

# **Reducing Healthcare-Acquired Conditions in Nursing Homes**

# **Webinar: Promoting Mobility**

Thursday, July 9, 2015 • 12 Noon Pacific, 1 p.m. Mountain

### **Webinar Objectives**

Participants will be able to:

- Describe the impact of immobility on ADLs, falls, pressure ulcers, diabetes, the upper respiratory tract, sleep and overall health of the elderly.
- Identify exercise programs and restorative nursing interventions that help your residents maintain or improve their mobility, strength, and balance.
- Demonstrate how to document a mobility enhancement and restorative nursing program to meet Medicare/MDS requirements.

## **Target Audience**

This presentation is directed to the LTC setting. Information can be utilized across health care settings.

### Speaker: Jeri Ann Lundgren, RN, BSN, PHN, CWS, CWCN, CRRN

Jeri has been working in long-term care since 1990, specializing in wound care nationally since 1994. She is board certified as a CWS (Certified Wound Specialist) by the American Board of Wound Management and a CWCN (Certified Wound Care Nurse) by the Wound, Ostomy and Continence Society. Her extensive background in wound management in long-term care nationally includes survey management, litigation support, wound care consultation, program development, and clinical expert for several state quality improvement organizations and departments of health. Her background also includes 4 years as a director of nurses in a long-term care facility. Currently, Ms. Lundgren is the president of Senior Providers Resource.

#### To Participate

(Please join the event 15 minutes prior to the start time.)

- 1. Go to https://qualitynet.webex.com
- 2. Locate the event you wish to join, click "Join Now" (located to the right of the event title).
- 3. Enter your name and email address as prompted.
- 4. Enter the password: Mobility (The automatic system set-up should start at this point. If a dialogue box appears, click "Run." Please note, the automatic system set-up does take a few minutes to complete.)
- 5. Dial in to the teleconference: 1-888-896-0862. Access code: 39430877
- 6. If you have questions or problems accessing the meeting, call the General Dynamics Information Technology WebEx Helpline at 1-540-347-7400 x390.

Questions: Contact Tyler Havlin, thavlin@acumentra.org or 503-382-3926.

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