

	1	2	3	4-
	Liver and Onions Pork Roast Mix Veggies Loaded Potatoes Butter Beans	Pork Chops Pot Roast Mac N Cheese Green Bean Casserole Rice	Hamburger Steak Fried Chicken Tenders Collard Greens Mashed Potatoes Yam Patties	Fried Fish Spaghetti Cheese Grits Baked Beans Green Beans
7	8	9	10	11
Closed Happy Labor Day	Country Fried Steak Grilled Chicken Mashed Potatoes Mixed Veggies Butter Beans	Pork Chops Pot Roast Green Beans Sweet Potato Soufflé Baby Lima	Hamburger Steak Fried Chicken Tenders Turnips Carrots Cream Potatoes	Fried Fish Pulled Pork Baked Beans Cheese Grits Eng. Peas
14	15	16	17	18
Country Fried Steak Grilled Fish Turnip Greens Lima Beans Mashed Potatoes	Pork Chops Pot Roast Mac N Cheese Green Bean Casserole Rice	Hamburger Steak Fried Chicken Tenders Collard Greens Mashed Potatoes Yam Patties	Beef Tips/Rice Grilled Chicken Sweet Potato Soufflé Green Beans Brussels Sprouts	Fried Fish Gumbo Cheese Grits Brussels Sprouts Baked Beans
21	22	23	24	25
Country Fried Steak Grilled Chicken Collard Greens Mashed Potatoes Corn Casserole	Liver and Onions Fried Tenders Mix Veggies Turnips Butter Beans	Hamburger Steak Chicken Pot Pie Green Beans Mashed Potatoes Black eye Peas	Meat Loaf Chicken Stir Fry English Peas Mashed Potatoes Broccoli Casserole	Fried Fish B.B.Q Pork Cole Slaw Baked Beans Green Beans
28	29	30	Hours: 11:00a.m.-1:30p.m 251.661.0219 The Connie Hudson Mobile Regional Senior Community Center 3201 Hillcrest Road Mobile, AL	
Grilled Chicken Tenders Country Fried Steak Mixed Veggies Collards Rice/Gravy	Grilled Fish Fried Boneless Pork Chops Baby Lima's Mac N Cheese Turnips	Greek St Leg Quarters Hamburger Steak Squash Broccoli Corn		