

# **Upper Westside 2**



116<sup>th</sup> St. Subway Station

## **April 2015**

### **Spring Rituals**

#### The discussion focused on how we welcome the arrival of Spring.

- Walking outdoors more, listening to birdsong
- Visiting the Central Park Conservatory Garden, Riverside Park, Morningside Park, Brooklyn Botanic Garden for Cherry Blossom Festival
- Returning to farmer's markets
- Exchanging winter quilts or covers for lighter ones; changing shower curtain, tablecloth
- Changing throw pillow covers to brighter colors
- Switching from gold jewelry to silver (until Fall)
- Re-arranging knick-knacks
- Changing clothes in closets
- Taking the cover off the BBQ grill; re-opening country houses
- Spring cleaning

### May 2015

#### What was one of your best decisions?

We generally agreed that what judged a decision "best" was the way it led to opportunities, rewards, and happiness.

- Taking on the volunteer job which led to a career in publishing
- Breaking off a marriage engagement and subsequently finding the "right" person
- Attending Al-Anon programs to learn how to cope and grow personally
- Living in Italy for a few months in youth, influencing a career choice
- Joining a debating team and developing strong skills



## **July 2015**

#### **Next Time Around**

A lively discussion ensued as members discussed this topic. What vocation might you have chosen instead of what you did, given the same "life?"

A brief summary about fantasy careers were shared. They were varied and very different from the careers that had been pursued. Here are some highlights:

- ballet dancer
- trial attorney
- musician
- Rabbi
- Tea Taster