

National No Homework Night

Bloomfield Family Night



Friday, May 6, 2016



Do you find it difficult to find time for your family?

Are you or your kids constantly on the phone or social media?

Do you want to spend more quality time with your family?

The Bloomfield Recreation Department, Board of Education and town sports organizations are promoting "Bloomfield Family Night" to promote families spending quality time with each other, free from the commitment and distractions of homework, work, sporting events and electronic devices. On Friday, May 6th we are urging everyone to participate in our "electronics off" challenge from 6:00PM to 9:00PM.

Do you think you and your family are up to the challenge?

Need some ideas for the evening?



Make a home cooked meal and eat together as a family at the dinner table

Play a board game or do a crossword puzzle

Take a walk in your neighborhood or local park

Bake cookies and give them to a neighbor

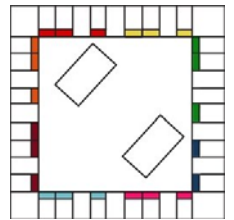
Go out for ice cream or dessert at your favorite spot in Bloomfield

Play musical chairs (we will let you use a radio for this one)

Play charades, pictionary, hangman etc

Create an Arts & Crafts project like a tie-dyed shirt or build a bird house for your yard

Look through old family photos or make a family scrapbook



At the end of the evening we will allow you to use your camera and take a family photo and share on social media what your family did in celebration of National No Homework Night & Bloomfield Family Night