Beyond Diversity 101™ - RACE

Dispelling the Myths of Black Inferiority and White Superiority*

Retreat & Conference Center

229 East Litchfield Road, Litchfield, CT

This new BD101 workshop offers a space for individuals who identify as black and individuals who identify as white to name and transform internalized, interpersonal and structural patterns of white supremacy and racism.

Workshop Goals:

- · To identify, understand, and replace patterns of racism and white supremacy within ourselves.
- · To build skills in accessing the inner guidance and ancestral wisdom for living into wholeness.
- To develop skill in speaking from YOUR knowingness, speaking truth out loud.



Workshop Leaders:

Niyonu D. Spann Niyonu designed and facilitated the first BD101 Intensive in 1999. There have since been an additional 21 intensives

INSTRUMENTS OF CHANGE | JUSTICE | MY PART | WHOLENESS | RELEASE | DIVERSITY | CO-CREATION | INTERCONNECTION | POWER

hosted in the US and Canada. Nivonu brings over 25 years as an Organization Development Practitioner. Her work is now focused on root-level transformation for individuals, organizations and communities. Niyonu is also a trained meditation teacher and singer-songwriter.



Lisa Graustein

Lisa first attended BD101 in 2003 and became the first BD101 co-facilitator in 2008. She is a high school teacher with

seventeen years experience and holds a MEd in racial justice education. Lisa works with schools in the greater Boston area on issues of school equity and student voice.

www.beyonddiversity101.org | 609.880.1888