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The Orthodox Way

The Monthly Newsletter of St. Demetrios Greek Orthodox Church

Mission Statement: "To proclaim the Gospel of Christ in the Orthodox Tradition while creating a vibrant, loving, compassionate and supportive community."

St. Demetrios

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Monday - Friday

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Tedros Habte-Mezengi,

Custodian

Eternal Truth of God

In America today we hold freedom and independence as esteemed values. In a few days we will celebrate Independence Day. Our freedoms have given us great abundance and much choice. So much so, that we have no reason to really commit to anything. If we don't like something, we change it. This applies to our jobs, the food we eat, the clothes we wear, our looks, and the many products we consume each day. Freedom and progress are now equated with our personal choices and our ability to make them. Our lives are a never ending cycle of upgrades, a throwaway culture. We are so used to this cycle now, we've allowed it to bleed into our spiritual lives as well, but this mentality is not compatible with the teachings of the Church.

Having just celebrated the Feast of the twelve Holy Apostles, we see through their ministry how this works. Christ chose these twelve men to receive His Gospel in its entirety and begin the ministry of His Church after He ascended into heaven. "Now they have known that all things which You have given Me are from You. For I have given to them the words which You have given Me; and they have received them, and have known surely that I came forth from You; and they have believed that You sent Me." (John 17:8-9)

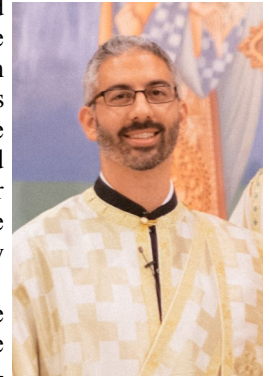
Armed with the Word of God, the Apostles set forth on their ministry to spread His Gospel to the people. And the original faithful in the Church "devoted themselves to the apostles' teaching." (Acts 2:42) The apostles teaching was the direct from Christ. The disciples did not teach their own interpretation of the faith. Tertullian wrote in 200 A.D., "We, however, are not permitted to cherish any object after our own will, nor yet to make choice of that which another has introduced of his private fancy. In the Lord's apostles we possess our authority; for even they did not of themselves choose to introduce anything, but faithfully delivered to the nations (of mankind) the doctrine which they had received from Christ." It was for this reason that when the New Testament was finally put together, the question was asked if a book had apostolic authority (written by an apostle) or if it came from a circle representing their teaching? If yes, only then was it included in the canon of scripture we have today.

The Word of God holds eternal truths about our salvation. It is in these we ground our faith and understand that path to salvation. Over the first ten centuries, when the Church was unified, theology was developed to help clarify these eternal truths. But these developments were not additions to Christ's Word. They were clarifications in the face of those who sought to impose their own false teachings on the faithful.

We say that we have the fullness of the faith in the Orthodox Church. We can say this because we have not strayed from the original teachings of Christ as brought forth by the Apostles. Each time a new question or challenge to the teachings has arisen, the solution has not been determined by one or two people. It has first been tested against the teachings of Christ as given to us by the Apostles and then through the living tradition of the Church. There were very prayerful deliberations that often took many years before anything was settled upon. The goal was never to change teachings, but only to reveal the Truth.

In our throwaway culture we are in the habit of changing what we don't like or have grown tired of. We often want to view the Church with this contemporary viewpoint. But this is the wrong way to view Christ's teachings. If the apostles, who were next to Christ, were not

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CHURCH SERVICES, EPISTLE AND GOSPEL READINGS

Date	Church Service	
July 5th	5th Sunday of Matthew	5η Κυριακή Ματθαίου
July 12th	6th Sunday of Matthew	6η Κυριακή Ματθαίου
July 19th	Sunday of the Holy Fathers	Κυριακή Αγίων Πατέρων
July 20th	Prophet Elijah	Προφήτου Ηλία
July 26th	8th Sunday of Matthew	8η Κυριακή Ματθαίου
July 27th	St. Panteleimon the Great	Αγίου Παντελεήμονος

ALTAR SERVERS

July 5th, & 19th	Joseph Dumont, Peter Ales, Andrew Christianson, Nicholas Christianson, Theodore Looney, Demetre Teodosiadis, Alex Rotar, Jack Hillman, Samir Kharoufeh, Paul Dudunakis, Peter Dudunakis, Manoli P. Tramountanas, Manoli A. Tramountanas, Johnny Tramountanas, Ethan Weigle, Steven Stanos and Jonathan Poiana.
July 12th & 26th	Joseph Dumont, Andrew Christianson, Nicholas Christianson, Theodore Looney, Demetre Teodosiadis, John Christofilis, Nicholas Biros, Nasi Contoravdis, Niko Contoravdis, Themio Pallis, George Pallis, Stassi Tsantilas, Yiannis Tsantilas, Phillip Stamolis, Anthony Sampson, James Konugres, Omar Mallouk, Stavros Panos, Nicholas Marcu-Visan and Jonathan Poiana.

PARISH COUNCIL SERVERS

July 5th & 19th	John Ales, Stephanos Margaritis, Jim Kost, John Kapelouzos, George Tramountanas, Dale Hazapis, Christos Psichos
July 12th & 26th	Georgine Looney, George Papanastasiou, George Constantine, Thomas Dudler, Vicky Christianson, Bob Read, Louis Kotsakis

EPISTLE READERS—ARTHUR SARIDAKIS—INSTRUCTOR; CHRIS MACRIS— ASSISTANT

NO Student Epistle Readers during the Summer.

(Continued from Page 1)

allowed to make changes, who are we to do so? Christ is the Word, the Truth, and the Light. He revealed the Truth to the world through the Apostles. And it is only through that lense that we can correctly understand our path to salvation.

With love in Christ,
Fr. Daniel

Fasting Type	July
Fish Allowed	
Wine & Oil Allowed	1, 8, 15, 17, 22, 29
Strict Fast	3, 10, 24, 31
Fast Free	2, 4-7, 9, 11-14, 16, 18-21, 23, 25-28

Sunday Offerings for June, 2015	
June 7	\$ 5,882.15
June 14	\$ 4,513.85
June 21	\$ 2,968.60
June 28	\$ 2,875.86
Total	\$ 16,240.46

Building a Strong Stewardship Habit

We all have good habits, bad habits and those elusive habits that we all want but haven't quite developed. Our habits range from the secular to the spiritual: 5 fruits and vegetables a day, 8 hours of sleep, being patient, and being forgiving. Somewhere between our secular and spiritual habits is another habit we should all strive for, a Stewardship Habit.

Why should we build a Stewardship Habit?

Simple. It feels great, makes us happy, helps those we love, and grows our love for Christ.

How can we build our Stewardship Habit? Lucky for us there are NUMEROUS ways. Stewardship comes in three forms - Time, Talent and Treasure. It isn't just about completing your annual Stewardship card, it's about participating in church and church activities and taking care of the church - the people, the building, the ministries.

Look through this newsletter and the weekly emailed e-News to find opportunities to build a stronger Stewardship Habit. Here are a just a few: come to church on Sunday, become a Sunday School teacher (two open positions!), volunteer with our Youth Ministry programs or encourage your child to participate, complete your stewardship commitment card, read the Gospel and pray, volunteer at the Festival, share your professional expertise as a volunteer, join a church ministry or lend a hand to a ministry such as the dedicated crews that cook monthly meals for the homeless.

The Stewardship Committee meets the second Tuesday of the month. Any St. Demetrios church member is welcome to join.

Margaret Ales, Stewardship Committee Member
maggieales@gmail.com | 205-200-6546

JUNE JUBILEE NEWS

June's Dinner for Jubilee Women's Center was provided by the Philoptochos of Holy Apostles. Special thanks goes to Emilie John, Martha Andro, Voula Dodd, Julie Ross and Fotini Leviton.

Martha organized a delicious dinner to feed our sisters in need and soon hopes to teach cooking class at JWC as well.

Jubilee Women's Center provides housing and support services to women experiencing low income or coming out of homelessness. If you would like to host a meal, donate clothing or learn about volunteer opportunities, please contact Georgene Karambelas at
206 817 2523 or Karambelas@comcast.net.
WWW.jwcenter.org

Festival report:

We held our first Festival meeting on June 15th. The meeting was very productive in setting price changes, tent set up discussions, and other decisions necessary to prepare for this year's festival.

I have completed an analysis of what it will take to operate our gas grills and fryers with natural gas and now I am waiting on Puget Sound Energy to review the proposal and complete the service adjustment. The total cost of the project will run near \$10,000.00. This change will save us money annually during our Festival and is a safety improvement. Hopefully we can get this completed before this year's festival.

Many donations have been received already and I thank you for both monetary and the product donations.

Many donations have been received already and I thank you for both monetary and the product donations.

Anybody willing to volunteer your labor for set up of the festival please give me a call or send me an email. Set up will begin on Monday October 5th at 8AM.

In Christ's love,
Jim Kost, Festival Chair

Chris Legeros Honored

On Friday evening June 5th parishioner Chris Legeros was honored by the Northwest Chapter of the National Academy of Television Arts and Sciences and received their Silver Circle Award. This prestigious recognition is given to those individuals who are media professionals and who have made significant contributions to television and the community in the Northwest for more than 25 years. Chris' early television news career included work at stations in Minnesota and Iowa before arriving at Seattle's KIRO-TV in 1983 - whereby reporting both the news in the field as well as anchoring multiple newscasts. This event which honored a total of 11 professionals from Washington-Oregon-Idaho (combined with the next evening's formal presentation) drew over 800 people in attendance and included Chris' family as well as many friends from KIRO-TV and St Demetrios Church.



Philoptochos News July 2015

Congratulations Philoptochos President Nina Varlamos!

Our chapter is absolutely delighted at the election of our 2015-2017 Philoptochos President Nina Varlamos. Nina has served our parish faithfully for many years in a number of capacities including serving on the Parish Council and she was voted 'Citizen of the Year', a well deserved honor. We all look forward to working with Nina. Also elected were Lena LaMarche, First Vice President, Eleni Petratos, Second Vice President, Peggy Tramountanas, Recording Secretary, Mary Damascus, Corresponding Secretary, Fran Barnecut, Treasurer, and Dorothy Haskell, Assistant Treasurer. Susan Reichmann will serve as Philoptochos Advisor as Past President.

Thank you to outgoing Recording and Corresponding Secretary Kay Betts. She did such a good job it will now take two secretaries to fill her shoes! Thank you Kay!

Elected to the 2015-2017 Philoptochos Board were Maria Barbas, Fran Barnecut, Kay Betts, Eleni Christo, Eleni Christofilis, Mary Damascus, Dorothy Haskell, Georgene Karambelas, Helen Kalasountas, Lena LaMarche, Christina Meletis, Helen Petratos, Theo Polizos, Litsa Polychronopoulos, Despina Read, Susan Reichmann, Penny Sakellaris, Peggy Tramountanas and Nina Varlamos.

Thank you to outgoing Board members Maria Cooper, Mary Economou, Ann Karis, Maria Kost and Giannoula Lymberis for all of their hard work. We appreciate you!

Thank You from Susan Reichmann

On Tuesday, June 9th, the Philoptochos Dinner was held at Spiro's Pizza and Pasta in Shoreline. The occasion was especially festive as the ladies celebrated the outgoing President Susan Reichmann for her six years of service as president. Aspasia, Eleni and Evan Voltsis prepared a lovely meal for the large crowd and Despina Read brought delicious desserts she had baked for the occasion.

After remarks by Fr. Photios, the chapter presented Susan with a beautiful bouquet of roses, a plaque commemorating her work and a stunning bracelet in the shape of a cross. Susan thanked the ladies and spoke of what an honor and a privilege it had been to serve as president of our chapter. Susan thanked the Board members she has worked with for their devotion to our chapter and Lefteris Sitaras who has been a huge help to Susan and Philoptochos. She will serve as Philoptochos Advisor and continue to serve on the Board of Camp Agape NW.

Camp Agape Northwest July 19-25th

All Camp Agape volunteers have been notified of their status. If anyone has any questions about their volunteer status, they should contact campagape@gmail.com. The camp property has a maximum capacity which restricts the number of people allowed to stay overnight. The capacity is slightly higher for daytime only volunteers. At this time there is a waiting list for overnight volunteers but there is room on various days for day volunteers. If you would like to volunteer in the daytime, contact campagape@gmail.com. Everyone on campus must have completed volunteer forms.

Save the date to come to camp on **Sunday, July 19th for Reunion Day**. Everyone is welcome! The bus leaves St. Demetrios at noon and you will enjoy a delicious lunch and dinner at camp before returning around 7:00 PM. It is a

wonderful opportunity to meet past campers and their families, the staff and volunteers who make camp such a success and other camp supporters. We hope you will join us for this very inspiring day. For information, contact Dorothy Haskell at [425.5034200](tel:425.5034200) or dorothyhaskell39@gmail.com.

Save the Date ~ Sinatra Chocolate Wine Ball

The Chocolate Ball which is a Philoptochos fundraiser to benefit Camp Agape Northwest will be held on **Sunday, November 15th** this year. This elegant evening of wine, chocolate and the music of Frank Sinatra will again be held at Herban Feast. If you would like to volunteer, contact Chocolate Ball chairperson Susan Reichman at [425.772.1605](tel:425.772.1605) or susanreichmann@yahoo.com. Mark your calendar and plan to attend to help support our camp.

Pennies and Prayers Campaign/ Mochas for Missions

Every year during Lent is the Pennies and Prayers Campaign (renamed this year Mochas for Missions) to benefit COME (the Commission for Orthodox Missions and Evangelism). If you haven't turned in your canister yet, please bring it to church and give it to Peggy Tramountanas, Mochas for Missions chairperson or Fran Barnecut, our treasurer. Checks and dollars are welcome as well as pennies to fund this worthwhile cause. The 2015 campaign ended on Pentecost but donations are still accepted as we did not reach our projected goal this year.

Philoptochos Tea Cup Drive Successful

A big 'Thank You' to Despina Read whose idea to have a Tea Cup Drive has been a great success with over 100 tea cups and saucers collected from generous parishioners. Many of those collected were from personal collections and are quite beautiful. They will be used for the annual Mother Daughter Tea and other formal occasions. Good job Despina!

Philoptochos Visitation of Parishioners

If you know of a parishioner who would enjoy a visit from Philoptochos, please contact our Visitation Chairperson Kathy Mitalas at [206.824.8511](tel:206.824.8511) or kathym2002@q.com. Kathy and her committee members look forward to hearing from you and to bring news of our parish to those who aren't able to come to church.

Jubilee Womens Shelter

Thank you to Georgene Karambelas who volunteers at Jubilee and brought this wonderful opportunity to our chapter. The monthly dinners have been a huge success, enjoyed by the ladies at Jubilee and our families who have provided the dinners. Clothing donations are welcome ~ extra large clothing is especially needed but all sizes are welcome. If you would like to sponsor a monthly meal for the ladies at Jubilee or for more information, contact Georgene at [206.829.9337](tel:206.829.9337) or karambelas@comcast.net.

Upcoming Meeting Schedule:

All are welcome to attend our meetings and events:

No regular July meeting, we resume in September

July 16th St Catherine's Philoptochos Annual Picnic at Alki Beach at 11:00 AM. For information, contact Joanne Zarkades at [206.473.7351](tel:206.473.7351).

July 16th cook for St Martin de Porres Mens Shelter

July 22nd cook for Jubilee Womens Shelter

July 30th cook for St Martin de Porres Mens Shelter

September 13th regular September meeting at church after Divine Liturgy

Your Sister in Christ,

Susan Reichmann, Philoptochos Advisor

[425.772.1605](tel:425.772.1605) susanreichmann@yahoo.com



Congratulations to Team Kapelouzou for winning our annual Bible Bowl competition! The Weigle family were great competitors and made it a very close game as both teams were tested on their knowledge of the feast days of the church. We hope your family can join us for the next Bible Bowl competition in the fall.

Join the St. Demetrios Volleyball Team

In November 2015, St. Nicholas church in San Jose, CA will host their 11th annual volleyball tournament and we want YOU to represent St. Demetrios.



Anyone can play! We are looking to form 2-4 teams in the following categories:

Jr. GOYA (11 - 13 years old); GOYA (14 - 18 years old); Young Adults (18 - 35); and Adults (35 and older).

Open Practices begin in August, every Sunday at 1 pm. at the Montlake community center. Coach Chris Anagnostopoulos is ready to build championship teams.

Contact Lefteris Sitaras at 206-631-2504 [to Join the Team!](#)



St. Demetrios Family Camping Trip

August 7, 8 & 9

All families are invited for a weekend camping retreat on Vashon Island. We will stay at the AYH Ranch which offers a unique Western setting with Indian teepees, covered wagons, and plenty of space for camping.

Cost is \$100 per family.
Meals Included. Please bring your own snacks and drinks.

Please contact Lefteris Sitaras at 206-631-2504 to join us on a great family adventure.

STEWARDSHIP UPDATE

For our 2015 Stewardship Campaign, we currently have 409 stewards who have returned their signed pledge cards and have pledged \$410,006. Our goal for 2015 is \$535,000. Remember that you can arrange for automatic payments through your bank or paypal. (go to www.saintdemetrios.com/Stewardship/egiving)

We thank the below stewards for their contributions!

The Stewardship Committee



2015 Stewards:

John and Margaret Ales
Andrew and Vicky Aliferakis
Dina Anast
Rothopi Andrews
Fr. John and Presv. Anna Angelis
Theodore and Kim Angelis
Evangelos and Magdaline Angelou
Basil Anton
Costas Antonopoulos
Nikolaos Antonopoulos
George and Dina Apostolou
K. G. and Kostoula Apostolou
Serafim and Eva Apostolou
Scott and Fotini Arehart
Clifford and Theodora Argue
Patricia Arvanitidis
Yeshareg Asfaha
Andrew and Carole Asimakopoulos
Anna Asimakopoulos
Brent and Rhea Aslin
John and Stella Athans
Nancy Aziz
John and Zacharou Babarakos
Pat Bacolas
William (Corky) and Dina Bakamus
Josh and Eleni Banchemo
Sara Baraki
Thomas and Maria Barbas
George and Eleni Bariames
George and Frances Barnecut
Greg Bartell and Fotini Georgiadou
Michael and Nisa Basilicato
Bassam and Duaa Bayouk
Gabriel Bayouk
George and Alice Bayouk
Lena Bayouk
Anastasia Bekris
Hristos and Diamando Bekris
Helen Benis
Arvid Berg and Sophia Zervas Berg
Joel and Danielle Bergman
Kay Betts
Panagiotis and Demetra Biros
Neena Blackwell
Maria Bollman
Andrew and Rosalie Boulteris
Gus Boutsinis
Josh and Ashley Brockmeyer
Jeffrey and Allison Brooks
Frank and Shelley Buhler
William and Cheryl Buursma

Steve and Chryssa Calandrillo
Constantine Carkonen
Nick and Vanessa Carkonen
Paul and Paulette Carkonen
Nick Castas
Susanna Cerasuolo
Douglas and Jillian Chandler
John and Patricia Chigaras
Chris and Effie Chriest
Ron and Vicky Christianson
Eleni Christo
James Christo
Demetre and Katherine Christofilis
John and Helen Christofilis
Anastasios and Voula Christophilis
Dino and Nikki Christophilis
Margo Christophilis
Dino and Heather Christothoulou
Edward and Anastasia Clarke
Cathleen Clinger
Jeffrey and Katie Comstock
Madeline Conom
Alexis Constantine
O. George and Kay Constantine
G. Paul Constantine
Tom and Evelyn Contoravdis
Olivia Contos
Gus and Margaret Cooper
Maria Cooper
Jerry and Eva Costacos
Barbara Cotton
Maria Cotton
Gus Courounes
Nicoleta Courounes
Renee Courounes
Dale and Marianna Crane
Donald and Laura Crews
Tyler Crews
Rick and Vickie Cuevas
Christos and Judith Dagadakis
Eftihia Dagadakis
George and Angela Dalas
Mary Dallas-Smith
Mary Damascus
Daniel and Angela Daoura
Marguerite Daoura
George and Alexandra Delegans
Sam and Vicki Deliganis
George Demonakos
Gregory and Kate Demopulos
Peter and Diane Demopulos

Ryan and Demetra Dennis
Dimitrios and Maria Devekos
Nick and Athena Diafos
Darden Dickson
Panagiotis and Voula Dikeakos
Stephanie Dikeakos
Vasili and Katherine Dikeakos
John and Aksenia Dikun
Thelma Doces
Christopher and Maria Christofilis Dodd
Voula Dodd
Athena Doolittle
Gus and Gregoria Dounis
Robert and Janie Drumhiller
Thomas and Pandora Christie Dudley
Kenneth and Kristina Dudunakis
Fr. Photios and Presv. Katherine Dumont
Robert and Andrea Dunbar
James and Janis Dymant
Sophia Dymant
Chris and Marla Economou
Mary P. Economou
Sophia and David Eitel-McShea
Andrew and Michelle Escobar
Ed and Katherine Fancher
Nicolette Farmasonis
Petros and Colleen Farmasonis
Yemane and Sharon Glein Fecadu
Alex and Anna Fleet
Georgios and Maria Fletmetakis
Matthew and Alexandra Flugstad
Bill Fournarakis
John and Athanasia Franks
Loukas and Zoe Ganoulis
Nick Ganoulis
James and Romana Garner
Panagiotis and Nicoletta Gennaivos
Meletios and Theodora Geokeyzas
Evan George
Tyler and Anastasia Geving
Kyriakos and Sandi Gianotas
Michael and Wanda Gikas
Elaine and Lars Giusti
Monika Gjoka
Gary and Kathy Gookstetter
Katina Gotsis
Basil Gregores
Robert and Danielle Griffith
Efy Grivas
Anthea Grivas and Marty McLean
Richard and Christina Economou Grunder

OUR STEWARDS...

Joan Hanna
 Dorothy Haskell
 George Hatziantoniou and Elizabeth Economou
 Neil and Terri (Karis) Hawdon
 Dale Hazapis
 Andrew and Pamela Heidt
 Helen Heuer
 John and Maria Hillman
 David and Margaret Shnorhavorian Horne
 Patrick and Vickie Howard
 Vickie Huff
 Mary Hulbush
 Angelea John
 George John
 John and Emilie John
 James and Pota Johnson
 Jeff and Angela Jones
 John Jury and Natalie Kusulos
 Jim Kaloris
 George and Christina Kaltsounis
 Theodore and Maria Kaltsounis
 Vicky Carras-Kangles
 John and Virginia Kapelouzou
 Elia Karagiannis
 Jim and Georgene Karambelas
 Francine Karavias
 Anthony and Sarah Karis
 Nick and Nancy Karis
 Terry and Hannah Karis
 Christine Karzmar
 Nicholas and Kalliopi Katholos
 Gregory and Angela Kavounas
 Stephen and Ann-Marie Keeney
 Peter and Hanna Kenny
 Bishara and Diane Kharoufeh
 Don and Kathy Klausing
 Brian and Jiovanna Koceski
Alexander and Leta Kolios
 Vivie Kollias
 George and Maria Kost
 James and Patti Kost
 Louie and Vicky Kotsakis
 Petros Koumantaros
 Yannis Koumantaros
 Panos and Toulia Koutlas
 Helene Krikris
 Gary Kuhar
 Alex and Dena Kusulos
 Harold Kusulos
 Steven and Annie Kyriakides
 Kostas and Linda Kyrimis
Demetrios and Evangelia Lagos
 George and Eleni Lagos
 John and Margaux Lallas
 Michael and Lena LaMarche
 James and Sharon Langus
 Pete and Blue Lazarou
 Jeff and Cherie LeCates
 Christopher and Julie Legeros
 Christopher Lekas

Jason and Sanaz Lemelson
 Dean and Kathleen Lentgis
 Thomas Leonidas
 John and Polette Limantzakis
 Johnny and Lucy Limantzakis
 Glen and Georgine Looney
 George and Giannoula Lymberis
 Chris and Paula Macris
 Eugenia Macris
 Greg and Mia Macris
 Wendell and Demitrua Madison
 Emanuel and Dina Magoulas
 Louis and Mary Malesis
 Helen Malevitsis
 I. Nina Malevitsis
 James Malevitsis
Perry and Eleni Malevitsis
 Samuel and Sarah Mallos
 Bechara and Xiomara Mallouk
Georgia Manolakis
 Demetris and Emily Manolopoulos
 Stilianos and Kari Manos
 James and Mary Lou Manus
Stephanos and Paula Margaritis
 James Markezinis
 John and Kelly Markezinis
 Anthony and Alexandra Maroussis
 George and Deena Maroutsos
 Jean Mastor
 Constantine and Areti Mavromatis
 Dionysios and Jessica Mavromatis
 Lillian C. McDermott
 David and Georgia McFarlan
 Sam and Tania McIntosh
 Pipena Mercouriadis
 Michael and Kelly Meyers
 Michael and Elaine Michaelidis
Dimitri and Lisa Minakakis
 Andreas and Irene Mitalas
 Katherine Mitalas
 Chuck and Anne Mitsakos
 Walter and Frances Moldskred
 Alexandros and Maria Moroseos
 James and Vickie Kolios Morris
 Andrew and Diana Moser
 Pete and Carol Mykris
 Sandra Mykris
 Bettyann Nassar
 Peter Neckas
 Sandy Neckas
 James and Stella Nelson
 Maria Nikolidakis
 James and Carolyn O'Donnell
 Shirley Olsen
 Insaf and Madison Oraivej
 Yacoub and Ruba Oweis
 Stella Palios
Bill Pallis
 Chris and Rebecca Pallis
 Chris and Vasiliki Pallis
 Elli Pallis

Margie Pallis
 Thomas and Lisa Pallis
 Evangelos and Anastasia Pampoukas
 Alice Panagakis
 John and Lisa Panagiotou
 Sam and Colleen Panagiotou
 Yiannis and Johnette Panopoulos
 Artemios and Rebecca Panos
 Steve Panos
 Diane Panteleakos
 Gregory and Stelée Papadeas
 George Papanastasiou
 Norman and Frances Parr
 Jason and Angela Patrao
 Christopher and A. Ellie Pedersen
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 Irene Peterson
 Kristopher and Clara Peterson
 Helen Petratos
 William Phillips
 Kristina Plumis
 Paul and Pamela Plumis
 Theologia Polizos
 Andonios and Evangelia Polychronopoulos
 Nikolaos and Charikleia Poulas
 Eleftheria Proios
 Christos and Tammy Psychos
 Nicholas and Anastasia Raissis
 Robert and Despina Read
 Susan Reichmann
 Evie Rigas
 Todd and Feletsa Robinson
 Erik and Nicole Rolfness
 Sorin and Maria Rotar
 Cathy Rottle
 Adele Rottle-Williams
 Chris Roumeliotis
 Kary Roumeliotis
 Kayla Roumeliotis
 Christina Routsos
 Ted Routsos
 Emanuel and Marilyn Rouvelas
 Gordon and Katina Ruh
 Brad and Renee Russell
 Mark and Angelique Saffle
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 Alexander and Vassie Skoulis

July 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>28</div> <div>4th Sunday of Matthew</div> <div>Epistle: Romans 6:18-23</div> <div>Gospel: Matthew 8:5-13</div> <div>8:15a Orthros</div> <div>9:30a Divine Liturgy</div> <div>5p Great Vespers - St. Paul, Brier</div> <div>Translation of Relics of Kyros an...</div>	<div>29</div> <div>6p Divine Liturgy - St. Paul, Brier</div> <div>Apostles Peter & Paul</div>	<div>30</div> <div>8a Orthros - At Holy Apostles</div> <div>9a Divine Liturgy - At Holy Apostles</div> <div>6:30p Camp Meeting</div> <div>Michael, New Martyr of Athens</div> <div>Synaxis of the 12 Apostles</div>	<div>1</div> <div>Cook for the Homeless</div> <div>St. Kosmas and Damianos</div>	<div>2</div> <div>Yiayia and Friends Luncheon...</div> <div>St. John of San Francisco</div>	<div>3</div> <div>Hyakinthos & Theodotis, Martyrs</div>	<div>4</div> <div>Independence Day</div>
<div>5</div> <div>Elementary and High School Summer Camp</div> <div>5th Sunday of Matthew</div> <div>Epistle: Galatians 5:22-6:2</div> <div>Gospel: Matthew 8:24-9:1</div> <div>8:15a Orthros</div> <div>9:30a Divine Liturgy</div> <div>St. Athanasios of Mt. Athos</div>	<div>6</div> <div>Apostles Peter & Paul</div>	<div>7</div> <div>Michael, New Martyr of Athens</div> <div>Synaxis of the 12 Apostles</div>	<div>8</div> <div>Great Martyr Prokopios</div>	<div>9</div> <div>St. John of San Francisco</div>	<div>10</div> <div>Hyakinthos & Theodotis, Martyrs</div>	<div>11</div> <div>Independence Day</div>
<div>12</div> <div>Middle School Summer Camp</div> <div>6th Sunday of Matthew</div> <div>Epistle: Romans 12:6-14</div> <div>Gospel: Matthew 9:1-8</div> <div>8:15a Orthros</div> <div>9:30a Divine Liturgy</div> <div>St. Athanasios of Mt. Athos</div>	<div>13</div> <div>Sisoes the Great</div>	<div>14</div> <div>St. Kyril, Great Martyr</div>	<div>15</div> <div>Great Martyr Prokopios</div>	<div>16</div> <div>Pragratios & Provos, Martyrs</div>	<div>17</div> <div>45 Martyrs of Nikopolis</div>	<div>18</div> <div>Great Martyr Euphemia</div>
<div>19</div> <div>Camp Agape Northwest</div> <div>Sunday of Holy Fathers</div> <div>Camp Agape Reunion Day</div> <div>Epistle: Titus 3:8-15</div> <div>Gospel: Matthew 5:14-19</div> <div>8:15a Orthros</div> <div>9:30a Divine Liturgy</div> <div>3p Hall Rental</div> <div>Fighteous Makrina, Sister of St....</div> <div>St. Seraphim of Sarov</div>	<div>20</div> <div>Archangel Gabriel</div>	<div>21</div> <div>Apostle Aquila</div> <div>St. Nikodemos of Mt. Athos</div>	<div>22</div> <div>St. Vladimir of Russia</div> <div>Sis. Kyrkos & Julitta</div>	<div>23</div> <div>Athenogenes, Martyr</div>	<div>24</div> <div>Great Martyr Marina</div>	<div>25</div> <div>Emilianos & Pavlos, Martyrs</div>
<div>26</div> <div>8th Sunday of Matthew</div> <div>Epistle: Galatians 3:23-4:5</div> <div>Gospel: Matthew 14:14-22</div> <div>8:15a Orthros</div> <div>9:30a Divine Liturgy</div> <div>St. Paraskevi</div>	<div>27</div> <div>Prophet Elijah</div> <div>8:30a Orthros</div> <div>9:30a Divine Liturgy</div> <div>St. Panteleimon the Great</div>	<div>28</div> <div>Symeon & Parthenios</div> <div>Make Baklava</div> <div>St. Irene Chrysovalantou</div>	<div>29</div> <div>St. Mary Magdalene</div> <div>Virgin Martyr Markella</div> <div>Make Baklava</div> <div>Kallinikos & Theodotis, Martyrs</div> <div>St. Kassiane the Righteous</div>	<div>30</div> <div>Hiemartyr Phocas</div> <div>Prophet Ezekiel</div> <div>Cook for St. Martin de Porr...</div> <div>Apostles Silas, Sylvanus & Creskes</div>	<div>31</div> <div>Great Martyr Christina</div> <div>Jospeh of Aimathea</div>	<div>1</div> <div>Olympias the Deaconess</div> <div>Repose of St. Anna, Mother of L...</div> <div>Procession of the Cross</div>

ANNOUNCEMENTS

New Arrivals

Congratulations to the proud parents, Evangelos and Ellia (Kost) Karantonis on the birth of a baby boy, John Karantonis, born June 19th, 2015, weighing 7 lbs. 14 oz. The proud grandparents are Jim and Patti Kost and John and Betsy Karantonis (of Chicago, IL.) The proud great-grandparents are George and Maria Kost. "Na sas zese!"

Weddings

Congratulations to George and Charlene (McCormack) Demonakos who were married on June 14th, 2015. Their Koumbaro is James Demonakos. "Na zesoun!"

Yiayia & Friends Luncheon

The July Yiayias & Friends luncheon will be held on Thursday, **July 2 at Time Out Greek and American Restaurant.** Time Out is located in Mountlake Terrace at **5807 244th St. SW.** For more information and to let us know you plan to attend, please contact Mary Damascus (509) 951-2975 or mndamascus@comcast.net. Everyone is welcome!

This & That Shop News—Time to Donate...

This & That Shop Chairperson, Mary Xenos Maciejewski, would like to thank all our Parishioners and Friends who donated items for the This & That Shop. We gladly accept dishes, flatware, glassware, pots and pans, paperbacks, stationery supplies, adult and children's jewelry, Christmas decorations, toys, knickknacks, purses, small appliances only (and if they work). Volunteers are needed to help with the sorting and preparation of donated items during the summer or help staff the shop during the Festival. Any amount of time you can donate is welcome—many hands lighten the load. To volunteer, please contact Mary at 206-783-5087.

Item donation can be made to the Church Office Monday through Friday from 9:30 am to 5 pm.
Thank you for your support!

"Thank You"

We wish to thank John and Polette Limantzakis, Johnny and Lucy Limantzakis and Yianni and Johnette Panopoulos for their donation for the St. Demetrios Plaque at Lynn Street entrance. Your generosity is truly appreciated!

Our Condolences



We express our Deep Condolences to John Uberuaga and Anastasios and Voula Christophilis and their family for the passing of his wife, and their daughter, Joanna Uberuaga. May her memory be eternal!
"Αιώνια αυτής η μνήμη!"

Bookstore News

SUMMER FAMILY READING: Make time in the day for growing in the Orthodox Faith. Read some Orthodox books this summer.

CHILDREN'S BOOKS: *Eleni Looks at Jealousy*; *Peter Clashes with Anger*; beautifully-illustrated individual biographies of various saints including *St. Demetrios*, *St. Dionysios*, *St. Catherine*, *St. Nectarios*; *Hear Me* prayer book for teenagers; *Guardian Angel* prayer book for preschoolers, and much more in the well-stocked children's section.

FOR ADULTS: Several Orthodox Parenting Books; *On Wealth and Poverty*; Spiritual reading books by saints, church elders, and priests, archbishops, and professors--something suitable for people of all ages from teens on up. *Speaking to God* by Archbishop Demetrios is a special book of short meditations as is Fr. Tryphon's daily inspirational book.

PLEASE NOTE: Sunday School Certificates will need to be used by July 30 at the latest or kept until after the St. D.'s Greek Festival in early October. Since we will do our ordering in August, your bookstore managers will appreciate your understanding and cooperation so the bookstore will have enough merchandise on hand for the festival.

June Graduates

Congratulations to Athan Dumont who graduated with a BA in Business Administration with focus in Finance from the University of Washington.

Calling All Crafters.....

Need any type of handmade item for the Boutique booth at our Festival---Oct 9, 10 and 11th. Any items knitted, crocheted, sewed, painted, or created with wood or paper. Seahawk items are much in demand.

So use your creative talents and make a donation to the Boutique booth this year.

If questions, please ask Pam Plumis or Rita Mavromatis.
Thank you!

Thank you for Festival Donations

We wish to thank John and Tina Damianidis of "Jeno's Restaurant", Evgenia Pangopoulos and Georgia Manolakos of "White Center Pizza" for their donation of 1,500 Lbs. Flour in memory of Pete Manolakos, Kostas Pangopoulos, Peter Tsakonakos, Christos and Evgenia Manolakos and Niko and Efstathia Tsakonakos. We also wish to thank Stephanos and Paula Margaritis of 'Greek Gods Yogurt' for the 'Platinum level Sponsorship' and Nick Castas, Mary T. Cotton, Dr. Peter and Diane Demopoulos and Chris and Paula Macris for their monetary donation. Thank you to Jim and Pota Johnson for their monetary donation for the purchase of Powdered Sugar and Demitrua and Wendell Madison for their monetary donation to purchase Whipped Cream.
Your generosity is truly appreciated!

OUR STEWARDS...

(CONTINUED FROM PAGE 7)

Sofia Smetheram

Irene Sotirhos

Elene Soudas

John Soudas

Steve Sourapas

Audrey Southas

George and Joanna Staikos

George and Thalia Stamatoyannopoulos

George and Zoe Stamolis

Gregory and Vicky Stamolis

Vasilike Stamos

Thelma Stasinos

Alexi J. Stavros

John A. and Dimitra Stavros

Peter A. and Maria Stavros

Phyllis Steen

Kevin and Georgia Steenis

Andrew and Emily Stergachis

Andy and Joann Stergachis

Michael and Christine Stollings

Heather Stotz

Chris and Heidi Stoumbos

Eugene and Cleo Supernaw

Kina and Stefan Tatchukova

Linda Tavernarakis

Bryan and Stacy Taylor

Stephen and Georgia Teodosiadis

Christto and Dorothea Tolia

Irene Tolia

Kegan and Nicole Tosto

Nikolas Touras

Harry and Angela Tourikis

Athan and Cindy Tramountanas

Emmanuel and Peggy Tramountanas

George and Dana Tramountanas

James and Barbara Trehearne

George and Thelma Treperinas

Sam and Elly Treperinas

Fr. Daniel and Presv. Michelle Triant

Vasilios and Dionisia Tsafos

Sam and Stephanie Tsakonas

Angelos and Katerina Tsakopoulos

George and Eftihia Tsantilas

Stavroula Tsantilas

Nicholas Tsiakilos, Jr.

George and Susan Tsoukalas

Jordan and Emily Vardell

John and Karin Varlamos

Kosta and Judy Varlamos

Nick and Eleni Varlamos

Vasili and Nina Varlamos

Peter and Maria Vassiliou

Irina Visintainer

Demetrios and Aspasia Voltsis

J. Robert and Effie Walker

Robert and Katherine Watson

George and Anastasia Webb

Joann West

Brett and Yvonne Willard

Vivian Williamson

Edmund and Cathy Chohlas Wood

James and Jeretta Wright

Demetra Xenos

Emmanuel J. Xenos

John Xenos

George Xidias

John and Andreanna Zafiroopoulos

Anthony Zardis

Nicholas and Lizabeth Zardis

Konstantine Zefferys

Gus and Diane Zotos

John and Mary Ellen Zoulas



Orthodox Mission News



Summer short-term missionary teams are needed in Alaska! For years, OCMC missionaries have been helping to preserve and grow the Orthodox Church in Alaska by conducting church camps, managing construction projects, and holding youth retreats. The Orthodox Church has been part of the Alaskan culture since the late 18th century. Considered by some to be the “Holy Land” of North America, this state hosted many great Saints including: St. Herman of Alaska, St. Juvenaly and his Companion, St. Peter the Aleut, St. Innocent Enlightener of the Aleuts, St. Jacob of the Yukon, and the Blessed Matushka Olga Kwethluk. Those who serve on mission teams will walk in the footsteps and continue the work of these great Alaskan Saints. The July 2015 session is between July 28th and August 5th. Please contact OCMC at 877-463-6784 for information and mission team applications.

MEMORIALS AND VIGIL LIGHTS

Holy Altar Candles from last month

A Holy Altar Table Vigil Light was offered on June 28th, 2015 in loving memory of **Erma Tsiakilos** (in honor of her Birthday), by her children and grandchildren.

A Holy Altar Table Vigil Light was offered on June 28th, 2015 in loving memory of **James Mykris** (one year since his passing), by his brother, Mike Mykris and Family.

A Holy Altar Table Vigil Light was offered on June 28th, 2015 in loving memory of **Haritine Ladas** (six months since her passing), by her son, George Ladas and her daughter, Vasilike Papadatis and grandchildren.

Holy Altar Candles for July 5th

The Eight Holy Altar Table Vigil Lights are offered in loving memory of **David Betts** (four years since his passing), by his beloved mother, Kay Betts and Family.

A Holy Altar Table Vigil Lights is offered in loving memory of **Georgios Panagoulis** (forty days since his passing) and **Aristides Panagoulis** (two years since his passing), by Nicoletta Gennaio and Family.

A Holy Altar Table Vigil Light is offered in loving memory of **Serafim Vlahos** (seven years since his passing), by Irene Sotirhos and Family.

A Holy Altar Table Vigil Light is offered in loving memory of **Miaoulis Loukogiorgakis** (forty days since his passing), by his sister and brother-in-law, Irene and Andreas Michelakis and Family.

Two Holy Altar Table Vigil Lights are offered in loving memory of **Jennie and Constantine Milonopoulos** (thirteen years and forty-one years since their passing), by their daughter, Tess Andrina and Family.

Three Holy Altar Table Vigil Lights are offered in loving memory of **George Polizos and George and Malamati Triantafilou** (twenty-four years, eighteen years and nineteen years since their passing), by his wife, and their daughter, Theologia Polizos and Family.

Holy Altar Candles for July 20th

A Holy Altar Table Vigil Light is offered in loving memory of **Elias Sotirhos** (in honor of his Nameday), by his wife, Irene Sotirhos, their children, Ken and Maria, Matt and Sophia and granddaughters, Angela and Maria.

Memorials and Holy Altar Candles for July 26th

A Memorial Service, a Holy Altar Table Vigil Light and the Coffee Hour are offered in loving memory of **Peter Manolakos** (six months since his passing), **Kosta Pangopoulos** (one year since his passing) and **Peter Tsakonakos** (three months since his passing), by Georgia and Efe Manolakos, Evgenia Pangopoulos and Family.

A Forty-Day Memorial Service, a Holy Altar Table Vigil Light and the Coffee Hour are offered in loving memory of **Joanna Uberuaga**, by her loving family, the Uberuaga and Christophilis family.

A Memorial Service and a Holy Altar Table Vigil Light are offered in loving memory of **Anastasios, Voula and Chris Tsantilas** (nine years, six years and thirty-five years since their passing), by George and Eftihia Tsantilas and Family.

Two Holy Altar Table Vigil Lights are offered in loving memory of **John and Lola Sioris** (seven years, and five years since their passing), by Collette Apostolakis and Family.

FESTIVAL BAKING DATES

Evergreen Washelli Cemetery

As you know, we will soon be expanding our cemetery section at Evergreen Washelli. Bill Ready, a Washelli family service counselor, has been working to make this happen and will be our primary contact for families wishing to make arrangements for cemetery property and funeral arrangements. He is also available to review any cemetery purchases that have been made in the past to insure that they will be used in accordance with your wishes.

Please contact Bill to discuss anything regarding Evergreen Washelli. His direct number is 206.399.1967. His email is wready@washelli.com.

Our Festival dates this year are, October 9, 10 & 11. Please mark your calendar and plan to attend and most importantly to help for the preparation for baking and the set-up. If you wish to come and help for the baking in the evening, please call the Church Office (206-631-2500). Thank you.

Festival Baking in July:

The baking schedule for July is as follows:

Thursday, July 9th:	Make Bougatsa
Monday, July 13th:	Prep for Spanakopeta
Tuesday, July 14th:	Make Spanakopeta
Wednesday, July 15th:	Make Tiropeta
Tuesday, July 28th:	Make Baklava
Wednesday, July 29th:	Make Baklava



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Thank you to our Sunday School Teachers!

Thank you to the 2014-2015 Sunday School Teachers for sharing their time and talents to this ministry. Their dedication is most appreciated!

Pre-School	Ashley Brockmeyer, Angie Prior
Pre-Kindergarten	Xiomara Mallouk, Christina Shahwan
Kindergarten	Dale Hazapis, Fay Sitaras
First Grade	Margaret Ales, Brandon Bede
Second Grade	Effie Janjic, Christine Vougiouklis
Third Grade	Georgia Teodosiadis, Will Weigle
Fourth Grade	Tanya Shirland, Andrea Tsiakilos
Fifth Grade	Iyad Shahwan, Paula Margaritis
Sixth Grade	Presv. Katherine Dumont
Seventh Grade	Susanna Cerasuolo
Eighth/Ninth Grade	Jason Lemelson, Sam Mallos
High School	Matt Katinas

Congratulations to the Sunday School Outstanding Attendance Recipients for 2014-2015

Pre-School	Anastasia Karagiorgos
Pre-Kindergarten	Xaviar Karagiorgos
Kindergarten	Alexandra Karagiorgos, Petra Oweis
First Grade	Brooke Bede, Mia Brockmeyer, Luke Prior, Anthony Sitaras
Third Grade	Sofia Brockmeyer, Evan Prior, Katerina Sitaras
Fourth Grade	Alex Oweis
Fifth Grade	Noreen Bayouk
Sixth Grade	Jenny Kapelouzos
Seventh Grade	Nicholas Christianson, Demetrios Teodosiadis
Eighth/Ninth Grade	Christina Bayouk, Joseph Dumont
High School	Andrew Christianson, Christina Clinger, Sophia Mallouk

CONGRATULATIONS!