Our sixty-year-old pool is plagued with incessant age-related breakdowns, frustrating searches for replacement parts, frequent extended pool closures, and a 60-year-old appearance.
- Even with the most diligent maintenance regimen, after sixty years of exhaustive use, much of our interior finishes are due for restoration and renewal.
- Since the JCC was built in the 1950's, energy technology has experienced a dramatic revolution. Most of the building's mechanical and electrical systems are passed their life expectancy, and are beginning to fail at an alarming rate. Replacement of these systems will increase both comfort and efficiency while significantly decreasing maintenance and operational costs.
- The locker rooms remain unchanged from when the JCC first opened. They need to be re-designed to meet the current and future needs of our members and clients.

**Through a challenge grant, the Harry & Jeannette Weinberg Foundation will match 30% of the funds raised. If our campaign achieves its \$7,000,000 overall goal, the Foundation would grant us \$2,100,000.*

■ Grants \$2.2 million

■ Contributions \$3.8 million

■ Endowments/Corporate Gifts \$1 million



Campaign Goal

We have already been successful in efforts to procure preliminary grant commitments and the JCC has committed \$1,000,000 from its endowment funds. The community fundraising goal for all costs related to the entire project has been determined to be approximately \$3,800,000.



Early Learning
Wellness
Culture
Recreation



Supporting Scranton

Yesterday...

Today...

and Many Years to Come.



How you can participate?

Make a gift today by going to www.scrantonjcc.org.

Consider making a 5 year pledge

(E.g. \$1,000 pledge is \$200/year, \$5,000 pledge is \$1,000 per year). All

donors at the \$1,000 level and above will be recognized on a donor wall. We welcome all donations large or small. There is no minimum contribution amount.

Giving levels

Visionary	\$50,000 & above
Patron	\$25,000 & above
Sustainer	\$10,000 & above
Benefactor	\$5,000 & above
Builder	\$2,500 & above
Guardian	\$1,000 & above
Advocate	\$500 & above
Giver	\$100 & above

The following is a preliminary list of potential naming opportunities for the Jewish Community Center's "From Dreams to Reality Capital Campaign". The present scope of work encompasses all elements of the building and would produce a total renewal of the facility's building systems and interior finishes. Our ability to complete the proposed scope of work that will bring our facility into the 21st century will be dependent on our success in raising the required funds. Accordingly, this is a preliminary list of naming opportunities, and may be revised as necessary at a later date to accommodate budget constraints:

Campus	\$2,500,000
JCC	\$2,000,000
Swimming Pool	\$500,000
*Sponsoring Green Energy	\$200,000
Early Learning Center	\$150,000
Family Change Rooms	\$80,000
Men's Health Club	\$75,000
Women's Health Club	\$75,000
Men's Locker Room	\$75,000
Women's Locker Room	\$75,000
Pre-School	\$75,000

*recognition will be prominently displayed in the main lobby of the building.

Questions? Contact Dan Cardonick, Executive Director at danc@scrantonjcc.org or 570-346-6595

THE ARGUS

Premiere Jewish Community Resource and Directory

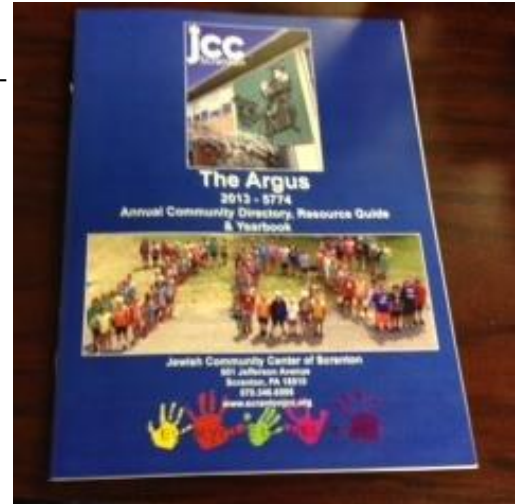
As you know The Jewish Community Center has been a fixture in the Scranton community for over 100 years! As a community center, we serve you, your family, and your friends. We aim to provide quality programming for all ages that support the health and wellbeing of the whole Scranton community.

The *Argus* is the premiere annual resource and directory for the Jewish community and the greater Scranton Community.

Every year, the JCC publishes the *Argus*, a yearbook of up to date information of JCC programs and initiatives. You can also find JCC member contact information, the greater community and affiliate agencies and Jewish informational resources.

Each member of The JCC is included in the yellow pages directory of the *Argus*. The New Year's greeting section is an additional listing for those who wish to participate. The cost of the greeting is \$18.00. You can drop off your order form at the front desk or mail to the JCC attention Louise McNabb.

Please consider joining a long tradition by taking out a listing in the New Year's Greeting section of the *Argus* and supporting the JCC.



NEW YEAR'S GREETING ORDER FORM

Name _____

Telephone # or email _____

Amount enclosed: \$ _____ (\$18.00 per entry)

If you are interested in purchasing a specialty page in honor or memory of someone special or an advertising package please contact Louise McNabb at 570-346-6595 ext. 135 or louise@scrantonjcc.org

JCC NEWS BRIEFS



IMAGINE
THE POSSIBILITIES...



50/50

DON'T MISS OUT ON THE OPPORTUNITY TO WIN
THOUSANDS!

ONLY 500 TICKETS WILL BE SOLD!

PURCHASE YOURS NOW FROM THE SERVICE DESK, BOARD
MEMBERS, ORDER FORM, OR ONLINE!

Tickets—\$25 each/3 for \$50/5 for \$100

May be purchased individually or as a group

THE DRAWING WILL TAKE PLACE ON AUGUST 31ST AT THE JCC
(You do not have to be present to win)

*Raffle supports JCC programs. All entries will be recognized in the JCC's
2015 Argus Yearbook & Directory
JCC employees and their families are ineligible*

For more information contact the JCC Service Desk at 570-346-6595
or info@scrantonjcc.org

POWER 50/50 RAFFLE - Drawing: Monday, August 31st, 2015

Please return this order form with checks payable to :

Jewish Community Center of Scranton, 601 Jefferson Avenue, Scranton, PA 18510

Name _____ Phone _____ Email _____
Address _____ City _____ State _____ Zip _____
_____ Number of Raffle Tickets \$ _____ Total amount enclosed

JCC NEWS BRIEFS

JCC ROSENSTEIN MEMORIAL GOLF TOURNAMENT RAISES OVER \$50K

The 30th Annual JCC Eugene & Dorothy Rosenstein Memorial Children's Benefit Golf Tournament was held on June 1st at the Glen Oak Country. Over 130 golfers came out for a day of friends, food, golfing and fun. Over \$50,000 was raised through sponsorships, player participation, raffles and more. Proceeds go to support JCC children's programs. Many thanks to this year's tournament chairs, Mary Beth D'Andrea of Community Bank and Nick Parise of PNC Bank. A dinner banquet followed the tournament where tournament winners and the final tally of funds raised were announced. The JCC also thanks members of its Tournament Committee which included a variety of staff and volunteers.



FOCUS ON ENDOWMENTS...

You may wish to make contributions to one of the many JCC endowment funds. Listed below are just a few of many funds that help the JCC meet its mission. May the days ahead bring you and your loved ones occasions of joy, honor and celebration. The minimum price for a contribution to one of our funds is \$10.

CAMP DALEVILLE ENDOWMENT FUND: Provides funds to assist in the operations of the infrastructure and for new programming at JCC Camp Daleville.

JCC BUILDING FUND: Provides funds for capital improvements to the JCC. Please note our 2015 Capital Campaign that recently launched on pages 6-7

AARON GLASSMAN YOUTH LEADERSHIP FUND: In memory of beloved husband, father, grandfather and community leader by providing financial assistance for Jewish youth to participate in leadership training opportunities.

BEATRICE & MILTON ARONSOHN FUND: Established by daughter Joanne and her husband Fergus T. Mo-nahan to help the JCC meet its diverse building and program needs.

ALBERT AND ANN MARGOLIES FITNESS CENTER

Fitness Schedule July 2015

Monday	7:15am – 8:00am	Zumba w/Jessica - Multi-Purposes Room
	8:15am – 9:00am	Spinning w/Jo - Multipurpose Room
	9:00am – 9:45am	Cardio Mix w/Jo - Multipurpose Room
	10:00am – 10:30am	Movement Monday's w/Mindy V. - Koppelman
	11:00am-11:45am	Cancer Wellness Program (pre-registration required)
	12:00pm – 1:00pm	Women's Yoga w/Mindy H. - Multipurpose Room
	1:00pm-2:00pm	Beginner's Yoga w/ Mindy H.- Activities Room
	5:00pm-6:00pm	Tai Chi w/Rick - Koppelman Auditorium
	5:00pm - 5:45pm	Kids Yoga w/Mindy H. - Goodman Lounge
	5:15pm-6:15pm	Dance Expressions w/ Shavy ages 10+
	6:00pm-6:45pm	**Coming Soon - INTENSITY**
	6:00pm – 7:00pm	H.I.I.T.(High Intensity Interval Training) w/Joe G-Multipurpose Rm
Tuesday	6:00pm-6:45pm	Aerobitone W/Jessica-Linder Room
	7:30am – 8:30am	20-20-20 w/ Jo - Multipurpose Room
	8:30am – 9:00am	Yoga w/Jo - Multipurpose Room
	9:30am-10:30am	Dance Expressions w/Shavy
	12:00pm – 12:45pm	Woman's Cardio 45 Minutes of Total Mix - Multipurpose Room
	5:15pm - 6:00pm	Kids Yoga w/Mindy H. - Goodman Lounge
	5:00pm - 5:45pm	Spin & Weights w/Mindy & Mindy - Multipurpose
	6:00pm-6:45pm	Aqua Zumba w/Jessica @ Marywood University
	6:00pm – 7:00pm	Yoga w/ Mindy H. - Multipurpose Room
Wednesday	7:00pm – 8:00pm	Punk Rope w/Jessica - Koppelman Auditorium
	7:30am – 8:15am	Fusion w/ Jessica - Multipurpose Room
	8:30am – 9:30am	Low Impact w/ Jo or Mindy - Multipurpose Room
	9:30am-10:15 am	Senior Yoga w/Mindy V- Auditorium
	10:15am – 11:15am	Cancer Wellness Program (pre-registration required)
	11:15am-12:00pm	Beginner's Yoga w/ Mindy H.- Activities Room
	11:15am - 12:00pm	Healthy Steps for seniors w/Rick - Goodman Lounge
	12:00pm – 1:00pm	Woman's Yoga w/ Mindy H. - Multipurpose Room
	1:00pm-2:00pm	Dance Expressions w/Shavy
	4:00pm – 5:00pm	Cardio Body Sculpt w/ Jo - Multipurpose Room
	5:00pm – 6:00pm	Yoga with Weights w/Mindy H. - Multipurpose Room
	5:15pm-6:15pm	Dance Expressions w/ Shavy ages 5-9
Thursday	6:00pm – 6:45pm	Kids Yoga w/Mindy H. - Goodman Lounge
	7:00pm-8:00pm	Yoga for Grief w/Mindy H. - Multipurpose Room
	7:30am – 8:30am	Cardio Choice w/ Jo - Multipurpose Room
	8:30am – 9:00am	Spinning w/Jo - Multi-Purpose Room
	12:00pm – 12:45pm	Woman's Cardio 45 Minutes of Total Mix - Multipurpose Room
	5:00pm – 6:00pm	Yoga w/weights w/Mindy H. - Multipurpose Room
	6:00pm-6:45pm	Aqua Zumba w/Jessica @ Marywood University
Friday	6:00pm – 7:00pm	Yoga w/ Mindy H. - Multipurpose Room
	7:00pm – 8:00pm	Fusion w/Jessica (Auditorium) -Multipurpose Room
	7:15am – 8:30am	Aerobics w/Jess - Multipurpose Room
	8:30am – 9:30am	Yoga w/ Mindy H. - Multipurpose Room
	8:45am - 9:30am	Senior Yoga w/Mindy V- Auditorium
	9:30am – 10:15am	Silver & Fit Cardio w/Mindy V - Auditorium
	11:00am-11:45am	Cancer Wellness Program (pre-registration required)
	10:30am – 11:15am	Zumba Gold - Koppelman Auditorium
Saturday	12:00pm – 1:00pm	Body Blast Yoga w/ Mindy H. - Multipurpose Room
	7:00am – 7:00pm	CLOSED
Sunday	8:30am – 9:00am	Pilates w/Jo - Multipurpose Room
	9:00am – 10:00am	Boot Camp w/Jo - Multipurpose Room
	10:00am – 11:00am	Yoga w/ Mindy or Mindy - Multipurpose Room
	4:00pm - 5:00pm	Yoga Posturing w/Mindy H - Multipurpose Room



Scranton JCC Renovation Project

WILLOW
WOODHEAD
HIGGINS
CONSTRUCTION

JCC SWIMMING POOL RENOVATION IS IN FULL FORCE!

On March 2nd, 2015, The JCC of Scranton began the actual construction related to the total replacement of our swimming pool. When completed, the new swimming pool will provide a state of the art facility with a glamorous spa look that will greatly enhance your pool experience.

We thank the **University of Scranton**, **Carbondale YMCA**, and the **JCC of Wyoming Valley** who have been kind enough to offer, at no charge, use of their pools and locker facilities to JCC members while our pool is under construction.

University of Scranton Swim Schedule

Summer Hours

Lap Swim

Monday through Thursday: 8am to 7pm

Friday: 8am to 6pm

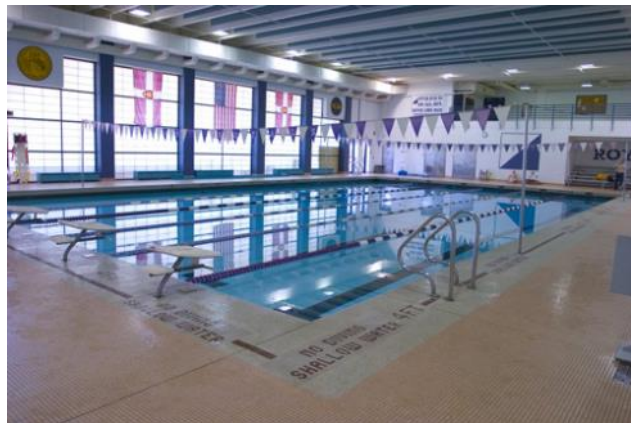
Sunday: Noon to 5pm

Open Swim

Monday through Friday: Noon to 2pm and 4:30pm to 6pm

Sunday: Noon to 2pm

The pool will close mid-August for maintenance.



Please present your JCC scan tag for admittance. **Pool use only.**

Please follow all rules and regulations for this facility.

You may not park in the University lots.

Schedule subject to change by the University Aquatics Department.

JCC AQUATICS

Carbondale YMCA

Open and Lap Swim Schedule

Sunday: **Open Swim** 1:00 pm - 2:00 pm

Monday: **Lap Swim** 7:00 am - 8:30 am

Open swim 8:30 am - 9:30 am

12:00 pm - 1:00 pm

3:30 pm - 5:00 pm

7:15 pm - 8:30 pm

Tuesday: **Lap Swim** 7:00 am - 8:30 am

Open Swim 8:30 am - 9:30 am

12:00 pm - 1:00 pm

4:00 pm - 6:00 pm

Wednesday: **Lap Swim** 7:00 am - 8:30 am

Open Swim 8:30 am - 9:30 am

12:00 pm - 1:00 pm

5:00 pm - 8:00 pm

Thursday: **Lap Swim** 7:00 am - 8:30 am

Open Swim 8:30 am - 9:30 am

12:00 pm - 1:00 pm

5:00 pm - 7:00 pm

Friday: **Lap Swim** 7:00 am - 8:30 am

Open Swim 8:30 am - 9:30 am

12:00 pm - 1:00 pm

4:00 pm - 6:00 pm

Please present your JCC scan tag for admittance. **Pool use only.**

Please follow the rules and regulations of the facility.

Schedule subject to change by the YMCA Aquatics Department.



JCC Wilkes-Barre

Pool Schedule

Open and lap swim

Sunday: 7:00 am - 12:00 pm

Monday: 6:00 am - 8:00 am

9:00 am - 1:00 pm

3:00 pm - 7:00 pm

Tuesday: 6:00 am - 8:00 am

11:00 am - 1:00 pm

3:00 pm - 7:00 pm

Wednesday: 6:00 am - 8:00 am

9:00 am - 1:00 pm

3:00 pm - 7:00 pm

Thursday: 6:00 am - 8:00 am

11:00 am - 1:00 pm

3:00 pm - 7:00 pm

Friday: 6:00 am - 8:00 am

9:00 am - 1:00 pm

Female Swim: Tuesday: 4:00 pm - 5:00 pm

Male Swim: Wednesday: 4:00 pm - 5:00 pm

Please present your JCC scan tag for admittance. **Pool use only.**

Please follow all rules and regulations of this facility.

Schedule subject to change by the Wilkes-Barre JCC Aquatics Department.



HIGH NOON CLASSES

Don't stop working out just because the pool is closing for renovation!! Continue exercising through the renovations!!

**\$8.00 drop in fee per class for
July-August
(FREE for members)**

Keep an eye out for a special package deal for August,
September, and October!

In the ACTIVITY ROOM

Mondays:

Noon—Hydrocise on land
1:15-2PM—Women's Only Watercise on land

Wednesdays:

Noon—Hydrocise on land
1:15-2PM—Women's Only Watercise on land

Fridays:

Noon—Hydrocise on land
1:15-2PM—Women's Only Watercise on land

In the MULTI-PURPOSE ROOM:

Mondays:

Noon—Women's Yoga

Tuesdays:

Noon—Women's Cardio

Wednesdays:

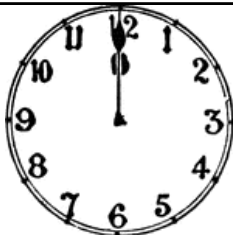
Noon—Women's Yoga

Thursdays:

Noon—Women's Cardio

Fridays:

Noon—Body Blast Yoga





WHEN: Mondays @ 7:00PM

LOCATION: Multipurpose Room

COST: \$8 drop in fee per class

JCC Members: FREE



WHEN: Tuesdays 7:00PM-8:00PM

LOCATION: Koppelman Auditorium

COST: \$8 Drop –In fee per class



ENDORSED BY
WNEP16's Sharla
McBride!



**While the pool is closed, we will
be offering our Aqua Zumba
classes for free at the
Marywood University pool!!**

**Tuesday and Thursday nights
6pm-6:45pm**

CARDIO CLASSES



Monday Cardio Mix 9:00am-9:45am

Tuesday Women's Cardio 12:00pm-12:45pm

Wednesday Cardio Body Sculpt 4:00pm-5:00pm

Wednesday Low Impact Cardio 8:30am-9:30am

Thursday Women's Cardio 12:00pm-12:45pm

Where: Multi-Purpose Room

JCC Members: FREE

Fee: \$8 drop in



Spinning Classes

Monday 8:15am - 9:00am

Tuesday 5:00 pm-5:45 pm

Thursday 8:30am - 9:15am

Where: Multi-Purpose Room

HARD CORE EXERCISE

Punk Rope Tuesday & Thursday 7:00pm

High Intensity Interval Training - Monday's 6:00pm

Body Blast Yoga—Friday Noon

Boot Camp w/Jo—Sunday 9:00am

Where: Multi-Purpose Room

JCC Members: FREE

Fee: \$8.drop in

FITNESS AND WELLNESS

Tai Chi w/Rick

When: Monday's

Time: 5:00pm-6:00pm

Location: Koppelman Auditorium

Instructor: Rick Schmoyer

Fee: \$40 for 8 Consecutive Sessions or \$8 drop in fee



Yoga Mixes

Yoga w/weights Wednesday 5:00pm-6:00pm

Yoga w/weights Thursday 5:00pm-6:00p

Body Blast Yoga Friday 12:00pm-1:00pm

Where: Multi-Purpose Room

JCC Members: **FREE** \$8 Drop in



Yoga

Sundays 10:00am-11:00am

Tuesdays 8:30-9:00am & 6:00pm-7:00pm & 7:15pm-8:15pm

Women's Only Yoga Monday 12:00pm-1:00pm

Women's Only Yoga Wednesday 12:00pm-1:00pm

Thursdays 6:00pm-7:00pm

Fridays 8:30am-9:30am

Where: Multi-Purpose Room



TUESDAYS @ 5PM in the Multipurpose Room

Spin & Weights w/Mindy and Mindy

\$8 drop-in fee

Free for Members

Movement Mondays

When: Mondays Time: 10:00am—10:45am Location: Koppelman

Healthy Steps

When: Wednesday's Time: 11:15am Location: Goodman Lounge
Instructor: Rick Schmoyer JCC Members: **Free** ~ \$8.00 Drop in Fee

Senior Yoga

When: Wednesday's 9:30am & Friday's 8:45am-9:30am

Location: Koppelman Auditorium Instructor: Mindy V.

JCC Members: **Free**

\$8.00 Drop in Fee



SILVER & FIT CARDIO

When: Friday's Time: 9:30am (45 min.)

Location: Koppelman Auditorium

Instructor: Mindy Van Fleet

JCC Members: **Free** ~ \$8.00 Drop in Fee

Zumba Gold

When: Friday's Time: 10:30am –11:15am

Location: Koppelman Auditorium

Instructor: Mindy Van Fleet

JCC Members: **Free** ~ \$8.00 Drop in Fee



JCC BRINGS WELLNESS FOR SENIORS TO NEW HEIGHTS WITH ITS SENIOR CAFÉ & INNOVATIVE EXERCISE PROGRAMS

The Senior Adult program at the JCC has really grown over the past year. On Monday, Wednesday and Friday simply come to the Goodman Lounge to see the amazing turnout. The addition of the JCC Senior Café has been a huge hit! After the exercise classes the ladies & gentleman gather in the Goodman lounge for coffee, tea, hot cocoa, and some conversation. In fact, the Café might be the reason they even go to the classes, but that's another story. Recently a new member came to me and shared how good she feels exercising and socializing since she joined as a member. We are excited that the classes are growing and that friendships are being developed. All (over 60 years of age) are welcome to the Café and the classes. Free to Senior Adult and JCC members and \$8 per class for non-members.



LEAN, MEAN SENIOR MACHINE CLASS! BEGINS JUNE 11TH

4:45 PM Thursdays in the
Koppelman Auditorium
45 minutes of weights, cardio, toning.



FITNESS AND WELLNESS

SENIOR ARTHRITIS CLASSES!

Mondays, Tuesdays, Thursdays, and Fridays

from 11-11:45AM and

Wednesdays from 10:30-11:15

In the Activities Room

Must be 60+

\$1.50 donation per class

Classes will involve chair exercises and strengthening exercises to oldies music.

Contact Paula Herman @ (570)346-6595 e. 117 or paula@scrantonjcc.org



Group Exercise Classes

20-20-20 w/Jo:

Tuesday's 8:30am

Low Impact w/Jo or Mindy:

Wednesday 8:30am

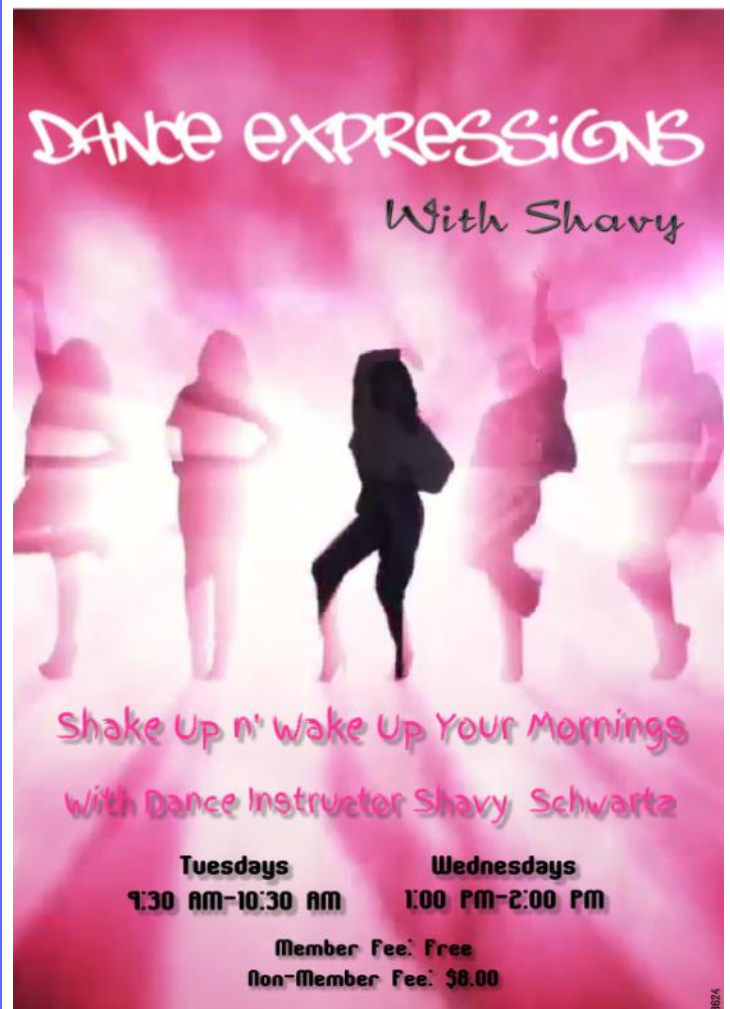
Aerobics w/JESS :

Sunday 8:30am

Where: Multipurpose room

Free to JCC Members

Or \$8.00 drop in fee



For More Exciting Information, Call (570) 671-8006

SCDGraphics 347 522 8824

JCC Pre-School

For children 3-5 years

Class Schedule

Monday through Friday

Morning Class: 9:00am-11:45am

Pre-School Plus Wellness Classes 11:45am-1:00pm



At the JCC Pre-School we view each child as unique, with an individual growth and developmental pattern. Different levels of ability and learning styles are expected, accepted and used to design age appropriate activities. Our goal is to meet each child's needs and stimulate learning in all developmental areas:

- ~ **Social** – give and take in a group environment
- ~ **Intellectual** – cognitive & language skills
- ~ **Emotional** – developing a positive self-image
- ~ **Physical** – large, small and perceptual motor skills
- ~ **Cultural & Educational**– foster awareness & respect for all religions & for Judaism through Sabbath & holiday celebrations

Our developmentally based curriculum supports and encourages a young child's natural way of learning, while fostering an understanding of basic concepts on which future learning depends.



Weekly gym classes and swimming are also part of the overall program.

Our Pre-School Assets

A developmentally based, two-year, multi-age pre-school program which is play centered. Play is considered to be a central focus in the development of young children. College-educated, experienced early childhood educators who love children, their warm concern will come through as they provide feedback about your child's progress.



NOW ENROLLING FOR FALL 2015!

SEE PAGE 22 FOR RATES & OPTIONS

Call today to schedule your Pre-School tour, Monday-Friday 8:30am-5:00pm or contact Early Childhood Director: Ashley Woodruff 570-346-6595 ext. 120 or email ashley@scrantonjcc.org

JCC Pre-school 2015-2016

RATES & OPTIONS

Pre-school

Class time: 9:00am-11:45am

Semester rates:

# days	rate	member discount rate
3	\$745.00	\$675.00
4	\$860.00	\$760.00
5	\$970.00	\$840.00



Pre-school Plus

Class time: 9:00am-1:00pm (until 1:30 pm on Thursdays)

This option includes our children's health & wellness enrichment classes (formally known as "Lunch Plus"). Participants will bring their own bag lunch followed by an activity (see page 21 for more details)

Semester rates:

#days	rate	member discount rate
3	\$1,085.00	\$945.00
4	\$1,300.00	\$1,130.00
5	\$1,500.00	\$1,300.00



Children's Wellness & Enrichment Classes (see page 21 for further details)

Semester rate per class: \$135.00

Semester member discount rate per class: \$125.00

Drop-in Rates

Pre-school 9:00am-12:00pm)

\$15.00 per day

Children's Health & Wellness Classes

\$12.00 per class

(12:00pm– 1:00pm, until 1:30pm on Thursdays)

Pre-school Plus

\$25.00 per day



Children's Wellness & Enrichment Classes

Ages 3-5

Semester 1: September- Mid-January

Semester 2: Mid-January-Early June

Daily 12:00pm-1:00pm (until 1:30pm on Thursdays)

In each class, children will enjoy a packed lunch from home followed by the special activity of the day.



Mondays: Fun Fitness

Children will engage in a fun gym class, led by our Youth Director, Tim Frank. These classes are held in our gymnasium and will help each child foster their large motor skills while learning about teamwork.

Rate: \$135.00 per semester

JCC Member Discount: \$125.00 per semester

Tuesdays: Mix-It

This is a hands-on cooking class that will introduce children to the pleasures of preparing and enjoying food that is both nutritious and delicious. Children will learn basic cooking skills, like pouring, mixing, measuring, and following a recipe.

Rate: \$135.00 per semester

JCC Member Discount: \$125.00 per semester

Wednesdays: Creative Arts

Drawn to Art Studios, Linda Vachino DuBorgel will offer hands-on instruction to the children in different forms of art. Her classes are fun, and designed to teach basic art skills while building self-esteem, courage, and creativity!

Rate: \$135.00 per semester

JCC Member Discount: \$125.00 per semester

Thursdays: Basketball with Coach Herm Little

Coach Herman Little will lead the class in a fun and exciting basketball class! They will learn the importance of sportsmanship, and teamwork while learning basic basketball skills.

Rate: \$135.00 per semester

JCC Member Discount: \$125.00 per semester

Fridays: Kiddy Kinetics

Children will enjoy time in our little gym, promoting growth of large motor skills.

Rate: \$135.00 per semester

JCC Member Discount: \$125.00 per semester

Drop-ins are available, space permitting. You must reserve a spot 24 hours in advance.

Fee: \$12.00 per class



Child Care at the JCC Early Learning Center

Hours of Operation
Monday through Friday
6:30am-5:30pm
52 weeks a year

Every Child Welcome!
Safety Is our Priority



- ~ Welcome CCIS participating families
- ~ Separate, bright & sunny classrooms for each age group
- ~ Our tenured staff holds a commitment to education and helping to develop young children
- ~We Provide age-appropriate programs and activities, that nurture the whole child
 - ~Outdoor Playground time, Swimming, and Gym
- ~Reasonable rates and flexible schedules with full and part-time availability
- ~We invite you and your child to spend some time with us

<u>INFANT PROGRAM</u>		Age: 6 weeks-13 months
Fees:	Weekly Fees	*Daily Fees
	\$185	\$40/day
	Member Discount Fees: \$170	\$37/day
<u>TODDLER I PROGRAM</u>		Age: 13 months-25 months
Fees:	Weekly Fees	*Daily Fees
	\$185	\$40/day
	Member Discount Fees: \$170	\$37/day
<u>TODDLER II PROGRAM</u>		Age: 25 months-3 years
Fees:	Weekly Fees	*Daily Fees
	\$175	\$39/day
	Member Discount Fees: \$160	\$36/day
<u>PRE-K PROGRAM</u>		Age: 3-5years
Fees:	Weekly Fees	*Daily Fees
	\$165	\$38/day
	Member Discount Fees: \$150	\$35/day

***Daily Fee's / 3 day minimum for enrollment**

~Drop-in rate: \$9 per hour (requires 24 hour notice)

~There is no charge for child care on dates it is closed, i.e., national and Jewish holidays

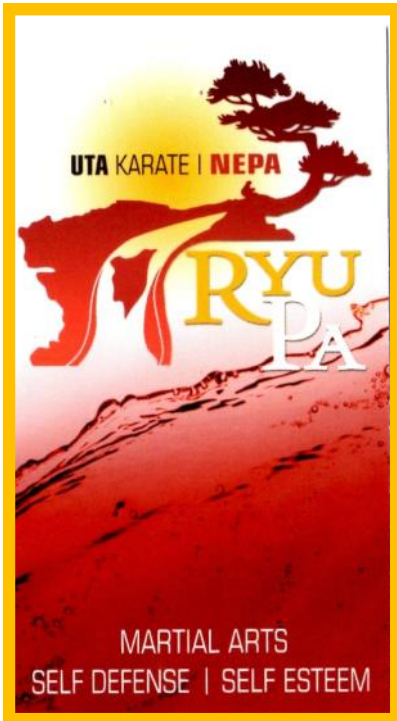
For more information contact our Early Learning Center Director, Ashley Woodruff at (570) 346-6595 ext. 120

SPORTS & RECREATION

GYM SUMMER SCHEDULE 2015

Monday	8:00am – 5:00pm	Open Gym
	5:30pm – 8:00pm	Rentals
Tuesday	8:00am – 10:00am	Open Gym
	10:00am – 12:00pm	Day Care Gym w/Bounce House
	12:00pm – 6:00pm	Open Gym
	6:00pm-9:00pm	Open Gym
Wednesday	8:00am – 11:30am	Open Gym
	9:30am-10:30am	Preschool Gym
	11:30am – 12:00pm	Day Care Gym
	12:00pm – 2:00pm	Adult Pick Up Games
	2:00pm – 9:00pm	Open Gym
Thursday	9:30am – 10:00am	Open Gym
	9:30am - 11:00am	MoM's of Munchkins Open Gym w/Bounce House (Every other Thurs.)
	12:15pm -1:00pm	Preschool Basketball
	11:30am – 9:00pm	Open Gym
	8:00am – 2:00pm	Open Gym
Friday	2:00pm – 6:00pm	Pick up Games
Sunday	7:00am – 9:00am	Men's over 30 pick up games
	9:00am – 11:00am	Adult Pick up Games
	11:00am – 5:00pm	Open Gym





UTA KARATE AT THE JCC

Come Join Masters Bob Straub and Lorrie Raemsch as they teach the basics and advanced levels of Tang Soo Do at the JCC.

Mondays & Wednesdays

Children's (age 7-15) classes 6:15pm-7:15 pm

Adult (age 15 to adult & Black Belts) classes 7:15pm-8:15pm

Wednesdays

Lil Dragons (age 4-7) 5:30pm-6:15pm

Where: The Koppleman Auditorium

JCC members \$50 four week session

Non-members \$60 four week session

Kids Yoga

Ages 4-12

Mondays 5:00pm

Tuesday's 5:15pm

Wednesdays 6:00pm

Location: The Goodman Lounge

Instructor: Mindy Hill

FREE FOR JCC MEMBERS!
Or \$5 Drop In Fee

Yoga
Benefits
Kids



JCC CAMP DALEVILLE



Camp Daleville 2015 is in full swing!! Campers have been enjoying a wide range of activities and making memories to last a lifetime!!!



YOUTH PROGRAMS

KIDS GET AN EARLY TASTE OF SUMMER WITH JCC PRE-CAMP

The JCC holds its annual Pre-Camp program from June 15th-19th. Those finished with school had a chance to participate in a wide range of activities at the JCC such as yoga, arts & crafts, Jewish culture, gardening, drum class, sports and more! Additionally, they took field trips to McDade Park and the Lackawanna Coal Mine Tour. Don't forget to extend your child's summer for two more weeks in August for JCC Post-Camp which will be August 14, 17-21, 24-28.



Drawn to Art Studio

Children's Art Classes

ages 4 - 18 years
Individualized Instruction
Various Media
Flexible Scheduling
Annual Art Show

Linda Vachino DuBorgel
Award-Winning Artist
and Instructor

Over 25 Years Experience!

570-562-2981

Class Schedule on Reverse

The JCC is now offering children's art classes. Date/times to be determined. If you are interested in enrolling your child, please contact Timothy Frank, Director of Youth Services & Recreation at timothy@scrantonjcc.org or ext. 116.



2015 Teen Leadership Seminar in Israel



The JCC is proud to announce its 2015 Teen Leadership Seminar in Israel. The opportunity to experience Israel is an exciting, enriching and transformative adventure. Participants will explore all of the major sites and points of historic, spiritual and archaeological significance. This program will immerse you in the rich culture of Israel as you explore the ins and outs of the land of Israel, Israeli society and culture, and gain a deeper understanding of the life of an Israeli.

The JCC hopes to offer a highly subsidized rate for this 12 day program which will take place December 19th – 31st, 2015, and is open to teens entering 9th-12th in the fall of 2015. After subsidies, we estimate the cost of the program to be in the range of \$2,500-\$2,800. Requirements for participation are as follows:

- 1) Participant must be a member of the JCC. One year high school memberships are \$130.00 (participants residing in Pike, Monroe, Luzerne or Wayne Counties are excluded).
- 2) Participant's family must make a contribution to the Jewish Federation of Northeast PA's annual campaign.
- 3) Participant must affiliate and participate in BBYO the JCC's Jewish teen youth group (participants residing in Pike, Monroe, Luzerne or Wayne Counties excluded).
- 4) Participants must attend a four part Israel Experience Program which will be held at the JCC within four months prior to the trip and will be designed to help participants have a better understanding and appreciation of Israel.
- 5) After returning from Israel, the participant must be willing to share their experience while in Israel via a brief written report, and be available to attend local functions, if needed, to talk about their experience on the program.

JCC staff members, Rika Schaffer & Tim Frank will be leading the program. Additionally, there will be two Israeli staff (a tour guide and an army medic). We currently have space for 15 participants, but if demand is high, more spaces may become available. Contact Tim Frank @ (570) 346-6595 ex. 116 for any questions or to register.

In order for the JCC to run the program, we need to ensure we have a commitment from at least 10 teens. Interested participants are asked to submit a "Commitment Registration" Form along with a \$300 non-refundable deposit (*If the program is cancelled due to lack of registration, then the deposit will be returned).

Birthday Parties at the JCC!

Swim, Sports or Themed Parties!

Book your child's next birthday party at the JCC!

Parties are for 2 hours, first hour is the activity and the second hour is in a party room.

WE DO ALL THE WORK!

The JCC will provide a party coordinator and lifeguards for pool parties. Party includes pizza, beverages, snacks and a birthday cake!

Rates:

Up to 12 children: \$180

Up to 15 children: \$210

Up to 20 children: \$240

More than 20 children: \$260

*Deposit is required; balance due at beginning of party

*Additional hour may be added to the party for \$25

Bounce House Party

Can be combined with a Swim or Sports Party Additional fee: \$40

Swim Party

1 hour of pool time can be scheduled Sundays 11am-1pm or 1pm-3pm

Sports Party

Basketball, Flag Football, Zumba, Amazing Games & more! Sundays 11am-1pm or 1pm-3pm



JCC of Scranton 601 Jefferson Avenue Scranton, PA 18510
Phone (570) 346-6595 ext. 116

SENIOR ADULT JULY 2015

SENIOR CAFÉ
Monday, Wednesday
& Friday
9:30-11:00



Advisory Board
July 6 at 10:15



**HAPPY FOURTH
OF JULY!!**

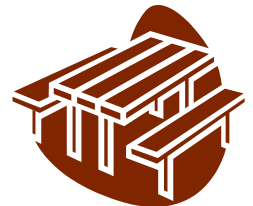


Wednesday 7/1 10 am– 3 pm Camp Daleville Hot Dog Party

Come Spend the Day outside at the Beautiful JCC camp grounds.
(See Flyer for Details)

Reserve your spot today!!

Information call info @ 570-346-6595, ext.100



Lackawanna Cty Blind Association

FREE

**VISION SCREENING
For SENIOR ADULTS**

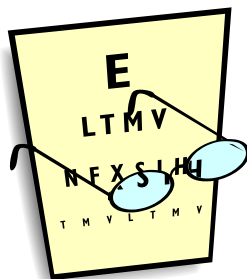
Koppelman Auditorium

Wednesday

July 8

10:30am-

11:30am



SAVE THE DATES!!

July 1 —Camp Daleville

July 22 —Farmer's Market
Vouchers

Aug. 4 —Trip to Mt. Haven

Aug. 26 —McDade Park

Oct. 21 —Woodloch Pines

MONDAY JULY 27 FREE BLOOD PRESSURE SCREENING 10-12



Wednesday 7/22

Farmers Market Voucher distribution - 9:00am



SENIOR ADULT SCENES

VOLUNTEER APPRECIATION



NYC TRIP TO BROADWAY & BEN'S DELI



SUMMER KICK-OFF & BIRTHDAY PARTY



PIZZA PARTY & MINDY'S BIRTHDAY!



SENIOR ADULT



A TRIP TO MT. HAVEN — August 4

Itinerary

* Bus Departs
JCC 9:30am

* Arrives Mt.
Haven 10:30am

* Departs Mt.
Haven 4:30pm

* Arrives JCC 5:30

Please call
570-346-6595
ext.100
To register
or Louise@
ext. 135 for
more information

Prices

JCC Members	\$45
General Public	\$55

Tickets on sale June 22
for JCC Members

THE JOEY VINCENT SHOW!!

*Be totally entertained. Singer, Musician,
Impressionist & a very funny guy.*

Day Includes:

All you can eat breakfast buffet

4 hour open bar (house liquor)

Bingo

DJ with Dancing, Games & Trivia

One hour of Entertainment

Use of all resort activities

Gala Buffet with Dessert



FREE BLOOD PRESSURE SCREENING(S)

The Visiting Nurse Association (VNA) will be onsite offering blood pressure checks for anyone who would like to participate. See below schedule.

Schedule

**Monday, July 27
Monday, August 31
Monday, September 28

10:00am–12:00pm**



**Visiting Nurse Association of Lackawanna County
301 Delaware Avenue, Olyphant, PA (570) 383-5180**

Senior Adult Exercise!

5 Ways to Stay Healthy and Have Fun!

Free to JCC and Senior Adult members
\$8.00 general public (age 60+)

Monday 10:00-10:30

Movement

With Mindy Van Fleet



Wednesday at 9:30-10:15

Senior Yoga

with
Mindy Van Fleet

Wednesday at 11:15-11:45

Healthy Steps for Older Adults

Friday - 8:30-9:15

Senior Yoga

with
Mindy Van Fleet

Friday - 9:30-10:15

Silver & Fit

Friday - 10:30-11:15

ZUMBA GOLD

Workout to the songs of the 40's & 50's and swing.
Lots of fun for any fitness level.

Class can be taken seated or standing whatever works for **YOU!**
Taught by certified aerobics instructor & personal trainer
Mindy Van Fleet



For more information
contact Louise McNabb at
346-6595 ext 135

SENIOR ADULT WEEKLY ACTIVITIES



Bridge—Tuesday at 1:00pm

Mah Jongg—Monday at 1:00pm –Thursday at 1:00pm

Rummikub—Wednesday at 1:00pm

Game Days! Game Days! Come Join the Fun!



The Senior Café AT THE 'J'...

Mondays, Wednesdays & Fridays

9:30am to 11:00am

Adults age 60+ are Invited to come relax,
Socialize And discuss current events at the
New Cafe ...

Bring your Friends! Meet new friends!

REFRESHMENTS !!

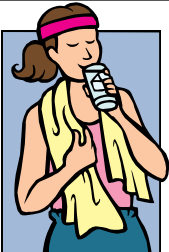


Land Arthritis Classes

until our pool re-opens

Mon, Tues, Thurs, Fri
11-11:45 am

Wednesdays
10:30-11:15am



Exercise Classes

Monday

Movement 10:00am

Wednesday

Senior Yoga
9:30am

Healthy Steps
11:15am

Friday

Senior Yoga
8:45

Silver & Fit
9:30am

Zumba Gold
10:30am

PARSHA
with
RABBI SAKS
Monday
11:00-11:30am

Programs and Meals are funded, in part, under a contract with the PA Department of aging and the Lackawanna County Board of Commissioners through the Lackawanna County Area Agency on Aging.

What does the JCC have to offer Age 60+?

The Jewish Community Center Senior Center **

Open to all Lackawanna County Residents 60+

Congregate meals

- Kosher lunches are served weekly on Mondays, Wednesdays, and Thursdays at noon offering a hot meal or Salad/ Sandwich alternate
- A free-will donation of \$2.00 for each meal is suggested.
- Bingo and Dinner - free-will donation of \$2.00 is suggested

Programs and Activities

- Interesting topics presented weekly by knowledgeable speakers
- The Senior Café at the "J" Mondays and Wednesdays, 9:30 – 11:00
- Healthcare tips –Weekly Parsha
- Arts & Crafts
- Trips
- Holiday Celebrations and Special Events
- Instruction and friendly games of Mah Jongg and Rummikub

Arthritis Water Exercise Classes

- Work through a wide variety of exercises designed to increase flexibility, range of motion, and strength. Led by a Certified Arthritis Instructor.
- Must pre-register with the JCC Aquatics Director at 346-6595 ext. 117
Days: M-T-W-TH-F 11:00-11:45am Fee: \$1.50 donation per class

**Funded under a contract with the Pennsylvania Dept. of Aging and the Lackawanna County Board of Commissioners through the Lackawanna County Area Agency on Aging

The JCC Senior Adult Membership

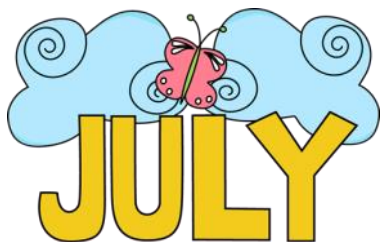
Membership is only \$90 per year and includes:

- Limited membership to the JCC which includes--
Use of fitness center & pool-10-12 Wednesdays
- Discounts on trips such as Mt. Airy Casino, Shawnee Playhouse and Dinner, Villa Roma Resort in the Catskill Mts., Broadway, McDade Park and Camp Daleville.
- Instruction and friendly games of Bridge
- Book Group and Discussion

Exercise classes

- Zumba Gold, Healthy Steps, Movement, Silver & Fit and Senior Chair Yoga
- All classes Free to Senior Adult members -\$8.00 drop-in fee per class for non-members

SENIOR LUNCHEONS – JULY 2015



WEDNESDAY 7/1

SWEET & SOUR CHICKEN
SEASONED RICE
COLE SLAW

ALT: CHEF SALAD

THURSDAY 7/2

CHICKEN VEGETABLE
SOUP
ROAST BEEF W/GRAVY
HONEY ROASTED POT.
ASPARAGUS

ALT: EGG SALAD

MONDAY 7/6

VEAL ROAST W/GRAVY
ROASTED POTATOES
CARROTS

ALT : TUNA SALAD

WEDNESDAY 7/8

CANELI BEAN SOUP
MAC & CHEESE
STEWED TOMATOES
TOSSED SALAD

ALT : CHEF SALAD

THURSDAY 7/9

ROAST TURKEY W/GRAVY
ELBOW MACARONI
GREEN BEANS ALMONDINE
TOSSED SALAD

ALT: EGG SALAD

MONDAY 7/13

CORNER BEEF
BOILED POTATOES
PICKLES LETTUCE &
TOMATO

ALT: EGG SALAD

WEDNESDAY 7/15

CREAM OF CAULIFLOWER
BAKED SALMON, LIMA BEANS
ROASTED RED POTATOES

ALT: CHEF SALAD

THURSDAY 7/16

CHILI CON CARNE
ELBOW MACARONI
GREEN BEANS, TOSSED
SALAD

ALT: EGG SALAD

MONDAY 7/20

SQUASH SOUP
VEGGIE BURGER
POTATO CHIPS,
SPICED APPLES

ALT: TUNA SALAD

WEDNESDAY 7/22

FRIED CHICKEN
SEASONED WILD RICE
CANNED CORN

ALT: CHEF SALAD

THURSDAY 7/23

CREAM OF SPINICH SOUP
TUNA NOODLES CASS.
SQUASH. TOSSED SALAD

ALT: TUNA SALAD

MONDAY 7/27

NAVY BEAN SOUP
CREAM CHEESE & LOX
TOMATO SLICES

ALT: EGG SALAD

WEDNESDAY 7/29

STUFFED CABBAGE
MASHED POTATOES
TOSSED SALAD

ALT: CHEF SALAD

THURSDAY 7/30

CHICKEN VEG SOUP
TURKEY SALAD PASTA
VEGETABLE SALAD
ALT: EGG SALAD

Note: With the alternate sandwiches,
there will be sending lettuce, tomato
slices, rolls, and condiments

CONTRIBUTIONS

The minimum price for a contribution card is \$10. Contributions may still be made by calling (570)346-6595, ext. 100. May the days ahead bring you and your loved ones occasions of joy, honor, and celebration.

BRUCE EISENSTAT ENDOWMENT FUND

IN MEMORY OF SID KAUFMAN
(TO: MRS. BARBIE KAUFMAN
BOROFF)
JEANNE & JIM ROSSI

IN MEMORY OF SID KAUFMAN
(TO: AUDREY KAUFMAN)
ANNETTE MORGENROTH

IN MEMORY OF SID KAUFMAN
(TO: AUDREY KAUFMAN)
LEONARD & KAREN SCHECK

IN MEMORY OF SID KAUFMAN
(TO: AUDREY KAUFMAN &
FAMILY)
CAROL & DON DEMBERT

IN MEMORY OF SID KAUFMAN
(TO: AUDREY KAUFMAN)
CHARLES & JAMIE HALVERSON

IN MEMORY OF SID KAUFMAN
(TO: AUDREY KAUFMAN)
LIONEL & MARION SPENCER

IN MEMORY OF SIDNEY
(TO: AUDREY KAUFMAN)
CAROL B DAVIS

IN MEMORY OF SIDNEY
KAUFMAN
(TO: AUDREY KAUFMAN)
MARY ZIMAN

IN MEMORY OF SIDNEY
KAUFMAN
(TO: AUDREY KAUFMAN)
DR ROBERT & DEBORAH SIMON

BRUCE EISENSTAT ENDOWMENT FUND

IN MEMORY OF SID KAUFMAN
(TO: AUDREY KAUFMAN)
GREG & LYDIA KAUFMAN
JACKSON

IN MEMORY OF SIDNEY
KAUFMAN
(TO: AUDREY KAUFMAN)
MARGE ZAZOVE

IN MEMORY OF SIDNEY
KAUFMAN
(TO: AUDREY KAUFMAN)
MARION PEARL

IN MEMORY OF SIDNEY
KAUFMAN
(TO: AUDREY KAUFMAN)
HERBERT & ELAINE LEVINE

IN MEMORY OF SIDNEY
KAUFMAN
(TO: AUDREY KAUFMAN)
MR & MRS DAVID SPINDELL

IN MEMORY OF SID
(TO: AUDREY KAUFMAN)
RYCK SONG

IN MEMORY OF SIDNEY
KAUFMAN
(TO: AUDREY KAUFMAN)
MARY ZIMAN & FAMILY

HENRY AND EUGENE NOGI SCHOLARSHIP FUND

IN MEMORY OF DR ALLAN
FRIEDBERG
(TO: EDNA FRIEDBERG)
CAROL & NOGI NOGI

IN MEMORY OF SIDNEY
KAUFMAN
(TO: AUDREY KAUFMAN)
CAROL & JACK NOGI

ROSEBUD LEVENTHAL PROJECT JOY FUND

IN MEMORY OF DR ALLAN
FRIEDBERG
(TO: EDNA FRIEDBERG)
CAROL & JEFF LEVENTHAL

GUS AND LENA WEIN- BERGER ACADEMIC SCHOLARSHIP FUND

IN HONOR OF YOUR SERVICE
AWARD
(TO: ATTY MARK WEINBERGER)
REISEL & ELLIS WEINBERGER



CONTRIBUTIONS

The minimum price for a contribution card is \$10. Contributions may still be made by calling (570)346-6595, ext. 100. May the days ahead bring you and your loved ones occasions of joy, honor, and celebration.

SCOTT AND STEVEN TEPPER EDUCATIONAL FUND

IN MEMORY OF BUDDY
(TO: DELORES BUSCH & FAMILY)
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LEON KAPLAN PARENTING CENTER FUND

IN HONOR OF YOUR
SPECIAL BIRTHDAY
(TO: SUSAN HERLANDS)
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IN MEMORY OF ELI
(TO: HARLENE ARENBERG &
FAMILY)
HARRIET & MIV BROTTOR

IN HONOR OF YOUR
SPECIAL ANNIVERSARY
(TO: SOL & FRANCES LEVIN)
BONNIE & KEN GREEN

BRUCE EISENSTAT ENDOWMENT FUND

IN MEMORY OF SID KAUFMAN
(TO: AUDREY KAUFMAN)
STEVEN KAUFMAN

IN MEMORY OF SID KAUFMAN
(TO: AUDREY KAUFMAN)
DAVID & ADELE HENRY

IN MEMORY OF SIDNEY
KAUFMAN
(TO: AUDREY KAUFMAN)
MICHAEL & AVIELE KOFFLER

IN MEMORY OF SIDNEY
KAUFMAN
(TO: AUDREY KAUFMAN)
SANDRA MARIE DEPIETRO

IN MEMORY OF SIDNEY
KAUFMAN
(TO: AUDREY KAUFMAN)
CLAIRE DUBIN

IN MEMORY OF SIDNEY
KAUFMAN
(TO: AUDREY KAUFMAN)
MR & MRS DAVID SPINDELL

IN MEMORY OF SID
(TO: AUDREY KAUFMAN)
ELEANOR BARTON





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JCC HONORS TRICIA KUNZ FOR 25 YEARS OF DEDICATED SERVICE

At its 2015 Annual Meeting, the JCC honored Tricia Kunz for 25 years of dedicated service. Tricia is an employee of the JCC Early Learning Center where she serves as a Head Teacher for the child care program. She has positively impacted thousands of children who have come through the JCC program. She was presented with a Vatikim (Veteran) Award as well as proclamation from the Mayor William Courtright of Scranton. The award was presented by JCC Executive Director Dan Cardonick, Tricia's former supervisor, Rika Schaffer and current supervisor Ashley Woodruff. Mazal Tov to Tricia on her years of service to the JCC!

