



PARENT-CHILD CONTRACT

I will always be with you.
I will keep you safe from harm.
I will respect you as a human being.
I will attach to you for the rest of our lives.
I will see you as my life extension.
I will notice, acknowledge, and respect you for who you are.
I will respect your decisions and opinions.
I will guide and influence the formation of your values and behaviors.
I will always support you as a person.
I am responsible for you.
I will provide you with nurturing to grow and develop.
I will work for your best interests.
I will plan for you to succeed.
I will never leave or abandon you.
I will make the best decisions for you that I can until you increasingly make those decisions for yourself.
I will increasingly provide you independence as you develop.
I will allow you to make mistakes.
I will never hurt you directly or indirectly.
I will be responsible for myself and my own behaviors.
I will offer praise, encouragement and support unconditionally.
I will offer suggestions, ideas, opinions and options.
I will love you unconditionally.
I will be sensitive to and considerate of all your ideas.
I will be sensitive to and considerate of all your feelings.
I will accept your limitations and focus on your strengths.
I will accept it when you disagree with me.
I will allow you to know when I make mistakes.
I will seek to understand you more than be understood.
I will let you experience your childhood.
I will give you opportunity to play.
I will love you when you don't feel you love me.
I will focus more on changing me than you.

I will learn from you.