

Enjoy a Breath of Fresh Air?

We encourage you to introduce better breathing to **your** patients.

And what a more appropriate place to talk about breathing and fresh air while surrounded by the beauty of the **Colorado Rocky Mountains**? This is your opportunity to study with two sleep medicine experts, **Dr. Frank E. Seaman** and **Dr. James E. Metz**, on February 5th & 6th, 2016 at the Keystone Resort, located 90 miles from Denver International Airport, Colorado.

Topics:



Dr. James E. Metz

James E. Metz, DDS, of Columbus, Ohio will answer your questions about High Resolution Pulse Oximetry (HRPO) and Titration.

Frank E. Seaman, DDS, MS, of Colorado Springs, Colorado will broaden the depth of your understanding about the "Cycle of Dysfunction - Mouth and Airway" and "Breathing tape and OSA: Why, When, How, Whom"



Dr. Frank E. Seaman

Friday, February 5, 2016 & Saturday, February 6, 2016
Keystone Resort, Keystone Colorado

<http://www.keystonerestort.com/>

Spend your mornings learning about cutting edge and novel approaches to dental sleep medicine and your afternoons enjoying all the beauty, activities and attractions that Keystone Resort has to offer. Enjoy a casual Friday evening gathering with appetizers!

Earn up to 10 hours of continuing education credit

This educational opportunity will be **limited to the first 50 registrations**, so don't delay!

\$695 per Doctor; \$450 per Staff Member & includes Deluxe Continental Breakfast (lunch on your own)

For more information contact Jane via email info@anaturalsmile.com or 719-593-0005

If you have questions about HRPO, You are Not Alone!

Dr. Metz will offer extended instruction about Using, Managing and Understanding High Resolution Pulse Oximetry. Learn more about reading HRPO reports by reviewing actual patient cases.

Dr. Metz will answer these questions and *your questions*:

- What is High Resolution Pulse Oximetry?
- What Pulse Ox should I use? WHY?
- Who should I dispense to? WHY?
- How does HRPO screening impact the effectiveness of Oral Appliance Therapy (OAT)?
- What analysis software should I use? WHY?
- How do I use the analysis software?
- How do I interpret these reports?
- How can I use this as a tool to increase production in my practice?

Dr. James Metz is a 1973 graduate of The Ohio State University College of Dentistry. Dr. Metz maintains a general dental practice in Columbus, Ohio, with an emphasis on dental sleep medicine. He is the affiliate director of The Ohio State University Medical Center Sleep Medicine Fellowship Program. He has previously served on the AADSM board of directors, course development committee, public relations committee, and was the Chair for the Introductory Course of Dental Sleep Medicine in addition to being the Co-Chair for the Annual meeting 2014. Learn more about Dr. James E. Metz at <http://themetzcenter.com/>

How can you take a better breath?

Dr. Seaman's presentation will demonstrate the association between mouth breathing, xerostomia, sleep disordered breathing and oral dysfunction. Using a case presentation approach, Dr. Seaman will provide an in-depth analysis of:

- How oral dysfunctions cause fragmented sleep.
- Common sleep related oral dysfunctions and why we should correct them.
- The relationship between oral dysfunctions, clenching and plaque formation.
- Using HRPO to detect oral dysfunctions and route of breathing.
- What can be done to correct oral dysfunctions?
- How breathing tape therapy can help fragmented sleep.
- When MAD is absolutely indicated.
- How breathing tape therapy can improve the success of your dentistry.

Dr. Frank Seaman is a board certified Prosthodontist practicing in Colorado Springs, CO. He received his undergraduate degree from the United States Military Academy at West Point, before attending the University of the Pacific Dental School in San Francisco, where he received his DDS degree in 1975. Dr. Seaman continued his education with a one year general practice residency followed by a three year Prosthodontic residency. He serves as a consultant to the Colorado State Board. He is the co-founder of the AGD Restorative Training Center in Colorado Springs, and lectures throughout Colorado. He works full time in private practice. To learn more about Dr. Seaman visit <http://www.anaturalsmile.com/>



The location for this learning opportunity is spectacular! Keystone Resort in Keystone, Colorado

View more information at <http://www.keystoneressort.com/>



With three unbelievable mountains, tons of outdoor adventures, lodging and dining all in two unique villages, it's clear that Keystone is the best place to experience the best of the Rocky Mountains. The learning, fun and excitement are all in one convenient location! Enjoy Sleigh Rides; Lakeside Village; Keystone Spa; Dogsled Tours; Ice Skating; Snow Tubing or Night Skiing and more.

The special room rates for attendees is \$179+taxes+fees/night.

Call 1-800-258-0437 to make your reservations and mention Group Code **CC3SEA** to receive the special rate.

Application for Enrollment

You may submit payment for the course by returning this form at the address noted below or pay online using PayPal at <http://www.anaturalsmile.com/keystone-conference/conference-overview-2/>

Name _____
 Address _____
 City _____
 State _____ ZIP _____
 Phone _____
 Fax _____
 E-Mail _____

Payment by check, credit card or Paypal accepted.

*Make all checks payable to
 Restorative & Aesthetic Dentistry,*

Name on card _____

Credit Card # _____

Exp. Date ____/____/____ CSV Code _____

Signature _____

Cancellation Policy: Written notification of withdrawal from the course must be received at least 30 days prior to the scheduled course. Cancellations received by January 4, 2016 will be accommodated with a one-time-only transfer of 50% of the tuition as a deposit to a future course. Notification later than January 4, 2016 will result in no refund.

Number of Doctors attending*: _____ x \$695.

Number of Staff attending*: _____ x \$450.

* If multiple doctors or staff members are attending, please provide their names and contact information on a supplemental page or via a supplemental email sent to info@anaturalsmile.com

Return the completed form and payment to:
 Restorative & Aesthetic Dentistry, PC
 5725 Erindale Dr, Suite 200
 Colorado Springs CO 80918



Approved PACE program Provider
 FAGD/MAGD Credit.
 Approval does not imply acceptance by a state or provincial board of dentistry or AGD endorsement.
 7/1/15 to 6/30/19
 Provider ID# 348168