

### **Brand New Opportunities -- SIGs in Formation:**

**Film Group:** Two TTN friends who love movies would like to form a film group of similarly-minded TTN women. We envision the group making decisions to pick a movie (or series of movies) - each of us seeing the movie at our convenience - then meeting once a month, on a Thursday evening, to discuss the film. We are looking for TTN members who have a passion for serious American and International films, from documentaries to feature films, to join and possibly share in hosting our monthly meetings. We are looking forward to sharing our film adventures with you.

**Financial Security:** Risks and Rewards: Are you concerned about outliving your savings? Would you like to discuss financial matters with other TTN members in a secure and confidential group setting? Several TTN members are interested in forming a new group to learn about how to improve their financial position. This is not an investment club but an opportunity to share information and perhaps hear from financial advisors, without being "sold".

**The Grandmother Connection:** Are you excited about becoming a new grandmother or are you already a grandmother of children under the age of five? This is a group for you. As a retired Nursery school director and grandmother of a one year old, I thought it would be great to meet other TTN members who would enjoy discussing the joys of grandparenting and the role of being a good mother/mother-in-law. We will also exchange great resources, discuss relevant articles and explore additional ways to make this group interesting and meaningful at future meetings.

**Magazine Salon 2:** The "Magazine Salon" provides an opportunity for TTN members to discuss thought-leadership articles from print and digital magazines such as The New Yorker, The New York Times Magazine, The Atlantic, Quartz, Slate, etc. Each month, one member of the group will select a thought provoking article, send the article link to members of the group, and moderate the discussion. We are looking to discuss a wide range of topics which could include health, the environment, education, women's issues, as well as timely current national and international events. Members will be asked to read the article prior to the meeting and come prepared to discuss it. This SIG will meet on the 2nd Wednesday of the month from 2-4 PM.

### **Existing Open SIGs:**

**Arias 'r Us:** Do you love opera but have a hard time finding friends with the same passion? Then this group may be for you. There are many ways to see opera without the sky-high ticket prices for orchestra seats at the Metropolitan – HDTV broadcasts, last minute ticket lines, smaller opera companies. And there are opera lectures all over town. The idea is to listen to gorgeous music and then discuss what we have seen and heard. A couple of us have already gotten tickets for some of the Met in HD broadcasts and lectures at the Brooklyn Academy of Music. Join us and let's discuss what other musical adventures we can plan.

**Berkshire Adventures:** We are a group for women who summer in the Berkshires. Let's get together to discuss the activities we would like to pursue over the summer. These could include Tanglewood, Jacobs Pillow and the theater. For the more adventurous of us, we could also plan hikes and other outdoor activities. We would prepare a calendar with a list of activities for the Summer and make that available to the members.

**Bon Appetit Dining Out Group:** We are a group of warm, friendly women who dine out the second Tuesday of every month, at 6:30 PM. Each month a different member of the group selects a restaurant of her choice. We prefer moderately-priced restaurants, and members are expected to pay the bill in cash – NO credit cards. Join us for some fun-filled and delicious meals.

**Caregivers Support Group (for members of Caring Collaborative):**

There are times in our lives when contact with like-minded individuals can make a profound difference. The group is open to TTN members who face the daunting challenge of dealing with loved ones who are seriously ill or are frail elderly. Our support group will offer a safe place to talk with others in the same situation.

**Foreign Film Friday:** We are an informal group of movie goers that meets twice a week, the second and fourth Friday of each month, in the early afternoon, to see a foreign film, usually, in the Lincoln Center area. The group coordinator keeps the email list, but we share recommendations with the whole group and reach consensus by email on what to see. In order to connect with each other, once we agree on a film, we meet 10-15 minutes before it begins and wear something obvious, hat, scarf, coat, in Fire Truck Red. After the film, we all meet at Fiorello's for a drink, snack, and to chew over the film.

### **Existing Open SIGs:**

**Holiday Group Gatherings:** During a TTN Caring Collaborative Downtown meeting, it was discovered that several of us are alone on the holidays and would like to have a group that meets for lunches or dinners on holidays. The group decides if the get-togethers will be in homes or in restaurants on the day of holidays. The group meets on holidays such as Thanksgiving, Christmas, New Year's Day, Easter Sunday, Passover, Memorial Day, July 4th, and Labor Day.

**It Takes Two:** This peer group was formed to explore, discuss, and pursue all possible means of meeting single men and to offer mutual support, suggestions, and advice pertaining to issues that relate directly or collaterally to our goals. The members of this group are action and activity oriented. We meet the 1st Monday of every month from 6:00 PM - 8:00PM.

**Let's Lunch:** Are you a "foodie" at heart? Do you want to try hot new places in Brooklyn, Queens, and Manhattan ... along with the next generation? Are you curious about unfamiliar cuisines? Do you have a taste for spice and a budget for the "Underground Gourmet?" Then you should consider joining other TTN diners for our Let's Lunch group. We meet and eat the first Tuesday of the month at a different restaurant, at 2:00.

**The Political Discussion Group:** We are a group of women who are very interested in discussing politics. We meet mid-day on the fourth Thursday of the month to discuss the political landscape of our country and the problems facing our citizens. Our discussions may lead to political activism. We are progressive in our orientation; however, we welcome all political ideologies

**Snowbirds/Flakes:** Snowbirds Peer Group is for TTN members who fly South to Florida in the winter. The East and West Coasts of Florida are represented. The group meets in New York City and Florida. It focuses on important issues faced by Snowbirds, such as where to go for the early birds, where to get the best buys and, most important, forming new and lasting friendships at this time of life.

**Special Occasions:** We meet monthly to celebrate birthdays and other special occasions. The monthly meetings help us forge a bond among group members so when we do meet on major holidays, we avoid the awkwardness of not knowing anyone. We meet on the first Saturday or Sunday for brunch / lunch, plus an

### **Existing Open SIGs:**

**Special Occasions (continued):** activity, e.g., movie, cultural, etc., if we choose. We want to make this an enjoyable way to spend a weekend afternoon.

**Superior Food Group:** For members interested in superior food in Manhattan, often at quite expensive prices! We meet one evening a month at a high quality restaurant for excellent food and good conversation. Please be ready to spend a good deal of money on each meal, perhaps between \$100 to \$200 per person.

**Travel Mates:** Are you looking for companions with whom to travel--either domestically or internationally, on short trips or longer ones, planned independently, or with existing travel groups, to a local area resort or to more faraway lands? Then this group is for you! We communicate primarily via email by offering trip destination suggestions, types of travel options such as specialty tours, and any other relevant travel information. We meet occasionally to share ideas, but the primary focus is to connect with others interested in your trip idea and then go from there to do your planning and travel! The next meet up is planned for Feb. 29th, from 6:30-8:30 on the Upper East Side.

### **For TTN Members:**

[If you are a TTN member, click here](#) for more detailed information about open SIGs and email the contact person listed. You will need to enter your user id and password. If you're interested in a topic that isn't listed here, or if you have any **questions about SIGs, contact Barbara Alpern** (<mailto:barbara.alpern@hotmail.com>).