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The Orthodox Way

The Monthly Newsletter of St. Demetrios Greek Orthodox Church

Mission Statement: "To proclaim the Gospel of Christ in the Orthodox Tradition while creating a vibrant, loving, compassionate and supportive community."

Encyclical of Archbishop Demetrios for Independence Day - July 4, 2016 Independence Day

To the Most Reverend Hierarchs, the Reverend Priests and Deacons, the Monks and Nuns, the Presidents and Members of the Parish Councils of the Greek Orthodox Communities, the Distinguished Archons of the Ecumenical Patriarchate, the Day, Afternoon, and Church Schools, the Philoptochos Sisterhoods, the Youth, the Hellenic Organizations, and the entire Greek Orthodox Family in America

Beloved Brothers and Sisters in Christ,

As we observe the annual commemoration of Independence Day, hierarchs, clergy and laity from throughout our Holy Archdiocese are gathered in Nashville for our 43rd Biennial Clergy-Laity Congress. Certainly, we are meeting to address the needs and opportunities in the life of our Church in America. We are also gathered in the presence of God with a focus on a specific theme that guides and challenges our work of ministry: "You are the Voice of Christ in a Changing World." On this day and in our celebration of the freedom we have in this country, the voice of Christ should be heard through us so that all may know the true depth and spiritual power of the liberty we have in Him.

Our liberty in Christ is freedom from the bondage of sin. Through His grace and forgiveness and the power of His presence and our faith, we are free to live life as God created it to be. We are free in our communion with Him to see His image renewed so that we *might have life and have it more abundantly* (John 10:10).

Our liberty in Christ is freedom from the captivity of death. This liberty is given to us as a gift from God. Through the power of His Resurrection, His power to create and give life, our Lord frees us from the chains of death, into the perfect liberty of salvation. Jesus said, *For this is the will of my Father, that every one who sees the Son and believes in Him should have eternal life, and I will raise him up at the last day* (John 6:40).

Our liberty in Christ is the freedom to witness, and serve, offering the Gospel and His voice to a world in need. In one of His first public acts, our Lord stood in the synagogue in Nazareth, and read publicly from the book of Isaiah, *The Spirit of the Lord is upon me, because he has anointed me to preach good news to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to set at liberty those who are oppressed, to proclaim the acceptable year of the Lord* (Luke 4:18-19).

This is the voice that must be our voice. His words must be heard and the Gospel communicated in all that we do. Now is the acceptable time for us to be the voice of Christ and to use our liberty in Him to offer truth, grace, and eternal life in a changing world.

I ask for your prayers for the abundant blessings of our Lord upon our Clergy-Laity Congress and our plans for offering the voice of Christ through our witness and ministry as the Greek Orthodox Church in America. I also ask that you reflect prayerfully on how you are offering the voice of Christ in your life, so that through you others may hear and see Him and find abundant and eternal life.

With paternal love in Him,
†DEMETRIOS—Archbishop of America



Inside this Issue

Serving Our Ministry	2
Church Directory/ Jubilee News/Festival Baking dates	3
Youth Ministry News	4
Youth Ministry News, Continued	5
Stewardship Update	6
Stewardship Update—Continued	7
Monthly Calendar	8
Announcements/ Recognitions	9
Welcome New Stewards, Sam and Traci Baird	10
Memorials & Vigil Lights/ Stewardship Update Continued	11
Our Parish June Graduates/Stewardship	12

St. Demetrios
Office Hours:
9:30 am - 5:30 pm
Monday - Friday

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www.saintdemetrios.com

Parish Directory

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The Orthodox Way is published monthly. Parishioners who wish to contribute content or announcements are asked to email information to sshirland@saintdemetrios.com; or by fax to 206-631-2550. Saint Demetrios Greek Orthodox Church reserves the right to edit, alter or reject any content.

CHURCH SERVICES, EPISTLE AND GOSPEL READINGS

Date	Church Service	
July 3rd	2nd Sunday of Matthew	2η Κυριακή Ματθαίου
July 10th	3rd Sunday of Matthew	3η Κυριακή Ματθαίου
July 17th	Sunday of the Holy Fathers	Κυριακή Αγίων Πατέρων
July 20th	Prophet Elijah	Προφήτου Ηλία
July 24th	5th Sunday of Matthew	5η Κυριακή Ματθαίου
July 26th	St. Paraskevi	Αγίας Παρασκευής
July 27th	St. Panteleimon the Great Martyr	Αγίου Παντελεήμονος
July 31st	6th Sunday of Matthew	6η Κυριακή Ματθαίου

ALTAR SERVERS

July 3rd, 17th & 31st	Jack Hillman, Paul Dudunakis, Peter Dudunakis, Nicholas Biros, Stassi Tsantilas, Yiannis Tsantilas, Nasi Contoravdis, Niko Contoravdis, Phillip Stamolis, Anthony Sampson, James Konugres, Omar Mallouk, Stavros Panos, Nicholas Marcu-Visan, Theofanis Kalasountas and John Limantzakis.
July 10th & 24th	Joseph Dumont, Nicholas Christianson, Theodore Looney, Demetre Teodosiadis, Alex Rotar, Manoli P. Tramountanas, Manoli A. Tramountanas, Johnny Tramountanas, Peter Ales, Jonathan Poiana, Ethan Weigle, Steven Stanos, John Christofilis, Peter Economou Grunder, Elias Oraivej and Anthony Sitaras.

PARISH COUNCIL SERVERS

July 3rd, 17th & 31st	Georgine Looney, George Papanastasiou, Vicky Christianson, Thomas Dudler, Andrew Aliferakis, Bob Read, Louis Kotsakis
July 10th & 24th	John Ales, Stephanos Margaritis, Jim Kost, John Kapelouzos, George Tramountanas, Dale Hazapis, Christos Psychos

EPISTLE READERS—ARTHUR SARIDAKIS—INSTRUCTOR; CHRIS MACRIS— ASSISTANT

July 3rd	Andrea Mallouk, in English
July 10th	Anna Teodosiadis, in Greek and Sophia Mallouk, in English
July 17th	Angela Katinas, in Greek and Jenny Kapelouzos, in English
July 24th	Evangelia Koceski, in Greek and Alexandra Koceski, in English
July 31st	Christina Bayouk, in English

Fasting Type	July
Wine & Oil Allowed	1, 8, 20, 22, 27
Strict Fast	6, 13, 15, 29

Sunday Offerings for June 2016	
June 5	\$ 3,034.54
June 12	\$ 2,569.86
June 19	\$ 4,308.52
June 26	\$ 4,617.00
Total	\$ 14,529.92

June Jubilee News

CHURCH DIRECTORY – CORRECTIONS AND ADVERTISING

The church has a new directory that will be available in print, online, and in a mobile app. The print version will be out this fall, but the digital version is available now. For more information about this, visit <http://www.saintdemetrios.com/stewardship/directory>

At present, we are proofreading all parishioners' information for the print version. If you can, use the app to review your family's entry before August 15. If you are unable to access the directory on the mobile app but need to confirm your information, please email George Tramountanas at georgetramo@saintdemetrios.com

If you are interested in advertising your business or being a sponsor for the directory, you may contact George Tramountanas for more information about this as well. Thank you.

We thank Tony and Litsa Polychronopoulos for providing dinner to our low income neighbors at the Jubilee Women's Center in June. With the help of Christina Meletis and Athanasia Kalasountas cooking, the women enjoyed a delicious fish dinner. The meals we donate help provide healthy food and good pareia, but also help the residents to stretch their meager grocery budgets.

The women at JWC receive temporary housing, free clothing, job search and interview help in addition to classes on independent living, as they move from homelessness to being able to live out on their own.

If you would like to either sponsor or cook a meal for the 30 women at Jubilee, please contact: Georgene Karambelas 206 829 9337 or Karambelas@comcast.net Thank You!

FESTIVAL BAKING DATES

Our Festival dates this year are, October 7, 8 & 9.

Please mark your calendar and plan to attend and most importantly to help for the preparation for baking and the set-up. If you wish to come and help for the baking in the evening, please call the Church Office (206-631-2500). Thank you.

Festival Baking in July:

The baking schedule for July is as follows:

Monday, July 11th:	Make Baklava
Tuesday, July 12th:	Make Baklava
Wednesday, July 13th:	Make Baklava
Tuesday, July 19th:	Make Spanakopeta

YOUTH MINISTRY NEWS

July All Saints Camp

8 & 9 - Staff Training
10 - 16: High School & Elementary Camp
17 - 23: Advanced Camp

August

29 - Father Son Event

September

11 - Sunday School Registration
17 - Father Daughter Dance
18 - Sunday School Classes Begin

October

7, 8, 9 - GREEK FESTIVAL
14, 15, 16 - Volleyball in San Jose
28 - GOYA Harvest Festival Set-up
29 - Family Harvest Festival

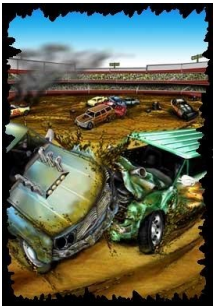
November

5 - Mother Son Event
18, 19, 20 - GOYA [YES Retreat](#)



Father & Son Demolition Derby

SAVE the DATE
Friday, August 26



Fathers & Sons (Mothers & Daughters too) are invited to come to the Evergreen State fair for a fun night at Carnagefest, the fair's demolition derby on Friday, August 26 beginning at 6pm. Tickets available once released.

We are hoping for a group purchase of 20 tickets. Please [RSVP](#) to Lefteris Sitaras at 206-631-2504 if interested.

GOYA Forum & Orthodoxy on Tap Meetings resumes in August

GOYA Forum is a bi-weekly meeting for our teens to grow in our faith and have fellowship with each other. Our meeting are held on the first and third Wednesday of the month. Meetings will resume on August 24, 2016.

Orthodoxy on Tap if for all college students and young adults. This ministry is a chance for us to meet and talk about our faith in a social environment. Meetings are held on the second and fourth Tuesday of the month. We will meet in late August for a beachside BBQ. More details to come.

For information about either ministry, contact [Lefteris Sitaras](#) at 206-631-2504.

Father & Daughter Dance

SAVE the DATE
Saturday,
September 17

Fathers & Daughters are invited to our 3rd annual dance featuring a 1950's Sock Hop on Saturday, September 17th. More details coming soon! Moms and Sons are welcome to attend too!!!!



Volleyball Players Wanted

Compete in San Jose, CA on October 14-16

On October 14, 15, 16, 2016, St. Nicholas church in San Jose, CA will host their 12th annual volleyball tournament and we want YOU to represent St. Demetrios.

Anyone can play! We are looking to form 2-4 teams in the following categories: GOYA (14 - 18 years old); Young Adults (18 - 35); and Adults (35 and older).

[Click Here to Join the Team!](#) Or visit <http://www.signupgenius.com/go/10c0945a5ad23a3fc1-stdemetrios1>

Practices will start in September!



YOUTH MINISTRY NEWS

(Continued from Page 4)



Thank you to our GOYAns and youth for a wonderful Father's Day.

Dads were greeted with a smile and a tie as they entered church. After the service, everyone enjoyed a home-made breakfast by our teens.

Thank you to our volunteers!

Katerina for passing out ties.

Our cooks: Christina, Joseph, Alexandria, Niko, Maria, Leah and Emilie.

Our Servers: Katie, Theodore and Sophia.

Our helping Mothers: Christina and Tracy.



Our Sunday School Students with outstanding attendance were honored as we celebrated our last day of Sunday School on June 5th. We also congratulated our Graduating Seniors and wish them the best in the future.



STEWARDSHIP UPDATE

For our 2016 Stewardship Campaign, we currently have 462 stewards who have returned their signed pledge cards and have pledged \$443,260. Our goal for 2016 is \$535,000. Remember that you can arrange for automatic payments through your bank or paypal. (go to www.saintdemetrios.com/Stewardship/egiving)

We thank the following stewards for their contributions!

The Stewardship Committee



2016 Stewards:

Steven and Eva (Christo) Aaron

John and Margaret Ales
Andrew and Vicky Aliferakis
Costas Anastassiou and Thiresia Yiallourou
Larry and Aikaterine Anderson
Rothopi Andrews
Fr. John and Presv. Anna Angelis
Theodore and Kim Angelis
Dn. Perry and Dns. Francesca Angelos
Evangelos and Magdaline Angelou
Basil Anton
Costas Antonopoulos
George and Dina Apostolou
K.G. and Kostoula Apostolou
Serafim and Eva Apostolou

Scott and Fotini Arehart

Clifford and Theodora Argue
Patricia Arvanitidis
Andrew and Carole Asimakopoulos
Brent and Rhea Aslin
John and Stella Athans
Niko and Kiriaky (Carrie) Avlonitis
Nancy Aziz

John and Lula Babarakos
Sam and Traci Baird
William and Dina Bakamus
Josh and Eleni Banchero
Christa Barbas
Thomas and Maria Barbas
George and Eleni Athans Bariames
George and Frances Barnecut
Michael and Nisa Basilicato
Bassam and Duaa Bayouk
George and Alice Bayouk
Gabriel Bayouk
Lena Bayouk
Brandon and Molly Bede
Hristos and Diamando Bekris
Christopher and Penelope Benis

Helen Benis

Arvid Berg and Sophia Zervas-Berg
Kay Betts
Zachariah and Aliko Birkenbuel
Panagiotis and Demetra Biros
Mark and Georgiana Bitzes
Neena Blackwell
Maria Bollman
Jeanina Botis
Andrew and Rosalie Boulhieris
Gus Boutsinis
Josh and Ashley Brockmeyer
Jeffrey and Allison Brooks
Theodora Broutzakis
Mark and Maria Brymerski
Frank and Shelley Buhler

Mark and Maria Burke
William and Cheryl Buursma
Steve and Chryssa Calandrillo
John Calash
Nick and Vanessa Carkonen
Paul and Paulette Carkonen
Efthemia Carras
Susanna Cerasuolo
Doug and Jillian Chandler
Michael and Maria Chen
Chris and Effie Chriest
Ron and Vicky Christianson
Eleni Christo
Demetre and Katherine Christofilis
John and Eleni Christofilis
Anastasios and Voula Christophilis
Dino and Nikki Christophilis
Kosta and Maria Christopoulos
Edward and Anastasia Clarke
Cathleen Clinger

Daniel and Vicky Cohen

Marie Collins
Jeffrey and Katie Comstock
John and Diane Conom
Madeline Conom
O. George and Kay Constantine
G. Paul Constantine
Debbie Constantine-Skouras
Tom and Evelyn Contoravdis
Olivia Contos
Dino and Cynthia Cooper
Gus and Margaret Cooper

Marco and Lori Cooper

Maria Cooper
Nick and Karen Cooper
George and Kyla Coromilas
Jerry and Eva Costacos
Georgia Cotsovolos
Barbara Cotton
Maria Cotton
Gus Courounes
Nicoleta Courounes
Renee Courounes
Dale and Marianna Crane
Donald and Laura Crews
Christos and Judith Dagadakis
George and Angela Dalas
Mary Dallas-Smith
Mary Damascus
Daniel and Angela Daoura
Marguerite Daoura
George and Alexandra Delegans
Sam and Vicki Deliganis
Nick and Stella Demonakos
Peter and Diane Demopulos

Ryan and Demetra Dennis

Sophia Derezes
Dimitrios and Maria Devekos
Nick and Athena Modonas-Diafos
Darden Dickson
Pete and Stavroula Dikeakos
Stephanie Dikeakos
Vasili and Katherine Dikeakos
John and Aksenia Dikun
John and Julie Doces
Thelma Doces
Christopher Dodd and Maria Christofilis Dodd
Voula Dodd
Demetrios and Vickie Dotis
Gus and Gregoria Dounis
Rob and Janie Drumhiller
Thomas Dudler and Pandora Christie
Kenneth and Kristina Dudunakis
Fr. Photios and Presv. Katherine Dumont
John and Arianna Dumont
Robert Dunbar and Andrea Tsiakilos-Dunbar

Jim and Janis Dymant

Pace and Angeliki Ebbesen
Chris and Marla Economou
Mary P. Economou
Thomas and Michelle Economou
George and Eva Economy
Litsa Edwards
Sophia and David Eitel-McShea
Nicole Ellis
Eric and Anna Elstad
Andrew and Michelle Escobar
Helen Exarhos
Michael and Elaine Falangus
Ed and Katherine Retelas Fancher
Nicolette Farmasonis
Petros and Colleen Farmasonis
Sharon Glein and Yemane Fecadu
Daniel and Helen Ferrelli
Alex and Anna Fleet
Georgios and Maria Flemetakis
Matthew and Alexandra Flugstad

Irene Fotes

Ioannis Fotopoulos
Dora Fournarakis
John and Athanasia Franks
Loukas and Zoe Ganoulis
Nick Ganoulis
Demos Gennaos
Meletios and Theodora Goekezas
Evan George
Harry and Mary George
Nick and Irene Georvasilis
Tyler and Anastasia Geving
Konstantinos and Mary Ann Giakoumatis

(Continued on Page 7)

Our 2016 Stewards:

(Continued from Page 6)

Michael and Wanda Gikas
 Elaine and Lars Giusti
 Katina Gotsis
 Robert and Danielle Griffith
 Efy Grivas
 Rich Grunder and Christina Economou-Grunder
 James and Shawn Hages
 Joan Hanna
 Dorothy Haskell
 George Hatziantoniou and Elizabeth Economou
 Neil and Terri (Karis) Hawdon
 Menas and Diana Hawkins
 Dale Hazapis
 Helen Heuer
 John and Maria Hillman
 David Horne and Margaret Shnorhavorian
 Patrick and Vickie Howard
 Vickie Huff
 Mary Hulbush
 Peter and Demetra Jacobsen
 Carlos and Eleni Jimenez
 John and Emilie John
 James and Pota Johnson
 Jeff and Angela Sourapas-Jones
 Panagiotis and Rena Kalasountas
 Jim Kaloris
 George and Christina Kaltsounis
 Maria Kaltsounis
 Vicky Carras Kangles
 John and Virginia Kapelouzos
 Maurice and Carmen Karagiorgos
 Jim and Georgene Karambelas
 Francine Karavias
 Spiros and Zoe Karimbakas
 Anthony and Sarah Karis
 Nick and Nancy Karis
 Terry and Ann Karis
 Georgia Karvountzi
 Christine Karzmar
 Nicholas and Kalliopi Katholos
 Jean Katsandres
Gregory and Angela Kavounas
 Teresa Kazaras
 Stephen and Ann-Marie Keeney
 Peter and Hanna Kenny
 Timothy and Sofia Kenny
 Bishara and Diane Kharoufeh
 Brian and Jiovanna Koceski
 Alexander and Leta Kolios
 Vivie Kollias
 George and Maria Kost
 Jim and Patti Kost
 Louie and Vicky Kotsakis
 Toulia Koutlas
 Helene Krikris
 Gary Kuhar
 Dena Kusulos
 Harold Kusulos
 John and Natalie Kusulos-Jury
 Peter and Rachele Kyriacou
Steven and Annie Kyriakides
 Kostas and Linda Kyrimis

Marty Kyrimis
 George Ladas
 George and Eleni Lagos
 Jack Lakkis
 Michael and Lena LaMarche
 James and Sharon Langus
Julie Legeros
 Ken and Irene Lehman
 Dean and Kathleen Lentgis
 Jeffrey and Tina Lewis
 John and Polette Limantzakis
 Johnny and Lucy Limantzakis
 Bill and Florence Lolos
 Glen and Georgine Looney
 Sophia Looney
 Theodore Looney
 George and Giannoula Lymberis
 Chris and Paula Macris
 Eugenia Macris
 Greg and Mia Macris
 Emanuel and Dina Magoulas
 Louis and Mary Malesis
 Eleni Malevitsis
George and Mary Malevitsis
James Malevitsis
 Perry and Eleni Malevitsis
 Sam Mallos
 Bechara and Xiomara Mallouk
Nicky Manitaras
 Georgia Manolakis
 Stilianos and Kari Manos
 James and Mary Lou Manus
Nick and Nikolettta Marciniak
 Stephanos and Paula Margaritis
 James Markezinis
 John and Kelly Markezinis
 Anthony and Alexandra Maroussis
 George and Deena Maroutsos
 Jean Mastor
 Niki Mastoropoulos
 Constantine and Areti Mavromatis
 Danny and Jessica Mavromatis
 Lillian C. McDermott
 David and Georgia McFarlan
 Christina Meletis
 Pipena Mercouriadis
 Michael and Elaine Michaelidis
 Thanasi and Sophia Millo
 Kathy Mitalas
 Chuck and Anne Mitsakos
 Aynalem and Semira Moba
 Walter and Frances Moldskred
 Alex and Maria Moroseos
 James Morris and Vickie Kolios
 Carol Mykris
Sandra Mykris
 Bettyann Nassar
 Peter Neckas
 Sandy Neckas
 James and Stella Nelson
 Jim and Carolyn O'Donnell
 Rick and Valerie Olague
 Shirley Olsen
 Charlie and Tina Olson
 Insaf Oraivej
 Jonathan and Stephanie Otis

Anthony and Elaine Pagones
 Irene Palios
 Bill Pallis
 Chris and Vasiliki Pallis
 Chris Tom and Rebecca Pallis
 Elli Pallis
 Elli Pallis
 Margie Pallis
 Tina Pallis
 Evangelos and Anastasia Pampoukas
 Alice Panagakis
 John and Lisa Panagiotou
 Sam and Colleen Panagiotou
 Yiannis and Johnette Panopoulos
 Artemios and Rebecca Panos
 Steve Panos
Diane Panteleakos
Steve Panteleakos
 Gregory and Stelée Papadeas
 George Papanastasiou
 John and Kalomira Papanastasiou
Gus and Errin Papanastasiou
 George and Lora Pappas
 Norm and Frances Parr
 Jason and Angela Patrao
 Chris and A. Ellie Pedersen
 George and Susan Pess
 Irene Peterson
 Helen Petratos
 William V. Phillips
 Harry and Alethea Platis
George and Diana Plumis
 Kristina Plumis
 Paul and Pamela Plumis
 Theologia Polizos
 Andonios and Evangelia Polychronopoulos
 Nikolaos and Charikleia Poulias
 Lia Preftes
 Eleftheria Proios
 Christos and Tammy Psichos
 Nicholas and Anastasia Raissis
 Bob and Despina Read
Susan Reichmann
 James Retelas
Nick and Nina Retelas
 Evie Rigas
 Leonidas and Eleni Karra Rigas
 Todd and Feletsa Robinson
 James and Nina Rogers
 Erik and Nicole Rolfness
 Sorin and Maria Rotar
 Cathy Rottle
 Adele Rottle-Williams
 Chris Roumeliotis
 Kary Roumeliotis
 Kayla Roumeliotis
 Ted Routsos
 Emanuel and Marilyn Rouvelas
Anna Ruh
Gordon and Katina Ruh
 Brad and Renee Russell
 Mark and Angelique Saffle
 Dena Sakellaris
 John and Penelope Sakellaris
 Pantazis and Katina Samolis
 Katherine Sampson

(Continued on Page 11)

July 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26 All Saints Epistle: Hebrews 11:33-12:2 Gs: Mt 10:32-33;37-38;19:2... Memorial and Coffee hour fo... 8:15a Orthros 9:30a Divine Liturgy 12:30p Baptism <i>David the Righteous of Thessaloniki</i>	27 Apostles FAST 6p Baptism 2p WSDOT - Meeting Hall Rental 5:30p Great Vespers - St. Paul, Brier 6:30p Camp Agape Meeting 6:30p Divine Liturgy - St. Paul, Brier <i>Mary & Joanna, Myrrhbearers</i> <i>Sampson, Host of Strangers</i>	28 2p WSDOT - Meeting Hall Rental 5:30p Great Vespers - St. Paul, Brier 6:30p Camp Agape Meeting 6:30p Divine Liturgy - St. Paul, Brier <i>Translation of Relics of Kyros and Jhn...</i>	29 Cook for St. Martin de Porres 8a Orthros - At Holy Apostles 9a Divine Liturgy - At Holy Apostles 4p Wedding Rehearsal <i>Michael, New Martyr of Athens</i> <i>Synaxis of the 12 Apostles</i> <i>Apostles Peter & Paul</i>	30 Cook for St. Martin de Porres 8a Orthros - At Holy Apostles 9a Divine Liturgy - At Holy Apostles 4p Wedding Rehearsal <i>Michael, New Martyr of Athens</i> <i>Synaxis of the 12 Apostles</i>	1 3p Wedding <i>St. Kosmas and Damianos</i> <i>St. John of San Francisco</i>	2
3 Archdiocesan Clergy - Laity Congress - Nashville Tennessee 2nd Sunday of Matthew Epistle: Romans 2:10-16 Gospel: Matthew 4:18-23 8:15a Orthros 9:30a Divine Liturgy <i>Hyakinthos & Theodotus, Martyrs</i>	4 10a APC Meeting - Clergy/Laity 6:30p Stewardship Meeting <i>Independence Day</i> <i>St. Andrew the Melodist</i>	5 11a Terresa (Efstathia) Kazaras Funeral 6:30p Stewardship Meeting	6 St. Philaret Cook for Homeless <i>Sisoos the Great</i>	7 <i>Michael, New Martyr of Athens</i> <i>Synaxis of the 12 Apostles</i>	8 2p Large Hall Rental	9
10 All Saints Camp - High School & Elementary 3rd Sunday of Matthew Epistle: Romans 5:1-10 Gospel: Matthew 6:22-33 8:15a Orthros 9:30a Divine Liturgy <i>45 Martyrs of Nikopolis</i>	11 9a Baklava Baking 6:30p Parish Council Meeting <i>Great Martyr Euphemia</i> <i>St. Athanasios of Mt. Athos</i>	12 8a Baklava Baking 6:30p Parish Council Meeting <i>Michael of Malenius</i> <i>Proklos & Hilarios, Martyrs</i>	13 <i>Sisoos the Great</i>	14 <i>St. Kyriaki, Great Martyr</i>	15 2p Large Hall Rental <i>Great Martyr Prokopios</i> <i>Pragratios & Provos, Martyrs</i>	16
17 Advanced Camp - All Saints Sunday of the Holy Fathers Epistle: Titus 3:8-15 Gospel: Matthew 5:14-19 8:15a Orthros 9:30a Divine Liturgy <i>Great Martyr Marina</i>	18 9a Spanakopeta Baking <i>Righteous Makrina, Sister of St. Basil</i> <i>St. Seraphim of Sarov</i> <i>Emilianos & Pavlos, Martyrs</i>	19 8:30a Orthros 9:30a Divine Liturgy <i>Michael of Malenius</i> <i>Proklos & Hilarios, Martyrs</i>	20 <i>Archangel Gabriel</i>	21 <i>Apostle Aquila</i> <i>St. Nikodemos of Mt. Athos</i>	22 <i>St. Vladimir of Russia</i> <i>Sis. Kirykos & Julitta</i> <i>Athenogenes, Martyr</i>	23
24 5th Sunday of Matthew Epistle: Romans 10:1-10 Gospel: Matthew 8:24-9:1 8:15a Orthros 9:30a Divine Liturgy 4p Wedding <i>Great Martyr Christina</i>	25 9a Bougatsa Baking <i>Olympias the Deaconess</i> <i>St. Anna, Mother of the Theotokos</i>	26 8:30a Orthros 9:30a Divine Liturgy <i>Righteous Makrina, Sister of St. Basil</i> <i>St. Seraphim of Sarov</i>	27 8:30a Orthros 9:30a Divine Liturgy <i>Prophet Elijah</i>	28 5p Wedding Rehearsal <i>Symeon & Parthenios</i>	29 2p Hold for set up <i>Eusegnius, Martyr</i> <i>Kallinikos & Theodotus, Martyrs</i>	30 10a Hall Rental 4p Wedding <i>Hiermartyr Phocas</i> <i>Prophet Ezekiel</i>
31 6th Sunday of Matthew Epistle: Romans 12:16-14 Gospel: Matthew 9:1-8 8:15a Orthros 9:30a Divine Liturgy 1p Baptism <i>Jospeh of Arimathea</i>	1 6:30p Paraklisis <i>Procession of the Cross</i>	2 6:30p Paraklisis <i>Translation of Relics of St. Stephen</i>	3 St. Philaret Cook for Homeless 6:30p Paraklisis <i>Dalmatos, Isaakos & Faustus, Martyrs</i>	4 6:30p Paraklisis <i>St. Irene Chrysovalantou</i>	5 8:30a Orthros 9a Large Hall Rental 9:30a Divine Liturgy <i>Photos & Anikeitos, Martyrs</i>	6 8:30a Orthros 9a Large Hall Rental 9:30a Divine Liturgy <i>Transfiguration of the Lord</i>

ANNOUNCEMENTS

New Arrivals

Congratulations to the proud parents, Chris and Tami Kariotoglou on the birth of a baby girl, Hope Juliette Kariotoglou, born June 13th, 2016. The proud grandparents are Vasilios and Katy Kariotoglou. “Na sas zese!”

Baptisms

Congratulations to Jordan and Emily Vardell whose daughter, Reese Penelope was baptized on June 12th, 2016. Her sponsor is Anna Ruh. “Na sas zese!”

Congratulations to Ryan and Diana Hawkins whose son, John Mina was baptized on June 25th, 2016. His sponsor is Ana Maria Mocan. “Na sas zese!”

We welcome to our faith Brandon Samuel Johnson who was baptized on June 27th, 2016. His sponsors are Kosta Skepetaris and Alexandra Skepetaris.

Weddings

Congratulations to George and Mary (Ochittree) Malevitsis who were married on June 18th, 2016. Their Koumbaroi are Nick and Irene (Nina) Retelas. “Na zesoun!”

From the Boutique

We have the Festival Date! The Boutique needs inventory! Calling all Crafters, Knitters, Crocheters, Painters, jewelry makers. Anything Handmade to fill our booth. Please take time to make a items for The Boutique. Call Julie Legeros 364-1706 or Rita Mavromatis [425-828-2579](tel:425-828-2579). for drop offs or questions. Thank you.

This & That Shop News—Time to Donate...

This & That Shop Chairperson, Mary Xenos Maciejewski, would like to thank all our Parishioners and Friends who donated items for the This & That Shop. We gladly accept dishes, flatware, glassware, pots and pans, paperbacks, stationery supplies, adult and children's jewelry, Christmas decorations, toys, knickknacks, purses, small appliances only (and if they work). Volunteers are needed to help with the sorting and preparation of donated items during the summer or help staff the shop during the Festival. Any amount of time you can donate is welcome—many hands lighten the load.

To volunteer, please contact Mary at 206-783-5087. Thank you for your support!

Bookstore Reflections

The Orthodox Church commemorates many Saints during the month of July, including:

- **St. John of Shanghai & San Francisco** (July 2nd) – Reposed in Seattle in 1966, this Saint of our times is a wonder-worker of miracles throughout the world;
- **St. Sisoës the Great** (July 6th) – A successor of St. Anthony the Great, this great monk restored a dead child back to life by his most holy and pure prayers;
- **St. Euphemia the Great Martyr** (July 11th) – This young and fearless martyr of the fourth century was healed by Christ throughout her many tortures;
- **Prophet Elias** (July 20th) – One of the greatest prophets who warned of calamity unless the people abandon idol worship and return to the true God;
- **St. Mary Magdalene** (July 22nd) – The first to see the risen Lord, St. Mary traveled with the Apostles and preached the Good News of Christ's Resurrection;
- **St. Anna** (July 25th) – The mother of the most holy Theotokos, along with her husband, St. Joachim, are the grandparents of our Lord Jesus Christ;
- **St. Paraskevi** (July 26th) – Martyred for her faith in the second century, the faithful continue pray to her for the healing of eye ailments;
- **St. Panteleimon** (July 27th) – A fourth century Christian physician and martyr who treated all sick without charge and healed them in the name of Jesus Christ;
- **St. Irene Chrysovalantou** (July 28th) – Ninth century nun and abbess who works miracles especially for mothers desiring to conceive children.

Our Bookstore stocks many books and icons of the Saints. To know and understand the Saints of the Church is to know and better understand our Lord and Savior Jesus Christ Himself.

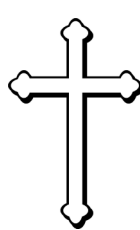
THANK YOU FOR FESTIVAL DONATIONS

We wish to thank Gary Kuhar for his monetary donation, in memory of Rev. Fr. Homer Demopoulos; also, Chris and Paula Macris, Margie Pallis and Jim and Nina Rogers for their monetary donation. Your generosity is truly appreciated!

Yiayia and Friends Luncheon

There will not be a Yiayias & Friends luncheon in July. We will resume our luncheons on August 4. Location/time will be announced at a later date.

Our Condolences

 We express our Deep Condolences to Katherine and Mary Lou Vratto for the passing of their mother, Bessie Vratto. May her memory be eternal! We express our Deep Condolences to Joanne Veloudis and her family for the passing of her mother, Teresa Kazaras. May her memory be eternal! “Αἰωνία αὐτῶν ἡ μνήμη!”

PLEASE WELCOME NEW STEWARDS, TRACI AND SAMUEL BAIRD

“Sam and I (Traci) are so excited and blessed to be Orthodox! We want to thank both Father Photios and Father Daniel for their wisdom, guidance, and patience. We also thank all of you at St. Demetrios for welcoming us into your church so warmly. (I'd say something profound in Greek now, but we're still learning what to say!)

Both Sam and I were raised Protestant, though our families had differences in the strictness of their observation. When Sam and I met in 2012, I had recently graduated from college and was working at a Barnes & Noble in Riverside, California. Along with most of my circle, I was heavily pursuing becoming a career missionary. I had found myself in a very interesting part of Christianity that emphasized missions so much that I felt there was no other acceptable trajectory for my life. Though I had doubts about the soundness of the theology promoted in the group, and grew frustrated at its clique-type nature, I did not know of any better alternatives.



When Sam and I started dating, we quickly discovered that we had different ideas about what it meant to be a Christian in practice. He had been in and out of church for some time, but was happy to attend church with me. At the time, I had been attending and teaching Sunday school at a predominantly Spanish-speaking church. As Sam did not speak much Spanish, it seemed right to find a new church. We wound up at a very trendy non-denominational church that met in a high school auditorium. We were married by the pastor of said trendy church in August of 2013. By that fall, after a series of unfortunate experiences with church administration and some very confusing preaching, we were church hunting again.

I felt ashamed that we were having troubles with finding a church (I was taught that you commit to a church for decades, if not your entire life). In reality, we were struggling with much more than that. We wrestled with theology, with practice, with faith. Without going into a blow-by-blow account of each individual struggle, we realized that the Protestant mindset did not make sense. We concluded that the Catholic mindset came so close to making sense, but it also came up short. I was frightened that we would end up unhappy Protestants forever, or maybe even fall into agnosticism.

In the midst of our deep frustration and confusion, the advice of an old professor came back to me. During my senior year, I had selected his class at random to fulfill a political science requirement. On the first day of class, he gave a brief introduction of himself, including the fact that he had converted to Catholicism perhaps five years prior. There was a general look of shock among my classmates, since we were at a Baptist university. I visited him during his office hours to ask him about his conversion. He asked me some questions about myself, and at the end of my visit, he told me to go see Father Josiah Trenham at St. Andrew Orthodox Church (also in Riverside, California). I was not sure what an Orthodox church was, and after some very brief online investigating, I decided not to go. Though it always puzzled me why a Catholic person at a Baptist school told me to go see an Orthodox priest . . .

Three years after my professor's recommendation, on June 15, 2014, Sam and I shyly entered St. Andrew Orthodox Church. We had done a month of reading about Orthodoxy and were unexpectedly impressed by Orthodox thought. Now we were to experience Divine Liturgy in person. Everything was so beautiful, my chest hurt. A very friendly Armenian woman adopted us and made sure we met and spoke with Father Josiah before we could sneak away after the service. She also made sure we made it to the meal afterwards, where there were mimosas (it was Father's Day). We definitely weren't at a Baptist church anymore.

Though we were due to move to Washington in a few months, we continued going to St. Andrew Orthodox Church. We will always treasure those first experiences of Divine Liturgy and the inexpressibly beautiful feeling of knowing where to find truth. Truth! Truth and beauty! So began our 22-month journey from initial discovery to chrismation. We are so blessed!"

Traci

MEMORIALS AND VIGIL LIGHTS

Memorials and Holy Altar Candles for July 3rd

A Forty-Day Memorial Service, a Holy Altar Table Vigil Light and the Coffee Hour are offered in loving memory of **Panos Koutlas**, by his wife, Toulia Koutlas and Family.

A Forty-Day Memorial Service, a Holy Altar Table Vigil Lights and the Coffee Hour are offered in loving memory of **Cleo Supernaw**, by her family and friends.

Two Holy Altar Table Vigil Lights are offered in loving memory of **Cleo Supernaw** (forty days since her passing), by Demetra Xenos and Georgine Looney.

Two Holy Altar Table Vigil Lights are offered in loving memory of **Panos Koutlas**, remembering him on his Forty-Day Memorial, by Evie Rigas.

A Holy Altar Table Vigil Light is offered in loving memory of **Cleo Supernaw** (forty days since her passing), by Evie Rigas.

A Holy Altar Table Vigil Light is offered in loving memory of **Stella Pelones** (thirty years since her passing), by her daughter, Evangelia Tountas and Family.

A Holy Altar Table Vigil Light is offered in loving memory of **Georgios and Vasiliki Christopoulou** (ten years and thirty-four years since their passing), by Angela and Harry Tourikis and Dora Fournarakis and their families.

Memorials and Holy Altar Candles for July 10th

A Memorial Service and a Holy Altar Table Vigil Light are offered in loving memory of **Pete Mykris** (nine months since his passing), by his wife, Carol Mykris and Family.

A Holy Altar Table Vigil Light is offered in loving memory of **Gregorios and Efthemia Spyridis and Nick and Asimina Mykris**, by Carol Mykris and Family.

A Holy Altar Table Vigil Light is offered in loving memory of **David Betts** (five years since his passing), by his loving mother, Kay Betts and brother, Michael Betts and Family.

A Holy Altar Table Vigil Light is offered in loving memory of **Thomas Betts** (twenty-seven years since his passing), by his wife, Kay Betts and his son, Michael Betts and Family.

Memorials and Holy Altar Candles for July 17th

A Forty-Day Memorial Service and a Holy Altar Table Vigil Light are offered in loving memory of **Anna Asimakopoulos**, by her children, Andy and Carole and Thucydides Asimakopoulos.

A Memorial Service, a Holy Altar Table Vigil Light and the Coffee Hour are offered in loving memory of **Anastasios, Voula and Chris Tsantilas** (ten years, seven years and thirty-six years since their passing), by George and Eftihia Tsantilas and Family.

Two Holy Altar Table Vigil Lights are offered in loving memory of **George Polizos** (twenty-five years since his passing) and **Malamati and Georgios Triantafilou** (twenty years and nineteen years since their passing), by his wife, and their daughter, Theologia Polizos and Family.

A Holy Altar Table Vigil Light is offered on July 20th in loving memory of **Elias Sotirhos** (in honor of his Nameday), by his wife, Irene Sotirhos, their children, Ken and Maria, Matt and Sophia and granddaughters, Angela and Maria.

A Holy Altar Table Vigil Light is offered in loving memory of **Serafim Vlahos** (seven years since his passing), by his family and friends.

Memorials and Holy Altar Candles for July 24th

A One-Year Memorial Service, a Holy Altar Table Vigil Light and the Coffee Hour are offered in loving memory of **John Broutzakis**, by his wife, Theodora Broutzakis and Family.

A Holy Altar Table Vigil Light is offered in loving memory of **Gerasimos Stephanitsis**, of Greece (six months since his passing), by his aunt, Evangelia Tountas and Family.

A Holy Altar Table Vigil Light is offered in loving memory of **Athanasios Koulouris**, by his daughter, Pota Johnson and Family.

Two Holy Altar Table Vigil Lights are offered in loving memory of **John and Lola Sioris** (eight years and six years since their passing), by their daughter, Collette Apostolakis and Family.

Holy Altar Candles for July 31st

A Holy Altar Table Vigil Light is offered in loving memory of **Kostas Pangopoulos** (two years since his passing), by his wife, Evgenia Pangopoulos and Family.

OUR STEWARDS... (CONTINUED FROM PAGE 7)

Angelos and Panelopi Savranakis	Peter A. and Maria Stavros
Patrick and Ioanna Schmidt	Phyllis Steen
Iyad and Christina Shahwan	Kevin and Georgia Steenis
George Seal and Alithia Squires	Andy and Joann Stergachis
Annette Shepherd	Michael and Christine Stollings
Athanasios and Terri Shinas	Heather Stotz
Simoni Shirland	Lindsay Stotz
Tanya Shirland	Chris and Heidi Stoumbos
Lance and Stephanie Simons	Eugene Supernaw
Christos and Agapi Siskos	Robert and Alvia Swegle
Lefteris and Fay Sitaras	Olympia Tachopoulou
Alexandra Skepetaris	Marco and Christina Tapia
Demetrios and Stamatina Skepetaris	Kina and Stefan Tatchukova
Konstantinos Skepetaris	Linda Tavernarakis
Justin and Nicole Skinner	Bryan and Stacy Taylor
Nikolaos and Brenda Skokos	Steve and Georgia Teodosiadis
Alexander and Vassie Skoulis	Demetri Themelis
Vladimir and Elena Smagley	Nick and Cindy Theodorou
Sofia Smetherram	Perry and Billie Jo Therson
David and Alexis Solis	Vance and Alexa Thompson
Aspasia Sotiriou	Spiros and Niki Todoulos
John Soudas	Kegan and Nicole Tosto
Steve Sourapas	Evangelia Tountas
Pauline Spyridis	Antonios and Antonia Touras
George and Joanna Staikos	Harry and Angela Tourikis
George and Thalia Stamatoyannopoulos	Athan and Cindy Tramountanas
George and Zoe Stamolis	Manuel and Peggy Tramountanas
Greg and Vicky Stamolis	George and Dana Tramountanas
Vasilike Stamos	James and Barbara Trehearne
Steven and Sarah Stanos	Philip and Barbara Sancken
Thelma Stasinos	Arthur Saridakis
Alexi J. Stavros	George and Thelma Treperinas
John A. and Dimitra Stavros	

Continued on Page 12



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Vasilios and Dionisia Tsafos
Sam and Stephanie Tsakonas
George and Eftihia Tsantilas
Steve and Angelina Tselios
Stavros Tsitsis
George and Susan Tsoukalas
Michael and Jodi Tveit
Dometios and Georgia Tziotis
Ourania Tziotis
Yiannis and Katerina Tziotis
Liz Valauri and Ivan Orton
Jordan and Emily Vardell

John and Karin Varlamos
Kosta and Judy Varlamos
Vasili and Nina Varlamos
James Varlan
Ivan and Ianita Velkov
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Demetrios and Aspasia Voltsis
Evan Voltsis
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J. Robert and Effie Walker
Robert and Katherine Watson
George Webb and Anastasia Deliganis

William and Darlene Weigle
Joann West
Brett and Yvonne Willard
Vivian Williamson
Ed Wood and Cathy Chohlas Wood
Daniel and Mary Wright
James and Jeretta Wright
Melissa Wyatt
Demetra Xenos
Emmanuel J. Xenos
John Xenos
Spiros and Voula Xenos
Nicholas and Lizabeth Zardis
John and Mary Ellen Zoulas



OUR PARISH JUNE GRADUATES—CONGRATULATIONS!!!



With spiritual satisfaction our Church follows the academic progress and spiritual growth of our students. We take this opportunity to congratulate our graduates and their proud parents for their achievements. We pray to God to guide them in their future plans.

HIGH SCHOOL GRADUATES

NAME

Alexandria Contoravdis
Sophia Looney
Theodore Looney
George Pete Lymberis
Anthony Sampson
Yianni Skoulis
Drake Willard

Graduating from

Decatur High School
Holy Names Academy as Salutatorian
O'Dea High School as Valedictorian
Lake Washington High School
Kennedy Catholic High School
Roosevelt High School
Mercer Island High School

Will be attending

Central Washington University
Cal Poly, CA
Santa Clara University, CA
University of Arizona, Tucson, AZ
Santa Clara University, CA
Carroll College
University of San Diego, CA

UNIVERSITY GRADUATES

NAME

Alexa Bayouk
Elefteria Contoravdis

Degree and School

Bachelor's of Music in Piano Performance from Pacific Lutheran University
(with Magna Cum Laude honors)
BS in Psychology from the University of Arizona