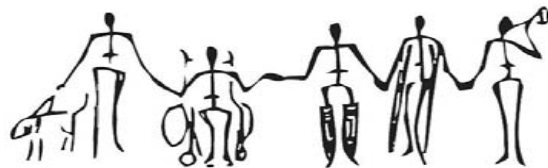


ALTAMONTE SPRINGS SPECIAL NEEDS RECREATION  
& THE ADVISORY BOARD FOR THE DISABLED, INC.

# 2013

## SPECIAL NEEDS ACTIVITIES CALENDAR



The Advisory Board for the Disabled, Inc.



"Creating friendships and memories... one adventure at a time."

*The City of Altamonte Springs – Special Community Services and the Advisory Board for the Disabled, Inc. provide social and recreational activities at a minimal cost to the mentally and physically challenged population in Altamonte Springs and surrounding communities.*

*[www.ASRecreation.org](http://www.ASRecreation.org) or [www.AdvisoryBoardforDisabled.org](http://www.AdvisoryBoardforDisabled.org)*

# WINTER 2013

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1  New Years Day	2	3	4	5
6	7 Bowling Ballroom Dance Registration Opens	8	9 Winter Camp	10	11 Nightbird Dance RSVP for STOP	12
13	14 Bowling	15	16 Winter Camp	17 Karaoke Night	18  Oviedo Sunshine Dance	19 STOP Field Trip
20	21 NO BOWLING  MLK Day	22	23 Winter Camp Belly Dance	24 Cooking Class	25 RSVP for STOP	26
27 Ballroom Dance	28 Bowling	29	30 Winter Camp	31		

PLEASE CHECK THE NEWSLETTER OR WEBSITE FOR EVENT DETAILS, PROGRAM ADDITIONS, CHANGES & UPDATES  
[WWW.ASRECREATION.ORG](http://WWW.ASRECREATION.ORG) OR [WWW.ADVISORYBOARDFORDISABLED.ORG](http://WWW.ADVISORYBOARDFORDISABLED.ORG)

**Altamonte Springs Special Needs Recreation & Advisory Board for Disabled, Inc.**  
 225 Newburyport Avenue  
 Altamonte Springs, FL 32701

**Special Needs Activities Coordinator**  
 Ranwa Nin El-khoury  
 407-571-8814 or [rrel-khoury@altamonte.org](mailto:rrel-khoury@altamonte.org)

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**Come enjoy some family fun at the Oviedo Sunshine Dance Club**

Dances are held one Friday a month from 7 to 9 pm  
 Located at Riverside Park, 1600 Lockwood Blvd, Oviedo, FL 32765




**2013 DANCE DATES**

January 18	April 26	September 20	December 13
February 22	May 11	October 11	
March 22	June 14	November 22	

More Info: Anne Marie Sargent, [amsargent@cfl.rr.com](mailto:amsargent@cfl.rr.com), 407-359-5014  
 Presented by: Oviedo-Winter Springs Optimist Club & the Oviedo Parks/Recreation

# W H O N

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2 STOP Field Trip
3 Ballroom Dance Cheerleading	4 Bowling	5	6 Winter Camp	7	8 Nightbird Dance	9
10 Ballroom Dance Cheerleading	11 Bowling	12	13 Winter Camp  <i>Ash Wednesday</i>	14   <i>Valentine's Day</i>	15	16
17 Ballroom Dance Cheerleading	18 Bowling  <i>President's Day</i>	19	20 Winter Camp	21 Karaoke Night	22 RSVP for STOP  <i>Oviedo Sunshine Dance</i>	23
24 Ballroom Dance Cheerleading	25 Bowling	26	27 Winter Camp Belly Dance	28 Cooking Class		
<p>PLEASE CHECK THE NEWSLETTER OR WEBSITE FOR EVENT DETAILS, PROGRAM ADDITIONS, CHANGES &amp; UPDATES  <a href="http://WWW.ASRECREATION.ORG">WWW.ASRECREATION.ORG</a> OR <a href="http://WWW.ADVISORYBOARDFORDISABLED.ORG">WWW.ADVISORYBOARDFORDISABLED.ORG</a></p>						

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**SUPERSTAR VOLUNTEER**

Bea Michalski

Bea is a treasured volunteer who has been an asset to the special needs programs for countless years! In September 2012, Bea was awarded the highest honor at the Eddie Rose Awards Banquet—the Mary Lou Wagner Award. You can find Bea volunteering at almost every event with a smile on her face and a pure joy for our participants.

**Thank You Bea for your support and kindness!**

*Bea invites you to make a difference and volunteer! Visit the Advisory Board website at: [www.AdvisoryBoardForDisabled.org](http://www.AdvisoryBoardForDisabled.org)*

# MARCH 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2 STOP Field Trip
						
3 Ballroom Dance Cheerleading	4 Bowling	5	6	7	8 Nightbird Dance	9
10 Ballroom Dance Cheerleading	11 Bowling	12	13 Belly Dance	14	15	16
17 Ballroom Dance Showcase Cheerleading <i>St. Patrick's Day</i>	18 Bowling	19	20 <i>First day of Spring</i>	21 Karaoke Night	22 <i>Oviedo Sunshine Dance</i>	23 Cheer Competition
24 <i>Palm Sunday</i>	25 Bowling	26 <i>First Day of Passover</i>	27 Belly Dance	28 Canceled - Cooking Class <i>Holy Thursday</i>	29 RSVP for STOP <i>Good Friday</i>	
31 <i>Easter Sunday</i>						

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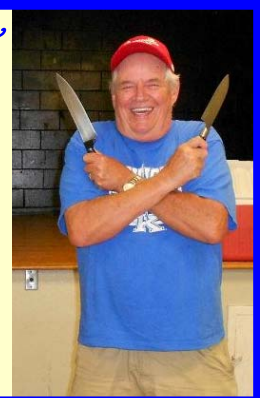
## THANK YOU RANGER MIKE

### Ranger Mike's Thursday Night Out Cooking Class is on FIRE!

Ranger Mike donates lots of time to planning, preparing and executing fun and creative cooking classes for our special needs participants.

Menus are designed to be low-budget, fun to make, and healthy-ish!

Check out one of his upcoming classes on the 4th Thursday of the month during September-May.



# APRIL 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31 Easter Sunday 	1 Bowling April Fools Day	2 Last Day of Passover	3	4	5	6 STOP Field Trip
7 Cheerleading	8 Bowling	9	10 Belly Dance	11	12 Nightbird Dance	13 Cheer Competition
14 Cheer Competition	15 Bowling	16	17	18 Karaoke Night	19	20 Spring Sprint 5K
21 Cheerleading End of Season Banquet	22 NO BOWLING	23	24 Belly Dance	25 Cooking Class	26 RSVP for STOP  Oviedo Sunshine Dance	27
28	29 Bowling	30				
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**Felines, Abigail & John (aka Johnny) Adams, have recently moved into the McGunegle household. They have Judith in an intensive training program.**

# MAY 2013

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4 STOP Field Trip 
5	6 Bowling Summer Camp Registration Opens	7	8 Belly Dance	9	10	11  <i>Oviedo Sunshine Dance</i>
12 <i>Mother's Day</i>	13 Bowling	14	15	16 Karaoke Night	17	18
19	20 Bowling	21	22 Belly Dance	23 Cooking Class	24 Nightbird Dance	25
26 	27 NO BOWLING <i>Memorial Day</i>	28	29	30	31	

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## Happy Birthday Bea Michalski

There is nothing Bea loves more than working with our Special Needs Participants. As a member of the Advisory Board for the Disabled, Inc, she volunteers at many programs including Nightbird Dances, Summer Camp, Winter Camp, STOP Trips and more! Her love for our participants radiates through her smile!

*Wishing you love and joy on your special day!*

**Happy Birthday ... We Love You!**

# 2013

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3 Bowling	4	5 Summer Camp	6	7 Nightbird Dance	8
9	10 BOWLING BANQUET <i>No Bowling</i>	11	12 Summer Camp	13	14 <i>Oviedo Sunshine Dance</i> <i>Flag Day</i>	15
16 <i>Father's Day</i>	17	18	19 Summer Camp	20	21  <i>First day of Summer</i>	22
23	24	25	26 Summer Camp Belly Dance	27	28	29
30						

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More Info: Anne Marie Sargent, [amsargent@cfl.rr.com](mailto:amsargent@cfl.rr.com), 407-359-5014  
 Presented by: Oviedo-Winter Springs Optimist Club & the Oviedo Parks/Recreation

# July 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	1	2	3	4	5	6
	Bowling		Summer Camp <i>Red Hot &amp; Boom</i>	 4th of July		
7	8	9	10	11	12	13
	Bowling		Summer Camp			
14	15	16	17	18	19	20
	Bowling		Summer Camp			
21	22	23	24	25	26	27
	Bowling		Summer Camp Belly Dance			
28	29	30	31			
	Bowling					

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Happy Birthday  
Carolyn Bayer

*Thank you Carolyn for your support and involvement!  
Carolyn is a dedicated volunteer who is always  
willing to lend a helping hand. She has a great sense of  
humor and kind spirit that she shares with those around her.  
Hope your birthday is full of JOY!*





# WEDNESDAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
						
4	5	6	7	8	9	10
	Bowling					
11	12	13	14	15	16	17
	Bowling		Belly Dance			
18	19	20	21	22	23	24
	Bowling					
25	26	27	28	29	30	31
	Bowling		Belly Dance		RSVP for STOP	
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## El-Khoury Family

Andree, Mario, Marie, Charbel, and Nin

The El-khoury Family has found a special community of friends through Altamonte Springs Special Needs Recreation. They are so grateful and blessed to be involved with such a beautiful group of participants, volunteers, and supporters.

Happy Wedding Anniversary:

Mario and Andree El-khoury  
 9-15-81



Happy Wedding Anniversary:

Joseph and Marie Badders  
 9-15-12

# WINTER MONTHS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 NO BOWLING <i>Labor Day</i>	3	4	5	6 <i>Rosh Hashana</i>	7 STOP Field Trip
8	9 Bowling Ballroom Dance Registration Opens	10	11 Belly Dance <i>Patriot Day</i>	12	13 Nightbird Dance	14 <i>Yom Kippur</i>
15	16 Bowling	17	18	19 Karaoke Night	20 <i>Oviedo Sunshine Dance</i>	21
22  <i>First day of Fall</i>	23 Bowling	24	25 Belly Dance	26 Cooking Class	27	28
29	30 Bowling					

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Presented by: Oviedo-Winter Springs Optimist Club & the Oviedo Parks/Recreation

# WHON 2013

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
					RSVP for STOP	
6	7	8	9	10	11	12
Ballroom Dance Cheerleading	Bowling		Belly Dance		<i>Oviedo Sunshine Dance</i>	STOP Field Trip
13	14	15	16	17	18	19
Ballroom Dance Cheerleading	Bowling  <i>Columbus Day</i>		Belly Dance	Karaoke Night	Belly Dance Recital	
20	21	22	23	24	25	26
Ballroom Dance Cheerleading	Bowling			Cooking Class	Nightbird Dance  RSVP for STOP	Cheer Camp
27	28	29	30	31		
Ballroom Dance Cheerleading	Bowling		Belly Dance End of Season Party	 <i>Halloween</i>		

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## WANT TO BE A SPONSOR?

*Promote your business.  
Boast about your special angel.  
Make a dedication to a lost loved one.  
Send a special shout out.*

Sign up before Friday, October 12, 2013  
to become a sponsor for the  
**2014 Special Needs Activities Calendar.**  
Sponsorship includes ad in annual calendar  
and monthly e-newsletter.



Cell (407)520-1916  
[oscar@positivevibeproductions.net](mailto:oscar@positivevibeproductions.net)  
[www.positivevibeproductions.net](http://www.positivevibeproductions.net)

We offer videography and  
production services,  
including but not limited to:  
*Birthday Parties & special occasions  
Special Olympics &  
Special Population events  
Church services & other functions  
Produce & direct positive short films.*

The CEO & President  
Oscar Rosa Is a member of  
Florida Motion Picture  
and Television Association.

# NOVEMBER 2012

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
						STOP Field Trip
3	4	5	6	7	8	9
Ballroom Dance Cheerleading	Bowling				Nightbird Dance	
10	11	12	13	14	15	16
Ballroom Dance Cheerleading	Bowling  <i>Veteran's Day</i>					
17	18	19	20	21	22	23
Ballroom Dance Cheerleading	Bowling			Karaoke Night		
					<i>Oviedo Sunshine Dance</i>	
24	25	26	27	28	29	30
Ballroom Dance Showcase  Cheerleading	Bowling  Registration Opens: Holiday Lights Ride & Christmas Camp			NO COOKING CLASS  <i>Thanksgiving First Day of Chanukah</i>		
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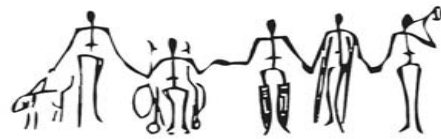
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*Thank You Advisory Board for Disabled, Inc.*

Did you know that the Advisory Board for the Disabled, Inc. has been sponsoring Altamonte Springs Special Needs Recreation programs for more than 25 years!!



The Advisory Board for the Disabled, Inc.

Through the donations and support the Advisory Board receives, they are able to sponsor numerous activities for the special needs community at a very minimal cost, such as Nightbird Dances and STOP Trips.

**THANK YOU** to all of the donors and to the members of the Advisory Board who support our programs.

# WINTER MONTHS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
	Bowling  Winter Camp Registration Opens			 <i>Last day of Chanukah</i>	Holiday Gala	<i>Pearl Harbor Remembrance Day</i>
8	9	10	11	12	13	14
Cheerleading	Bowling				<i>Oviedo Sunshine Dance</i>	
15	16	17	18	19	20	21
	Bowling	Holiday Lights Ride Tour 1  Christmas Craft Camp		Holiday Lights Ride Tour 2  Christmas Craft Camp		
22	23	24	25	26	27	28
	NO BOWLING	 <i>Christmas Eve</i>	 <i>Christmas Day</i>	<i>Kwanzaa</i>		
29	30	31				
	NO BOWLING	<i>New Year's Eve</i>				

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## Merry Christmas

from *Bea Michalski*

There is nothing Bea loves more than working with our Special Needs Participants. She volunteers at many programs including Nightbird Dances, Camps and more! Her love for our participants radiates through her smile! And Bea is always giving back to our programs. At each Nightbird Dance, she prints out the photos of the previous month's dance, so the participants can take the memories home with them!

*Merry Christmas & Happy New Year!*

