

We provide every patient wanting to participate a bucket of candy and get them set up outside their room to hand out candy as this kids come around. We have even had therapists incorporate the trick or treating into their therapy sessions, so patients get in their therapy time requirements, but they are also able to engage in the event.

Another great way to involve the patients in the event is prior to the event, ask patients who enjoy baking to assist with baking treats for the attendees. Ask your patient who loves crafts, to create a craft the kids can do. By involving the patients in the planning and preparation you give them a sense of purpose and accomplishment. Even with the trials and tribulations they are facing during their inpatient rehab stay, they are able to give back and engage in activities in which they enjoy and give them a sense of community.

Patients are also invited to the activity room where refreshments, crafts, and games are held to enjoy time with their own families.

Making these activities therapeutic in nature not only helps patients buy in these events, but also gives them a sense of accomplishment and purpose at a time where they have trouble seeing any progress in recovery and also gives them a boost in their overall personal morale.