

Connected PARENTING

Connected Parenting Workshop on February 11



Jennifer Kolari, M.S.W., R.S.W.
Founder of Connected Parenting
jenniferkolari@connectedparenting.com

WHO: Jennifer Kolari, M.S.W., R.S.W., author and founder of Connected Parenting is a therapist who has been helping children, teens and families get connected for 20 years.

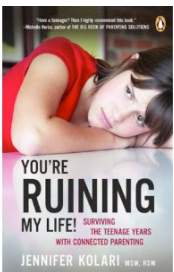
Teaching techniques used by therapists, Connected Parenting empowers parents to use mirroring and empathy to attune to their child's feelings. This helps to set limits, shift negative behaviors and avoid ugly power struggles. Parents learn to help their children and teenagers organize and control their emotions – so they become more confident and emotionally resilient.

WHAT: A workshop on how to use the tools that therapists implement to help children develop the emotional and neurological hardware they need to deal with whatever life throws at them! As the author of Connected Parenting, Jennifer will discuss her CALM technique which helps to de-escalate behavior while building trust and increasing emotional resilience in children.

WHEN: Thursday, February 11, 2016 at 6:00 p.m.

WHERE: The Children's School
2225 Torrey Pines Lane
La Jolla, CA 92037

REGISTER: Online at www.tcslj.org/rsvp or
by calling 858.454.0184



Jennifer Kolari's book is
available at all major booksellers
in Canada and the U.S.

Toronto Office
109 Johnston Ave
Toronto, ON M2N 1H1
416 781-4700