



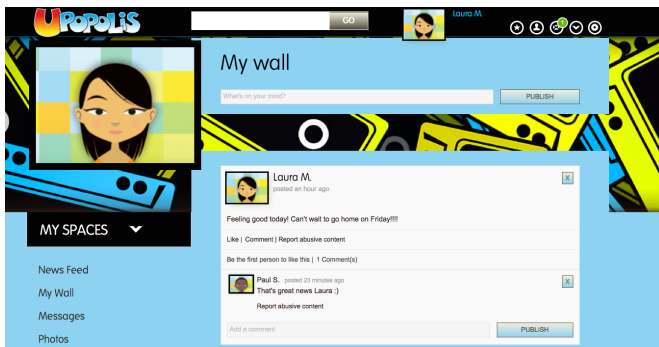
UPOPOLIS is a private online social support network available to youth with hospital experience. It's fun, interactive and created especially for youth like you!

WHAT CAN DO?

CONNECT with friends, family and youth at healthcare centres across Canada.

LEARN more about your diagnosis & treatments with Uknow - a 'space' full of youth-friendly medical information and videos that have been reviewed and approved by medical professionals.

ENGAGE in online sharing and initiatives with other Upopolis users with similar medical experience.



Ask a staff member for more info
or email us at support@upopolis.com



Access medical content and videos created with youth in mind! Topics range from:

- Explanations of diagnoses
- Unique hospital video tours
- Coping resources & distraction techniques

Interact with other youth like you!

- Create your own space on Upopolis and invite people to join, share and collaborate!
- Be part of 'Upop Adventures' and enter contests!
- Star in or help make Uknow videos!
- Get volunteer hours by taking on a leadership role as a Upal or Umentor!

Youth-led Upopolis Spaces:

Funopolis, Craftopolis, Dogs Are Cool, Basketball Fans, Color Me!, Jokes, Surf the Web, Movie Guru, and more!

Diagnosis-specific Spaces:

Asthma, Diabetes, Crohns and Colitis, Cancer, CF, Pain, Pompe, Epilepsy, Burn Survivor, and more!

Other awesome Spaces:

Uknow, Ucope, Upop Adventure, Ask Jes! Your Uknow CCLS, YAC Across Canada, health centre spaces and more!

DEVELOPED IN PARTNERSHIP BY: