



Strawberry-Avocado Salsa

Serve this sweet and savory salsa with roast chicken, sautéed fish, or grilled pork tenderloin. You can also enjoy it as a snack with baked bean or falafel chips.

Ingredients:

1 cup finely chopped strawberries
1/4 cup finely chopped peeled avocado (not overly ripe)
2 heaping tablespoons finely chopped red onion
2 tablespoons chopped fresh cilantro or parsley
1/2 teaspoon grated lime rind (optional)
Juice from 1-2 limes
2 teaspoons finely chopped seeded jalapeño pepper or 1 tsp red pepper flakes
Pinch of salt

Preparation

1. Combine all ingredients in a medium bowl; toss gently. Serve immediately.

Compliments of Maureen Callahan – Cooking Light (May 2009)