

Post Con 2015-2016

Feed Your Body ~

Nourish Your Soul

Post Con will meet once a month (when possible). The format of the program is low key - dinner followed by open dialogue and Clergy led discussions.

The cost for the Post Con Program is \$100 for the year. Sign up on the 2015/2016 Religious School Registration Form or contact Tammy McNaughton, tmcnaughton@sestl.org, for more information.

COMING SOON: Keep an eye on your email for more details and the schedule!