



We are pleased to offer once-a-month workshops/talks on various topics. This is an opportunity to hear The Ommani Center practitioners and staff present on a wide range of health and lifestyle topics and connect with other patients who have similar interests.

September 15, 2014; 6-7PM *“Easy to Use Homeopathic Remedies for the Cold and Flu Season”*

Presented by David Johnson, Certified Classical Homeopath
(Free-Register in Advance)

October 23, 2014; 6-7 PM *“What is Life Energy and How Does it Affect My Health?”*

Presented by Shelley Carpenter, PT, RYT, Reiki Master
(Free-Register in Advance)

November 19, 2014; 6-7PM *“Reclaiming our Health in Midlife, Naturally-A Wealth of Insight”*

Presented by Kalpana (Rose) Kumar, M.D.
(Free-Register in Advance)

No Talk in December, 2014

January 22, 2015; 6-7PM *“Practical and Simple Home Remedies”*

Presented by Aimee Brown, Licensed Acupuncturist
(Free-Register in Advance)

February 11 & 13, 2015; 6-7PM *“Couples Massage Workshop – A Valentine’s Day Treat”*

Presented by Sue Cirillo, LMT
(Fee \$15/Couple-Register in Advance/Pick Wed or Fri eve; includes take-home ‘surprise’)

March 21, 2015; Saturday, 9AM-3PM *“Renew You”*

Presented by Stephanie Delmore, MA, LPC
(Fee for Full Day \$75 - Register in Advance; Bring a Bag Lunch)

April 22, 2015; 6-7PM *“Astrology & Self-Awareness”*

Presented by Boris Matthews, PhD, Jungian Psychologist
(Free-Register in Advance)

May 20, 2015; 6-7PM *“Quick Stress Reduction Techniques”*

Presented by Genevieve Kocourek, M.D., Family Practice
(Free-Register in Advance)

You do not need to be a patient at The Ommani Center to attend these informative talks/workshops. Feel free to bring a friend or family member.

**Most talks are free, but space is limited
Call now and make a reservation - 262-695-5311.**