

An eLearning module for GPs

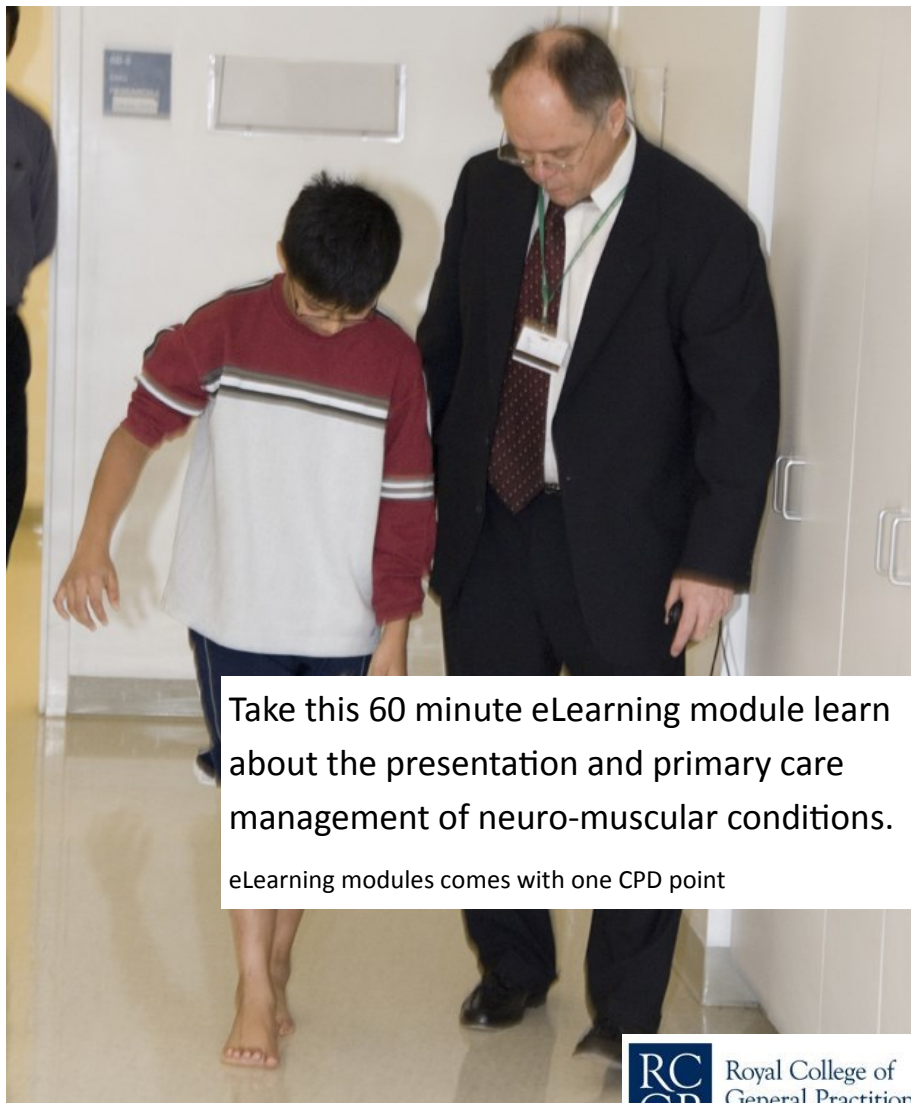
About neuro-muscular conditions

**Muscular
Dystrophy UK**

Fighting muscle-wasting conditions



cmt United Kingdom
Together we are stronger



Take this 60 minute eLearning module learn about the presentation and primary care management of neuro-muscular conditions.

eLearning modules comes with one CPD point



Royal College of
General Practitioners

“We GPs need to know when and where to refer patients with neuro-muscular, muscle-wasting conditions and be confident in managing acute complications, such as respiratory infections. These conditions are life-limiting and the individuals affected the best quality of life possible through good holistic care. This eLearning course will help you recognise and manage some of the more common neuro-muscular, muscle-wasting conditions”

Dr Sheonad Laidlaw, Glasgow

Muscular Dystrophy UK and the Royal College of General Practitioner (RCGP) have come together to develop a new online eLearning module for GPs. The purpose of this module is to provide helpful information on the presentation and primary care management of muscle-wasting conditions.

The module is case-based, and covers how to recognise and manage some of the more common muscle wasting conditions.

Content

The module focuses particularly on the following muscle-wasting or neuro-muscular conditions:

- ◆ Duchenne muscular dystrophy
- ◆ Becker muscular dystrophy
- ◆ Charcot-Marie-Tooth disease (CMT)
- ◆ Facioscapulohumeral muscular dystrophy (FSH)
- ◆ Spinal muscular atrophy (SMA)
- ◆ Myotonic dystrophy
- ◆ Myasthenia gravis
- ◆ McArdle disease (acute rhabdomyolysis)

Outcomes

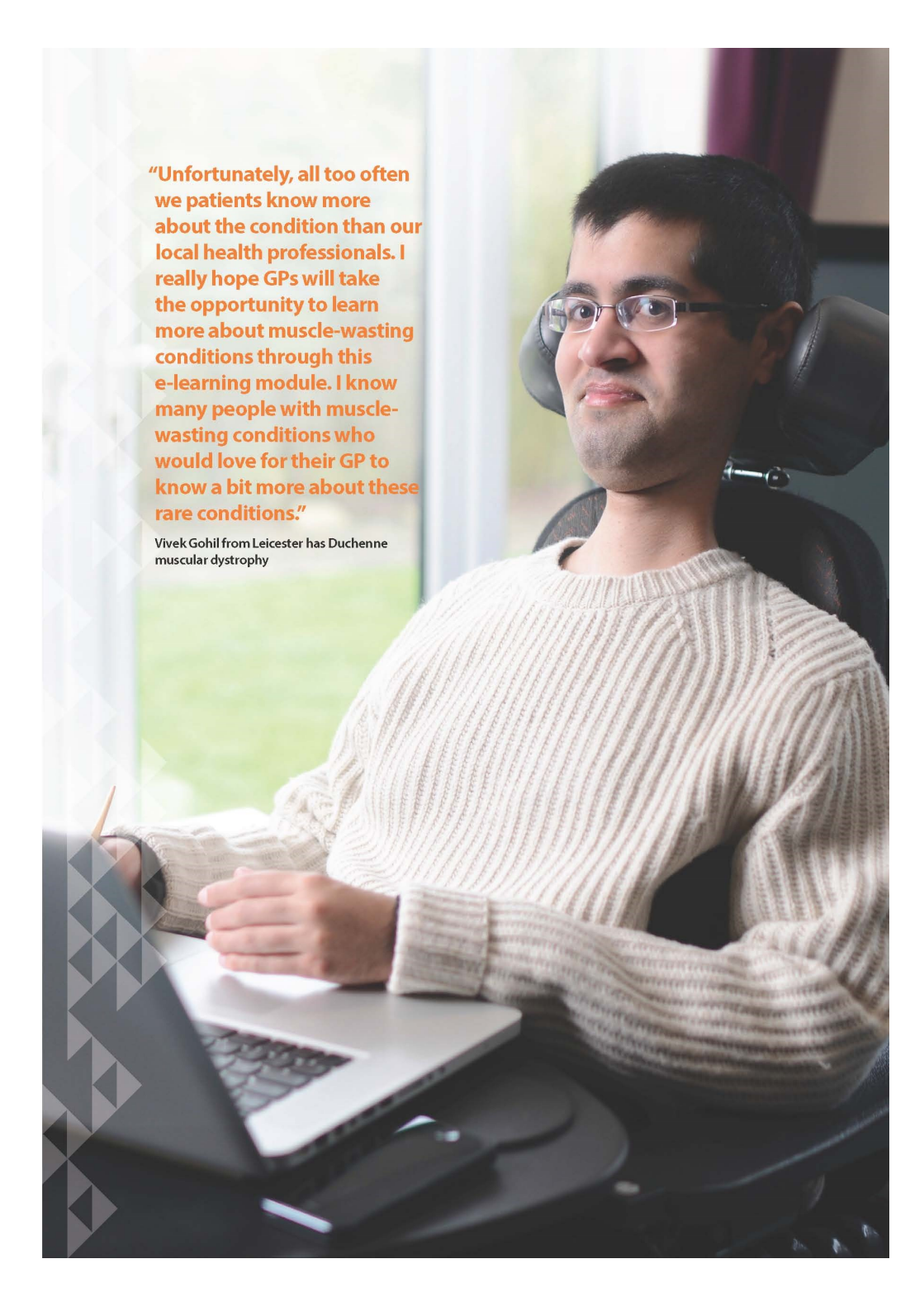
After completing this online eLearning module, you will be able to:

- ◆ Understand the spectrum of muscle-wasting conditions
- ◆ Identify the key presenting features of the more common muscle-wasting conditions
- ◆ Describe management, including the importance of multidisciplinary care

Accreditation

The module takes 60 minutes to complete and comes with 1 accredited CPD point.

The eLearning module is available at elearning.rcgp.org.uk/neuromuscular



"Unfortunately, all too often we patients know more about the condition than our local health professionals. I really hope GPs will take the opportunity to learn more about muscle-wasting conditions through this e-learning module. I know many people with muscle-wasting conditions who would love for their GP to know a bit more about these rare conditions."

Vivek Gohil from Leicester has Duchenne muscular dystrophy

CMT United Kingdom provide specific support to people in the UK who are affected by Charcot-Marie-Tooth disease, one of the neuromuscular conditions that is covered by this eLearning module.



Charcot-Marie-Tooth disease is a peripheral nerve disease, characterised by foot/ankle deformities, hand/arm weakness, and rarely, diaphragm weakness. Referred and neuropathic pain are very common in this condition, as is fatigue. The condition can range from very mild to extremely severe. Although it is not usually life-threatening, it is definitely life-limiting, by restricting mobility, working capacity and reducing quality of life.

We provide information leaflets, a regular magazine, personal support through online communities and through our Annual Conference.

We are delighted to be partnering with Muscular Dystrophy UK to bring their great work on this eLearning module to your attention.

Please do visit our website

www.cmt.org.uk where you can find information, advice and services to help you and your patients.

CMT United Kingdom, 98 Broadway, Southbourne, Bournemouth, BH6 4EH

0800 652 6316 (Freephone)

info@cmtuk.org.uk

@CMTUnitedKdom

Registered charity number 1112370

eLearning module available at: eLearning.rcgp.org.uk/neuromuscular

Muscular Dystrophy UK are bringing together families and professionals together to beat muscle-wasting conditions.

**Muscular
Dystrophy UK**
Fighting muscle-wasting conditions



Their work is ensuring that GPs and community teams have the skills they need to provide ongoing care following diagnosis. They are ensuring that everyone living with neuromuscular conditions has the specialist NHS care and support they need, with the right help at the right time, wherever they live.

Muscular Dystrophy UK also operate as an umbrella group, bringing together like-minded charities such as CMT United Kingdom to share in their work.

For more information:

www.musculardystrophyuk.org

0800 652 6352 (Freephone)

info@musculardystrophyuk.org

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