



Midtown East



Ed Koch Bridge

March

Best Advice You've Ever Gotten

Members had some wonderful pearls of wisdom gathered from diverse sources- from parents, friends, and even a Chinese Fortune Cookie:

- No one is important enough to make you angry (this nugget was found by one member in a Chinese Fortune cookie)
- Get a good education and learn how to support yourself (this came from a member's mother, who was a feminist before we knew about feminism)
- Say, "you may be right" to end an argument
- Tell yourself, "I can be right or I can be happy"
- Live in the moment; slow down and appreciate what you have
- Don't put off till tomorrow what you can do today
- Always have gratitude and acknowledge that every day

April

Life Stories

Members shared brief descriptions of their life stories. The stories were generally positive and had many common threads.

- Each member had several careers over their lifetime
- Members enriched their lives by encompassing their passions
- Fulfillment in volunteer opportunities
- Becoming your own boss & gaining a degree of independence was rewarding
- Finding a structure in retirement