Summer is the time to be active, not caught on the sidelines. In the second installment of Best Doctors webinar series, learn how to stay safe for your active lifestyle, so you can spend less time out and more time making that game-winning catch. Sports-related injuries range from a muscle strain to a torn ACL. This webinar will focus on preventative measures for sports-related injuries. Questions around orthopedic surgery and musculoskeletal injuries are important to keep you safe and healthy. Hear from a leading expert on these topics.

**In this webinar you will learn**

- Are there ways to lessen my chances of a sports-related injury?
- What are treatment and prevention strategies related to sports and exercise to lower my risk?
- What happens when I have one of these injuries?

Don't miss the opportunity to hear from a leading specialist in orthopedics.

**Expert Panel Members**

**John C. Richmond, MD**
Medical Director for Network Development at New England Baptist Hospital  
Vice President of the Arthroscopy Association of North America  
Team Physician for Merrimack College

**David Harrison, MD**
US Medical Director at Best Doctors, Inc  
Attending Physician in Internal Medicine and Pediatrics at Massachusetts General Hospital