



May, 2016  
USPS 600-160, No 5

# The Orthodox Way

The Monthly Newsletter of St. Demetrios Greek Orthodox Church

**Mission Statement:** "To proclaim the Gospel of Christ in the Orthodox Tradition while creating a vibrant, loving, compassionate and supportive community."

## PASCHAL ENCYCLICAL 2016

*"You, O Christ, Who has destroyed Hades and raised up mankind by your Resurrection, make us worthy with pure heart to praise and glorify You."*

From the Praises of Pascha

Dear Beloved,

We have completed our Lenten journey and very soon we will find ourselves at the tomb of Christ where He has rested for three days. In this upcoming Holy and Great Week we will have journeyed with Him to Jerusalem and we will witness His Passion. We will see Him extend His arms to accept the life giving Cross. We will hear Him pardon those who crucified Him. We will hear Him grant entry to Paradise to the repentant thief crucified next to Him. And then early in the morning we will, like the women who went to anoint Him, experience His triumphant emergence from the tomb. He has destroyed death and granted life to the world.

In the icon of the Resurrection, our Lord and Savior reaches out to Adam and Eve and lifts them out of their tombs. When they saw Him in Hades, they extended their hands towards Him and the Risen Lord gave them new life. In one ancient text He says to them, **"Arise!"**. In the Exapostilarion of Pascha we hear how Christ raised up Adam, the first man, from corruption. All of this reminds us that we are celebrating two resurrections in this Feast of Feasts, that of the Lord Jesus from His three days in the tomb and our own. We, the descendants of Adam, experience resurrection because we have joined ourselves to Christ. We have reached out to Christ and He has taken us by the hand to give us life. Christ has conquered death so that we may be free from its power. His conquest emboldens us to mock the darkness and chains of the Evil One with the words of St. Paul, **"Death is swallowed up in victory. O death, where is your victory? O death, where is your sting?"** (I Corinthians 15:54-55). The lit candles that we will hold up in middle of night on Pascha are symbols of that victory and we will carry them through the streets into the night to our homes to proclaim the news to all that **Christ is Risen!**

And the joy we will experience on the day of Pascha and through this season of resurrection must be proclaimed and shared. We will greet one another with a joy-filled **"Christ Is Risen!"**. We will remember the words of the hymn of Holy Saturday **"Arise, O God, and judge the earth; for You shall have an inheritance in all of the nations."** The Resurrection banishes sadness in a tragedy-filled world and offers meaning and purpose in an age that feel adrift. The Resurrection shows us that the love and mercy of God knows no boundaries. The Resurrection gives life to the world, to all humanity, with no barriers. In the sermon of St. John Chrysostom we hear, **"Let all enter into the joy of the Lord."**

The words of joy, life, mercy and forgiveness are easy to say, but their meaning and implications for the world are not so easy to put into practice. We see the outstretched hands of the suffering in the Middle East, the refugees fleeing Syria, and all those who yearn for peace, security and freedom from persecution. We see the outstretched hands of the

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The *Orthodox Way* is published monthly. Parishioners who wish to contribute content or announcements are asked to email information to [orthodoway@saintdemetrios.com](mailto:orthodoway@saintdemetrios.com); or by fax to 206-631-2550. Saint Demetrios Greek Orthodox Church reserves the right to edit, alter or reject any content.

## CHURCH SERVICES, EPISTLE AND GOSPEL READINGS

| Date     | Church Service   |                                      |
|----------|--|--------------------------------------|
| May 1st  | Agape Vespers, 12 pm   | Εσπερινός της Αγάπης, 12 μ.μ.        |
| May 2nd  | St. George (Observed)  | Αγίου Γεωργίου                       |
| May 6th  | Live Giving Spring of the Theotokos                                      | Ζωοδόχου Πηγής                       |
| May 7th  | Great Vespers, 5 pm  | Μέγας Εσπερινός, 5 μ.μ.              |
| May 8th  | Sunday of St. Thomas; Mother's Day                                       | Κυριακή του Θωμά, Γιορτή της Μητέρας |
| May 11th | Sts, Cyril and Methodios   | Αγίων, Κυρίλλου και Μεθοδίου         |
| May 14th | Great Vespers, 5 pm  | Μέγας Εσπερινός, 5 μ.μ.              |
| May 15th | Sunday of Myrrh Bearers  | Κυριακή των Μυροφόρων                |
| May 21st | Sts. Constantine and Helen   | Αγίων, Κωνσταντίνου και Ελένης       |
|          | Great Vespers, 5 pm  | Μέγας Εσπερινός, 5 μ.μ.              |
| May 22nd | Sunday of the Paralytic  | Κυριακή του Παραλύτου                |
| May 25th | Mid- Pentecost   | Μεσοπεντηκοστής                      |
| May 28th | Great Vespers, 5 pm  | Μέγας Εσπερινός, 5 μ.μ.              |
| May 29th | Sunday of the Samaritan Woman  | Κυριακή της Σαμαρείτιδος             |
| May 30th | Memorial Day   | Μνημόσυνον στο Γουασέλλι             |
|          | Memorial Service at Washelli at 10 am (West End) and at 11 am (East End) | στις 10 π.μ. και 11 π.μ.             |

## ALTAR SERVERS

May 1st, Jack Hillman, Paul Dudunakis, Peter Dudunakis, Nicholas Biros, Stassi Tsantilas, Yiannis Tsantilas,  
 15th & 29th Nasi Contoravdis, Niko Contoravdis, Phillip Stamolis, Anthony Sampson, James Konugres, Omar Mallouk, Stavros Panos, Nicholas Marcu-Visan, Theofanis Kalasountas and John Limantzakis.

May 8th Joseph Dumont, Nicholas Christianson, Theodore Looney, Demetre Teodosiadis, Alex Rotar, Manoli P.  
 & 22nd Tramountanas, Manoli A. Tramountanas, Johnny Tramountanas, Peter Ales, Jonathan Poiana, Ethan Weigle, Steven Stanos, John Christofilis, Peter Economou Grunder and Elias Oraivej.

## PARISH COUNCIL SERVERS

May 1st, Georgine Looney, George Papanastasiou, Thomas Dudler, Vicky Christianson, Andrew Aliferakis,  
 15th & 29th Bob Read, Louis Kotsakis

May 8th John Ales, Stephanos Margaritis, Jim Kost, John Kapelouzos, George Tramountanas, Dale Hazapis,  
 & 22nd Christos Psichos

## EPISTLE READERS—ARTHUR SARIDAKIS—INSTRUCTOR; CHRIS MACRIS— ASSISTANT

May 8th Evangelia Koceski, in Greek and Alexandra Koceski, in English  
 May 15th Nicholas Biros, in Greek and Sophia Konugres, in English  
 May 22nd Ethan Weigle, in English

| Fasting Type       | May                |
|--------------------|--------------------|
| Wine & Oil Allowed | 11, 13, 18, 20, 27 |
| Fast Free          | 2-7                |
| Fish Allowed       | 25                 |

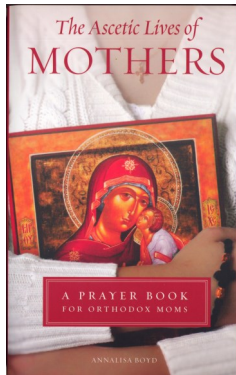
| Sunday Offerings for April 2016 |                    |
|---------------------------------|--------------------|
| April 3                         | \$ 4,583.46        |
| April 10                        | \$ 3,922.03        |
| April 17                        | \$ 6,219.22        |
| April 24                        | \$ 10,678.45       |
| April 30                        | \$ 9,247.52        |
| <b>Total</b>                    | <b>\$34,650.68</b> |

## BOOKSTORE NEWS

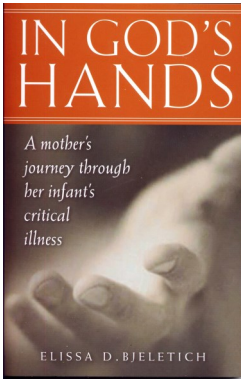
**CHRIST IS RISEN! CHRISTOS ANESTI !  
AL MASIH QAM ! CHRISTOS VOSKRESE!  
CHRISTOS A INVIAT!  
CHRISTOS TENESAT!**

***Today Salvation has come to the world!***

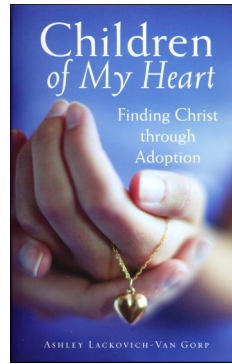
**Mother's Day** is next Sunday, May 8th. Your bookstore has some meaningful gifts for Mom, Wife, Yiayia, Theia, and friends. Beautiful icons of the Theotokos, the Mother of God, in all sizes, shapes, and colors await you. Come see ceramic medallions of the Theotokos, crosses in gold or silver or mother of pearl, and the following special books:



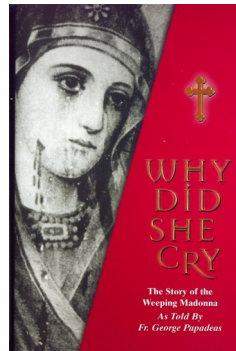
***The Ascetic Lives of Moms: A Prayer Book for Orthodox Moms.*** full of prayers that reflect the challenges and gifts that come with motherhood. Author: Annalisa Boyd, happily married for 21 years and mother of eight children by birth and adoption.



***In God's Hands: A Mother's Journey through Her Infant's Critical Illness,*** by Orthodox author Elissa Bjeletich, tells the story of her youngest daughter's battle with liver disease, showing how doubt, fear, and impatience gave way to faith in God's providence.



**Children of My Heart: Finding Christ Through Adoption -** Author Ashley Lackovich-Van Gorp found her intimate relationship with Christ in the adoption of two little Ethiopian orphan girls.



***Why Did She Cry: The Story of the Weeping Madonna*** by Fr. George Papadeas is about three icons that wept in the 1960s in private homes and were brought to St. Paul's Greek Orthodox Cathedral on Long Island, NY, where thousands of people witnessed the myrrh-tearing icons. The Ecumenical Patriarch declared the icons to be "Divine Signs" that still today hold spiritual

significance.

***On Marriage & Family Life.*** St. John Chrysostom explains that God instituted marriage primarily to promote holiness in the couple and only secondarily to procreate. Other topics include sexual relations and mutual responsibilities of marriage and parenting. For more specifics on Orthodox parenting, check out *Children in the Church Today: An Orthodox Perspective* by Sister Magdalen as well as *Following A Sacred Path: Raising Godly Children* and ***Walking in Wonder: Nurturing Orthodox Christian Virtues in Your Children*** -- both books by educator Elizabeth White of Spokane.

*(Continued from Page 1)*

poor and the suffering in our own cities and among our neighborhoods. We, like Christ in the icon, must extend our hands to those who seek to experience the power of the Resurrection and receive the gift of the new life that Christ has granted to the world. The Risen Christ who has granted the world great mercy and new life, calls us to extend that mercy and love and new life to all.

Dearly beloved, may the power of the Resurrection fill your hearts with the power of God's infinite mercy and love.

**Χριστός Ανέστη! Christ is Risen!**

With Love in Our Risen Lord,

**+ GERASIMOS**  
**Metropolitan of San Francisco**

## **Philoptochos News May 2016**

### **A Message from President Nina**

I find it hard to believe that I have been your president for a year. The time has gone quickly! I would like to thank all of the ladies of Philoptochos who have helped me ~ it is an enormous job and I could not have done it without you. I look forward to continuing the important work of our chapter and I invite all of the ladies of Saint Demetrios to join me.

### **Easter Bake Sale**

Thank you once again to all of our faithful bakers who make this Philoptochos fundraiser such a success. Your hard work makes it possible for Philoptochos to help the needy in our community and beyond. Your dedication is greatly appreciated!

### **Shut In Parishioners**

Every year Philoptochos distributes Easter baskets to our shut in parishioners and this year's baskets were lovely. If you are aware of someone who is a shut in, please contact our Visitation Chairperson Kay Betts at [206.546.2370](tel:206.546.2370) or [yassou@frontier.com](mailto:yassou@frontier.com). If you would like to help with visitation in your part of town, please let Kay know you are available. Everyone is welcome to help and it means so much to those we take time to visit.

### **Mochas for Missions**

Until Pentecost our Philoptochos chapter will collect money to benefit COME (the Commission for Orthodox Missions and Evangelism) which supports mission churches. (This campaign was formerly called Pennies & Prayers.) Canisters will be set out for you in the coffee hours and on the table in the upstairs hallway to collect change until they are turned in on Pentecost or before. Our chairperson is Peggy Tramountanas and she can be reached at [206.783.4466](tel:206.783.4466) or [agapemom@hotmail.com](mailto:agapemom@hotmail.com).

### **Philoptochos Diaper Drive ~ Thank You!**

Thank you to everyone who gave to our 2016 drive and helped make it successful. Donations will be given to Pregnancy Aid of King County will be gratefully received by needy families on our community. Thank you to Kathy Mitalas and Stacy Taylor for chairing our event!

### **Plan USA**

The young girl, Regret, that our chapter has sponsored in Zimbabwe is graduating from high school this year and our chairperson Kay Betts will send a congratulatory card and gift. Thank you Kay! for all of your faithful work on this project. The members of our chapter have decided to adopt another little girl between the ages of 9 and 13, again in Zimbabwe.

### **Membership Continues for 2016**

We hope you will continue to support us with your annual dues of \$40 and join us when you can for fellowship. All are welcome and if you have time to donate in addition to your check, even better. You will not receive a call when you write a check as we are a volunteer organization and we are grateful for every member whatever their participation. We realize that not everyone is able to come to our meetings but your dues are what allows us to do the work of Philoptochos and are gratefully accepted. Contact Dorothy Haskell, our membership chairperson at [425.503.4200](tel:425.503.4200) or [dorothyhaskell39@gmail.com](mailto:dorothyhaskell39@gmail.com)

### **Give Your Heart to a Child**

It's not too late to send in your invitation to 'Give Your Heart to a Child', a Camp Agape NW fund raiser to provide an extraordinary summer camp experience for kids with cancer and their families, free of charge thanks to the generous people who support our cause. Please mail your donation or you can safely and easily donate online at

<http://www.campagapenw.org/>. Thank you!

### **Camp Agape Northwest July 25th-30th, 2016**

Thank you to everyone who helped with the Camp Agape NW coffee hours in April. Plans are in full swing for our 2016 camp and we would love for you to join us for Reunion Day on Sunday, July 24<sup>th</sup>. This is an opportunity to come to camp and meet campers and families who attended Camp Agape throughout the years. There will be a bus from St. Demetrios and a lovely lunch at camp. Join us for this joyful time of love and remembrance. Questions? Please contact Georgia Steenis at [campagape@gmail.com](mailto:campagape@gmail.com) or [206-419-6887](tel:206-419-6887).

### **Saint Demetrios Philoptochos Contacts:**

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Jubilee Women's Shelter: Georgene Karambelas

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Sunshine: Mary Damascus

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St. Martin de Porres Men's Shelter: Helen Kalasountas

[425.641.0472](tel:425.641.0472)

Visitation: Kay Betts [yassou@frontier.com](mailto:yassou@frontier.com) [206.546.2370](tel:206.546.2370)

### **Upcoming Meeting Schedule:**

- May 10<sup>th</sup> regular meeting at church 6:30 PM
- May 19<sup>th</sup> cook for St Martin de Porres Mens Shelter
- May 25<sup>th</sup> cook for Jubilee Womens Center
- June 14<sup>th</sup> Summer Kick Off Dinner

### **Your Sister in Christ,**

**Susan Reichmann, Philoptochos Advisor**

[425.772.1605](tel:425.772.1605)

[susanreichmann@yahoo.com](mailto:susanreichmann@yahoo.com)



## YOUTH MINISTRY NEWS

### Annual Easter Egg Hunt

Sunday, May 1

Everyone is invited to celebrate the Resurrection of our Lord at the Agape Service at noon on May 1. Following the service, please join us for an Egg Hunt at Montlake Community Center at 1:30 p.m. All youth should bring a basket!

### Mother's Day Breakfast

Sunday, May 8

Join our GOYAns as they celebrate MOM with roses for mothers as they enter church and a homemade breakfast following Liturgy



### St. Demetrios Educational Scholarship

Apply Online, Application Deadline is May 15

Our church currently has five scholarships available of \$500 each to be awarded to our members pursuing undergraduate, graduate or post-graduate studies. The awards are made available through the St. Demetrios Educational Fund. The fund was established to recognize scholastic achievement and commitment to one's faith among the youth of our parish and others who have been accepted to institutions of higher learning.

Applications are now being accepted for the scholarship awards for the 2016-2017 school year. To apply online visit [www.saintdemetrios.com](http://www.saintdemetrios.com).

## GOYA Forum

Every 1st and 3rd Wednesday

Join us for our GOYA Forum, now on the first and third Wednesday of the month!!! **Join us on May 4th** from 6 to 7:30 pm in the Fr. Homer Library. GOYA Forum is a bi-weekly meeting for our teens to grow in our faith and have fellowship with each other. *Save the date for our next GOYA Forum on Wednesday, May 18th*

Please RSVP to [Lefteris Sitaras](mailto:Lefteris.Sitaras). Everyone is welcome!

### Orthodoxy on Tap—Wednesday, May 31st

All college students and young adults are invited to Orthodoxy on Tap. This ministry is a chance for us to meet and talk about our faith in a social environment. Look for location details in the eNews.



Congratulations to all of our St. John Chrysostom Oratorical Festival participants. Our Junior and Senior Division participants also participated and earned Honorable Mention in the District Oratorical Festival. We thank our Elementary Division participants for wonderful speeches that exceeded expectations. Great job to all!

We also wish to thank our Judges: Theo Argue, Michael Chen, Arianna Dumont, Melinda Johnson, Jeanna Mikesell, Fr. Vadim Pogrebniak and Nicole Varvitsiotes  
And our Volunteers: Alex and Anna Fleet for co-chairing the festival. Peggy Tramountanas for preparing food and desserts

## YOUTH MINISTRY EVENTS

### May

- 1 - Holy Pascha! Agape Service & Egg Hunt
- 4 - GOYA Forum
- 8 - Mother's Day Brunch
- 14 - Dance Groups Dinner Dance
- 15 - Family Bible Bowl
- 18 - GOYA Forum
- 31 - Orthodoxy on Tap
- Orthodox Teen Talk to be announced

### June

- 4 - St. Demetrios Auction
- 5 - Last day of Sunday School & Carnival
- 7 - GOYA Junior & Senior Dinner
- 19 - Father's Day Breakfast
- 21 - GOYA Forum
- 24 & 25 - GOYA Lock-In



## STEWARDSHIP UPDATE

For our 2016 Stewardship Campaign, we currently have 404 stewards who have returned their signed pledge cards and have pledged \$416,490.00. Our goal for 2016 is \$535,000. Remember that you can arrange for automatic payments through your bank or paypal. (go to [www.saintdemetrios.com/Stewardship/egiving](http://www.saintdemetrios.com/Stewardship/egiving))

We thank the following stewards for their contributions!

The Stewardship Committee



### 2016 Stewards:

John and Margaret Ales  
Andrew and Vicky Aliferakis  
Costas Anastassiou and Thiresia Yiallourou  
Larry and Aikaterine Anderson  
Rothopi Andrews  
Fr. John and Presv. Anna Angelis  
Theodore and Kim Angelis  
**Dn. Perry and Dns. Francesca Angelos**  
Evangelos and Magdaline Angelou  
Basil Anton  
Costas Antonopoulos  
**George and Dina Apostolou**  
K.G. and Kostoula Apostolou  
**Serafim and Eva Apostolou**  
Clifford and Theodora Argue  
Patricia Arvanitidis  
Brent and Rhea Aslin  
John and Stella Athans  
**John and Lula Babarakos**  
**William and Dina Bakamou**  
**Josh and Eleni Banhero**  
**Christa Barbas**  
Thomas and Maria Barbas  
George and Eleni Athans Bariames  
George and Frances Barnecut  
Michael and Nisa Basilicato  
Bassam and Duaa Bayouk  
George and Alice Bayouk  
Gabriel Bayouk  
Lena Bayouk  
**Brandon and Molly Bede**  
**Hristos and Diamando Bekris**  
Christopher and Penelope Benis  
**Arvid Berg and Sophia Zervas-Berg**  
Kay Betts  
Zachariah and Alik Birkenbuel  
**Mark and Georgiana Bitzes**  
Neena Blackwell  
Maria Bollman  
**Jeanina Botis**  
Andrew and Rosalie Boulteris  
Gus Boutsinis  
**Josh and Ashley Brockmeyer**  
Jeffrey and Allison Brooks  
Theodora Broutzakos  
Mark and Maria Brymerski  
Frank and Shelley Buhler  
Mark and Maria Burke  
William and Cheryl Buursma

Steve and Chryssa Calandrillo  
**John Calash**  
Nick and Vanessa Carkonen  
Efthemia Carras  
Susanna Cerasuolo  
**Doug and Jillian Chandler**  
**Michael and Maria Chen**  
Chris and Effie Chriest  
Ron and Vicky Christianson  
Eleni Christo  
Demetre and Katherine Christofilis  
**John and Eleni Christofilis**  
Anastasios and Voula Christophilis  
Dino and Nikki Christophilis  
Kosta and Maria Christopoulos  
Edward and Anastasia Clarke  
Cathleen Clinger  
Marie Collins  
Jeffrey and Katie Comstock  
John and Diane Conom  
Madeline Conom  
O. George and Kay Constantine  
G. Paul Constantine  
Debbie Constantine-Skouras  
Tom and Evelyn Contoravdis  
Olivia Contos  
Gus and Margaret Cooper  
Maria Cooper  
Nick and Karen Cooper  
George and Kyla Coromilas  
Jerry and Eva Costacos  
Georgia Cotsovolos  
Barbara Cotton  
Maria Cotton  
Gus Courounes  
Nicoleta Courounes  
Renee Courounes  
Dale and Marianna Crane  
Donald and Laura Crews  
Christos and Judith Dagadakos  
George and Angela Dalas  
Mary Dallas-Smith  
Mary Damascus  
Daniel and Angela Daoura  
Marguerite Daoura  
George and Alexandra Delegans  
Sam and Vicki Deliganis  
Peter and Diane Demopoulos  
Ryan and Demetra Dennis  
Sophia Derezes  
**Dimitrios and Maria Devekou**

Nick and Athena Modonas-Diafos  
**Darden Dickson**  
**Pete and Stavroula Dikeakos**  
Stephanie Dikeakos  
Vasili and Katherine Dikeakos  
John and Aksenia Dikon  
Thelma Doces  
Christopher Dodd and Maria Christofilis Dodd  
Voula Dodd  
Demetrios and Vickie Dotis  
Gus and Gregoria Dounis  
Rob and Janie Drumhiller  
Kenneth and Kristina Dudunakis  
Fr. Photios and Presv. Katherine Dumont  
John and Arianna Dumont  
**Robert Dunbar and Andrea Tsiakilos-Dunbar**  
**Pace and Angeliki Ebbesen**  
**Chris and Marla Economou**  
Mary P. Economou  
Thomas and Michelle Economou  
George and Eva Economy  
Litsa Edwards  
Sophia and David Eitel-McShea  
**Nicole Ellis**  
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Nicolette Farmasonis  
Petros and Colleen Farmasonis  
Sharon Glein and Yemane Fecadu  
Daniel and Helen Ferrelli  
**Alex and Anna Fleet**  
**Georgios and Maria Fletmetakis**  
Matthew and Alexandra Flugstad  
Ioannis Fotopoulos  
John and Athanasia Franks  
Nick Ganoulis  
**Demos Gennaious**  
Meletios and Theodora Geokezas  
Evan George  
Harry and Mary George  
Nick and Irene Georvasilis  
Tyler and Anastasia Geving  
**Konstantinos and Mary Ann Giakoumatos**  
Michael and Wanda Gikas  
Elaine and Lars Giusti  
**Katina Gotsis**  
Robert and Danielle Griffith  
Efy Grivas  
Rich Grunder and Christina Economou-Grunder  
James and Shawn Hages

## OUR STEWARDS...

Joan Hanna  
 Dorothy Haskell  
 George Hatziantoniou and Elizabeth Economou  
 Neil and Terri (Karis) Hawdon  
**Menas and Diana Hawkins**  
 Dale Hazapis  
 Helen Heuer  
 John and Maria Hillman  
**David Horne and Margaret Shnorhavorian**  
 Patrick and Vickie Howard  
 Vickie Huff  
 Mary Hulbush  
 Carlos and Eleni Jimenez  
 John and Emilie John  
 James and Pota Johnson  
 Jeff and Angela Sourapas-Jones  
 Panagiotis and Rena Kalasountas  
 Jim Kaloris  
 George and Christina Kaltsounis  
 Maria Kaltsounis  
 Vicky Carras Kangles  
 John and Virginia Kapelouzos  
**Maurice and Carmen Karagiorgos**  
 Jim and Georgene Karambelas  
**Francine Karavias**  
 Spiros and Zoe Karimbakas  
 Anthony and Sarah Karis  
 Nick and Nancy Karis  
 Terry and Ann Karis  
 Georgia Karvountzi  
 Christine Karzmar  
 Nicholas and Kalliopi Katholos  
 Jean Katsandres  
 Teresa Kazaras  
 Peter and Hanna Kenny  
 Timothy and Sofia Kenny  
 Bishara and Diane Kharoufeh  
 Brian and Jiovanna Koceski  
 Alexander and Leta Kolios  
 Vivie Kollias  
 George and Maria Kost  
 Jim and Patti Kost  
 Louie and Vicky Kotsakis  
 Panos and Toulas Koutlas  
 Helene Krikris  
 Gary Kuhar  
 Dena Kusulos  
 Harold Kusulos  
 John and Natalie Kusulos-Jury  
 Peter and Rachele Kyriacou  
 Kostas and Linda Kyrimis  
**Marty Kyrimis**  
 George Ladas  
 George and Eleni Lagos  
 Jack Lakkis  
 Michael and Lena LaMarche  
 James and Sharon Langus  
 Ken and Irene Lehman

Dean and Kathleen Lentgis  
 John and Polette Limantzakis  
 Johnny and Lucy Limantzakis  
**Bill and Florence Lolos**  
 Glen and Georgine Looney  
 George and Giannoula Lymberis  
 Chris and Paula Macris  
 Eugenia Macris  
 Greg and Mia Macris  
**Emanuel and Dina Magoulas**  
 Louis and Mary Malesis  
 Helen Malevitsis  
**Perry and Eleni Malevitsis**  
**Sam Mallos**  
 Bechara and Xiomara Mallouk  
 Georgia Manolakas  
 Stilianos and Kari Manos  
 James and Mary Lou Manus  
**Stephanos and Paula Margaritis**  
 James Markezinis  
 John and Kelly Markezinis  
 Anthony and Alexandra Maroussis  
**George and Deena Maroutsos**  
 Jean Mastor  
 Niki Mastoropoulos  
 Constantine and Areti Mavromatis  
**Danny and Jessica Mavromatis**  
 Lillian C. McDermott  
 David and Georgia McFarlan  
**Christina Meletis**  
 Pipena Mercouriadis  
 Michael and Elaine Michaelidis  
**Thanasi and Sophia Millo**  
 Kathy Mitalas  
 Aynalem and Semira Moba  
 Walter and Frances Moldskred  
 Alex and Maria Moroseos  
**James Morris and Vickie Kolios**  
 Carol Mykris  
 Bettyann Nassar  
 Peter Neckas  
 Sandy Neckas  
 James and Stella Nelson  
 Jim and Carolyn O'Donnell  
**Rick and Valerie Olague**  
 Shirley Olsen  
**Charlie and Tina Olson**  
 Jonathan and Stephanie Otis  
**Anthony and Elaine Pagones**  
 Irene Palios  
 Bill Pallis  
 Chris and Vasiliki Pallis  
 Chris Tom and Rebecca Pallis  
 Elli Pallis  
 Margie Pallis  
 Tina Pallis  
 Evangelos and Anastasia Pampoukas  
 Alice Panagakis  
 John and Lisa Panagiotou  
 Sam and Colleen Panagiotou

Yiannis and Johnette Panopoulos  
 Artemios and Rebecca Panos  
 Steve Panos  
 Gregory and Stelée Papadeas  
 George Papanastasiou  
 John and Kalomira Papanastasiou  
 George and Lora Pappas  
**Norm and Frances Parr**  
 Jason and Angela Patrao  
**Chris and A. Ellie Pedersen**  
 George and Susan Pess  
 Irene Peterson  
 Helen Petratos  
 William V. Phillips  
**Kristina Plumis**  
 Paul and Pamela Plumis  
 Theologia Polizos  
 Andonios and Evangelia Polychronopoulos  
 Nikolaos and Charikleia Poulias  
 Lia Preftes  
 Elefteria Proios  
 Christos and Tammy Psichos  
 Nicholas and Anastasia Raissis  
 Bob and Despina Read  
 James Retelas  
 Evie Rigas  
**Leonidas and Eleni Karra Rigas**  
 Todd and Feletsa Robinson  
**Erik and Nicole Rolfness**  
 Cathy Rottle  
 Adele Rottle-Williams  
 Chris Roumeliotis  
 Kary Roumeliotis  
 Kayla Roumeliotis  
 Emanuel and Marilyn Rouvelas  
 Mark and Angelique Saffle  
**Dena Sakelaris**  
 John and Penelope Sakellaris  
 Pantazis and Katina Samolis  
 Philip and Barbara Sancken  
 Arthur Saridakis  
 Angelos and Panelopi Savranakis  
 Patrick and Ioanna Schmidt  
 Iyad and Christina Shahwan  
 Annette Shepherd  
 Athanasios and Terri Shinas  
 Simoni Shirland  
 Tanya Shirland  
 Christos and Agapi Siskos  
**Lefteris and Fay Sitaras**  
**Alexandra Skepetaris**  
**Demetrios and Stamatina Skepetaris**  
**Konstantinos Skepetaris**  
 Justin and Nicole Skinner  
 Alexander and Vassie Skoulis  
**Sofia Smetherram**  
 David and Alexis Solis  
**John Soudas**  
 Steve Sourapas  
 George and Joanna Staikos

## May 2016

| Sunday  | Monday   | Tuesday  | Wednesday   | Thursday  | Friday  | Saturday   |
|---|--|--|---|---|---|--|
| <div><div>1</div><div>PASCHA</div><div>Epistle: Acts 1:1-8</div><div>Gospel: John 1:1-17</div><div>12a Come Receive the Light</div><div>12:30a Divine Liturgy</div><div>1a Orthros</div><div>2:30a Paschal Brunch</div><div>12p Vespers of Agape</div><div>1:30p Egg Hunt</div></div> <div>Jeremiah the Prophet</div> | <div><div>2</div><div>St. George (Observed)</div><div>Bright Monday</div><div>Church Office Closed</div><div>8:30a Orthros</div><div>9:30a Divine Liturgy</div><div>6p Greek Dance</div></div> <div>St. Athanasios the Great</div> | <div><div>3</div><div>St. Philaret Cook for Homel...</div><div>6p GOYA Forum</div><div>6p Greek School</div></div> <div>St. Xenia the Great Martyr</div>   | <div><div>4</div><div>St. Philaret Cook for Homel...</div><div>6p GOYA Forum</div><div>6p Greek School</div></div> <div>St. Pelagia, Righteous Martyr</div>   | <div><div>5</div><div>Montlake Yacht Club Parking</div><div>11:30a Yiayia &amp; Friends Luncheon at Acropolis Pizza &amp; Pasta, Everett</div></div> <div>St. Euthymios<br/>St. Irene, Great Martyr</div> | <div><div>6</div><div>Living Spring</div><div>8:30a Orthros</div><div>9:30a Divine Liturgy</div></div> <div>Job the Righteous</div> | <div><div>7</div><div>9:30a Divine Liturgy • Holy Resurrection • Tacoma</div><div>5p Great Vespers</div><div>5:30p Glob Med Hall Rental</div></div> <div>St. Cyrill of Jerusalem</div>       |
| <div><div>8</div><div>Thomas Sunday</div><div>Epistle: 1 John 1:1-7</div><div>Gospel: John 20:19-31</div><div>8:15a Orthros</div><div>9:30a Divine Liturgy</div><div>11:30a Mother's Day Brunch</div></div> <div>Jeremiah the Prophet</div>   | <div><div>9</div><div>6p Greek Dance</div></div> <div>St. Athanasios the Great</div>   | <div><div>10</div><div>8:30a Orthros</div><div>9:30a Divine Liturgy</div><div>1p Staff Meeting</div><div>6p Greek School</div><div>6:30p Young Adult Forum</div></div> <div>St. Xenia the Great Martyr</div> | <div><div>11</div><div>8:30a Orthros</div><div>9:30a Divine Liturgy</div><div>1p Staff Meeting</div><div>6p Greek School</div><div>6:30p Young Adult Forum</div></div> <div>St. Pelagia, Righteous Martyr</div> | <div><div>12</div><div>5p WOCA Meeting (BBQ)</div></div> <div>St. Euthymios<br/>St. Irene, Great Martyr</div>   | <div><div>13</div><div>11a Baptism</div><div>5p Dinner Dance</div><div>5p Great Vespers</div></div> <div>Job the Righteous</div>    | <div><div>14</div></div> <div>St. Cyrill of Jerusalem</div>  |
| <div><div>15</div><div>Sunday of Myrrh Bearers</div><div>Epistle: Acts 6:1-7</div><div>Gospel: Mark 15:43-16:8</div><div>8:15a Orthros</div><div>9:30a Divine Liturgy</div><div>11:30a Family Bible Bowl</div></div> <div>St. Arsenios the Great<br/>St. John Evangelist</div>  | <div><div>16</div><div>6p Dance Board Meeting</div></div> <div>Isaiah the Prophet</div>  | <div><div>17</div><div>9:30a Parish Council Meeting</div></div> <div>Simon the Zealot, Apostle</div>   | <div><div>18</div><div>9:30a Open Confession</div><div>6p GOYA Forum</div><div>6p Greek School</div></div> <div>Sts Cyril &amp; Methodios</div>   | <div><div>19</div><div>Cook for St. Martin de Porres</div></div> <div>St. Epiphanius of Cyprus</div>  | <div><div>20</div><div>3:30p Small Hall Rental</div></div> <div>St. Sargius the Confessor</div>                                     | <div><div>21</div><div>3:30p Wedding</div><div>5p Great Vespers</div><div>6p Friendship Adventure</div></div> <div>St. Isidore &amp; Therapon<br/>St. Leonios, Archbishop of Jerusalem</div> |
| <div><div>22</div><div>Sunday of Paralytic</div><div>Epistle: Acts 9:32-42</div><div>Gospel: John 5:1-15</div><div>Stewardship Sunday</div><div>8:15a Orthros</div><div>9:30a Divine Liturgy</div></div> <div>St. Pachomios the Great</div>   | <div><div>23</div><div>Archdiocese Presbyter's Council - Pittsburgh, PA</div></div> <div>St. Thodore the Sanctified</div>  | <div><div>24</div></div> <div>Sts. Adronikos &amp; Iounias of the 70</div>   | <div><div>25</div><div>Cook for Jubilee Women's...</div><div>8:30a Orthros</div><div>9:30a Divine Liturgy</div><div>6p Greek School</div></div> <div>Sts. Peter, Julia &amp; Heracles</div>                     | <div><div>26</div><div>St. Andrew's Cook for Hom...</div><div>6:30p Hall Rental</div></div> <div>Sts. Patricios, Alekios &amp; Menandros...</div>   | <div><div>27</div><div>11a Large Hall Rental</div><div>5p Great Vespers</div></div> <div>Sts. Thalleleas &amp; Asterios</div>       | <div><div>28</div></div> <div>Sts. Constantine &amp; Helen</div>   |
| <div><div>29</div><div>Sunday of Samaritan Wom...</div><div>Epistle: Acts 11:19-30</div><div>Gospel: John 4:5-42</div><div>No Sunday School</div><div>8:15a Orthros</div><div>9:30a Divine Liturgy</div></div> <div>St. Yasiliskos, Martyr<br/>Sts. Demetrios &amp; Paul, Neomartyrs</div>                            | <div><div>30</div><div>Memorial Day</div><div>Church Office Closed</div><div>10a Washelli - West End Memorial</div><div>11a Washelli - East End Memorial</div></div> <div>St. Michael of Synadon</div>                             | <div><div>31</div></div> <div>St. Christian, Martyr</div>  | <div><div>1</div><div>St. Philaret Cook for Homel...</div><div>9:30a Open Confession</div><div>6p GOYA Forum</div></div> <div>Mid-Pentecost<br/>3rd Finding of the Head of St. John t...</div>                  | <div><div>2</div></div> <div>Sts. Karpos &amp; Alphaeas of the 70</div>   | <div><div>3</div></div> <div>St. John the Russian</div>   | <div><div>4</div><div>5p Great Vespers</div><div>5:30p St. Demetrios Auction</div></div> <div>St. Christopher, Martyr</div>  |
| <div><div>30</div><div>St. Olvian, Hieromartyr</div><div>St. Theodostia, Martyr</div></div>   | <div><div>31</div><div>Isaakios, Founder of Delmatos Mon...</div><div>Macrina, Grandmother of St. Basil</div></div>  | <div><div>32</div></div> <div>St. Ermos, Apostle</div>   | <div><div>33</div></div> <div>St. Charitos, Martyr<br/>St. Justin Martyr</div>  | <div><div>34</div></div> <div>St. Nikiphoros Pat. of C/pole</div>   | <div><div>35</div></div> <div>Loukilianos &amp; Paula, Martyrs</div>  | <div><div>36</div></div> <div>Mary &amp; Martha</div>  |



## ANNOUNCEMENTS

### Yiayia & Friends Luncheon

Our next Yiayias & Friends luncheon will be on **Thursday, May 5** at **Acropolis Pizza and Pasta** in Everett. Acropolis Pizza is located at **12720 4th Avenue**. Time is **11:30 a.m.** The restaurants appreciate knowing how many to expect so they can adequately accommodate us. For questions and reservations, please contact **Mary Damascus**, preferably by email: [mndamascus@comcast.net](mailto:mndamascus@comcast.net) (or by phone: 509-951-2975).

### St. Demetrios Greek Folk Dancers Dinner/Dance Recital 2016

The Dance Group Spring Dinner/Dance will be at St. Demetrios Community Center on Saturday, May 14th, 2016. 5:30 pm Social Hour—7:00 pm Dinner and Dance Performance. Adults—\$20; Youth 9-18—\$10. Children under 8 and registered dancers free. RSVP Maria Barbas at 206.794.5659 or [Katherinew@watsonsecurity.com](mailto:Katherinew@watsonsecurity.com)

#### NEW CHURCH DIRECTORY

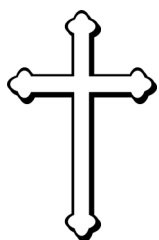
The church is preparing a new directory that will be available in print, online, and in a phone app. The print version will be out by this fall, but the digital version is available now. For information and instructions on accessing the directory with your mobile device, please visit our web page at <http://www.saintdemetrios.com/stewardship/directory>

We recommend that you review your family's information before the print version is published. A table will be set up in the coffee hour on most Sundays throughout May to help you with this. If you are unable to access the directory through the app, it either means that we don't have a 2016 pledge card from you or that we don't have your email correctly listed. If you have questions about this or would like to submit a photo of your family for the digital directory, please email [georgetramo@saintdemetrios.com](mailto:georgetramo@saintdemetrios.com)

### SAVE THE DATE FOR ST. DEMETRIOS AUCTION—SATURDAY, JUNE 4TH

St. Demetrios Greek Orthodox Church presents the 12th Annual Twilight Auction Saturday, June 4th, 2016 @ 5:30pm. Please mark your calendar and plan to attend!

### Our Condolences



We express our Deep Condolences to Kay D. Betts and Katherine Auer and their families for the passing of their sister, Barbara Deligan. May her memory be eternal! "Αιώνια αυτής η μνήμη!"

### Sunday School Update

Christ is Risen!

Thank you to the many parents who assisted with Sunday School related activities during Great Lent, including the Sunday of Orthodoxy icon procession, Lazarus Saturday breakfast, tying palm crosses, paschal candle craft, service project, luminaras, and Holy Friday myrrhbearers.

**No Sunday School on May 29.** Last day of class is **June 5** followed by the annual end of year carnival. More details to follow in the weekly emails and June bulletin.

### Sunday School Lenten Service Project

The Sunday School Lenten Service project raised \$1,212 for OCMC to help build a school in Kenya! Congratulations to the kindergarten class who raised \$230 and will be treated to an ice cream sundae party during Sunday School in May.

Our second place winner is the 2nd grade class with \$155 and third place winner is the pre-school class with \$100 - both classes will receive special treats after Pascha. We are grateful to all the classes, parents, and grandparents who donated to this worthy cause! Thank you!!

### Thank You from the Clergy & Acolytes

We are grateful to Maria Stavros for hand repairing the many Altar Server robes (just in time for Holy Week services), for Arthur Saridakis' donation to cover materials expenses, and to Litsa Edwards for her many years of Altar service.

### Expression of Thanks

We wish to express our thanks for the love and words of comfort we received in the passing of our beloved sister and aunt Barbara Deligan. Words cannot express for the many cards and phone calls we received and our thanks and love go to each of you.

Kay Betts and families.

### June Graduates

Please send to the Church Office your name, the name of the School, and the degree/certificate you will be receiving so that we can acknowledge you in our Church Newsletter.

## BISHOP ATHANASIOS OF KENYA OFFICIATES AT PALM SUNDAY LITURGY

During Fr. Photios' recent trip as part of a team from the Orthodox Christian Mission Center to Kenya in Africa, he had the opportunity to meet and work with the recently consecrated bishop for the new Diocese of Kisumu in Western Kenya, His Grace, the Rt. Rev. Bishop Athanasius (Akunda).

On Palm Sunday we were blessed to have His Grace officiate at the Divine Liturgy and also join us for the traditional Palm Sunday Fish Luncheon afterwards. Bishop Athanasius preached a powerful and thought-provoking sermon based on the Gospel and Epistle readings of the day as we begin the journey through Holy Week. In addition to the normal use of Greek and English in the service, His Grace also offered a few prayers in his native Swahili.

Then at the luncheon, the bishop provided some fascinating history and insight into his newly-formed diocese and the challenges it faces both in growing the Orthodox faith in East Africa as well as working toward the eventual goal of becoming a self-sustaining Church. His gentle and humble manner and use of humor certainly made a positive impression on all who heard him.

As always, our St. Demetrios community responded with generous donations for the work of Bishop Athanasius. Thank you to everyone who contributed. If others would like to still make a donation, you can do so by sending a check to the Church Office made out to St. Demetrios, with "Kenya" in the memo line.

His Grace has returned to Kenya to serve in his diocese the remainder of Holy Week and on Pascha, but his visit to St. Demetrios will be long-remembered. To learn more about Bishop Athanasius, please see his biography below.

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### Biography

HG Bishop Athanasius Akunda was born Amos Akunda in Kenya in 1971. He was the eldest of six children whose father is a theologian from St. Tikhons Theological Seminary. He became Orthodox at the age of 8 after his parents converted to Orthodoxy. He attended Makarios III seminary in Kenya and graduated with a Diploma in Theology, followed by a Master of Divinity at Holy Cross School of Theology in Brookline, Massachusetts. At the International Institute of Church Management he graduated in a Doctor of Divinity and at the University of South Africa a Doctor of Theology. He also completed a Diploma and Post Graduate Diploma in Education Management at the India Institute of Management, and a Certificate in teaching English as a foreign language at the Cambridge Institute of English Language in Boston. HG Bishop Athanasius Akunda worked in African literature, Christian religious education, Social education and Ethics at Ebukhaya High School, Ebusiloli High School and Ngoro Orthodox High School, all in Kenya. He held the position of Catechist in Western Kenya, and Secretary in the office of the Archbishopric of Kenya. He was ordained as a Deacon in Kenya in 1998 by His Eminence Archbishop Seraphim and ordained as a Priest at Pantanassa Church also by Archbishop Seraphim in 2002.

In 2010 at the Church of St Athanasios in Benoni, on the feast day of that church, he was elevated to the rank of Archimandrite by His Eminence Archbishop Damaskinos. He has served as the Parish priest St. Seraphim in Soshanguve and at St. Raphael, Irene and Nicholas in Yeoville, Johannesburg. He was also Dean and lecturer at Petros VII seminary. He was the parish priest at St. Nicholas of Japan from 2009 to 2015. Other positions he has held include Director of missions from 2003 to 2008 and Vicar in charge of missions since 2010. Bishop Athanasius Akunda has represented the Patriarchate of Alexandria at the World Council of Churches, and the All African Conference of Churches. Bishop Athanasius Akunda left St Nicholas to serve at the Patriarchal Seminary "Makarios III" in Nairobi, Kenya in May 2015. He was Appointed by His Eminence Archbishop Makarios of Nairobi as the director of missions and lecture at St. Makarios seminary in cultural anthropology, pathology and teleturgics. He was elevated to Episcopal throne of Kisumu and All Western Kenya on 24th November 2015.



## MEMORIALS AND VIGIL LIGHTS

### *Holy Altar Candles from last month*

A Holy Altar Table Vigil Light was offered on April 10th, in loving memory of **Nick C. Pallis** (eleven years since his passing), by his wife, Margie Pallis, their children and grandchildren.

A Holy Altar Table Vigil Light was offered on April 10th in loving memory of **Gus Sakelaris** (four years since his passing), by his wife, Dena Sakelaris, children, grandchildren and great-grandchildren.

Two Holy Altar Table Vigil Lights were offered on April 17th in loving memory of **Anthony Proios** (thirty-four years since his passing), by his wife, Eleftheria Proios and Family.

A Holy Altar Table Vigil Light was offered on April 17th in loving memory of **Magdalena McLeod** (five years since her passing), by the Avlonitis Family.

Three Holy Altar Table Vigil Lights were offered on April 24th in loving memory of **Christ and Pauline Corotas** (thirty-two and nineteen years since their passing), **James and Asimina Lekas** (thirty-five and twenty-one years since their passing) and **Ernest Lekas** (seventeen years since his passing), by the Lekas, Clarke and Corotas families.

### *Holy Altar Candles for May 1st*

Two Holy Altar Table Vigil Lights are offered in loving memory of **George Tsiakilos** (in honor of his nameday), by his children and grandchildren.

### *Holy Altar Candles for May 8th*

A Holy Altar Table Vigil Light is offered in loving memory of **Barbara Johnson** (eight years since her passing), by her cousin, Vasilike Stamos.

A Holy Altar Table Vigil Light is offered in loving memory of **Konstantinos Gennaio**s (nineteen years since his passing), by his son, Panagiotis Gennaio and Family.

A Holy Altar Table Vigil Light is offered in loving memory of **George Malevitsis** (nine years since his passing) and **Harikleia Dinopoulou**, by his wife, and her daughter, Helen Malevitsis, children and grandchildren.

Two Holy Altar Table Vigil Lights are offered in loving memory of **Platon Kariotoglou**, and **Adam and Eleni and Dorothea Trikiri**otis, by George and Voula Kariotoglou and Family.

### *Memorials and Holy Altar Candles for May 15th*

A Memorial Service, four Holy Altar Table Vigil Lights and a donation to St. Demetrios (in lieu of a coffee hour) are offered in loving memory of **Katina and Nick Dritshulas** (one year, and fifty-two years since their passing), by their daughter and son-in-law, Anastasia and Mark Bartlett, and granddaughters, Tess and Xana Bartlett.

A Holy Altar Table Vigil Light is offered in loving memory of **George Macris** (thirteen years since his passing), by his wife, Eugenia Macris, their children and grandchildren.

A Holy Altar Table Vigil Light is offered in loving memory of **Alex and Andrew Kusulos**, by Dena Kusulos and Family.

### *Holy Altar Candles for May 22nd*

A Holy Altar Table Vigil Light is offered in loving memory of **Georgios Panagoulis** (one year since his passing), by his sister, Nicoleta Gennaio and Family.

### *Memorials and Holy Altar Candles for November 29th*

A Forty-Day Memorial Service, a Holy Altar Table Vigil Light and the Coffee Hour are offered in loving memory of our beloved sister and aunt, **Barbara Deligan**, by Kay Betts and Family.



*If you would like to offer a Holy Altar Table Vigil Light or sponsor the Coffee Hour in memory of a beloved family member or friend who has fallen asleep in the Lord, please contact the church office at 206.631.2500*

## OUR STEWARDS...

(CONTINUED FROM PAGE 7)

George and Thalia Stamatoyannopoulos

George and Zoe Stamolis

**Greg and Vicky Stamolis**

Vasilike Stamos

Steven and Sarah Stanos

Thelma Stasinos

Alexi J. Stavros

John A. and Dimitra Stavros

Peter A. and Maria Stavros

Phyllis Steen

**Kevin and Georgia Steenis**

Andy and Joann Stergachis

Michael and Christine Stollings

Heather Stotz

Lindsay Stotz

Chris and Heidi Stoumbos

Eugene and Cleo Supernaw

Robert and Alvia Swegle

**Olympia Tachopoulou**

Kina and Stefan Tatchukova

Linda Tavernarakis

Bryan and Stacy Taylor

**Steve and Georgia Teodosiadis**

Demetri Themelis

Perry and Billie Jo Therson

Vance and Alexa Thompson

Spiros and Niki Todoulos

Kegan and Nicole Tosto

Evangelia Tountas

Antonios and Antonia Touras

Athan and Cindy Tramountanas

Manuel and Peggy Tramountanas

George and Dana Tramountanas

James and Barbara Trehearne

George and Thelma Treperinas

Sam and Elly Treperinas

Fr. Daniel and Presv. Michelle Triant

Vasilios and Dionisia Tsafos

George and Eftihia Tsantilas

**Steve and Angelina Tselios**

Stavros Tsitsis

**George and Susan Tsoukalas**

Dometios and Georgia Tziotis

Ourania Tziotis

Yiannis and Katerina Tziotis

**Liz Valauri and Ivan Orton**

Jordan and Emily Vardell

John and Karin Varlamos

**Kosta and Judy Varlamos**

Vasili and Nina Varlamos

**James Varlan**

Ivan and Ianita Velkov

Demetrios and Aspasia Voltsis

Evan Voltsis

J. Robert and Effie Walker

**George Webb and Anastasia Deliganis**

Joann West

Brett and Yvonne Willard

Vivian Williamson

Ed Wood and Cathy Chohlas Wood

Daniel and Mary Wright

James and Jeretta Wright

**Demetra Xenos**

Emmanuel J. Xenos

John Xenos

Nicholas and Lizabeth Zardis

John and Mary Ellen Zoulas



## Easter Blessings and Thanks from Jubilee Women's Center

*"For I was hungry and you gave me food, I was naked and you clothed me"...*

In April, the residents of JWC received gifts of food, clothing and love from our parish. Maria Cooper, along with friends and family provided a wonderful dinner, complete with Greek coffee, "flizanakia" and all! The real treat was the many hugs Maria and Christina Meletis had for everyone.

Our Philoptochos also provided gift cards to QFC to supply a second dinner to the residents on our Holy Wednesday. These dinners help stretch the meager grocery budgets for the women.

We received many donations of clothing, shoes, handbags and accessories- all very much needed and appreciated by low income and homeless women.

If you would like information how you can help, how you can be a blessing to our sisters in need, please call Georgene Karambelas 206 817 2523 or email: karambelas@comcast.net. www.jwcenter.org Thank you!





# 18th Annual NW Greek Open Golf Tournament

*Proceeds to support: Boyer Children's Clinic (serving Seattle children with Cerebral Palsy and Other Developmental Delays for over 65 years), Assumption Greek Orthodox Church (Renovation Fund) and Philanthronia Foundation (Seattle assisted living charity).*

## Friday July 29th, 2016

- Sponsored by St. Demetrios Greek Orthodox Church

**To Play: \$150 Player Fee/\$100 for players under 30** (includes Golf, Cart, Range Balls, Raffle Prizes and Greek Dinner). Please send \*.pdf or email of your player list to [gtreperinas@karrtuttle.com](mailto:gtreperinas@karrtuttle.com) or [nwgreekgolf@gmail.com](mailto:nwgreekgolf@gmail.com)

Player 1 \_\_\_\_\_ Player 2 \_\_\_\_\_

Player 3 \_\_\_\_\_ Player 4 \_\_\_\_\_

**To Sponsor a Sign: \$500 Sponsor Fee** (which will entitle you, your family or firm to a Hole Sponsorship Sign prominently placed at one of the holes). Please provide a full color logo as you would like it displayed on the sign in \*.eps or High Res \*.jpeg no later than July 15th, 2016, to [gtreperinas@karrtuttle.com](mailto:gtreperinas@karrtuttle.com) or [nwgreekgolf@gmail.com](mailto:nwgreekgolf@gmail.com).

**To Pay:** - Redmond Ridge Website: <https://tournaments.okigolf.com/EventInfo.aspx?E=768599>

- Personal check payable to St. Demetrios and mail to G. Treperinas (701 Fifth Avenue, Suite 3300, Seattle, WA 98104)

- Visa or Mastercard by calling C. Economou (206-940-9455)

-  (please log-in and use [nwgreekgolf@gmail.com](mailto:nwgreekgolf@gmail.com) to pay for Player and/or Sign)

We also accept payment at registration but urge you to help us paying in advance of the event.

**Registration and Warm-up: 11:30 a.m.** (Range balls provided)

**Putting Contest: 12:30 noon**

**Shotgun Start: 1:30 p.m.** (Shamble Format – No Handicap Needed to Play)

**\*\*\*Greek Dinner will be served for all golfers immediately following golf. We welcome non-golfers (including golfers spouses) for dinner only \$45.00/adult\*\*\***

Special thanks to Puetz Golf for its continued support and to the Golf Club at Redmond Ridge (Event Location).



## YOUTH MINISTRY NEWS CONTINUED

### 2016-NW GOYA Retreat-Amazing Race Seattle

Over 70 teenagers from Washington and Oregon participated in our annual GOYA Lent Retreat this past weekend, April 1, 2, 3. The teens broke up into 12 teams on an adventure around Seattle, led around by our young adults. Teams faced roadblocks at the Gum Wall in Pike Place market, ping pong challenges at Westlake Park, travel by monorail to Seattle Center for lunch, a visit to the Gold Rush National Park and more, all while collecting photos and facts about Seattle, the sites of the city and Great Lent. After the race, we returned to Church of the Assumption for discussions with our clergy. Fr. Michael Johnson showed us the importance of confession and Fr. Daniel Triant shared and expounded on our theme for the retreat taken from 1 Corinthians 9:24-25 *Do you not know that those who run in a race all run, but one receives the prize? Run in such a way that you may obtain it. And everyone who competes for the prize is temperate in all things. Now they do it to obtain a perishable crown, but we for an imperishable crown.* Teens enjoyed down time after the race and a chance for confession on Saturday night. Sunday morning we celebrated Liturgy at Assumption and enjoyed a wonderful meal by their Philoptochos as we awarded our top place finishers of the race.

Thank you so very much to everyone who helped make this retreat possible.

Our Team Leaders: Jimmy Avgerakis, Beth Carper, Chris Dudler-Christie, Athan Dumont, Baidar Oweis, Sotiri Panagiatopoulos, Chris Perimutter, Eleni Psihogios, Niko Savranakis, Viktoria Taroudaki, Thanassi Teodosiadis, Stavroula Tsantilas and Christine Whitton.

Our Amazing Race Guides: Angelo Bekris, Nina Botsis, John Calash, Tasha Economou, George John, George Goltso, Steve Miller, Stelios Panos, Alexi Pedersen, John Prekeges and Yianna Savranakis.

Our cooks and kitchen volunteers: Diamanda Bekris, Corinda LeClaire, Basil Papahronis, Christine Siaterlis and Katherine Watson.

Our host families: the Bayouk family, the Bekris family, the Biro family, the Dumont family, the Katinas family, the Koceski family, the Kouldukis family, the Lazarou family, the Teodosiadis family, the Tramountanas family and the Tsantilas family.

Thank You to all of our teens that represented the following parishes: Washington Greek Orthodox parishes of Church of the Assumption, St. Demetrios and Holy Apostles; Oregon Greek Orthodox parishes of Holy Trinity and St. John the Baptist and Holy Apostles Orthodox Church of America

located in Vancouver, Washington.



*1st Place Winners -  
Team SOS (Special Operations Squad)*



*2nd Place Winners -  
Team AAACNEE*

## A SPECIAL 'THANK YOU' TO ALL OUR PARISHIONERS FOR THEIR EASTER DONATIONS

We wish to thank our Parishioners and Friends for their participation and contributions during Holy Week and Easter: the Choir, the Chanters, the Readers, the Myrrhbearers, the Altar Servers, the decorators of the Epitaphios, the Prepares of the Luminaries, the Philoptochos, the Parish Council and all the people who helped with the Services. We also wish to thank the following Parishioners for their special donations during this season:

John and Margaret Ales  
Anonymous  
Serafim and Eva Apostolou  
William and Dina Bakamus  
Loula Barker  
George and Frances Barnecut  
George and Alice Bayouk  
Bassam and Duaa Bayouk  
Andrew and Rosalie Boulrieris  
Maria Bollman  
Joshua and Ashley Brockmeyer  
Mary A. Buckingham  
Chris and Effie Christri  
Eleni N. Christo  
Anastasios and Voula Christophilis  
Dino and Nikki Christophilis  
Ted and Barbara Christou  
Marie C. Collins  
Maria Cooper  
Mary T. Cotton  
Eleftheria Dara  
George and Alexandra Delegates  
Panagiotis and Voula Dikeakos  
Thelma Doces  
Mary Economou  
Litsa Edwards  
Helen Exarhos  
Georgios and Maria Flemetakis  
Efy Grivas  
George Hatziantoniou and Liz Economou

John and Maria Hillman  
Angie Karalis  
Francine Karavias  
Terry and Ann Karis  
Georgia Karvountzi  
Alexander and Leta Kolios  
George and Maria Kost  
Charles and Nicolette Krekas  
Gary Kuhar  
Dena Kusulos  
Vasilios and Morfo Lazarou  
Bill and Florence Lolos  
George and Giannoula Lymberis  
Eugenia Macris  
Chris and Paula Macris  
Wendell and Demitrula Madison  
Louis and Mary Malesis  
Helen Malevitsis  
Effe Manolakos  
Georgia Manolakos  
James and Mary Lou Manus  
James Markezinis  
Niki Mastoropoulos  
David and Georgia McFarlan  
Christina Meletis  
Katherine Mitalas  
Dorothea Mootafes  
Alex and Maria Moroseos  
Sandy Neckas  
Elli Pallis

Margie Pallis  
Alice Panagakis  
Sam and Colleen Panagiotou  
John and Lisa Panagiotou  
Evgenia Pangopoulos  
Diane Panteleakos  
Helen Petratos  
Theologia Polizos  
Andonios and Evangelia Polychronopoulos  
Eleftheria Proios  
Bob and Des Read  
Chris Roumeliotis  
George and Haroula Rozis  
John and Penelope Sakellaris  
William and Georgia Sandeman  
Simoni Shirland  
Sofia Smetheram  
Irene Sotirhos  
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Peter A. and Maria Stavros  
Elizabeth and Oranea Takis  
Spiro and Niki Todoulos  
Evangelia Tountas  
Emmanuel and Peggy Tramountanas  
Sam and Elly Treperinas  
Vasilios and Dionisia Tsafos  
Joann West  
Demetra Xenos  
John and Andreanna Zafiroopoulos  
Anthony and Kira Zardis

We also wish to thank the following Parishioners for their various Easter donations: **Demitrula and Wendell Madison** for donating the Easter Eggs in memory of their parents, Demetrios (James) and Gertrude Roppas and Alex and Ercia Madison; **Costas Antonopoulos** for donating the Avgolemono soup, **Maria Stavros, George Tsantilas, Tom Contoraydis and George Lebesis and their Team** for cooking the Fish on Palm Sunday, **the Philoptochos Ladies** for coordinating the coloring of Easter Eggs, **the Parish Council** for providing the Easter Brunch; **Litsa Edwards** for decorating the icon of Panagia for the Salutations services; **Vicki Stamolis and Elizabeth Economou** for planting the beautiful flowers in the courtyard, **Helen Nicoloudakis** of 'Hansen's Florist' for donating the Easter Lilies, (in memory of her father, Nick Nicoloudakis), and **Ted and Kiki Dimitriou and Thalia Denos** for donating the Resurrection Candles. Thank you all for your generosity!!







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12<sup>TH</sup> ANNUAL  
**TWILIGHT  
AUCTION**  
Presented by St. Demetrios Greek Orthodox Church  
SATURDAY, JUNE 4<sup>TH</sup> 2016  
5:30 PM

**FOR RESERVATIONS PLEASE GO TO:**  
***AUCTION.SAINTDEMETRIOS.COM***

*Philoptochos Festival of Tables  
Holy Apostles*

*You are invited to attend the Holy Apostles Philoptochos*  
**Festival of Tables**  
Luncheon and Style Show  
Holy Apostles Greek Orthodox Church 19421 Ashworth Ave N Shoreline WA 98133  
Saturday, May 14th 11:30am to 1:30pm

Reservations \$20 per person:  
Antigoni Tsircou: [antigonitsircou@yahoo.com](mailto:antigonitsircou@yahoo.com)

Information about Hosting a Table:  
Martha Andro: [martha.andro@gmail.com](mailto:martha.andro@gmail.com)

Basket/Item donations for Silent Auction:  
Diana Plumis: [dianaplumis@comcast.net](mailto:dianaplumis@comcast.net)