

Beginners Writing Group

A creative group suitable for those who are experiencing or in recovery from anxiety, depression and mental health challenges



Image: Camilla Nelson

A 12 week course for beginners with no previous experience of creative writing to develop confidence in writing.
Make friends, have fun, get writing. No experience necessary.
Please bring something to write with - all other materials provided.

Thursdays: 4pm – 6pm

Start date: 3rd March 2016

Then every Thursday until 19th May 2016

Family Room, Bath Central Library

To book your place and for more information

Wellbeing College 01225 831820

enquiries@wellbeingcollegebanes.co.uk

www.wellbeingcollegebanes.co.uk

www.creativityworks.org.uk