

EVENT DETAILS

Schedule of Events

Saturday, April 30, 2016

8:00 am Registration
9:00 am 5K Run and Walk

Join us for a pleasant run or walk through the Rossmoyne Business Center. The event includes food, prizes, and a **chance to win a Kindle Fire***. All funds raised by the Members 1st 5K Run for Kids support the **Big 33 Buddy Program**.



REGISTRATION DETAILS AND CONTACT INFORMATION

Register online:

www.parunners.com

Please make checks payable to:

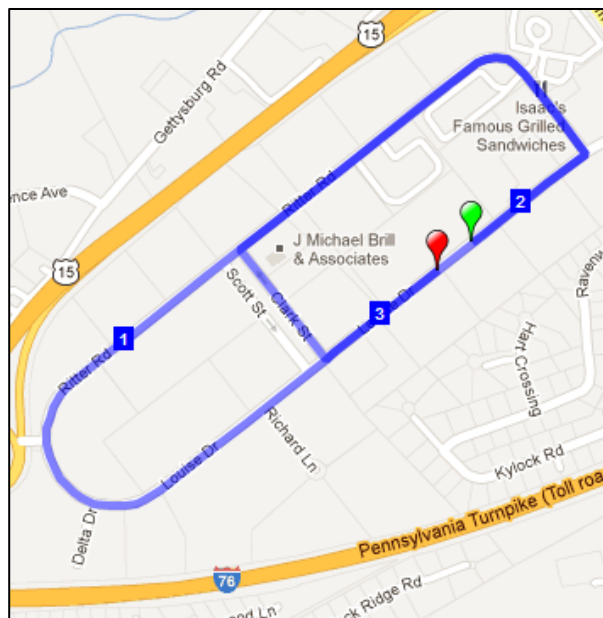
Members 1st Federal Credit Union

Mail completed registration form and registration payment to:

Members 1st Federal Credit Union
Attention: Jeff Kramer
PO Box 40
Mechanicsburg, PA 17055

RACE LOGO DESIGN COURTESY OF
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COURSE MAP



DIRECTIONS

Race, race-day registration, and race-day packet pick-up at:

Members 1st Federal Credit Union
Rossmoyne Administrative Headquarters
5000 Louise Drive
Mechanicsburg, PA 17055

Visit www.members1st.org for directions.

CONTACT INFORMATION

Email: 5KRunforKids@members1st.org

Please make checks payable to:

Members 1st Federal Credit Union

Mail registration form and registration payment to:

Members 1st FCU
Attention: Jeff Kramer
PO Box 40
Mechanicsburg, PA 17055

M1st THE 4TH ANNUAL
MEMBERS 1st
FEDERAL CREDIT UNION



Saturday,

April 30, 2016

ROSSMOYNE BUSINESS CENTER

8:00 am Registration

9:00 am 5K Run & Walk

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RACE PROCEEDS BENEFIT

All proceeds from the Members 1st 5K Run for Kids will support the Big 33 Buddy Program. www.big33.org



Big 33 Buddy Program:

The Buddy program features special needs kids with intellectual and developmental disabilities. The Buddy program was started in 1985 and was designed to partner a special needs child with a Big 33 or Big 26 athlete.

Memories are developed through opportunities for exceptional kids to share time with their athletes both on and off the practice field during game week. Being a part of the Buddy program allows everyone an even playing field.

There are many barriers in the world for individuals with special needs and being a part of the Buddy program gives these children an environment without barriers. Buddies get to be themselves. The program expands the minds of the buddies to understand that others see past their disabilities and see who they really are...big hearted, smiling, appreciative, young people with hearts of gold.

Football players, baseball players and cheerleaders accept their buddy unconditionally. No other event gives special needs individuals such an inclusive experience. Buddies make a lasting impression on every player and cheerleader.

MEMBERS 1ST FEDERAL CREDIT UNION

Our Mission:

To serve our community and partner with our members to offer value-added financial products, services, solutions, and no-compromise member service by:

- Delivering unparalleled experiences
- Providing resources and leadership to enhance our community presence

Members 1st 5K Run and Walk for Kids

RACE INFORMATION

Online Registration: www.parunners.com

5K Run and Walk Entry:

- Pre-registration (*received by April 29*)
 - Adult: \$25
 - Child (ages 5 to 10): \$10
- Race-day registration (on April 30)
 - Adult: \$30
 - Child (ages 5 to 10): \$15

Pre-registered runners/walkers will receive a short-sleeved t-shirt. **Shirts are not guaranteed for registrations received after April 17.** Please register early as race-day quantities are limited.

5K Runner Age Group Awards:

- 5 to 15
- 16 to 20
- 21 to 30
- 31 to 40
- 41 to 50
- 51 & over

5K Race Amenities:

- Professional race **chip timing** for runners with accurate, real-time results.
- A chance to **win a Kindle Fire***.
- **Door prizes.**
- **Race results** posted on www.parunners.com.
- **Food and Community Carnival** after the race. The Community Carnival will include food, games, and entertainment!



REGISTRATION FORM

PLEASE PRINT CLEARLY

Please complete & check all that apply



- ☐ 5K Run Entry
☐ 5K Walk Entry

- ☐ Male
☐ Female

LAST NAME

FIRST NAME

AGE ON APRIL 30, 2016

STREET ADDRESS

CITY

STATE

ZIP

PHONE

EMAIL

T-Shirt Size:

Adult: ☐ S ☐ M ☐ L ☐ XL ☐ XXL
Youth: ☐ M ☐ L

WAIVER:

In consideration of participating in the Members 1st FCU 5K Run, I hereby waive and release any and all race officials, any organization associated with the Members 1st FCU 5K Run, and the local governments and police, volunteers and any and all sponsors, including their agents, employees, officers, Board members, assigns or anyone acting on their behalf, from any and all claims or liability for death, personal injury, or property damage of any kind or nature arising out of, or in the course of, such participant's participation. I hereby grant permission to the aforementioned to use my name and/or photographs or videotape of this event without limitation or obligation. I certify that I am physically fit for this event and understand the risks involved by participating in this event.

SIGNATURE

PARENT/GUARDIAN SIGNATURE IF UNDER AGE OF 18

- ☐ I am a Members 1st associate or a family member of a Members 1st associate.

**Members 1st associates and their family members are not eligible to win the Kindle Fire.*

