

Family Services of the North Shore



*Do you find yourself yelling
at your child more often than
laughing with your child?*

*Would you like for your
relationship with your child
to go back to the 'way it used
to be?'*

Child Parent Relationship Therapy (CPR-T) *A unique training group for parents of kids ages 3-9 years*

CPR-T gives you the keys to better understand your child's inner world and teaches you to use play-based therapeutic interventions at home.

Research shows that motivated parents can be trained to be as effective as a professional in helping their child.

In 10 weeks, you will see an **improvement in:**

- Your relationship with your child
- Your child's behavior
- Your ability to respond effectively to your child's needs
- Your confidence in your parenting skills and role
- Your child's ability to accept and respect limits

Group Details

Dates: 10 Tuesdays, January 19 – April 5, 2015
(no classes during March break)

Time: 12:30-2:30 p.m.

Location: Family Services of the North Shore

Cost: \$475 **Some insurance providers will cover. Fee reduction available

Requirements

Parents must:

- Have a desire to work in new ways to strengthen parent-child relationship.
- Come in for an intake meeting with a facilitator prior to the group.
- Have at least one child aged 3-9 years.

Co-Facilitators

Erin Bruchet – M.Ed., Registered Clinical Counsellor (R.C.C.)

I-Ki Atkin – M.C., Registered Clinical Counsellor (R.C.C.)

To Register/For More Information

Call 604-988-5281, ext. 307, or email bruchet@familyservices.bc.ca

Family Services of the North Shore

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