





MAXIMIZING THE IMPACT OF OVER 600 LEADERS IN FAITH-BASED ORGANIZATIONS SINCE APRIL 2010!

Upcoming Five-Day Emotional Intelligence (EQ) and Human Relations (HR) Workshops

Learn more at http://www.eqhrcenter.org/upcoming-events/



August 24 through 28, 2015 — Pilgrim Heights Camp & Retreat Center, Montour, IA

- Tuition is \$595.00
- EQ 360 Assessment is \$195.00
- Lodging and meals available at Pilgrim Heights Single is \$405.00, Double is \$325.00, Commuter is \$155.00



October 12 thru 16, 2015—Honey Creek Camp and Conference Center, Waverly, GA

- Full Tuition is \$595.00
- ESCI 360 Survey is \$199.00
- Lodging and meals available at Honey Creek.

Single \$492.00, Double \$328.00, Commuter \$212.00

Other Workshops Tentatively Scheduled



EQ-HR Workshop—November 9 thru 13, 2015— The Cenacle Center, Chicago, IL

- Tuition—Early Registration \$595.00
- EQ 360 Assessment \$199.00
- Lodging and meals available at The Cenacle:
 - Single \$430.00, Double \$350.00 Commuter \$210.00

April 11—15, 2016—Milwaukee, WI

June 13—18, 2016—Five Oaks Retreat Center, Paris, ON, Canada

July 11—16, 2016—Luther Seminary, St. Paul, MN

EQ-HR 5 day Schedule and Registration

Most workshops begin at 2 PM on Monday and ends after lunch on Friday. Evening sessions go to 9 p.m. **Register online at** www.eqhrcenter.org

Note: This program requires participants to be fully present for all segments including HR learning groups and evening sessions. In addition, it is recommended that all participants consider utilizing available lodging for this event.

What happens at an EQ-HR Workshop?

This core EQ HR Center workshop is an intensive four or five-day session designed to enable participants to learn about, build and practice emotional intelligence skills in a small group setting. Skilled facilitators provide tools and feedback to enable participants to learn about themselves and to immediately practice emerging skills. As group life unfolds, participants give and receive feedback regarding the impact they have on others in the group. Participants will learn both inter-personal and intra-group communication skills. The content of the workshop revolves around the five areas of emotional intelligence as keys to improving leadership effectiveness for faith-based leaders.

They are:

- 1. **Self-Perception** Having a solid understanding of one's self, one's emotions and one's inner life
- 2. **Self-Expression**—Being able to openly and honestly express one's true thoughts and feelings.
- **3. Interpersonal**—Having a healthy network of relationships.
- 4. **Decision Making**—Feeling competent, calm and grounded in one's ability to use emotional information to make decisions.
- 5. **Stress Management**—Feeling resilient in the face of adversity and armed with an arsenal of coping strategies.

What is the ESCI 360 Survey?

As part of this core event, workshop participants complete a comprehensive emotional and social competency inventory (ESCI) self-assessment of their emotional intelligence. They also identify up to 20 people (manager(s), direct reports, peers, clients, family and friends) who know them well and are willing to complete the same assessment in order to provide valuable feedback. What results is a detailed report of one's Emotional Intelligence strengths and development needs. This will be for the participant's eyes only and will provide possible personal items to be explored in one's small group.

Participant: Workshop:				
Name		(Circ	(Circle) Male Female	
Address	City	State	Zip	
Email	Pho	ne <u>(</u>)		
Special Dietary/Physical Needs				
Religious Affiliation	Phone Number:			
1. EQ HR Tuition: Early Registration \$595.00, Full Tuition \$645.00			\$	
2. ESCI 360 Survey (Required)			<u>\$</u>	
3. Lodging: Circle One (Single, Double, Co	mmuter)		\$	
Total Enclosed \$				
Please make the check payable to "	Γhe Center for EQ-HR Skills'	along with this r	egistration form.	