

Application for Enrollment

Register online at www.themetzcenter.com
or return this registration form to
1271 East Broad St., Columbus, OH 43205.

Name _____

Address _____

City _____

State _____ ZIP _____

Phone _____

Fax _____

E-Mail _____

I will attend:

☐

Sleep Course (15 CE hours)

Number of Attendees*: _____

Doctors _____ (\$1250) / Staff* _____ (\$750)

* Introductory training program to include staff

**If multiple doctors or staff members are attending, please provide their names & contact information on a supplemental page or via a supplemental email to metzdds@yahoo.com*

- **Courtesy Rate is available for current Alumni!**
Call 614-252-4444 for details.

Payment by check or credit card accepted or pay
online at www.themetzcenter.com

Make all checks payable to Dr. James E. Metz

Name on card _____

Credit Card # _____

Exp. Date ____/____/____ CSV Code _____

Signature _____

Cancellation Policy: Written notification of withdrawal from any course must be received at least 14 days prior to the scheduled course. Cancellations will be accommodated with a one-time-only transfer of tuition and deposit to a future course. Notification less than 14 days will result in forfeit of deposit.



Approved PACE program Provider
FAGD/MAGD Credit.
Approval does not imply acceptance by
a state or provincial board of dentistry
or AGD endorsement.
7/1/12 to 6/30/15
Provider ID# 348168

Introducing The Metz Center Speakers

This is your chance to study under many of the
nation's leading sleep medicine experts.

Dr. James Metz is a 1973 graduate of The Ohio State University College of Dentistry. Dr. Metz maintains a general dental practice in Columbus, Ohio, with an emphasis on dental sleep medicine. He is the affiliate director of The Ohio State University Medical Center Sleep Medicine Fellowship Program. He has previously served on the AADSM board of directors, course development committee, public relations committee, and was the Chair for the Introductory Course of Dental Sleep Medicine in addition to being the Co-Chair for the Annual meeting 2014. He is the current Chair of the ATS Interest Group on Dental Sleep Medicine.



Featured Guest Speaker:



Dr. Barry Krakow is a board certified sleep disorders specialist, and is currently Medical Director and Principal Investigator of the Sleep and Human Health Institute, Medical Director for Maimonides Sleep Arts and Sciences, Ltd., and founder of the Nightmare Treatment Center, all in Albuquerque, New Mexico. He also is Medical Director for three additional New Mexico sleep laboratories, and Adjunct Associate Clinical Professor of Emergency Medicine & Psychiatry at the University of New Mexico Health Sciences Center.

Faculty Speakers:

Dr. James Blank has been a dentist in private practice since 2005, focusing on comprehensive dentistry. His formal education includes The Ohio State University College of Dentistry and a hospital residency at Medical University of Ohio. He has undergone special training in the area of TMD and Dental Sleep Medicine. He works with Dr. Metz as an associate in the treatment of dental reconstructions, dental sleep medicine, and TMD.

Dr. Nelson Diers received his MSD and certification in Orthodontics from the Indiana University graduate school of Orthodontics. He is an associate clinical professor at Indiana University, in the graduate Orthodontics department. He participates in numerous study clubs, and the American Association of Dental Sleep Medicine.

Dr. Brian Vence maintains a private dental practice in West Dundee, Illinois, with a special interest in comprehensive esthetic and restorative dentistry. In 1992, he founded the Chicago Academy of Interdisciplinary Dentofacial Therapy, a study club designed to define and promote excellence in dentistry.

Dr. Mickey Harrison
Dr. Thomas Wilcko
Dr. John Tucker
Dr. Frank Seaman

Dr. Jay Wallin
Pat McBride
Dr. Ken Berley

The Metz Center
for Sleep Dentistry
presents

Step Up to Introductory & Advanced Sleep Dentistry

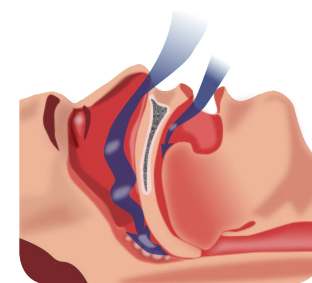
A weekend course designed for
dentists and staff* to help create
the perfect Sleep Dentistry Practice.

**Friday and Saturday,
October 23 & October 24, 2015**

**introductory sleep training program to
include staff*

Embassy Suites
Columbus, Ohio Airport

Earn up to 15 hours of
continuing education credit.



Introductory & Advanced Sleep Dentistry Course

Friday, October 23, 2015 8:30 am - 5:00 pm

Saturday, October 24, 2015 8:00 am - 5:00 pm

Course Objectives:

- What is sleep and Why we sleep
- Sleep breathing disorders and critical issues in dental medicine
- Oral appliance comparisons
- Establish a sleep dentistry practice within your practice: **New Focused Programs** for **General, Orthodontic, or Prosthodontic** tracks!
- Introductory (*includes staff*) & Advanced topics at **EACH course**
- Medical Predeterminations, insurance billing & coding
- Medical correspondence letters
- Effective marketing and patient screening
- Learn to perform necessary titrations to an oral appliance with the use of high-resolution pulse oximetry (HRPO). *Dr. Metz will present an **extended session!***
- Staff roles & training
- Create successful relationships with medical doctors
- Friday evening reception and two meals per day included in your tuition



Featured Guest Speaker

The Metz Center for Sleep Dentistry welcomes

Barry Krakow, MD

Dr. Krakow's research group is one of the most published on the evaluation and treatment of sleep disorders in mental health patients. Dr. Krakow's research teams have consistently shown that insomnia and mental health patients frequently suffer from undiagnosed physical sleep disorders, which prevent them from resolving their sleep complaints, and which therefore often prevent them from improving their mental health.



Join Dr. Barry Krakow as he informs us about
Insomnia

Dr. Krakow's research team has established many firsts in the field of sleep medicine, including:

- The first studies to link sleep breathing problems to insomnia complaints among psychiatric patients
- The first case series showing that treatment of sleep breathing problems decreases insomnia problems in many different types of insomnia patients
- The first study to show that a large proportion (50%) of sleep center patients with sleep apnea also suffer from clinically significant insomnia symptoms, which may interfere with their efforts to treat their sleep breathing problems
- The first study to show that evidence-based sleep medicine treatments could help crime victims with sleep problems
- The first study to show that evidence based sleep medicine treatments could help disaster survivors with sleep problems

To learn more about Dr. Krakow visit: <http://www.sleep-treatment.com/index.php/about-sleep-treatment/about-barry-krakow-m-d>

For additional information, contact:

The Metz Center for Sleep Dentistry

phone: 614-252-4444 | fax: 614-252-6474

email: metzdds@yahoo.com | www.themetzcenter.com

There are so many different sleep courses out there...

Our Mark of Distinction:

Thanks again for all you are doing to keep me healthy...AND I must admit you are also educating me.

The gift [of the Metz Appliance] you gave me is more appreciated than you can imagine. What is so interesting is that it was so unexpected by me because I didn't really accept the idea of having a problem. I thought I felt better than I really was. Now that I sleep through the night, rarely even waking up once during the night, I can see what a difference the appliance has made. I am also now aware by comparison how much I was falling asleep during the day because I rarely do that now and on most days don't even crave a nap...

I'm glad you have the data to support our results. You are someone who is going to make a difference and I applaud you...
And I thank you.

Dr. Peter Dawson

The Dawson Academy
St. Petersburg, Florida



Embassy Suites @ Columbus Ohio Airport | 614-536-0500

Use Group Code: **PRE** to reserve your stay at a discounted rate.

Visit our personalized reservation site at http://embassysuites.hilton.com/en/es/groups/personalized/C/CMHATES-PRE-20151022/index.jhtml?WT.mc_id=POG