

The “Resilient Parent, Resilient Child” Series Presents...



BEST
FRIEND?

Empowered Girls Authentic Friendships

A Community Presentation by
author and relationship expert

Rachel Simmons

Author of *Odd Girl Out* and *The Curse of the Good Girl*

Tuesday, October 27th

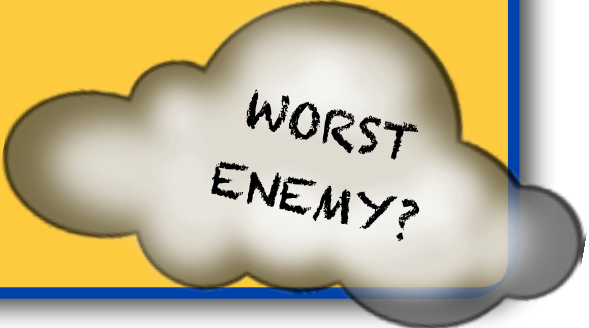
7:00–9:00 pm

Wilson Middle School

22 Rutledge Road

To register:

<http://tinyurl.com/sparkkindness>



WORST
ENEMY?

- Relational Aggression (RA) is a form of covert bullying where relationships are used to hurt others. Because it is often subtle and hidden from adults, RA can be hard to detect and address.
- In this program, Rachel Simmons will provide concrete strategies and scripts to help you and your child cope with challenging social dynamics in and out of school, and learn how to recognize and address Relational Aggression.



We are pleased to be able to offer this program thanks to the generous support of **MutualOne Bank**. For more information on this and other programs in the Resilient Parent, Resilient Child series, please visit www.sparkkindness.org.