



Women's Fitness Studio & Spa to host Diaper Drive this Holiday Season

This holiday season the Women's Fitness Studio & Spa will host a Diaper Drive in support of Seeds of Independence Young Parents Program as part of United Way of Mid Coast Maine's Diaper Project.

The Seeds of Independence Young Parenting Program's goal is to help young parents develop healthy parenting techniques and basic life skills for navigating the potentially overwhelming role of raising a child.

Your participation will help families who have an inadequate supply of fresh diapers for their babies. Your efforts in this diaper drive will help babies get a healthy start in life.

We are accepting donations of diapers now through December 24th.

For more information, stop by or call us at the club:
Women's Fitness Studio & Spa
21 Stanwood Street
Brunswick, Maine 04011
207-729-5544
www.wfs-spa.com

THE DIAPER PROJECT **Addressing a Basic Need in Midcoast Maine**

