

Step Up to Introductory & Advanced Sleep Dentistry Continuum



Friday, April 1, 2016
Saturday, April 2, 2016

Embassy Suites, Columbus, Ohio

**Earn up to 15 hours of
continuing education credit.**

The Metz Center invites you and your staff to attend this unique learning opportunity featuring the **Most Elite speakers for 2016!**

James Metz, DDS

Gilles LaVigne, DMD, PhD

Avram R. Gold, MD

David P. White, MD

Register online at
www.themetzcenter.com



Dr. James Metz is a 1973 graduate of The Ohio State University College of Dentistry. Dr. Metz maintains a general dental practice in Columbus, Ohio, with an emphasis on dental sleep medicine. He is the affiliate director of The Ohio State University Medical Center Sleep Medicine Fellowship Program. He has previously served on the AADSM board of directors, course development committee, public relations committee, and was the Chair for the Introductory Course of Dental Sleep Medicine in addition to being the Co-Chair for the Annual meeting 2014. He is the current Chair of the American Thoracic Society (ATS) Interest Group on Dental Sleep Medicine and a member of the Executive Committee the Sleep, Respiratory, and Neurobiology (SRN) Assembly of the ATS.

Introductory & Advanced Sleep Dentistry Continuum

Friday, April 1, 2016 8:30 am - 5:00 pm

Saturday, April 2, 2016 8:00 am - 5:00 pm

Dentists and their staff play a vital role in the team approach to screening and treatment of Obstructive Sleep Apnea - a condition that affects as many as 100 million Americans and their families. But fewer than 10 percent of the nation's dentists incorporate advanced sleep dentistry into their general practices.

Thousands of dentists are missing an ideal opportunity to help their patients sleep better and live fuller, healthier lives, while adding an ideal revenue stream to their practices.

If you have been thinking about getting into dental sleep medicine, this two-day course for dentists and staff is the right choice. No hype. Nothing to sell you. Just an incredible learning experience presented by one of the nation's leading sleep dentistry practitioners, Dr. James E. Metz, of The Metz Center for Advanced Sleep Dentistry.

Continuum Objectives:

- What is sleep and Why we sleep
- Sleep breathing disorders and critical issues in dental medicine
- Oral appliance comparisons
- Establish a sleep dentistry practice within your practice
- Introductory (*includes staff*) & Advanced topics at **EACH course**
- Medical Predeterminations, insurance billing & coding
- Medical correspondence letters
- Effective marketing and patient screening
- Staff roles & training
- Create successful relationships with medical doctors
- Friday evening reception and two meals per day included in your tuition



Focus: Bruxism, Chronic Pain, TMD and Sleep

Dr. Gilles Lavigne of the Center for Advanced Research in Sleep Medicine in Montreal, Québec, Canada. Dr. Lavigne combines the worlds of academia and sleep research, clinical practice and treatment of patients, and education of predoctoral students. Research interests include neurophysiology of sleep and pain, as well as specific disorders including sleep bruxism, sleep apnea, and periodic leg movements during sleep.



Focus: Sleep-Disordered Breathing, Functional Somatic Syndromes and Anxiety Disorders

Dr. Avram Gold links sleep-disordered breathing to functional somatic syndromes and anxiety disorders via an out of the box paradigm. The iconoclast posits a connection via hypothalamic-pituitary-adrenal axis activation, a theory that moves away from commonly held beliefs.



Focus: A Phenotyping Model for the Treatment of Obstructive Sleep Apnea; “Future of Dental Sleep Medicine, a discussion”

Dr. David White has firm roots in the academic world, he brings clinical expertise and business acumen to any discussion about the past, present, and future of sleep medicine. In 1996, Dr. White began the clinical side of the sleep disorders program at Harvard-affiliated Brigham & Women’s Hospital (BWH).

Extend Your Learning Experience Daily!

Each day at the lunch hour participate in Round Table Discussions with members of The Metz Center Staff and our Speakers.

Do you have specific questions about insurance, billing, orthodontics, sleep dentistry or other topics? Our lunch Round Table Discussions can be the perfect time to allow for an in-depth answer to your specific question.

Simply look for the name & topic signage on the lunch tables and sit down to learn more about what interests or concerns you most!

Register online at www.themetzcenter.com



Introductory Track, Friday, April 1

Breakfast & Registration

Sleep Dentistry: *Dr. James Metz (Introductory & Advanced Tracks)*

Sleep Disordered Breathing Functional Somatic Syndromes and Anxiety Disorders: *Dr. Avram Gold*

Generous Lunch Buffet, Dessert & Beverages

* Round Table Discussions during lunch with Metz Center Staff & Speakers

Treatment Coordinator Role: *Chris Takacs, Sleep, TMD Treatment Coordinator*

Important Topics In Sleep Literature: *Dr. Mickey Harrison*

Hygienists Role: *Megan Bacome, Dental Hygienist*

Reception Meet & Greet: Beverages & Heavy Appetizers

Introductory Track, Saturday, April 2

Breakfast

Sleep Dentistry : *Dr. James Blank*

The Evaluation - What are we looking for? *Pat McBride, BA, RDA, CCSH*

Laboratory Roles: *Todd Bacome, Laboratory Manager*

Generous Lunch Buffet, Dessert & Beverages

* Round Table Discussions during lunch with Metz Center Staff & Speakers

Insurance & Forms: *Pat McBride*

Risk Management: *Ken Burley (Introductory & Advanced Tracks)*

Pulse Oximetry: *Dr. James Metz (Introductory & Advanced Tracks)*



First Look!

Patient Safety Software is critical to proper titration. They have new software that Dr. Metz helped design which *NOW* tracks the heart rate much more accurately. Dr. Metz will show the new program and its nuances.

Please note:

All course materials will be provided in an electronic format only. Upon arrival, attendees will be provided with a thumb drive that will include the continuum materials. Please bring your computers or tablets to view the materials. Be sure to have your devices fully powered prior to your arrival at the course each day.



EndoPAT™ testing

Free product demo in as little as 15 mins!
with Robin Koster from Itamar Medical.

EndoPAT™ measures **Endothelial Function** and is an innovative, safe and non-invasive diagnostic device for Functional Vascular Health Assessment for both large and small arteries.

The Metz Center has recently purchased this device and our staff has been trained to use the EndoPAT™ - the **only dental practice** in Columbus, Ohio to offer the EndoScore™

test! Dr. Metz and Dr. Tucker are the only two dentists in the U.S. to own and use the EndoPAT™.

Check it out!



Advanced Track, Friday, April 1

Breakfast & Registration

Sleep Dentistry: *Dr. James Metz (Introductory & Advanced Tracks)*

Sleep Disordered Breathing Functional Somatic Syndromes and

Anxiety Disorders: *Dr. Avram Gold*

Generous Lunch Buffet, Dessert & Beverages

* *Round Table Discussions during lunch with Metz Center Staff & Speakers*

Bruxism, Chronic Pain, TMD, and Sleep: *Dr. Gilles Lavigne*

Accelerated Tooth Movement: *Dr. Tom Wilcko*

A Phenotyping Model for the Treatment of OSA: *Dr. David White*

The Future of Dental Sleep Medicine: *Dr. James Metz*

Reception Meet & Greet: *Beverages & Heavy Appetizers*

Advanced Track, Saturday, April 2

Breakfast

Welcome Back: *Dr. James Metz*

The Compliance Chip for OAT Therapy: *Dr. John Tucker*

The Art of Breathing: *Dr. Frank Seaman*

Orthodontics & Dental Sleep Medicine: *Dr. Gene Williamson*

Generous Lunch Buffet, Dessert & Beverages

* *Round Table Discussions during lunch with Metz Center Staff & Speakers.*

Accelerated Tooth Movement: *Dr. Tom Wilcko*

Risk Management: *Ken Burley (Introductory & Advanced Tracks)*

Pulse Oximetry: *Dr. James Metz (Introductory & Advanced Tracks)*



Faculty Speakers:

Dr. James Blank has been a dentist in private practice since 2005, focusing on comprehensive dentistry. His formal education includes Ohio State University College of Dentistry and a hospital residency at Medical University of Ohio. Dr. Blank has undergone special training in the area of TMD and Dental Sleep Medicine. Dr. Jim Blank works closely with Dr. Metz in Columbus, Ohio, as lecturer at The Metz Center's continuum and as an associate in the treatment of dental reconstructions, dental sleep medicine, and TMD.

Dr. Mickey Harrison practices general and sleep dentistry in Central Ohio. He is a graduate of Northwestern University and The Ohio State University College of Dentistry. Dr. Harrison has received extensive training in dental sleep medicine through continuing education. He is especially interested in current sleep medicine topics within the literature, and has lectured on this subject for several years. He works extensively to survey and compile literature and research concerning Sleep Medicine, and disseminate this information for the betterment of dental sleep medicine practitioners.

Pat McBride, BA, RDA, CCSH is a Sleep Clinician/Education Specialist for Physicians and Dentists in the Field of Dental Sleep Medicine in the San Francisco Bay Area. Ms. McBride works as both full time sleep clinician and educator is dedicated to developing opportunities within the dental sleep medicine field globally by developing multi-disciplinary protocols for clinicians to seamlessly interface with the medical/dental community, educational institutions, and research facilities. Her Dental Sleep Medicine Consulting and Practice Management model designs clinical programs of multi-dimensional HIPAA compliant care delivery, using the best screening technologies as examples to bring practitioners across the complete medical spectrum together in an endeavor to serve as many people as possible to live healthier happier and ultimately longer lives.

Dr. Brian Vence maintains a private practice in West Dundee, Illinois with a special interest in comprehensive esthetic and restorative dentistry. He received his dental degree in 1985 from the University of Illinois School of Dentistry at the Medical Center in Chicago. Dr. Vence founded the Chicago Academy of Interdisciplinary Dentofacial Therapy in 1992, a study club designed to define and promote excellence in dentistry.

Dr. Frank Seaman
Dr. John Tucker

Dr. Gene Williamson
Dr. Thomas Wilko

Dr. Ken Burley

Application for Enrollment

Name _____

Address _____

City _____ State ____ ZIP _____

Phone _____

Fax _____

E-Mail _____

I will attend:

Sleep Course (15 CE hours) Number of Attendees*: _____

Doctors _____ (\$1250) Staff* _____ (\$750)

* *Introductory training program to include staff*

Courtesy Rate is available for current Alumni!
Call 614-252-4444 for details.

** If multiple doctors or staff members are attending, please provide their names and contact information on a supplemental page or via a supplemental email sent to metzdads@yahoo.com*

Payment by check, credit card or Paypal accepted.
Make all checks payable to Dr. James E. Metz

Name on card _____

Credit Card # _____

Exp. Date ____ / ____ CSV Code _____

Signature _____

Return the completed form and payment to:

The Metz Center for Sleep
Dentistry
1271 East Broad
Street, Columbus, OH 43205

Or register online at
www.themetzcenter.com

Cancellation Policy:

Written notification of withdrawal from any course must be received at least 14 days prior to the scheduled course. Cancellations will be accommodated with a one-time-only transfer of tuition and deposit to a future course. Notification less than 14 days will result in forfeit of deposit.



Approved PACE program Provider
FAGD/MAGD Credit.
Approval does not imply acceptance by a state or provincial board of dentistry or AGD endorsement.
7/1/15 to 6/30/19
Provider ID# 348168

Accommodations

Stay at the Embassy Suites by Hilton Columbus Airport hotel, a highly rated all-suite hotel located one mile from Port Columbus International Airport. Relax in your spacious two-room suite with a separate living area.

Reserve your room now!

Just visit our customized reservation site:
http://embassysuites.hilton.com/en/es/groups/personalized/C/CMHATES-COM-20160331/index.jhtml?WT.mc_id=POG

Continuum attendees will enjoy a delicious continental breakfast and a generous Lunch Buffet, with Desserts & Beverages each day. Join all speakers and fellow attendees Friday evening at the conclusion of the day's courses for a Meet & Greet Reception that includes beverages and heavy appetizers!

Questions? Contact Angie at metzdads@yahoo.com or call 614.252.4444.



Step Up to Introductory & Advanced Sleep Dentistry Continuum

Friday, April 1, & Saturday, April 2, 2016

Embassy Suites, Columbus, Ohio

The Metz Center
1271 East Broad Street
Columbus, OH 43205

Join Dentists and Staff from across the nation for this weekend continuum designed to help create the perfect Sleep Dentistry Practice.

***Always New, Always Fresh,
and Always Cutting Edge!***

No other course out there like this one!

You ***will not find*** a more thorough sleep medicine continuum than this ***anywhere!*** The Metz Center structures these courses for learning and interest - not to "sell". You will meet a unique group of dentists at this continuum and a core group of speakers considered to be the leaders in their area of sleep medicine.

Register online at www.themetzcenter.com