



*A free educational series on healthy living, caring for our loved ones and planning for the future*

## ARE YOU PREPARED FOR THE FUTURE?

It can be hard to discuss what happens when you or a family member becomes ill or passes away. But taking time to explore and make decisions about these issues now will make it easier on your loved ones. Facing these difficult issues can provide everyone with peace of mind for years to come.

LifeBridge Health, Jewish Community Services, the Jewish Federation of Howard County and Sol Levinson & Bros. want to make the hard conversations about aging and planning for the future easier for you. Join us for Life Happens, a free series of talks from experts who help navigate others through these topics.

Mark your calendar for these upcoming events.

<b>Tues., Sept. 6</b> 7 - 8:30 p.m.	<b>The Greatest Gift: Discussing and Planning for Future Financial, Medical and End-of Life Matters with Loved Ones</b>	<b>Beth Shalom</b> 8070 Harriet Tubman Ln. Columbia, MD 21044
<b>Tues., Sept. 13</b> 7 - 8:30 p.m.	<b>Jewish Perspectives on Aging and End of Life</b>	<b>Vantage House</b> 5400 Vantage Point Rd. Columbia, MD 21044
<b>Tues., Sept. 20</b> 7 - 8:30 p.m.	<b>Healthy Living for a Healthy Future</b>	<b>Jewish Federation of Howard County</b> 10630 Little Patuxent Pkwy., Ste. 400 Columbia, MD 21044
<b>Tues., Sept. 27</b> 7 - 8:30 p.m.	<b>The Jewish Funeral: Traditions and Options</b>	<b>Sol Levinson &amp; Bros. Funeral Services P.A.</b> 5560 Sterrett Pl., Ste. 204 Columbia, MD 21044

*Attendance is free and open to the community.*

*To register for any or all of these Life Happens sessions, go to [www.lifebridgehealth.org/communityevents](http://www.lifebridgehealth.org/communityevents), or call 410-601-WELL (9355).*