

**Focus:** Bruxism, Chronic Pain, TMD and Sleep

Dr. Gilles Lavigne of the Center for Advanced Research in Sleep Medicine in Montreal, Québec, Canada, Dr. Lavigne combines the worlds of academia and sleep research, clinical practice and treatment of patients, and education of predoctoral students. Research interests. include neurophysiology of sleep and pain, as well as specific disorders including sleep bruxism, sleep apnea, and periodic leg movements during sleep.



Focus: Sleep-Disordered Breathing, Functional Somatic Syndromes and Anxiety Disorders

**Dr. Avram Gold** links sleepdisordered breathing to functional somatic syndromes and anxiety disorders via an out of the box paradigm. The iconoclast posits a connection via hypothalamicpituitary-adrenal axis activation, a theory that moves away from commonly held beliefs within the medical community.



Focus: A Phenotyping Model for the Treatment of Obstructive Sleep Apnea;

"Future of Dental Sleep Medicine, a discussion"

**Dr. David White** has firm roots in the academic world, he brings clinical expertise and business acumen to any discussion about the past, present, and future of sleep medicine. In 1996, Dr. White began the clinical side of the sleep disorders program at Harvard-affiliated Brigham & Women's Hospital (BWH).

## Extend Your Learning Experience Daily!

Each day at the lunch hour participate in Round Table Discussions with members of The Metz Center Staff and our Speakers.

Do you have specific questions about insurance, billing, orthodontics, sleep dentistry or other topics? Our lunch Round Table Discussions can be the perfect time to allow for an in-depth answer to your specific question.

Simply look for the name & topic signage on the lunch tables and sit down to learn more about what interests or concerns you most!

Register online at www.themetzcenter.com

