



# 2016 FALL WORKSHOPS

## District 1

Friday  
Oct 21

**Location:** Presbyterian Senior  
Care Oakmont Community

8:30 to 9:00 Registration

9:00 to 10:15 **Session 1 How Can You Find Out If Residents Are Satisfied?**

**Speaker:** Trey Coffman, CTRS Team Leader  
at Willows Skilled Nursing at Oakmont, PA

**Session Description:** Have you ever thought about what the quality of your programs are? What are your Residents really getting out of them? What is truly considered a quality program? Learn new tools and methods that can assist you with making sure your programs meet qualities that your Residents need. Learn different ways to find the appropriate information needed to implement a quality program and how to gauge it.

**Participants Will:** Identify what a quality program is. Identify two forms of assessments that will assist in quality making programs. Identify two tools to evaluate your programs.

10:15-10:30 Break

10:30-11:45 **Session 2 How Can You Find If Residents Are Satisfied? Continued**

11:45-12:15 Introduction to PTRS

12:15-1:00 Lunch

1:15-2:30 **Session 3 Person Centered Care and The Role of the Recreation Professional**

**Speaker:** Melissa Tomko, CTRS, CDP Administrator of Woodside Place

**Session Description:** What programs would you prefer when you are an older adult? Are you able to do person centered programs at your communities? What are some of the barriers that you meet? In this session we will review the changing role of the recreation professional specifically in long term care. From title changes and new regulations, how can we help each other make a difference? Learn ways to incorporate person centered programming within your organization without increasing staffing needs. Discover new programming ideas to get other disciplines involved. Learn to be the VOICE for our Residents, and find out the "why not's" instead of the "you can't".

**Participants Will:** Identify three new person centered programming ideas. Identify how to overcome your barriers in person centered care. Describe three ways to increase person centered programming in your communities.

2:45-4:00 **Session 4 Person Centered Care and The Role of the Recreation Professional Continued**

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## District 2

Thursday  
Oct 13

**Save The Date Session To Be Announced Shortly**  
**Location:** York College of PA - West Campus  
Community Center

8:30 to 9:00 Registration

9:00 to 10:15 **Session 1**

10:15-10:30 Break

10:30-11:45 **Session 2**

11:45-12:15 Introduction to PTRS

12:15-1:00 Lunch

1:15-2:30 **Session 3**

2:45-4:00 **Session 4**

## District 3

Tuesday  
Oct 4

**Location:** Einstein Healthcare  
Network MossRehab - 60 Township Line  
Elkins Park, PA 19027

8:30 to 9:00 Registration

9:00 to 10:15 **Session 1 Modalities and Modification**

**Speaker:** Jeffrey McCormack, CTRS Level III Therapist  
at MossRehab

**Session Description:** This session will review various modalities and how to modify them to work for any setting/population. Have you ever wonder how to modify common activities to make them more desirable and beneficial for your clients? This session will address the four principles of adaption. You will learn how to modify several activities to focus on goals you have established for your clients. An open discussion will be held on what works best for your setting/population.

**Participants Will:** Identify the four principles of adaption. Identify three ways adapting activities assists in a client reaching their goals. Identify how to adapt two common activities for any setting/population.

10:15-10:30 Break

10:30-11:45 **Session 2 Flying by the Seat of Our Pants: Adapting for Engagement When the Plan Shifts**

**Speaker:** Genee Bower, CTRS @ Bethany Village

**Session Description:** Not everything always goes

according to plan. Learn how to quickly adjust, adapt, and engage on the fly in order to achieve your goals even when you are thrown a curve.

**Participants Will:** Understand task analysis and how to break down a modality into focused goals. Identify the levels of engagement and participation and easily choose an appropriate goal for participants. Add 3 "back pocket" modalities to their repertoire for time of transition or when a quick back-up intervention is needed.

11:45-12:15 Introduction to PTRS

12:15-1:00 Lunch

1:15-2:30 **Session 3 How to Design Therapeutic Community Reintegration Outings**

**Speaker:** Jeffrey McCormack, CTRS Level III Therapist  
at MossRehab

**Session Description:** Community Reintegration Outings are designed to facilitate opportunities for "patients" to experience the multifaceted issues to independent function in community settings. This session will give you the fundamentals you need to plan, organize, and conduct a Community Reintegration Outings in a safe manner with an interdisciplinary approach.

**Participants Will:** Identify three goals and objectives that can be achieved by conducting interdisciplinary Community Reintegration Outing. Identify how to plan, organize, and conduct a Community Reintegration Outing. Identify three ways that a Community Reintegration Outing will increase "patient's" carryover skills in the area of physical, cognitive, emotional, and social functions in various community settings.

2:45-4:00 **Session 4 An Introduction to Mneme Therapy**

**Speaker:** Emily Seilhammer

**Session Description:** Gain an understanding of this unique art-based program designed to engage individuals in a satisfying, one on one experience.

**Participants Will:** Understand what Mneme Therapy is. Be able to list three benefits of Mneme Therapy. Be able to identify resources for bringing Mneme Therapy to clients.

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