



August, 2015
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The Orthodox Way

The Monthly Newsletter of St. Demetrios Greek Orthodox Church

Mission Statement: "To proclaim the Gospel of Christ in the Orthodox Tradition while creating a vibrant, loving, compassionate and supportive community."

St. Demetrios

Office Hours:

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Monday - Friday

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www.saintdemetrios.com

Parish Directory

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Assistant Priest

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Parish Council President

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Nina Varlamos,

Philoptochos President

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Tedros Habte-Mezengi,

Custodian

The Blessed Mother of God

At your right stood the queen, clothed in an embroidered mantle of gold. --

Psalms 44(45):9

This month we celebrate the Feast of the Dormition of the Theotokos (God-bearer). The feasts of the Virgin Mary are second in importance to the feasts of Our Lord. We see this in many ways, her prominence on the iconostasis and in the apse of the altar, her many commemorations within our liturgical services, and the many hymns we chant to and about her. The above verse is said by the priest during the Proskomethe (Preparation) service before Divine Liturgy. The priest says this as he places the triangular piece of bread representing her next to the one representing Christ, before commemorating any of the other saints of the Church.

She is present everywhere within our church and this is not by accident. Mary accepted the call of God by responding to the Archangel Gabriel, "Behold the maidservant of the Lord! Let it be to me according to your word" (Luke 1:38). In doing this, she accepted to be the "Bride of God, bringing forth Christ, the Prince of Peace." This is a miracle that she was able to contain the uncontainable in her womb. Because of this she has a closeness to our God, which allows her to intercede on our behalf. This is why she is so important in the life of the Church.

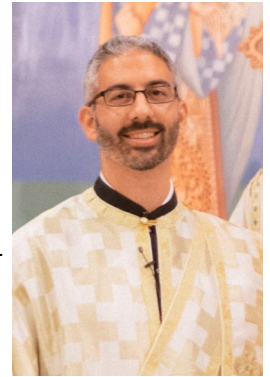
The Protopresbyter Dr. George Dragas notes "If the Lord's greatest Feast is that of Pascha, the Feast of His redemptive Death and Resurrection, then His Mother's greatest feast is also associated with her death and metastasis (i.e., translation or transposition) to Heaven." And so we are called to prepare ourselves in a similar fashion of her Dormition. The Church prescribes a strict fasting period like that of Great Lent to allow us to focus more intently on her life and what it means to us. This is accompanied by Paraklisis services to her every evening, which are special prayers asking her to intercede for us with Christ for many things; help, protection, health, comfort, mercy, peace, chastity, purity, and love, to name just a few.

In these tumultuous times we see, more and more, increased violence, suffering, moral decay, hunger and pain within the world that we seem unable to do anything about. However, one of our greatest weapons is the power of prayer. There have been many times in history when the Theotokos has come to the rescue of those who prayed fervently to her in a time of need. From the seemingly small requests such as helping to have patience with one's child, to something outwardly bold, like saving the monks on Mount Athos from foreign invaders, the Theotokos is our compassionate Mother ready to protect her children at a moment's notice. There is no reason that she would not do the same thing for us in our times of trouble. It is never more effective than when we pray together as a community. So let us come together, lift up our voices and pray to her with peace and love in our hearts "Most Holy Theotokos, save us."

I urge you to take time out of your summer schedules, join us each evening at 6:30 pm and pray the Paraklisis service with the Saint Demetrios community. It is a beautiful way to, not only honor the Mother of God, but also to develop in ourselves those virtues that make her so esteemed by the Church.

To those who celebrate their Feast Day in this period, whether on August 6th, the Feast of the Transfiguration, or on August 15th, the Dormition of the Theotokos, may you be blessed with many years!

In Christ, +Fr. Daniel Triant



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CHURCH SERVICES, EPISTLE AND GOSPEL READINGS

Date	Church Service	
August 2nd	9th Sunday of Matthew	9η Κυριακή Ματθαίου
August 3rd	Paraklisis Service, 6:30 pm	Παράκλησις, 6:30 μ.μ.
August 4th	Paraklisis Service, 6:30 pm	Παράκλησις, 6:30 μ.μ.
August 5th	Great Vespers, 6:30 pm	Μέγας Εσπερινός, 6:30 μ.μ.
August 6th	Holy Transfiguration; Paraklisis Service, 6:30 pm	Της Μεταμορφώσεως. Παράκλησις, 6:30 μ.μ.
August 7th	Paraklisis Service, 6:30 pm	Παράκλησις, 6:30 μ.μ.
August 9th	10th Sunday of Matthew	10η Κυριακή Ματθαίου
August 10th	St. Lavrentios; Paraklisis Service, 6:30 pm	Αγίου Λαυρεντίου. Παράκλησις, 6:30 μ.μ.
August 11th	Paraklisis Service, 6:30 pm	Παράκλησις, 6:30 μ.μ.
August 12th	Paraklisis Service, 6:30 pm	Παράκλησις, 6:30 μ.μ.
August 13th	St. Maximos the Confessor. Paraklisis Service, 6:30 pm	Αγίου Μαξίμου. Παράκλησις, 6:30 μ.μ.
August 14th	Great Vespers at Assumption, 7 pm	Μέγας Εσπερινός στην Παναγία, 7 μ.μ.
August 15th	Dormition of the Theotokos (services at Assumption)	Κοίμησις της Θεοτόκου, (Θ. Λειτουργία στην Παναγία)
August 16th	11th Sunday of Matthew	11η Κυριακή Ματθαίου
August 24th	St. Kosmas Aitolos	Αγίου Κοσμά
August 23rd	12th Sunday of Matthew	12 Κυριακή Ματθαίου
August 29th	Beheading of St. John the Baptist	Αποκεφάλισις Αγίου Ιωάννου Βαπτιστού
August 30th	13th Sunday of Matthew	13η Κυριακή Ματθαίου

ALTAR SERVERS

August 2nd, 16th & 30th	Jack Hillman, Paul Dudunakis, Peter Dudunakis, Nicholas Biros, Stassi Tsantilas, Yiannis Tsantilas, Nasi Contoravdis, Niko Contoravdis, Phillip Stamolis, James Konugres, Omar Mallouk, Stavros Panos, and Nichilas Marcu-Visan.
August 9th & 23rd	Joseph Dumont, Nicholas Christianson, Theodore Looney, Demetre Teodosiadis, Alex Rotar, Manoli P. Tramountanas, Manoli A. Tramountanas, Johnny Tramountanas, Peter Ales, Jonathan Poiana, Ethan Weigle, Steven Stanos, John Christofilis, and Peter Economou Grunder.

PARISH COUNCIL SERVERS

August 2nd, 16th & 30th	John Ales, Stephanos Margaritis, Jim Kost, John Kapelouzios, George Tramountanas, Dale Hazapis, Christos Psychos
August 9th & 23rd	Georgine Looney, George Papanastasiou, George Constantine, Thomas Dudler, Vicky Christianson, Bob Read, Louis Kotsakis

EPISTLE READERS—ARTHUR SARIDAKIS—INSTRUCTOR; CHRIS MACRIS— ASSISTANT

NO Student Epistle Readers during the Summer.

Fasting Type	August
Fish Allowed	6
Wine & Oil Allowed	1, 2, 8, 9
Strict Fast	3-5, 7, 10-14, 19, 21, 26, 28, 29
Fast Free	15-18, 20, 22-25, 30, 31

Sunday Offerings for July, 2015	
July 5	\$ 3,688.30
July 12	\$ 3,265.00
July 19	\$ 2,228.06
July 26	\$ 3,874.51
Total	\$ 13,055.87

Stewardship—An Opportunity to Do Your Best

Thank you to everyone who has become a Steward of St. Demetrios Church for 2015. Your names are listed elsewhere in this newsletter. We continue to welcome additional Stewards, so if you have not signed your card yet please do so soon.

Meanwhile, your Stewardship Committee has begun planning for 2016 adopting the theme set forth by the Archdiocese “Those that seek the Lord shall never be in want of any good thing.” (Psalms 34-10). The focus comes from the well-known miracle of Christ feeding the 5000 men plus women and children with only five loaves and two fish which is reported in the Gospel writings of all four Evangelists.

Just as Jesus took the offering of loaves and fishes from the young boy and fed the multitudes with twelve baskets left over, God likewise multiplies our Stewardship gifts of time, talent, and treasure.

We each need to do the best we can. As the well-known author Fr. Anthony Coniaris points out:

“Jesus said, ‘Well done good and faithful servant.’

He did not say ‘Well *said*.’

He did not say ‘Well *planned*.’

He did not say ‘Well *thought*.’

And He did not say ‘Well *intended*.’

But He said ‘Well *DONE*, good and faithful servant.’

The emphasis for us as Christians is in *doing*.

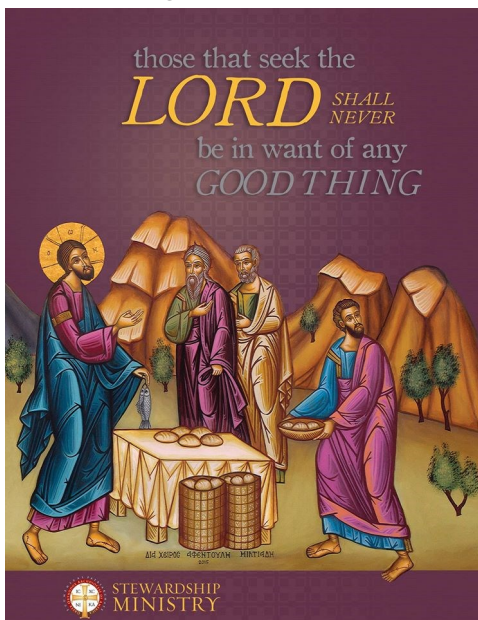
We are called to give the best we have and to do the best we can to promote God’s Kingdom on Earth.”

Let’s all do our best for our beloved St. Demetrios Church.

Thank you.

Clifford Argue, Stewardship Committee Member

206-232-6092, migreek@aol.com



Mongolia! Kenya! Guatemala! Alaska!

These are just some of the places around the world that missionaries from the Orthodox Christian Mission Center (OCMC) are working to spread of the Gospel of Christ and follow His Great Commission to “...make disciples of all nations.” (Matthew 28:19-20)

You can be involved in this exciting ministry. While the short-term summer Mission teams are complete for this year, please begin thinking about taking one or two weeks next summer to serve. The 2016 list will be published this Fall.

Further, by going to www.ocmc.org, you can read more about the work in the locations noted above and how you can provide support for the missionaries there and elsewhere.

If you have a place of business open to the public, please consider placing an OCMC Agape Canister at your cash register/check out area to collect spare change from your customers. You can also keep a canister or coin box in your home. To obtain a canister, contact our parish OCMC Ambassador Eugenia Macris at 425-888-1327 or jeanm@enerdynesolutions.com or stop by the Bookstore.

Finally, please keep our Missionaries in your prayers as they work in areas not always friendly to the spread of Christianity.

FEAST DAY OF THE DORMITION OF THE THEOTOKOS

The Assumption Greek Orthodox Church would like to invite you to join them in celebrating their 2015 Patronal Feast Day—Dormition of the Theotokos; on Friday, August 14th, 7:00 pm Vespers (followed by a Reception) and Saturday, August 15th, 8:45 am Matins, 10:00 am Divine Liturgy (followed by a Luncheon).

Philoptochos News August 2015

A Message From Philoptochos President Nina Varlamos

I would like to thank the ladies of Saint Demetrios Philoptochos for the honor of being elected as your president. I look forward to continuing the vision of Susan Reichmann who was an amazing president - thank you Susan for six years of hard work on behalf of Philoptochos! I would like to extend an invitation to every woman in the parish to join us in our mission to help the less fortunate. The future of Philoptochos nationwide depends on the participation of women of all ages and I look forward to working with women who have not previously been involved in our chapter. I welcome suggestions and new ideas for our future. I can be reached at home [206.784.4922](tel:206.784.4922) or my cell is [206.499.0369](tel:206.499.0369) (call or text). My e-mail is ninavarlamos@msn.com. I look forward to hearing fresh ideas from you.

Camp Agape Northwest 2015

Sunday, July 19th was Reunion Day at Camp Agape. The bus left St. Demetrios at noon with a group of Philoptochos ladies, many of whom have been active members of camp in the past. President Nina Varlamos joined the group and enjoyed the wonderful opportunity to meet past campers and their families, the staff and volunteers who make camp such a success each year. Georgia Steenis will give a full report of this year's camp in the September issue of The Orthodox Way.

Save the Date ~ Sinatra Chocolate Wine Ball

The Chocolate Ball which is a Philoptochos fundraiser to benefit Camp Agape Northwest will be held on **Sunday, November 15th** this year. This elegant evening of wine, chocolate and the music of Frank Sinatra will again be held at Herban Feast. If you would like to volunteer, contact Chocolate Ball chairperson Susan Reichmann at [425.772.1605](tel:425.772.1605) or susanreichmann@yahoo.com. Mark your calendar and plan to attend to help support our camp.

Philoptochos Visitation of Parishioners

If you know of a parishioner who would enjoy a visit from Philoptochos, please contact our Visitation Chairperson Kathy Mitalas at [206.824.8511](tel:206.824.8511) or kathym2002@q.com. Kathy and her committee members look forward to hearing from you and to bring news of our parish to those who are not able to come to church.

Jubilee Womens Center

Thank you to Georgene Karambelas who volunteers at Jubilee and brought this wonderful opportunity to our chapter. The monthly dinners have been a huge success, enjoyed by the ladies at Jubilee and our families who have provided the dinners. Clothing donations are welcome ~ extra large clothing is especially needed but all sizes are welcome. If you would like to sponsor a monthly meal for the ladies at Jubilee or for more information, contact Georgene at [206.829.9337](tel:206.829.9337) or karambelas@comcast.net.

Dress for Success

Georgene Karambelas will continue the clothing collection over the summer. Donations can be dropped off in the church office. If you need a receipt, please leave your contact information attached to your donation. Questions? Call Georgene at [206.829.9337](tel:206.829.9337) or karambelas@comcast.net.

Upcoming Meeting Schedule:

All are welcome to attend our meetings and events:

No regular August meeting, we resume in September

August 20th—Cook for St. Martin de Porrest Mens Shelter

August 26th—Cook for Jubilee Womens Center

September 13th regular September meeting at church after Divine Liturgy

**Your Sister in Christ,
Susan Reichmann, Philoptochos Advisor**
[425.772.1605](tel:425.772.1605)
susanreichmann@yahoo.com

FESTIVAL BAKING DATES

The Festival Baking dates for August and September are as follows:

August 4th:	Make Baklava
August 18th:	Make Moussaka
August 19th:	Make Pastichio
September 8th & 9th:	Make Koulourakia
September 15th & 16th:	Make Kourambietes
September 21st:	Make Strifta
September 22nd:	Make Melomacarona
September 29th:	Make Tsourekia

YOUTH MINISTRY NEWS

ALL SAINTS CAMP 2015

"Be Holy, for I am Holy."
1 Peter 1:16

This summer our youth and teens were challenged to "Be Holy". How do we do this? We must strive to be saints for no other reason than we love God because He first loved us. If we want to be holy as God is holy we must be poor in spirit, mournful and repentant, meek and gentle, hungry and thirsting for righteousness, merciful and forgiving, pure in heart, full of peace, endure unjust persecution and slander. These lessons from the Beatitudes of Jesus is our guide on living the saintly life. We can look up to the Saints as our Holy Heroes of the Faith and strive to follow their example... Are you up to the challenge?



Elementary
Camp

We sincerely thank everyone who made the summer so meaningful...

High School Camp



Our Clergy:

Fr. Seraphim Majmudar, Fr. Daniel Triant and Fr. Michael Tervo.

Our Counselors:

Samira & Soumaya Bitar, Mike Casey, Matthew Macris, Baidar Oweis, Elliana Palermo, Emile Sarkis, Vivika Stamolis, Anna Teodosiadis & Stavroula Tsantilas.

Our Kitchen Staff, Nurses & Volunteers:

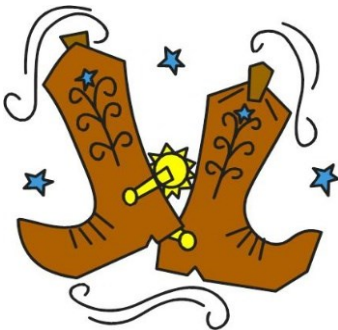
Athena Apostle, Diana Argeres, Clara Ballasiotes, Georgiana Bitzes, Nikki Christophilis, Anthony John, Emilie John, Lea John, Christina Meletis, Kathy Mitalas, Athena Modonas-Diafos, George Plumis, John Rost, Stacy Taylor, Sue Themelis, Gabriella Tirko, Dana Tramountanas and Carmen Visan.

Thanks also to our camp board, our caretakers, our bus drivers and our campers.

With Love in Christ,
Lefteris Sitaras, Camp Director

SAVE THE DATE

Saturday, September 19th
2nd Annual Daddy/Daughter Dance



RSVP @ www.saintdemetrios.com!



Advanced Camp

STEWARDSHIP UPDATE

For our 2015 Stewardship Campaign, we currently have 440 stewards who have returned their signed pledge cards and have pledged \$427,906. Our goal for 2015 is \$535,000. Remember that you can arrange for automatic payments through your bank or paypal. (go to www.saintdemetrios.com/Stewardship/egiving)

We thank the below stewards for their contributions!

The Stewardship Committee



2015 Stewards:

John and Margaret Ales
Andrew and Vicky Aliferakis
Dina Anast
Rothopi Andrews
Fr. John and Presv. Anna Angelis
Theodore and Kim Angelis
Den. Perry and Francesca Angelos
Evangelos and Magdaline Angelou
Basil Anton
Costas Antonopoulos
Nikolaos Antonopoulos
George and Dina Apostolou
K. G. and Kostoula Apostolou
Serafim and Eva Apostolou
Scott and Fotini Arehart
Clifford and Theodora Argue
Patricia Arvanitidis
Yeshareg Asfaha
Andrew and Carole Asimakopoulos
Anna Asimakopoulos
Brent and Rhea Aslin
John and Stella Athans
Niko and Kiriaky (Carrie) Avlonitis
Nancy Aziz
John and Zacharou Babarakos
Pat Bacolas
William (Corky) and Dina Bakamus
Josh and Eleni Banchero
Sara Baraki
Thomas and Maria Barbas
George and Eleni Athans Bariames
George and Frances Barnecut
Greg Bartell and Fotini Georgiadou
Michael and Nisa Basilicato
Bassam and Duaa Bayouk
Gabriel Bayouk
George and Alice Bayouk
Lena Bayouk
Anastasia Bekris
Hristos and Diamando Bekris
Helen Benis
Arvid Berg and Sophia Zervas Berg
Joel and Danielle Bergman
Kay Betts
Panagiotis and Demetra Biros
Neena Blackwell
Maria Bollman
Andrew and Rosalie Boulhieris
Gus Boutsinis
Josh and Ashley Brockmeyer
Jeffrey and Allison Brooks

Theodora Broutzakis
Frank and Shelley Buhler
William and Cheryl Buursma
Steve and Chryssa Calandrillo
Constantine Carkonen
Nick and Vanessa Carkonen
Paul and Paulette Carkonen
Nick Castas
Susanna Cerasuolo
Douglas and Jillian Chandler
John and Patricia Chigaras
Chris and Effie Chriest
Ron and Vicky Christianson
Eleni Christo
James Christo
Demetre and Katherine Christofilis
John and Helen Christofilis
Anastasios and Voula Christophilis
Dino and Nikki Christophilis
Margo Christophilis
Dino and Heather Christothoulou
Edward and Anastasia Clarke
Cathleen Clinger
Jeffrey and Katie Comstock
Madeline Conom
Alexis Constantine
O. George and Kay Constantine
G. Paul Constantine
Tom and Evelyn Contoravdis
Olivia Contos
Gus and Margaret Cooper
Maria Cooper
Jerry and Eva Costacos
Barbara Cotton
Maria Cotton
Gus Courounes
Nicoleta Courounes
Renee Courounes
Dale and Marianna Crane
Donald and Laura Crews
Tyler Crews Michael and Wanda Gikas
Elaine and Lars Giusti
Monika Gjoka
Gary and Kathy Gookstetter
Katina Gotsis
Basil Gregores
Robert and Danielle Griffith
Efy Grivas
Anthea Grivas and Marty McLean
Richard and Christina Economou
Grunder

Vassos and Caroline Demetriou
George Demonakos
Gregory and Kate Demopoulos
Peter and Diane Demopoulos
Ryan and Demetra Dennis
Dimitrios and Maria Devekos
Nick and Athena Diafos
Darden Dickson
Panagiotis and Voula Dikeakos
Stephanie Dikeakos
Vasili and Katherine Dikeakos
John and Aksenia Dikun
John and Julie Doces
Thelma Doces
Christopher and Maria Christofilis Dodd
Voula Dodd
Athena Doolittle
Gus and Gregoria Dounis
Robert and Janie Drumhiller
Thomas and Pandora Christie Dudler
Kenneth and Kristina Dudunakis
Fr. Photios and Presv. Katherine Dumont
Robert and Andrea Dunbar
James and Janis Dymant
Sophia Dymant
Chris and Marla Economou
Mary P. Economou
Sophia and David Eitel-McShea
Andrew and Michelle Escobar
Ed and Katherine Fancher
Nicolette Farmasonis
Petros and Colleen Farmasonis
Yemane and Sharon Glein Fecadu
Daniel and Helen Ferrelli
Alex and Anna Fleet
Georgios and Maria Fletmetakis
Matthew and Alexandra Flugstad
Bill Fournarakis
John and Athanasia Franks
Loukas and Zoe Ganoulis
Nick Ganoulis
James and Romana Garner
Demos Gennaiois
Panagiotis and Nicoletta Gennaiois
Meletios and Theodora Goekezas
Panayiota and Perry Skountrianos Georgas
Evan George
Harry and Mary George
Tyler and Anastasia Geving
Kyriakos and Sandi Gianotas

OUR STEWARDS...

Michael and Wanda Gikas
 Elaine and Lars Giusti
 Monika Gjoka
 Gary and Kathy Gookstetter
 Katina Gotsis
 Basil Gregores
 Robert and Danielle Griffith
 Efy Grivas
 Anthea Grivas and Marty McLean
 Richard and Christina Economou Grunder
 Joan Hanna
 Dorothy Haskell
 George Hatziantoniou and Elizabeth Economou
 Neil and Terri (Karis) Hawdon
 Dale Hazapis
 Andrew and Pamela Heidt
 Helen Heuer
 John and Maria Hillman
 David and Margaret Shnorhavorian Horne
 Patrick and Vickie Howard
 Vickie Huff
 Mary Hulbush
Carlos and Eleni Jimenez
 Angelea John
 George John
 John and Emilie John
 James and Pota Johnson
 Jeff and Angela Jones
 John Jury and Natalie Kusulos
 Jim Kaloris
 George and Christina Kaltsounis
 Theodore and Maria Kaltsounis
 Vicky Carras-Kangles
 John and Virginia Kapelouzios
 Elia Karagiannis
 Jim and Georgene Karambelas
Joanna and Thomas Pallua Karas
 Francine Karavias
 Anthony and Sarah Karis
 Nick and Nancy Karis
 Terry and Hannah Karis
 Christine Karzmar
 Nicholas and Kalliopi Katholos
Jean Katsandres
 Gregory and Angela Kavounas
 Stephen and Ann-Marie Keeney
Constantine and Helen Kefalas
 Peter and Hanna Kenny
Timothy and Sofia Kenny
 Bishara and Diane Kharoufeh
 Don and Kathy Klausing
 Brian and Jiovanna Koceski
 Alexander and Leta Kolios
 Vivie Kollias
 George and Maria Kost
 James and Patti Kost
 Louie and Vicky Kotsakis
 Petros Koumantaros
 Yannis Koumantaros
 Panos and Toulas Koutlas

Charles and Nicolette Krekas
 Helene Krikris
 Gary Kuhar
 Alex and Dena Kusulos
 Harold Kusulos
Peter and Rachele Kyriacou
 Steven and Annie Kyriakides
 Kostas and Linda Kyrimis
 Demetrios and Evangelia Lagos
 George and Eleni Lagos
 John and Margaux Lallas
 Michael and Lena LaMarche
 James and Sharon Langus
 Pete and Blue Lazarou
 Jeff and Cherie LeCates
 Christopher and Julie Legeros
 Christopher Lekas
 Jason and Sanaz Lemelson
 Dean and Kathleen Lentgis
 Thomas Leonidas
 John and Polette Limantzakis
 Johnny and Lucy Limantzakis
 Glen and Georgine Looney
 George and Giannoula Lymberis
Pete and Olga Lymberis
 Chris and Paula Macris
 Eugenia Macris
 Greg and Mia Macris
 Wendell and Demitrula Madison
 Emanuel and Dina Magoulas
 Louis and Mary Malesis
 Helen Malevitsis
 I. Nina Malevitsis
 James Malevitsis
 Perry and Eleni Malevitsis
 Samuel and Sarah Mallos
 Bechara and Xiomara Mallouk
 Georgia Manolakos
 Demetris and Emily Manolopoulos
 Stilianos and Kari Manos
Tasos and Kiki Manouras
 James and Mary Lou Manus
 Stephanos and Paula Margaritis
 James Markezinis
 John and Kelly Markezinis
 Anthony and Alexandra Maroussis
 George and Deena Maroutsos
 Jean Mastor
 Constantine and Areti Mavromatis
 Dionysios and Jessica Mavromatis
 Lillian C. McDermott
 David and Georgia McFarlan
 Sam and Tania McIntosh
 Pipena Mercouriadis
 Michael and Kelly Meyers
 Michael and Elaine Michaelidis
 Dimitri and Lisa Minakakis
 Andreas and Irene Mitalas
 Katherine Mitalas
 Chuck and Anne Mitsakos
 Walter and Frances Moldskred

Alexandros and Maria Moroseos
 James and Vickie Kolios Morris
 Andrew and Diana Moser
 Pete and Carol Mykris
 Sandra Mykris
 Bettyann Nassar
 Peter Neckas
 Sandy Neckas
 James and Stella Nelson
 Maria Nikolidakis
 James and Carolyn O'Donnell
 Shirley Olsen
 Insaf and Madison Oraivej
 Yacoub and Ruba Oweis
Anthony and Elaine Pagones
 Stella Palios
 Bill Pallis
 Chris and Rebecca Pallis
 Chris and Vasiliki Pallis
 Elli Pallis
 Margie Pallis
 Thomas and Lisa Pallis
 Evangelos and Anastasia Pampoukas
 Alice Panagakis
 John and Lisa Panagiotou
 Sam and Colleen Panagiotou
 Yiannis and Johnette Panopoulos
 Artemios and Rebecca Panos
 Steve Panos
 Diane Panteleakos
 Gregory and Stelée Papadeas
 George Papanastasiou
George and Lora Pappas
 Norman and Frances Parr
 Jason and Angela Patrao
 Christopher and A. Ellie Pedersen
 Robert and Penelopy Perkins
 Irene Peterson
 Kristopher and Clara Peterson
 Helen Petratos
 William Phillips
George and Diana Plumis
George P. Plumis
 Kristina Plumis
 Paul and Pamela Plumis
 Theologia Polizos
 Andonios and Evangelia Polychronopoulos
 Nikolaos and Charikleia Poulias
Anna Prineas
 Eleftheria Proios
 Christos and Tammy Psychos
 Nicholas and Anastasia Raissis
 Robert and Despina Read
 Susan Reichmann
 Evie Rigas
 Todd and Feletsa Robinson
 Erik and Nicole Rolfness
 Sorin and Maria Rotar
 Cathy Rottle
 Adele Rottle-Williams

August 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26 8th Sunday of Matthew Epistle: Galatians 3:23-4:5 Gospel: Matthew 14:14-22 8:15a Orthros 9:30a Divine Liturgy	27 St. Panteleimon the Great	28 11a Funeral St. Irene Chrysovalantou	29 Make Baklava Kallinikos & Theodoros, Martyrs St. Kassiane the Righteous	30 Cook for St. Martin de Porr... Apostles Silas, Sylvanus & Creskes	31 Joseph of Arimathea	1 Procession of the Cross
2 St. Paraskevi 9th Sunday of Matthew Epistle: 1Corinthians 3:9-17 Gospel: Matthew 14:22-34 8:15a Orthros 9:30a Divine Liturgy 1p Volleyball Practice	3 St. Panteleimon the Great	4 Make Baklava 6:30p Paraklisis	5 Make Baklava St. Philaret Cook for the Ho... 6:30p Great Vespers	6 Yiayia & Friends Luncheon... 8:30a Orthros 9:30a Divine Liturgy 6:30p Paraklisis	7 Parish Camping Trip 6:30p Paraklisis	8 5:30p Large Hall Wedding Reception
Translation of Relics of St. Stephen	10 Dalmais, Isaakios & Faustus,... 9 Parish Camping Trip 10th Sunday of Matthew Epistle: 1Corinthians 4:9-16 Gospel: Matthew 17:14-23 8:15a Orthros 9:30a Divine Liturgy 1p Volleyball Practice	11 6:30p Paraklisis 6:30p Stewardship Meeting	12 8:30a Open Confession 6:30p Paraklisis Eusignius, Martyr St. Kassiane the Righteous	Transfiguration of the Lord	Domestios, Nikanor, Theodosios L...	Myron, Bishop of Crete
Glorification of St. Herman	17 St. Lavrentios the Deacon	18 Make Mousaka 6:30p Parish Council Meeting Euplus the Deacon St. Georgia, Great Martyr	19 Make Pastichio 8:30a Open Confession Photos & Aniketos, Martyrs	20 Cook for St. Martin de Porr... St. Maximos the Confessor	21 Micah the Prophet St. Markellos, Bishop	22 5p Great Vespers Falling Asleep of the Holy Theot...
Diomides, Aklviades, Stamatios...	24 Myron, Paul & Juliane, Martyrs	25 Floros, Lavros, Leon & Hermos,...	26 Cook for Jubilee Women's... 8:30a Open Confession St. Andrew the Commander	27 Samuel the Prophet	Thaddaios, Apostle	Charisimos, Martyr
23 12th Sunday of Matthew Epistle: 1Corinthians 15:1-11 Gospel: Matthew 19:16-26 8:15a Orthros 9:30a Divine Liturgy 1p Volleyball Practice	31 St. Eutichos, Martyr St. Kosmas Aitolos	1 8:30a Orthros 9:30a Divine Liturgy Titos & Bartholomew, Apostles	2 St. Philaret Cook for the Ho... 8:30a Open Confession Adrianos & Natalia, Martyrs	3 St. Poemen the Righteous	4 St. Anna the Prophet St. Moses the Ethiopian	29 8a Childrens Hospital Zullily Sale 8:30a Orthros 9:30a Divine Liturgy 5p Great Vespers
30 13th Sunday of Matthew Epistle: 1Corinthians 16:13-24 Gospel: Matthew 21:33-42 8:15a Orthros 9:30a Divine Liturgy 1p Volleyball Practice	6p Dance Group Ice Cream Social & Registration	8:30a Orthros 9:30a Divine Liturgy	8:30a Open Confession	3 Anthimos & Theoktistos the Flg...	4 4p Wedding Rehearsal	5 Beheading of St. John the Baptist
Alexandros, Paul & John, Patria...	Placing of the Holy Cincture of t...	Sts. Simeon & Meletios the Flg...	John, Patriarch of Cnple	Anthimos & Theoktistos the Flg...	Babylas, Bishop of Antioch	Zacharias & Elizabeth

ANNOUNCEMENTS

Weddings

Congratulations to John and Arianna (Aram) Dumont who were married on July 5th, 2015 at Sts., Constantine and Helen Church, at Cardiff –By –The-Sea, CA. Their Koumbaroi are Anyisia and Nick Metrakos. “Na zesoun!”

Congratulations to David and Alexis (Constantine) Solis who were married on July 11th, 2015. Their Koumbaro is Paul Constantine. “Na zesoun!”

Yiayia & Friends Luncheon

The August Yiayias & Friends luncheon will be held on Thursday, **August 6** at **Sunfish** on Alki. Sunfish is located at **2800 Alki Avenue SW**. Sunfish specializes in seafood (fish and chips, prawns, etc.). Since August 6 is a feast day, lunch will be at **12:00 noon**. This should give those who want to attend liturgy time to also attend the luncheon. For more information, please contact Mary Damascus (509) 951-2975 or mndamascus@comcast.net. Everyone is welcome!

This & That Shop News—Time to Donate...

This & That Shop Chairperson, Mary Xenos Maciejewski, would like to thank all our Parishioners and Friends who donated items for the This & That Shop. We gladly accept dishes, flatware, glassware, pots and pans, paperbacks, stationery supplies, adult and children’s jewelry, Christmas decorations, toys, knickknacks, purses, small appliances only (and if they work). If you would like to volunteer at the This ‘N’ That Shop, please call Mary at 206-783-5087.

Thank You for Tree Of Life Donations

We wish to thank William and Dina Bakamus for their donation to the Tree Of Life in memory of their parents, Athanasios and Aglaia Bakamus and Panagiotis and Sotiria Tourikis. Your generosity is truly appreciated!

In Appreciation

We would like to thank our loving Orthodox community for their words of sympathy, flowers and donations (in Jo’s name), and continuous support of our family as we grieve the loss of our daughter, Joanna Ueberuaga. Your love and spiritual support is so deeply appreciated. Taso and Voula Christophilis and Family.

Our Condolences



We express our Deep Condolences to Theodora Broutzakis and her family for the passing of her husband Ioannis ‘John’ Broutzakis. May his memory be eternal!
“Αιωνία αυτού η μνήμη!”

Bookstore Reflections

For the first two weeks of August, the Church has prescribed a Fast leading up to the Dormition (falling asleep) of the Most Holy Theotokos – honored above all Saints of the Church. She is the most blessed of women being the Mother of God. Did you know there are over 125 different Feast Days just for the various icons of the Theotokos? Of course, there are many Feast Days honoring special events throughout her life, including:

- Annunciation – March 25th
- Dormition – August 15th
- Nativity of the Theotokos – September 8th
- Entrance into the Temple – November 21st

However, the Dormition is the most solemn of her Feasts with her repose and bodily assumption (resurrection) on the third day, thus providing proof that we will all resurrect as our Lord has promised. Our bookstore has a large collection of books, pamphlets, and icons celebrating the Theotokos and her major Feast Days, such as the Annunciation and Dormition. At this time, let us honor and bless her by learning more about her, attending the Paraclesis (comfort or petitionary) services during the Fast, and asking for her intercessions. Most Holy Theotokos, save us.

2015-16 GREEK DANCE KICK OFF

Please join us in the large hall at 6pm on August 31st for an ice cream social to kick off the new year!

Register now by going online to www.saintdemetrios.com click on “community” and select “greek dance” from the drop down list. Registering now will let us know that your children are dancing this year. Payment can be made with a credit card online at the time of registration or on Mondays with a credit card or check made to St. Demetrios Dance Groups.

Calling All Crafters.....

Need any type of handmade item for the Boutique booth at our Festival---Oct 9, 10 and 11th. Any items knitted, crocheted, sewed, painted, or created with wood or paper. Seahawk items are much in demand.

So use your creative talents and make a donation to the Boutique booth this year.

If questions, please ask Pam Plumis or Rita Mavromatis.

Thank you!

The Boutique Committee

Thank you for Festival Donations

We wish to thank Eleftheria Proios of the “14 Carrot Café” for the donation of 500 Lbs. Sugar, Eugenia Macris for the donation of 12 Orthodox books for the Bookstore, and Pete and Marilyn Lymberopoulos of “Gyros Delight” and “Rusty Pelican” of Edmonds and Mill Creek for donating 30 cases Gyros. We also wish to thank Evergreen Washelli for their ‘Platinum level Sponsorship’, Tasos Manouras of “Ariadne Pure, Inc.” for his ‘Bronze level Sponsorship’ and Gary Kuhar, Mary T. Cotton and Greg and Vicky Stamolis for their monetary donation. Your generosity is truly appreciated!

2015-2016 St. Demetrios Greek Orthodox Church

Sunday School Enrollment Form—Classes begin on September 20, 2015

Thank you for enrolling your child in the St. Demetrios Sunday School Program. Each Sunday, your child will learn about their faith and Christ and participate in fun and educational activities surrounding the Church. Please complete this form to register your child for Sunday School and submit it to the Sunday School Director.

Child #1			
Child/Youth Full Name:	Last:	First:	
Current Academic School Grade:			
Birthdate (mm/dd/yyyy):	Age:	Gender (M/F):	
Patron Saint/Feast Day:			
Interest in joining:	Junior Choir <input type="checkbox"/>	Epistle Reader (Must be in 7 th grade) <input type="checkbox"/>	Altar Server (Must be in 3 rd grade) <input type="checkbox"/>
Child #2			
Child/Youth Full Name:	Last:	First:	
Current Academic School Grade:			
Birthdate (mm/dd/yyyy):	Age:	Gender (M/F):	
Patron Saint/Feast Day:			
Interest in joining:	Junior Choir <input type="checkbox"/>	Epistle Reader (Must be in 7 th grade) <input type="checkbox"/>	Altar Server (Must be in 3 rd grade) <input type="checkbox"/>
Child #3			
Child/Youth Full Name:	Last:	First:	
Current Academic School Grade:			
Birthdate (mm/dd/yyyy):	Age:	Gender (M/F):	
Patron Saint/Feast Day:			
Interest in joining:	Junior Choir <input type="checkbox"/>	Epistle Reader (Must be in 7 th grade) <input type="checkbox"/>	Altar Server (Must be in 3 rd grade) <input type="checkbox"/>
Parent Information			
Father:	Last:	First:	
Mother:	Last:	First:	
Home Address Information			
Street:			
City/State:		Zip Code:	
Email:			
Home Phone:			
Emergency Contact (other than parent)			
Name:		Phone:	
Medical Information			
Special Medical Condition or Allergies (including any foods or food ingredients):			
Please check the Youth Ministry your child will participate in.			
HOPE Grades K – 3 <input type="checkbox"/>	JOY Grades 4 – 6 <input type="checkbox"/>	Jr. GOYA Grades 7 – 9 <input type="checkbox"/>	Sr. GOYA Grades 10 – 12 <input type="checkbox"/>
<i>PARENTS: would you be interested in volunteering as:</i> Sunday School Teacher <input type="checkbox"/> Substitute Teacher <input type="checkbox"/> <i>Assist with Coffee Hour</i> <input type="checkbox"/> <i>Assist with Christmas Program</i> <input type="checkbox"/> <i>Assist with Service Projects</i> <input type="checkbox"/>			

We ask that you kindly consider including a voluntary monetary donation with your registration to help defray the cost of materials and purchase of books for the school year. Please note that a child must be 3 years old before Sept. 1st, 2015 to register this year. Please mail or email registration form to Paula Charuhas Macris, Sunday School Director, St. Demetrios Greek Orthodox Church, 2100 Boyer Ave. E. Seattle, WA 98112; email: pcharuhas@hotmail.com

MEMORIALS AND VIGIL LIGHTS

Memorials and Holy Altar Candles for August 2nd

A Memorial Service a Holy Altar Table Vigil Light and the Coffee Hour are offered in loving memory of **Evangelia Constantine** (two years since her passing), by her husband, Benny Constantine and her children, Jiovanna Koceski, Fay Sitaras and Bill Constantine; and in loving memory of **Anthony Sitaras** (one year since his passing), by his son and daughter-in-law, Lefteris and Fay Sitaras and Family.

A Three-Year Memorial Service and the Eight Holy Altar Table Vigil Lights are offered in loving memory of **Georgia Samolis**, by her children, Pantazis and Katina Samolis.

Two Holy Altar Table Vigil Lights are offered in loving memory of **Athanasios Koulouris** (sixty-nine years since his passing), by his daughter, Pota Johnson and Family.

Holy Altar Candles for August 9th

Two Holy Altar Table Vigil Lights and a donation to St. Demetrios are offered in loving memory of **Luka Dimou** (twenty-five years since his passing), by Sam and Elly Treperinas.

A Holy Altar Table Vigil Lights is offered in loving memory of **Gus Gumas** (thirty-six years since his passing), by his children, John and Polette Limantzakis and Family.

A Holy Altar Table Vigil Light is offered in loving memory of **Eleni Papanastasis** (one year since her passing), by her sympatheroi, John and Polette Limantzakis and Family.

A Holy Altar Table Vigil Light is offered in loving memory of **Cynthia Sakelaris** (one year since her passing), by Dena Sakelaris and Family.

Holy Altar Candles for August 15th

A Holy Altar Table Vigil Light is offered in loving memory of **Peter ‘Panagiotis’ Manolakos** and **Peter ‘Panagiotis’ Tsakonakos** (in honor of their nameday), by his wife, and by his sister, Georgia Manolakos and Family.

A Holy Altar Table Vigil Light is offered in loving memory of **Kosta Pangopoulos** (in honor of his Birthday), by his wife, Evgenia Pangopoulos and Family.

Holy Altar Candles for August 23rd

Two Holy Altar Table Vigil Lights are offered in loving memory of **Helen Baroumes Bussiere** and **Louis Bussiere** (fourteen years and two years since their passing), by their children, Mary Bussiere-Watts and Family.

Two Holy Altar Table Vigil Lights are offered in loving memory of our beloved mother and grandmother, **Erma Tsiakilos** (nine years since her passing), by her children and grandchildren.

Memorials and Holy Altar Candles for August 30th

A Forty-Day Memorial Service, a Holy Altar Table Vigil Light and the Coffee Hour are offered in loving memory of **John Broutzakis**, by his wife, Theodora Broutzakis and Family.





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(CONTINUED FROM PAGE 7)

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Kayla Roumeliotis
Christina Routs
Ted Routs
Emanuel and Marilyn Rouvelas
Gordon and Katina Ruh
Brad and Renee Russell
Mark and Angelique Saffle
Dena Sakelaris
John and Penelope Sakellaris
Pantazis and Katina Samolis
Phil and Barbara Sancken
Arthur Saridakis
Angelos and Penelopi Savranakis
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Iyad and Christina Shahwan
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Annette Shepherd
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