March programs for seniors

In response to demand for more senior citizen programming, here's what's in store for March:

- Senior Exercise Tuesdays and Thursdays, 10-11 a.m.
- **Blood Pressure Screening** Tuesdays, March 8 and 22, immediately after Senior Exercise at 11 a.m.
- Trips to Target

Wednesday, March 9
Felicity Towers pickup – 10 a.m.
Troy Towers pickup – 10:10 a.m.
Heritage Village pickup - 10:20 a.m.
Return trip - noon

Wednesday, March 23 Kinder Towers pickup, 10 a.m. Return trip at noon.

• **St. Patty's Day Lunch at the Town Pub,** Wednesday, March 16, 11 a.m. to 2 p.m. Enjoy corned beef, cabbage and soda. \$10 per person, member or nonmembers. To reserve, call Bonnie Triola, (973) 743-9074.

Kinder Towers pickup - 10:20 a.m. Felicity Towers pickup - 10:35 a.m. Troy Towers pickup - 10:45 a.m. Heritage Village pickup - 10:55 a.m. Return trip - 2 p.m.

• Senior Citizen Club Meeting, Friday, March 18, noon, Civic Center.

Kinder Towers pick up - 11:15 a.m. Felicity Towers pick up - 11:30 a.m. Troy Towers pick up - 11:40 a.m. Heritage Village pick up 11:50 a.m. Return trip - 1:30 p.m.

A \$12 one-time fee is required to join the Senior Citizen Club.

• **Bus trip to the Brownstone,** in Paterson, Monday, March 21. Arrive at the Civic Center for 9:30 a.m. The bus will leave the Civic Center at 10 a.m. sharp. Senior Club member cost: \$48; nonmembers \$50. For information or to register, call Doris Elmer at (973) 748-6323.

Registration for all Recreation programs and trips takes place at the Civic Center, Monday to Friday, 8:30 a.m. to 4:30 p.m., and Wednesdays from 6 to 8:30 p.m. Or register online.